

Chartwells at School Town of Munster

The 2024 Spring Semester is off to an exciting start for Chartwells K12 at School Town of Munster! In the 3rd quarter, Chartwells has served over 120,000 meals and entrees! We love to make sure our students are happy and healthy each day!



**LET'S CELEBRATE
NATIONAL SCHOOL
BREAKFAST WEEK!**

MARCH 4TH-8TH

**Free Complete Breakfast
For Every Student at School
Town of Munster!**

Required Components at Breakfast

		
Fruit 1 cup	Grains 1 ounce equivalent (oz eq)	Fluid Milk* 1 cup

Chartwells and School Town of Munster partnered up to celebrate National School Breakfast Week by providing FREE breakfast to every student! Normally, the weekly breakfast counts are around 1,600 meals. With the free breakfast, our counts were over 4,600! It was great to see so many students start their day off with a well rounded breakfast!

This institution is an equal opportunity provider



Chartwells truly believes that breakfast is so important especially to our students. Breakfast has shown to improve a student's attention span, give them energy, and puts them in a better mood for the day! Chartwells received a grant to pay for a Breakfast Cart. Now every morning, students at the high school have the option for a quick grab and go breakfast in the Commons! We hope this allows more students to receive a meal before they start their school day!

Chartwells was eager to showoff their new Smoothie Bike! The bike helps promote physical activity while providing a delicious smoothie at the end of the ride! Students were able to pedal and make their own smoothies for everyone to sample! Even Superintendent, Dr. Heller, got in on the bike riding fun!





Dietitian, Erin West, was excited to speak to the high school's strength and conditioning classes! She did a presentation on the importance of protein and breakfast as it relates to strength training. She provided the class with an easy protein packed oat bite that is perfect for a quick breakfast! She is excited to continue to do these presentations!

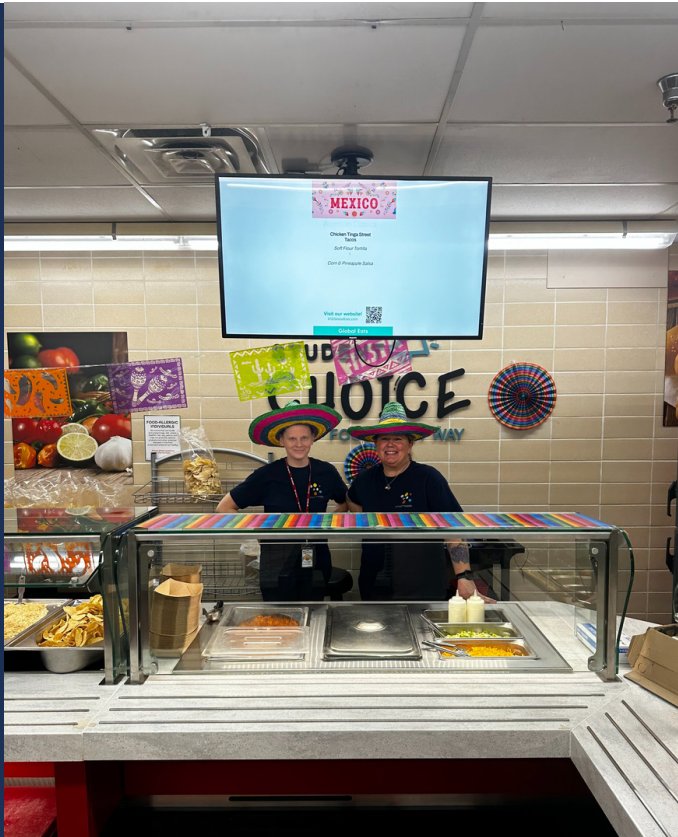
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Foodservice director, Hans Oskam and dietitian, Erin West visited Frank Hammond Elementary School to meet with their Hawk Heros. The group of students brought up concerns as well as suggestions on their breakfast and lunch menus. Erin was able to take their feedback and apply it to the upcoming menus. It was a great opportunity for these student's voices to be heard!





Global Eats



Global Eats continues as we travel to Mexico! The students loved getting to try new Mexican recipes. Some of the favorites were chicken tinga street tacos and enchiladas! MHS students still have two more countries to travel to this year! Those will be the Caribbean and Korea!

Chartwells does not only just serve our students delicious meals, but we also provide catering services. Here is a sneak peek into one of our beautiful catering events. This event was for local superintendents and State legislators. They enjoyed chicken salad on croissants and charcuterie cups!

