

## **HEAD INJURY**

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### **School Athletics**

The Board recognizes that concussions and head injuries are commonly reported injuries in children and adolescents who participate in sports and other recreational activities.

It shall be the policy of the Board of Directors, in accordance with RCW 28.A600 and RCW 4.24.660, to require the education of coaches, athletic directors, physical education teachers, students and parents/guardians on the recognition and management of concussions or head injuries.

In order to manage and/or prevent injuries to student athletes and dramatically lower the risk of a catastrophic injury, the district shall implement the following:

1. All coaches, athletic directors, physical education teachers and volunteers shall take a training course, at least every two years, under the guidelines of WIAA, on the nature and risk of concussions and head injuries, including the risk of continuing to play after a concussion or head injury. After training, and passing the test provided by WIAA, a certificate of successful completion shall be maintained in each building coach's file and employee personnel file. A roster of coaches and volunteers shall be maintained by the Athletic Director at each school building to track required training.
2. Each school year, all school athletes/activity participants and their parents/guardians must review the informational brochure provided by Mead School District regarding the risks of head injuries and concussion and sign an acknowledgement that they fully understand the information provided. Students may not participate in any covered activity, practice or competition, until the signed acknowledgement form is returned and on file with the school.
3. All student participants in any activity covered by this policy that are suspected of suffering a concussion or brain injury will be immediately removed from practice or competition and not returned to play until cleared, in writing, by a licensed health care provider trained in the evaluation and management of concussions.
4. All coaches, athletic directors, physical education teachers and volunteers of all activities covered by this policy shall comply with all provisions of RCW 28.A600 and RCW 4.24.660 and the guidelines, policies and requirements declared by WIAA for the management of head injuries and concussions.
5. The Executive Director of Student Services shall identify and maintain a list of appropriate athletics, activities and P.E. curriculum that are covered by this policy and shall implement specific procedures to comply with this policy.

## **Facilities Use**

The Board of Directors shall not permit the use of Mead School District facilities by any organization that operates a youth program unless the following conditions are met:

1. Where there is any reasonable risk that participants in a youth program might suffer head injury or concussion the youth organization must provide, in writing, proof of bodily injury and/or death insurance, provided by a company authorized to do business in the state of Washington, in the coverage amounts required by law.
2. The youth organization shall provide a statement of compliance acknowledging that the youth organization, coaches, volunteers and youth athletes and parent/guardians have reviewed and fully understand the information, as provided by WIAA, on the risk of head injuries and concussions.
3. All youth organization coaches, volunteers and participants of all activities covered by this policy shall comply with all provisions of RCW 28.A600 and RCW 4.24.660 and the guidelines, policies and requirements declared by WIAA for the management of head injuries and concussions.

Specific language relating to Mead School District Head Injury Policy/Procedure 3422 and the use of Mead facilities may be found in Policy 6113, Use of Facilities.

**Cross Reference :** Mead School District Policy 6113, Use of Facilities  
**Legal Reference:** House Bill 1824; RCW 28.A600 and RCW 4.24.660

**Adopted:** September 28, 2009



## HEAD INJURY ACTIVITY LIST

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The Executive Director of Student Services shall identify and maintain a list of appropriate activities covered by Policy 3412, Head Injury. The Mead School District list includes all Athletics, Activities and P.E. Curriculum.