

Extended Application Paper (Health 2/12th Grade)

A GBSD Graduation Requirement

Format

- Two to four pages - MLA format
- Double-spaced
- 12 point, easy to read font
- 4 Sections

Content

- **Section 1 – Post High School Career/Education Plan**
 - Where or what do you want to be in five years? Describe your career/education plan.
 - Provide details about the training, schooling, work experiences, or other experiences you will need to pursue this plan?
- **Section 2 - Experiences**
 - What past experiences have led you to this career/education plan?
 - What activities in or out of school have led you in this direction?
 - Provide details of how these experiences have influenced your choice of career plan?
- **Section 3 – Topic/Activity** (*something you did or were a part of at Barlow that influenced this career/education choice*)
 - What TOPIC/ACTIVITY did you complete and how does it relate to your career/education plan?
 - Describe the TOPIC/ACTIVITY in detail.
 - Include activities you participated in, people or institutions you communicated with about this activity, research you completed for the activity, and/or products you created as a result of this work.
- **Section 4 – Reflection** (*final summary of learning from completing this extended application paper*)
 - What did you learn about yourself and your career/education plan?
 - What new knowledge or skills did you gain?
 - Was this essay challenging for you? Why or why not?
 - What future experiences, knowledge, or skills will you need to continue with this path?
 - Has this experience led you to change your career/education plan? How? Describe your next steps in developing a new plan