

CRAVEN COUNTY SCHOOLS

Emergency Health Care Plan

ALLERGY TO: _____

Student's Name: _____ **DOB:** _____ **Teacher:** _____

Asthma Yes * No * *High risk for severe reaction

SIGNS OF AN ALLERGIC REACTION INCLUDE:

Systems:

Symptoms:

- MOUTH itching & swelling of the lips, tongue, or mouth
- THROAT* itching and/or tightness in the throat, hoarseness, and hacking cough
- SKIN hives, itchy rash, and/or swelling about the face or extremities
- GUT nausea, abdominal cramps, vomiting and/or diarrhea
- LUNG* shortness of breath, repetitive coughing, and/or wheezing
- HEART* "thready" pulse, "passing out"

ACTION:

1. If ingestion is suspected, give _____
Medication/dose/route
2. CALL RESCUE SQUAD (Request Epinephrine): _____
3. CALL: Mother _____ Father _____ or emergency contacts
4. CALL: Dr. _____ at _____

**DO NOT HESITATE TO ADMINISTER MEDICATION OR CALL RESCUE SQUAD
EVEN IF PARENTS OR DOCTOR CANNOT BE REACHED**

Parent/Guardian Signature

Date

Licensed Health Care Provider

Date

EMERGENCY CONTACTS		TRAINED STAFF MEMBERS		Room #
1.		1.		
Relation:	Phone:	Relation:	Phone:	
2.		2.		
Relation:	Phone:	Relation:	Phone:	
3.		3.		
Relation:	Phone:	Relation:	Phone:	

