

### Tamalpais Adult School



## **Become a Home Care Aide**



## **Award-Winning Course**

Designed for English Language Learners at the Intermediate Level and Above





**Photos Courtesy of Freepiks** 

April 23 – June 4, 2024 (12 sessions) Tuesdays and Thursdays 9:30am - 12:30pm

Classes held in person at Hill Education Center, 720 Diablo Ave, Novato

For **Registration** visit our website: www.tamadulted.org
More information Text/ Call (415) 945-3780 OR (415) 945-1084



Qualified students can earn money, a free laptop, and reimbursement for childcare & CPR training.

#### **Classes Include:**

- Guest experts from the field
- Job Fair with potential employers
- Certificate of Participation
- CPR Certification

#### **To Register**

www.tamadulted.org and click on "Register for the Home Care Aide Class" or use QR Code





35 instructional hours taught by a Registered Nurse and ESL teacher.

To attend a FREE Orientation Session about the class go to <u>Tamadulted.org</u> and choose "<u>Click here</u> to attend a free Home Care Aide Orientation"

More info



# Prepare for a High Demand Career Tamalpais Adult School

#### What Will You Learn?

- Roles and responsibilities of a caregiver
- Personal care (bed, bath, dressing, grooming)
- Mental health (symptoms and resources)
- Body mechanics (safety and transfer of patients)
- Last phase of life (care, stages of grief)
- Nutrition basics (food safety, diabetes care)





#### What Students Say About the Class

- "I really like this course. The teacher and class are amazing!"
- "I really appreciate the opportunity to earn the course certificate for free!"
- "The course gave me self confidence."
- "I found all of the subjects to be very informative and helpful."

#### To Register for the Class or attend Orientation www.tamadulted.org

"Thank you to Tamalpais Adult School for supplying us with such a great source of knowledgeable and well trained caregivers! We currently employ graduates from this class on our staff, and we really appreciate this helpful resource!"

Vicki Wildman
Corporate Recruiter
and Compliance Manager,
J&M Homecare Services, LLC















