

# JEWETT JARGON

March 2024

## Principal's Message

Dear Jewett Families,

Spring is almost here and that means a busy time of year at Jewett Elementary. The end of the second trimester is March 14 and teachers will begin working on report cards.

Our 3rd, 4th and 5th graders will begin state testing (SBAC) after we return from Spring Break. Teachers have been working hard to prepare our students for this assessment. As parents, you can encourage your child to do their best. These are rigorous assessments and will give some good information on how your child is doing.

Next week, March 4-8, is classified appreciation week. Jewett is blessed to have such a dedicated and professional classified staff. They do everything from teaching students to read to monitoring them on the playground. Jewett is a special place because of how much our classified staff cares for our students. If you get the opportunity, please let them know how much you appreciate what they do!

John K. Greeny  
Principal

## NEWS FROM LA CLINICA

### March is National Nutrition Month:

La Clinica School-Based Health Center promotes the 5210 National Nutrition and Healthy Habits Program for all kids. This program focuses on the importance of making informed food choices and developing sound eating and physical activity habits throughout life.

### Daily Recommendations for Healthy Kids:

**5 or more fruits & vegetables**

**2 hours or less recreational screen time**

**1 hour or more of physical activity**

**0 sugary drinks, more water**

Jewett Elementary is in partnership with Rogue Valley Farm school, which promotes a fun hands-on approach to eating healthy, growing foods, and increasing locally grown foods in school lunches.

To learn more about Rogue Valley Farm school visit this link. <https://www.rvfarm2school.org/>  
Fun healthy kid-friendly family recipes. <https://www.superhealthykids.com>

Heather Wood RN  
School Nurse

## NEWS FROM ROGUE VALLEY FARM TO SCHOOL

Each month, Rogue Valley Farm to School partners with local farms to bring tastings of our Harvest of the Month. Last month, your student had the opportunity to sample pickled beets and beet brownies! You can make your own beet brownies at home, just check out our [recipe \(en español\)](#). This month, we are having fun with MICROGREENS! Your student will get to try some samples of locally-grown microgreens at the cafeteria tasting table on Tuesday, March 19th. Then, they get to vote on whether they tried it, liked it or loved it! Check this [fun interactive sheet \(spanish version\)](#) for recipes, videos, nutritional info, kids activities - including how to grow your own microgreens at home, and information about the local farm where the microgreens were grown! Jewett Elementary School is part of the Rogue Valley Farm to School Digging Deeper School partnership. To learn more about the partnership and Rogue Valley Farm to School click [here](#).

## UPCOMING DATES

March 15

- No School Teacher Workday

March 19

- PTO Meeting 6:00-7:00

March 25-29

- Spring Break

April 17

- Kindergarten Launch 5:30-7:30
- TWI Parent Information Night

## JEWETT REMINDERS

- Please pick your child up promptly after school. We do not have supervision after 2:35.
- There is no student drop-off before 7:30 AM, as we do not have supervision at that time.
- With the wet weather, it is helpful to send your child with a change of clothes.



**John Greeny**

John is using Smore to create beautiful newsletters



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