

**Chappaqua Central School District  
PO Box 21  
Chappaqua, New York 10514**

There has been a recent increase in the prevalence of food allergies among children. In response, as part of our comprehensive program to ensure the safety of food-allergic elementary school students, we have provided a peanut/nut free table in each cafeteria. We encourage children who are still learning about living with peanut and/or tree nut allergies to take advantage of this resource.

On the other hand, some children are well-educated about their allergies. These children understand their restrictions, are well informed about the dangers of accepting food from others, and will reliably avoid those foods to which they are allergic. It may be appropriate for such children to have the option of sitting with their classmates at one of the regular cafeteria tables.

You, as the parent of a peanut/nut allergic child, are best able to determine whether your child is capable of managing his/her allergies in the unrestricted cafeteria setting. Our ultimate goal is the safety of your child.

**If you wish to “opt out” of having your child sit at the peanut/nut free table, please sign the form below and return it to your child’s school nurse. If this form is not returned, your child will be required to sit at the peanut/nut free table.**

Many thanks for your attention to this important matter. Your request will remain in effect unless a written request for change is received.

I give my child, \_\_\_\_\_, permission to sit at the regular tables in the cafeteria.

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_