



Salt Lake City School District Families

join our next Mental Health Series

Social Media: Protecting Your Child by Staying Aware & Involved

Protecting children from technology that moves so fast is very difficult to manage. Oftentimes, the way parents react can make the issues worse.

Course Created by:

Dr. Kevin Skinner, LMFT, CSAT, EDMR

This session covers the following:

- Learn the parenting pitfalls
- Practical solutions to effectively manage technology use
- Educate about the truths of Our Devices
- Device Awareness
- Avoid being blindsided
- Expecting Challenges
- Disciplined Parenting



March 12, 2024

6:30–7:30 PM
via Zoom



Register Here

<https://cookcenter.info/Mar12SLC>

