

# Upper School

GRADES 9-12 ---

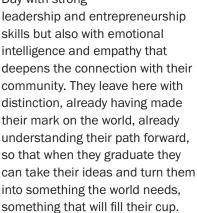
Inspiring confidence, igniting leadership: CDS is where you discover who you are and who you can become.

# Welcome to

"The Carolina Day Upper School is human centered and puts students first. Everything we do is about helping our graduates reach beyond self while making sure we've nurtured good humans along the way. We blend rigor with fun within the classroom while also creating

opportunities outside the classroom that students don't traditionally get in other schools.

As a result, Upper School students leave Carolina Day with strong



We support our students exploring beyond the walls of the classroom in order to try something new and be innovative, so that life beyond high school is not an overwhelming mystery, nor a puzzle they have to figure out before they can engage with the world as purposeful adults."

MARGOT MOSES

Upper School Principal



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At Carolina Day School, the **tight-knit community combined with the opportunities to learn help students grow**, not only in the classroom but in the real world. As a smaller school, students get to know almost everyone and form meaningful relationships with each other. These connections foster an environment of collaboration rather than competition."

~ Chase Locascio, Student Body President



UPPER SCHOOL

## Education for a Lifetime

At Carolina Day, we believe a well-rounded liberal arts education goes beyond the textbook. Encouraging exploration, developing leadership skills, and inspiring curiosity are built into everything we do. Upper School students will go well beyond learning facts and figures, they will uncover their true strengths while becoming empathetic citizens of a global community.

Our Upper School students receive focused, individualized attention and instruction. The Upper School experience is all about becoming a compassionate leader in a community of peers who care deeply about the world around them. Your opinions, passions, and ideas don't just belong in essays or presentations. They belong in your local and global communities, and the CDS Upper School will help make that happen. With a tight-knit school community, student-run clubs

and organizations, leadership programs that connect students to real-world businesses and nonprofit organizations, a wide range of arts, athletic, and service oriented extracurriculars, and classes that invite innovation and creativity, Carolina Day's Upper School is a place where you can learn how to make your goals a reality.

Find your purpose. Make a difference. Lead the way.



Carolina Day's small class sizes create an engaging learning environment and makes it easier for students to ask for help. **The teachers here genuinely care** about our academics and take the time to get to know each and every one of us. They always encourage us to meet with them outside of class with any questions. Their passion for teaching makes students eager to learn."

~ CECILY HEYE, Student Body Vice President







Upper School students volunteering with Special Olympics.

### Portrait of a Graduate

Graduate a leader.

Graduation may seem far away, but Upper School students are always thinking about the future and the day when they cross that commencement stage and start their adult lives. What kind of person will you be? Will you feel ready to take on the challenges of a rapidly changing world? Will you be ready to affect meaningful change in the ways you care about most? We think about that day, too. The Carolina Day Portrait of a Graduate is our blueprint for fostering prepared and compassionate leaders, so that when you turn your tassel, you will be an innovative, authentic leader with all the tools to contribute to whatever cause you set your mind to.

### **INNOVATION**

CDS graduates...

- create original work -
- think critically about complex issues -
- communicate effectively in English and another world language -
- develop cross-cultural competencies -
  - embrace a love of learning -- lead your own learning initiatives -

### **AUTHENTICITY**

CDS graduates...

- have a strong sense of independence -
- demonstrate resilience amidst adversity -
- adapt to challenges and new situations -
- act with honor, compassion, and respect -
  - understand your own strengths and weaknesses -
  - develop and reflect on your valuesemploy constant self-reflection -

### **LEADERSHIP**

CDS graduates...

- model civic engagement effectively and ethically use technology collaborate with others toward common goals -
  - cultivate a meaningful community -
    - engage respectfully within a diverse community -
    - serve with confidence, humility, and vulnerability -



Upper School students sign the Honor Code pledge at the beginning of each year.

# A Community of Honor

Our tight-knit community of students, faculty, and staff unite under the banner of our Honor Code and Pledge. At the beginning of each year, we gather together in a symbolic ceremony to reaffirm our commitment to the code and pledge, signing our names in a ledger book that has been used for decades to record the dedication of our community to compassion, integrity, and scholarship. The principles we hold dear came from Upper School Honor Council students, who led an initiative in 2020 to create an up-to-date Honor Code that represents student voices and values. It has guided our whole school community ever since and will continue to guide us into the future.



Honor Council President Maclane Griffin addresses the student body before the Honor Code signing.

### Honor Code

Carolina Day School is a community of honor. We are bound together by a shared commitment to uphold the values of compassion, integrity, and scholarship.

### Honor Pledge

In my commitment to be a member of the Carolina Day community, I pledge to:

- treat all individuals, personal property, and physical spaces with care and respect.
- be honest and honorable at all times with my words and actions.
- practice integrity in my relationships and academic work.
- hold members of the community to our high standards of honor.
- accept full responsibility if my actions do not meet these community standards.

### Curriculum

Students select from a wide variety of traditional college preparatory, honors, and AP courses, as well as numerous semester electives. Additionally, students have at least one open period each day when they can work with peers, seek extra help from teachers, or conduct independent or collaborative research. Our classes engage students intellectually by stimulating their creativity and curiosity. A culture of trust, respect, and close faculty/student relationships creates an atmosphere of safety and personal well-being, leading to student academic success and personal growth. Upper School is first and foremost a place where it is safe to be yourself—to stretch and grow. Here they can explore what they love and find the support needed to take risks: intellectually, creatively, athletically.

### **Academic Areas**

#### **English**

Literature and Composition
Literature and Analysis
Purposeful, Authentic Communication

Honors Biosocial Ethics and Motives (BEAM)

Honors Journalism Creative Writing

Victorian Ghosts and Monsters

Wit Lit: Reading, Appreciating, and Writing

**Humorous Works** 

Honors Ancient Western Philosophy

Honors British Literature

Honors American Literature

Poetry

AP English Literature and Composition
AP English Language and Composition\*

#### **Mathematics**

Integrated Math 1
Integrated Math 2
Enriched Integrated Math 2
Integrated Math 3
Honors Integrated Math 3
Precalculus with Statistics
Honors Precalculus
AP Statistics\*
AP Calculus AB
AP Computer Science Principles

### Science

Human Biology Chemistry Physics Appalachian Natural History Advanced Topics in Biology: Introduction to Genetics Advanced Topics in Biology: Evolution
Advanced Chemical Investigations
Honors Astronomy and Space Science
Honors Biosocial Ethics and Motives (BEAM)
AP Environmental Science\*
AP Physics 1\*
AP Chemistry
AP Biology

### **World Language**

Introduction to the Study of Language
Acquisition
Spanish 1
Spanish 2
Spanish 3
Honors Spanish 4
Spanish Culture and Conversation
Honors Spanish 5/AP Spanish Language
Honors Hispanic Literatures and Cultures
French 1

French 2 French 3 French 4

Honors French 5/AP French Language

### **Social Studies**

Civics, Civil Rights, and Citizenship
Modern World History
AP World History: Modern
U.S. History
AP U.S. History
Honors African American Studies
AP U.S. Government & Politics\*
AP Psychology
AP Art History
Honors Ancient Western Philosophy
Ancient Greek History

#### **Fine & Performing Arts**

Studio Art Honors Advanced Studio Art Pottery Photography Theatre: Intro to Theatre Theatre: One Act Theatre: Advanced One Act

Theatre: Acting and Performance Theatre: Technical Construction and Rigging

Theatre: Playwriting Instrumental Ensembles Advanced Band Introduction to Music Theory Songwriting

AP Art History AP Music Theory

### **Special Courses**

Yearbook: Publication Design Speech Competitive Speech & Debate Honors Competitive Speech & Debate Independent Student Research Project (ISRP) Mindfulness LEAD Entrepreneurship LEAD Capstone Robotics Freshman Seminar

### **Physical Education**

College Exploration Seminar

Weight Training Interscholastic Sports for PE Credit Mindfulness

#### **Student Support**

Study Skills 9 Introduction to the Study of Language Acquisition Study Skills

\*AB-Tech dual enrollment



Above: Upper School seniors prepare to walk across the stage at commencement.

# Journey to College

The CDS College Counseling Program works closely with students, parents, faculty, and staff to provide a comprehensive approach to the college exploration and application process. While most individualized counseling occurs in the junior and senior years, we provide a number of forums for freshmen, sophomores, and their parents to learn about the college admissions process. Through individualized meetings with students and parents, we guide students through the process of identifying colleges that fit each student's academic, career, and personal goals. We assist students throughout the college application process by facilitating a standardized testing strategy, college trips and representative visits, college applications, interview preparation, essay topic brainstorming and review, and financial aid and scholarship applications.

### **College Exploration Timeline**

Our college application process begins in Grade 9 and progresses to a CDS Sophomore College Trip, followed by individual coaching and guidance. Our dedicated college counselor has close relationships with colleges and universities across the nation. Our process includes individual college counseling meetings with students and parents, as well as workshops on affording college and other topics. We organize a vigorous college representative visit schedule for students to meet directly with college admission representatives on our campus. Our graduate college list includes 83 different institutions to which CDS graduates have matriculated.

### **Left to right:** Upper School

College Counselor Jessica Browning meets with a student to discuss the college application process.

The sophomore trip provides students with an overview of a variety of colleges and universities. Awareness of different types of schools is an important step in a student's college exploration process.

### 9тн GRADE Freshman Seminar PSAT 8/9

### 9TH-12TH GRADES College Counseling

Parent Meetings

# **10**тн **GRADE**College Trip

Practice ACT

### 11<sub>TH</sub> GRADE

Test Preparation
College Exploration
Class
PSAT

### **12TH GRADE**

1st Semester Essay Mentorship Ready to Apply!





# College Acceptances 2017–2023

Agnes Scott College
Alaska Pacific University
Alfred University
American University\*
Amherst College
Anderson University
Anglo-American University\*
Appalachian State University\*
Arizona State University
Asheville-Buncombe Tech CC\*
Auburn University\*

Austin Peay State University Bard College Barnard College\* Bates College Baylor University Belmont Abbey College Belmont University Berea College

Blue Ridge Community College\* Boise State University

Boston College
Boston University\*
Brandeis University\*
Bryan College\*
Brevard College
Brown University
Bryn Mawr College\*

Berry College

Caldwell Community College and

Technical Institute Campbell University Carleton College

Carson-Newman University
Case Western Reserve University\*

Centre College\*
Champlain College
Chapman University
Clark University
Clemson University\*
Coastal Carolina University\*

Colby College\*
College Of Charleston\*
Colgate University
Colorado College\*
Colorado State University\*

Columbia College Chicago Columbia University\* Connecticut College Cornell University\* Dartmouth College\*

Davidson College\*
Davis & Elkins College\*
Dean College
Deanies University

Dean College
Denison University
Depaul University\*
Dickinson College\*
Drew University
Drexel University\*
Duke University\*

Duke Kunshan University\*

Earlham College East Carolina University East Tennessee State University

Eckerd College\*
Elon University\*
Emerson College\*

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Eugene Lang College of Liberal Arts

Fashion Institute of Design & Merchandising

Florida Southern College Florida State University\* Fordham University Full Sail University\* Furman University\*

Gardner-Webb University George Mason University George Washington University\*

Georgetown University Georgia Institute of Technology Glasgow Caledonian University

Gonzaga University Goucher College Greensboro College Grinnell College Guilford College\*

**Guilford Technical Community College** 

Hamilton College\*
Hartwick College
Harvard University\*
Haverford College\*
Hendrix College
High Point University\*
Hofstra University
Hollins University
Howard University
Indiana University

Indiana University, Bloomington

Iowa State University
James Madison University\*
Kennesaw State University

Kenyon College
Knox College
Lafayette College
Lake Forest College
Lander University
Lees-McRae College\*
Lehigh University
Lenoir-Rhyne University
Lewis & Clark College\*
Louisiana State University\*
Loyola Marymount University\*
Loyola University Chicago
Loyola University Maryland
Loyola University New Orleans

Lynn University Macalester College Marist College

Maryland Institute College of Art

Mars Hill University

MIT\*

McGill University\*
Mercer University
Methodist University\*
Miami University (Oxford)\*
Michigan State University
Middlebury College\*
New York University\*
North Carolina A&T University

North Carolina A&T University
North Carolina Central University
North Carolina State University\*
Northeastern University

Northern Vermont University, Johnson

Northwestern University\* Occidental College Oglethorpe University\* Ohio University\*

Oklahoma State University
Oxford College Of Emory University\*

Pace University\*

Pace University, New York City\* Parsons School of Design\* Pennsylvania State University

Pepperdine University Pfeiffer University Piedmont College Pratt Institute\* Princeton University\* Purdue University

Queen's University (Canada)
Queen's University of Charlotte\*

Radford University Rhodes College

Ringling College of Art and Design\*

Roanoke College

Rochester Institute of Technology\*

Rollins College\*

Rose-Hulman Institute of Technology

Saint Edward's University\* Saint Mary's College of California

Salisbury University San Diego State University Santa Clara University Sarah Lawrence College\*

Savannah College of Art and Design\* School of the Art Institue of Chicago

School of Visual Arts Seattle University Skidmore College\* Smith College\*

Southern Methodist University\* Southwestern Community College\*

Standford University\* Stony Brook University Suffolk University\* SUNY at Albany Swarthmore College\* Temple University

The American University Of Paris The College of Wooster\*

The New School
The Ohio State University
The University of Alabama\*

The University of Alabama, Huntsville\*
The University of Tampa\*

The University of Tennessee\*
The University of Tennessee, Knox-

The University of The South\*

Towson University Trinity College Trinity University\* Tufts University\* Tulane University\* Tusculum College

United States Naval Academy\*
University Of Arizona

University of Arizona
University of British Columbia\*
University of California, Berkeley\*
University of California, Davis

University Of California, Irvine\* University of California, Los Angeles University of California, San Diego\* University Of California, Santa Cruz University of California, Santa Barbara

University of Canterbury\* University of Cincinnati University Of Colorado

University of Colorado, Boulder\*
University of Connecticut

University of Delaware
University of Denver
University of Dundee
University Of Georgia\*
University of Glasgow

University Of Kansas University Of Kentucky University of Louisville\*

University of Lynchburg University of Maine University of Maryland

University Of Massachusetts, Amherst University of Massachusetts, Boston

University Of Miami\*
University of Michigan\*
University Of Mississippi

University Of Mississ UNC Asheville\* UNC Chapel Hill\* UNC Charlotte\* UNC Greensboro\* UNC Wilmington\*

UNC Wilmington\*
University of Notre Dame\*
University of Oregon\*
University of Pennsylvania\*
University of Pittsburgh
University of Richmond\*

University of Richmond\*
University of San Diego
University of San Francisco
University of South Carolina\*
University of South Carolina, Salke-

hatchie\*

University of South Florida University of Stirling

University of the West of Scotland

University of Toronto\* University Of Utah University Of Vermont\* University Of Virginia\*

University of Virginia's College at Wise

University of Virginia's Co University Of Washington University Of Wisconsin

University of Wisconsin, Eau Claire\* University of Wisconsin, Madison

Ursinus College\*
Vanderbilt University\*
Vassar College
Villanova University
Virginia Commonweal

Virginia Commonwealth University Virginia Polytechnic Institute And

State University\*
Wake Forest University\*
Warren Wilson College\*
Washington And Lee University
Washington University in St. Louis
Western Carolina University\*
Western Colorado University
Western Washington University

William and Mary Williams College\* Willamette University Wingate University\* Wofford College\*

\*CDS students attending



### Student Life

Discover our student-first and student-lead community.

### **House System**

The House System in the Upper School fosters a sense of community and connection among students and teachers. At the start of the school year, each Upper School student is assigned to one of four Houses: Bell, Cardinal, Highlander, or Pines.

Students actively participate in friendly competition throughout the year, accumulating points for their respective House through various activities, including House Games, acts of service, attending art and athletic events, upholding the Honor Code, and engaging in Spirit Days.



#### **Community Meetings**

Student-run community meetings are twice weekly gatherings where all Upper School students and teachers come together to celebrate individual accomplishments, listen to senior speeches, get excited for upcoming events, and announce any club or organization initiatives.

### **Advisories**

Upper School students belong to academic advisories, a structured and personalized support system in which each student is assigned to a dedicated faculty advisor. Advisors meet with their advisees both in groups and individually to provide academic and school-life support. Advisories allow for students to create close bonds with both teachers and peers while providing an extra layer of academic, social, and emotional support.

### **Healthy Relationships**

Teaching high school students about healthy relationships is a proactive measure that not only protects them from potential harm but also empowers them to cultivate fulfilling and respectful connections throughout their lives. Our Healthy Relationships program, led by our skilled school counselor in partnership with Our VOICE and Helpmate, equips students with essential tools to build meaningful and respectful connections. Topics covered include setting classroom expectations, understanding body language, addressing harassment, bystander responsibility, consent, and respecting boundaries, among others.



Above: New members of Cardinal House pose for a picture after the yearly House Sorting.

### Beyond the Classroom

### Extracurriculars & After School

Discover a world of opportunities through athletics, extracurriculars, clubs, student government, and so much more.







**Top to bottom:** Students participating in a student-written musical, varsity baseball practice, and a school concert.

#### **Athletics**

We're proud of our athletic program with teams that reach and win state championships and individual athletes who consistently shatter personal records. Our athletes have signed with collegiate athletic programs at Princeton, Dartmouth, MIT, and more. Athletics at Carolina Day aren't just for record-breakers, though. We pride ourselves on nurturing scholar-athletes who take their schooling seriously, so our program offers both competitive and non-competitive development teams. Students who want to be involved with CDS athletics without playing a sport can join one of our support teams in sports media, sports management, and sports medicine.

- Soccer
- Volleyball
- Cross Country
- Track and Field
- Field Hockey
- Tennis

- Golf
- Basketball
- Swim Team
- Lacrosse Clinic
- Baseball
- Agility Training

#### Clubs

Clubs in the Upper School aren't just for after school. Many clubs meet during school hours to ensure our students have a class schedule that is helpful, interesting, productive, and energizing

- Art Club
- Book Club
- Black Student Union
- Chess Club
- Environmental Club
- Fellowship of Christian Athletes
- Fencing
- Gaming Club
- Girl Up Club
- GSA
- Investment Club

- Lunch with Will (Shakespeare)
- Outdoor Exploration Club
- Society of Literature, Art, Music, and Media
- Social Media Athletics
- Spanish Book Club
- Student Ambassadors
- Trivia Club
- Writing Mentors
- You Belong

### **Student Government**

With elected members serving as student advocates, Student Government allows students to shape the school based on their collective voice, honing leadership skills in line with CDS curriculum.

### **Special Courses**

Many of our special courses, such as performing arts, speech & debate, and others, have extracurricular components. There are so many ways in which to engage beyond the classroom!



## Meet the Upper School Faculty

CDS teachers are experts in their fields, dedicated to helping Upper School students become well-rounded and empathetic leaders with a strong and multi-lensed foundation. Many of our teachers have advanced degrees either in education or specialized fields, participate regularly in professional development, and interact with students outside of the classroom. They also constantly learn from one another in Professional Learning Communities that meet regularly through the school year. These communities are think tanks where our faculty brainstorm the best and most innovative teaching practices, education technology, involvement opportunities, school-wide culture, and more to make the Upper School a place where students aren't just well-prepared—they're inspired.

Joanne Bartsch, Science Teacher, Science & Technology Department Chair | B.S. UNC Wilmington

George Batten, Math & Science Teacher | B.S. Wake Forest | Ph.D. UNC Chapel Hill

Seth Buddy, French Teacher | M.A. University of Montana | B.A. University of Montana

Paula Carson, Spanish Teacher, Advisor
| Pedagogy Degree Javeriana University
| M.A. Los Andes University

Nate Crimmins, Social Studies Teacher, Advisor, Grade 10 Dean | B.A. Centre College | M.A. Union Theological Seminary

Kathryn Garrison, Mindfulness Teacher
| B.S. University of Alabama |
Teaching Certification UNC Asheville

Tracy Griffin, Study Support, Advisor, Study Support Department Chair | B.S. NC State University

Parker Heck, Music Director | B.A. UNC Asheville

Michael Hill, Math and Science
Teacher, Math Department Chair |
B.S. WV Institute of Technology |
M.S. Institute of Textile Technology |
M.S. University of Missouri | Ph.D.
University of Virginia

Margee Husemann, English Teacher,
Advisor, Grade 11 Dean | B.A.
University of Notre Dame | M.A. Ohio
State University | Ph.D. University of
South Carolina

Ryan James, Technology Coordinator/ Digital Facilitator, Computer Science Teacher | B.S. University of Alabama Birmingham Jeff Kalil, English & Social Studies Teacher, Advisor | B.A. Haverford College | M.A.L.S. Georgetown University

Marbie Kollath, Art Teacher, Visual & Performing Arts Department Chair |
B.A. Pennsylvania State University

Michael Lemon, Social Studies
Teacher, Social Studies Department
Chair, Curriculum Team Co-Chair |
B.A. Oberlin College | M.A. Indiana
University

David Montgomery, STEM Teacher | B.S. Hillsdale College | Ph.D. Wake Forest University

Carl Najdek, History & American
Literature Teacher | B.A. Murray State
University | M.A. University of North
Carolina Wilmington

Fernando Pomar, Spanish Teacher | B.A. Pontificia Universidad Católica del Perú | Ph.D. University of Michigan

Sandy Pyeatt, Librarian | B.A.
Kalamazoo College | M.A. University of
New Mexico | M.L.I.S. UNC Greensboro

Megan Rowe, Study Support, Advisor, Grade 9 Dean | B.A. Kent State University | M.A. Southern New Hampshire University

Anne Scarbrough, Theatre Director | B.A. University of Alabama | M.F.A. University of Georgia

Gail Wallace, Spanish Teacher, Advisor, World Language Department Chair | B.A. Wesleyan University

Susan White, English Teacher, English Department Chair | B.A. Roanoke College | M.A. Middlebury College | M.F.A. University of Southern Maine Hilary Wilcox, English Teacher, Study Support, Advisor | B.S. Western Michigan University | M.S.A. Western Carolina University

Patrick Williams, Math & Science
Teacher, Advisor, Grade 12 Dean |
M.S. Pennsylvania State University |
Ph.D. Pennsylvania State University

**Bill Wolfe**, *Science Teacher* | B.A. Appalachian State University | M.S. Appalachian State University

**Deanna Zenn**, *Math Teacher* | B.A. Boston University | J.D. St. John's University School of Law | M.S. Hofstra University

### **Upper School Administration**

Margot Moses, *Principal* | B.A. Trinity College | M.A. Columbia University

David Hertzinger, Interim Assistant
Principal | B.A. Augusta State
University | M.A. Southern Wesleyan
University

**Phyllis Armstrong**, *Registrar* | College Counseling Assistant

Jessica Braketa, Academic & Social-Emotional Counselor | B.S. Colorado State University | M.A. UNC Charlotte

Jessica Browning, Director of College Counseling | B.A. Wesleyan University | M.A. University of San Diego

Kim Carr, Administrative Assistant

# We Look Forward to Meeting You



If you're interested to learn more, attend an Open House for an up close and personal visit. We look forward to sharing all that is special about the Carolina Day

community with you.

Are you ready to belong to a school community that supports students in very tangible ways and ensures they have opportunities to work hard and explore their full academic and artistic potential? If so, visit carolinaday.org/apply to begin the application process.

### Let's get started.

### Join us for an Open House.

You are invited to attend our informational events to hear from administration, faculty, current students and parents about the Carolina Day community, culture, curriculum, and programs. Check out **carolinaday.org/visit** for a wide variety of opportunities to get to know us.

### **Tuition & Fees**

Our Tuition & Fee schedule for the current year can be found at **carolinaday.org/ admission/tuition**. Our tuition covers many expenses, such as textbooks, activity fees, local field trips, lab/studio fees, as well as PSAT and ERB testing. It's worth noting that tuition for the upcoming year is established in January and typically sees a moderate annual increase. Your investment in education paves the way for a brighter future!

### **Application**

We invite you to submit an application at **carolinaday.org/apply** which creates an account on My CDS, a user-friendly system that streamlines the application process for our families. Through your My CDS account, you will be able to receive notifications from CDS, learn about CDS admission events, and apply and track your progress toward application completion.

### **Annual Giving**

Annual giving is a vital source of support for Carolina Day programs, materials and opportunities that allow students to experience an exceptional education. Parent participation at a level consistent with your ability is a key component of community involvement.

### **Financial Aid**

Financial aid awards are available to applicants to grades K–11 and are based on need. Financial aid and admission are separate processes, but must be done simultaneously if a family anticipates needing aid. Visit the Tuition & Financial Aid page of our website for more information.





