

Student with Life Threatening Allergy - Checklist for Parents

Students with Life Threatening Allergies need the following forms submitted, plus medication brought to school, **prior** to the child's first day of school:

Allergy Individual Healthcare Plan (IHP)

Please review, complete, sign on page 2.

Accompanying documents* (no signature or return of these documents is needed):

[Your Rights Under Section 504](#)

[Board Policy on the Use of Isolation, Restraint, and Other Uses of Reasonable Force](#)

*District policy requires these documents be shared with the parents of all students with a 504 Plan, even when the isolation and restraint content is unrelated to the student's needs. Receiving or acknowledging the receipt of the document is **not** giving permission for isolation or restraint. You would need to give specific permission for isolation or restraint to be a part of a 504 plan.

Authorization for Medication

- Bottom section needs to be signed by a parent.
- Top section needs to be completed and signed by your child's Health Care Provider. (If your health care provider's office has their own medication order form it may be an acceptable alternative, providing a parent still signs the bottom half of Northshore's Authorization for Medication form.)
- New medication orders are required for each school year.**
- Medication delivered to school should be exactly the same as what the physician has written on the order form.
- If the health care provider has written for a second dose of Epinephrine to be given in an emergency, two doses should be provided to school.

Lunch Choice Form – (Elementary Only)

Medication

- Medication must have a pharmacy label with instructions that match the physician orders.
- Make note of the expiration date and plan to replace the medication prior to the expiration date.
- Medication must be brought to school by an adult, please do not put medications in your student's backpack.

The best time to bring in all your forms and medication to the school nurse is **the week prior to the first day of school**. Please email your school nurse to find out available times. To find contact information for your student's school nurse, please go to:

<https://www.nsd.org/schools/get-started/health-services/school-nurses>