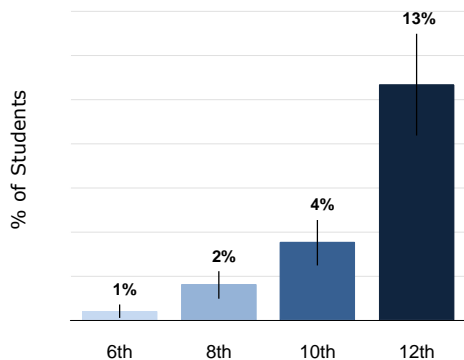


### Are OUR youth using alcohol?

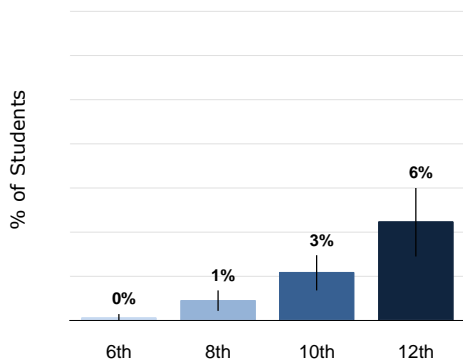
#### Current Drinking

Students who report drinking at least once in the past month



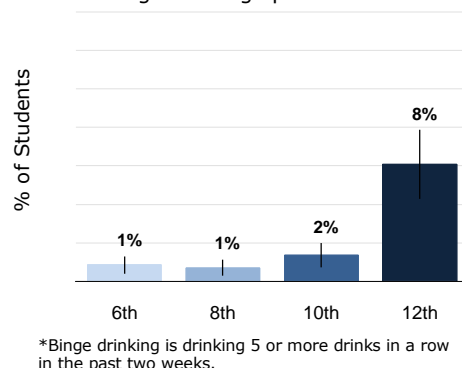
#### Experimental Drinking

Students who report drinking on 1-2 days in the past month, but no binge drinking



#### Problem or Heavy Drinking

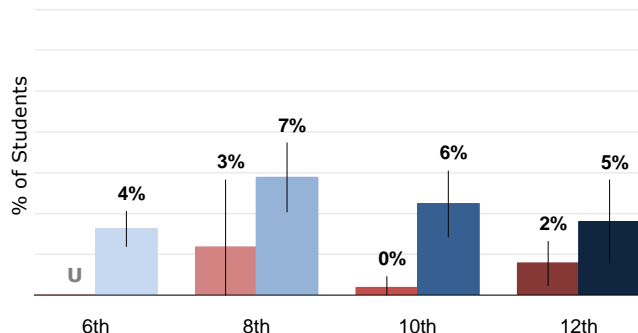
Students who report drinking 3 or more days in the past month and/or one or more binge drinking episodes\*



#### In a Vehicle

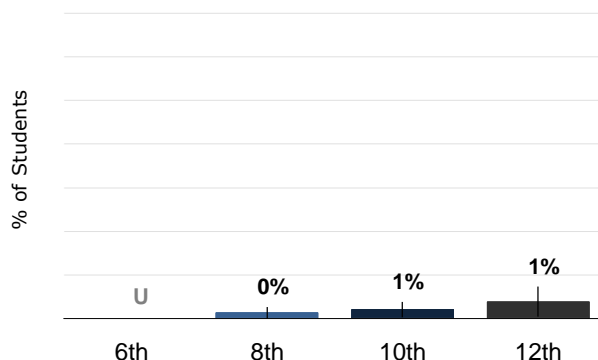
Students who report drinking and driving OR riding with a driver who had been drinking in the past 30 days

■ Drove after drinking ■ Rode with drinking driver

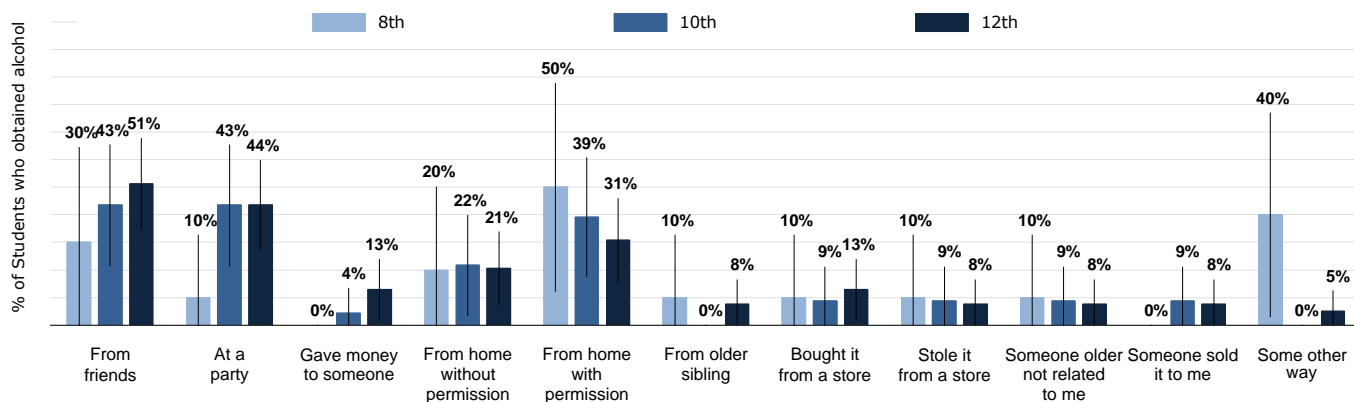


#### On school property

Students who report drinking on school property in the past month



### Where Do Youth Get Alcohol?



The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless whether they reported drinking in the past 30 days. Students could select multiple sources.

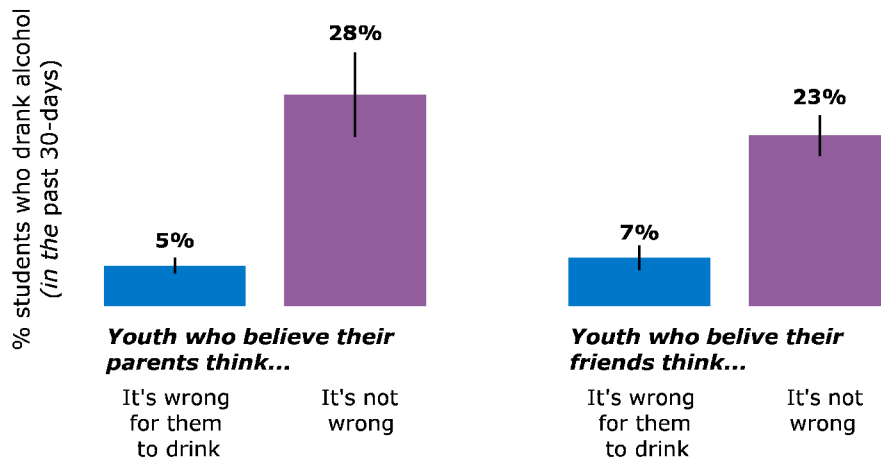
The data in these charts are based on the Healthy Youth Survey conducted in fall 2023. In Issaquah School District, 1,394 6th graders, 1,348 8th graders, 1,175 10th graders and 683 12th graders completed the survey.

For more results from the 2023 Healthy Youth Survey, please visit [www.AskHYS.net](http://www.AskHYS.net)

## Parents and friends have influence!

**Youth are less likely to drink if they believe their parents or their friends disapprove of youth drinking.**

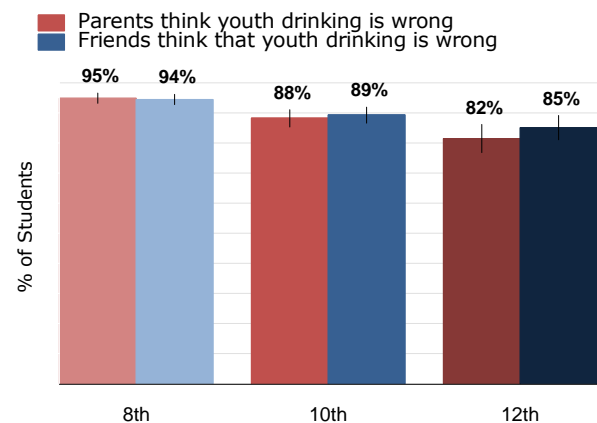
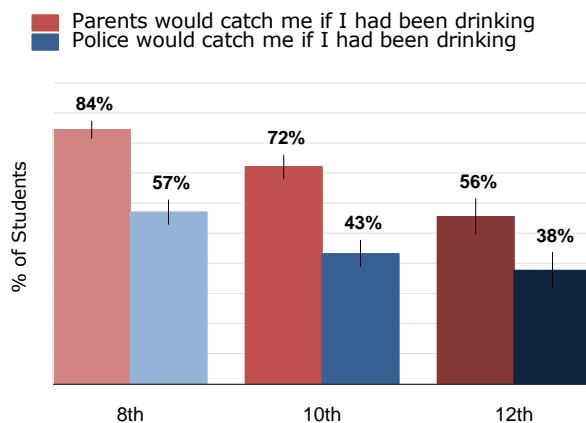
**Percent of 10th Graders who Drink Alcohol (Statewide)**



### What does this chart say?

- Only 5% of youth drink alcohol if their parents think it's wrong, while 28% drink if their parents don't think it's wrong
- Only 7% of youth drink alcohol if their friends think it's wrong, while 23% drink if their friends don't think it's wrong.

## Youth in Issaquah School District reported that they believe...



## Take action to reduce youth alcohol use!

**Community Members - help reduce youth drinking by making it difficult for them to get alcohol.**

The percent of Issaquah School District youth who think that it would be easy to get alcohol increases as they get older, from 11% in 6th Grade to 46% in 12th Grade.

**Parents - talk to your kids about the dangers of drinking alcohol.**

The percent of Issaquah School District youth who said their parents **didn't** talk to them about the dangers of alcohol increases as they get older, from 28% in 8th Grade to 41% in 12th Grade.

## Help youth make healthy choices

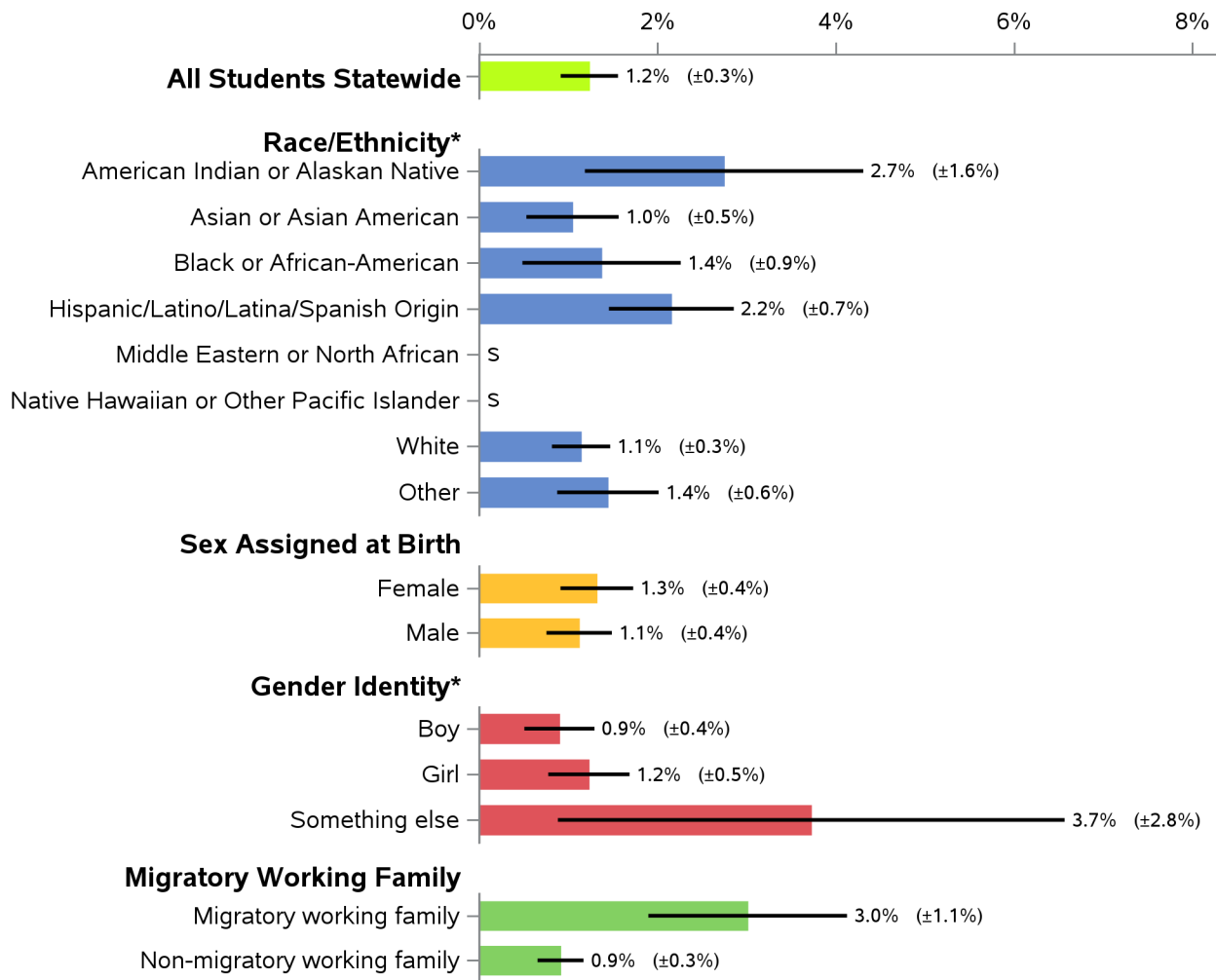
### Start the conversation

### Continue the conversation

Visit us at: [www.StartTalkingNow.org](http://www.StartTalkingNow.org)



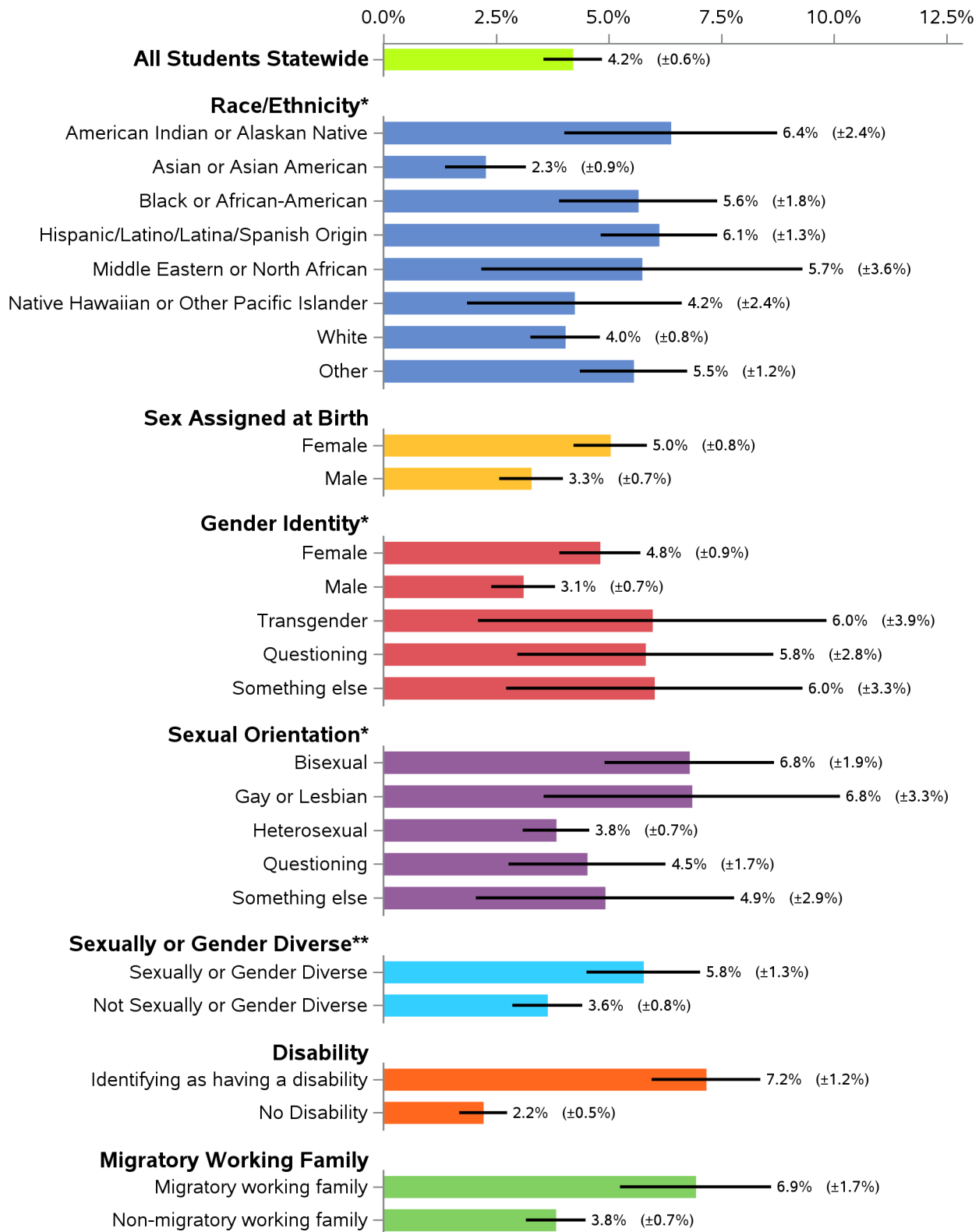
# Statewide Relationship between Current (past 30 days) Alcohol Use and Demographics, Grade 6, 2023



\*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

S - results are suppressed because less than 5 students answered this way

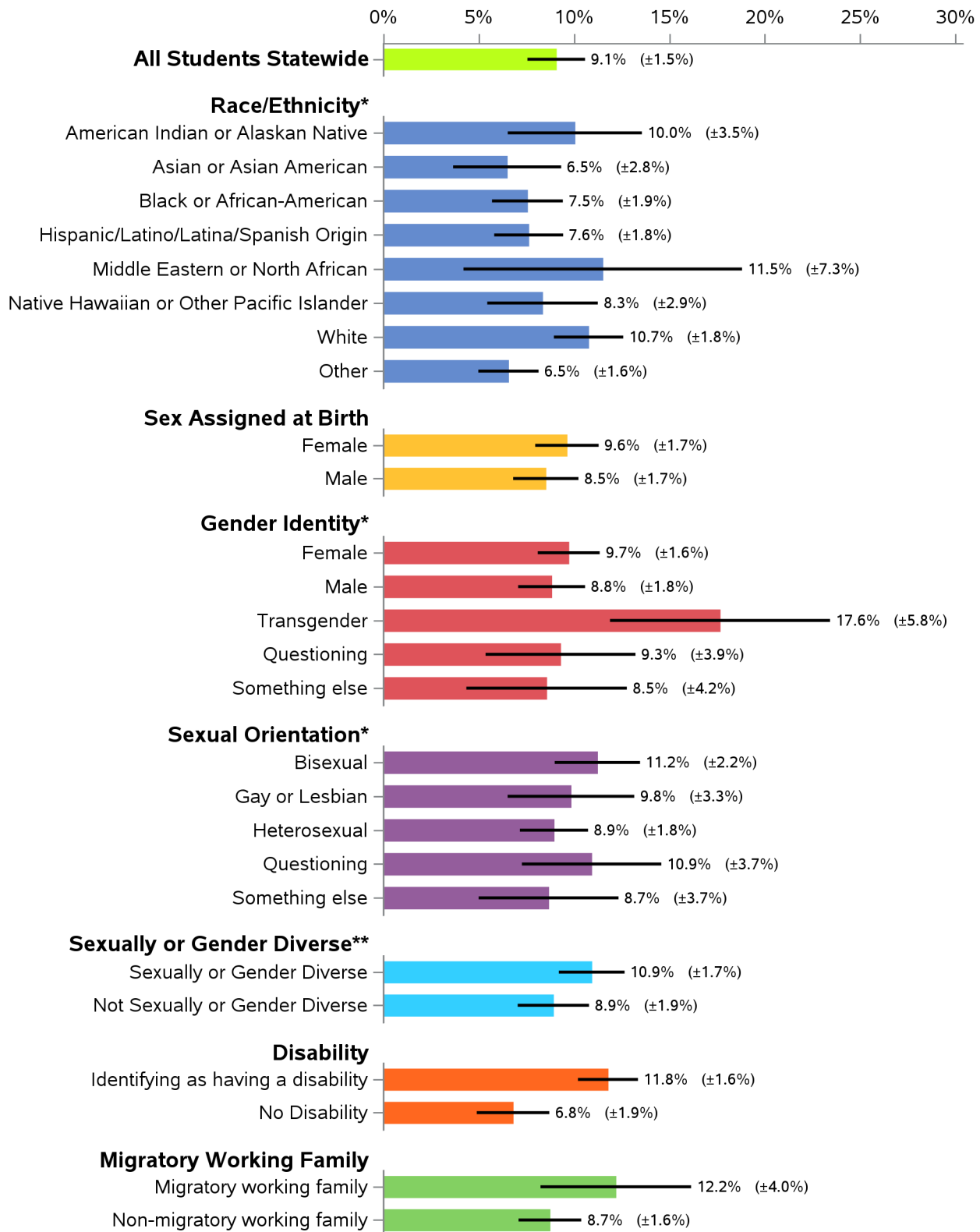
# Statewide Relationship between Current (past 30 days) Alcohol Use and Demographics, Grade 8, 2023



\*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

\*\*Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.

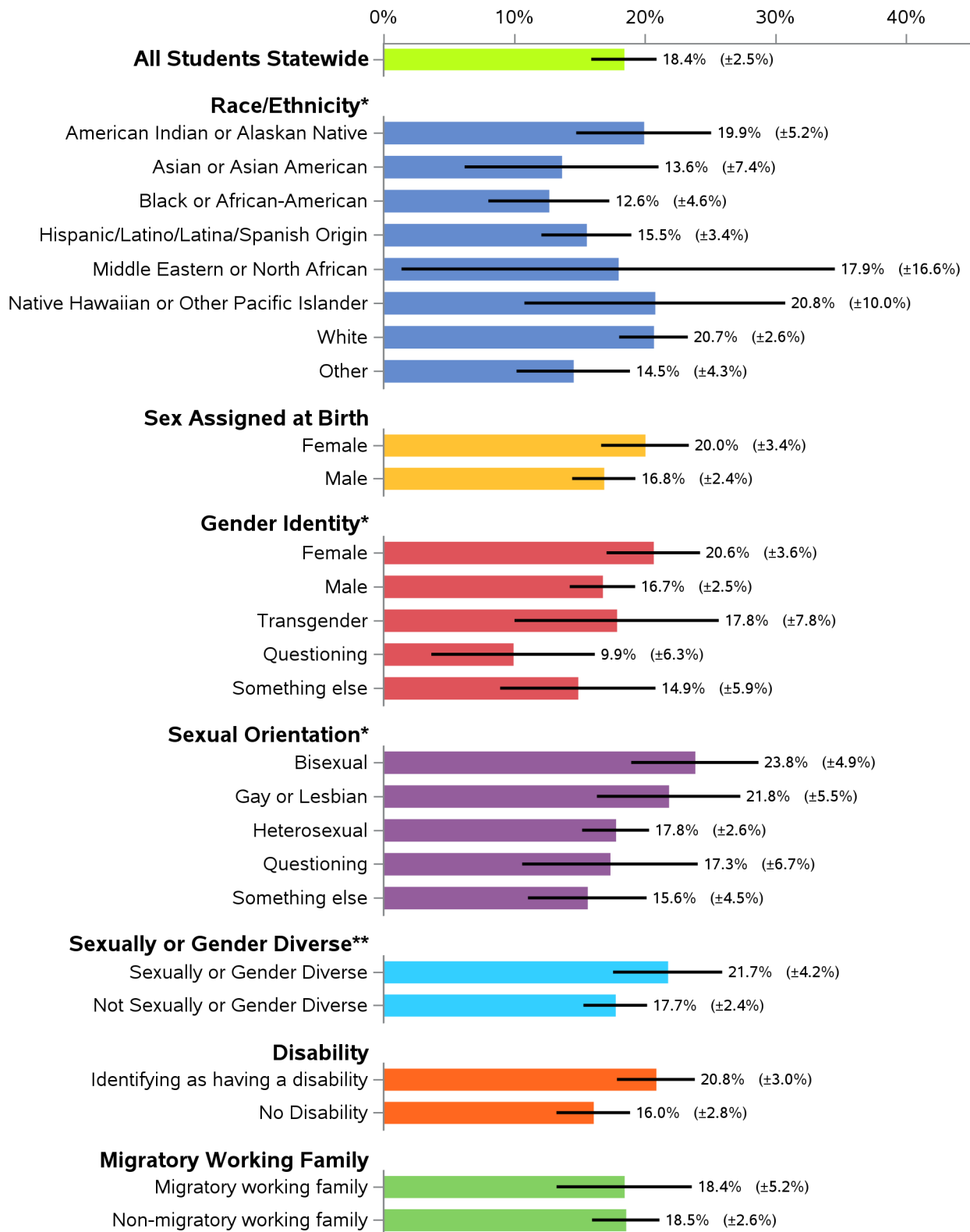
# Statewide Relationship between Current (past 30 days) Alcohol Use and Demographics, Grade 10, 2023



\*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

\*\*Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.

# Statewide Relationship between Current (past 30 days) Alcohol Use and Demographics, Grade 12, 2023



\*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

\*\*Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.