

## FACT SHEET

# Measuring Hope in Issaquah School District

Year: 2023

Grade: 6

Sex: All

Number of Students Surveyed: 1,394

### Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Hope is made up of goals, pathways, and agency.

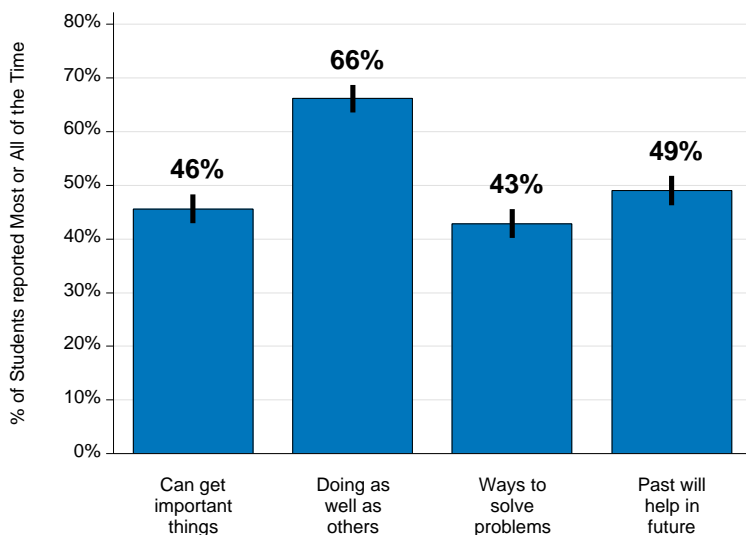
Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful

Hope Scale Component  
Questions Grade 6, 2023



### Pathway Questions:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

### Agency Questions:

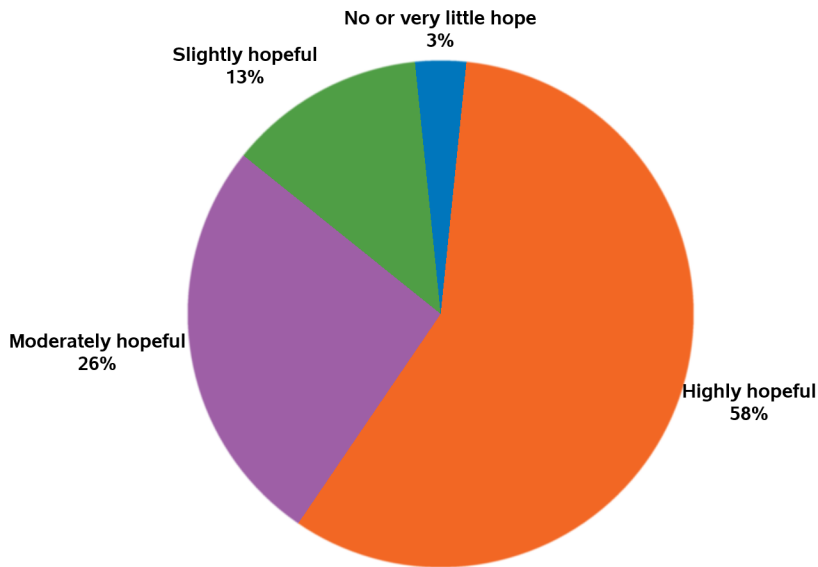
- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

# FACT SHEET

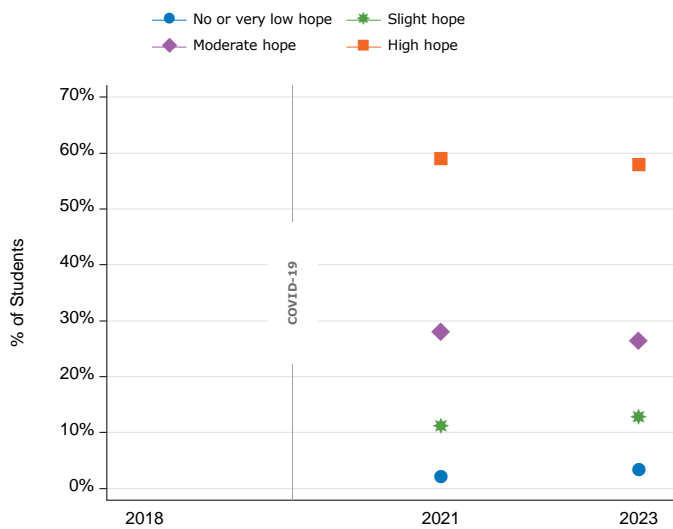
## Measuring Hope

### Levels of Hope Grade 6, 2023



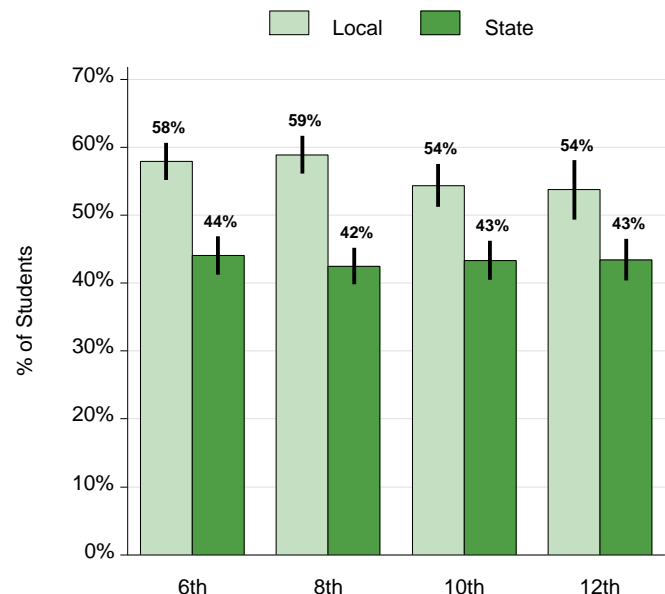
**Research** has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

### Levels of Hope 2018-2023, Grade 6



Prevalence	2018	2021	2023
No or very low hope	N/A	2% ± 1	3% ± 1
Slight hope	N/A	11% ± 2	13% ± 2
Moderate hope	N/A	28% ± 3	26% ± 2
High hope	N/A	59% ± 3	58% ± 3

### High Hope, All Grades, 2023

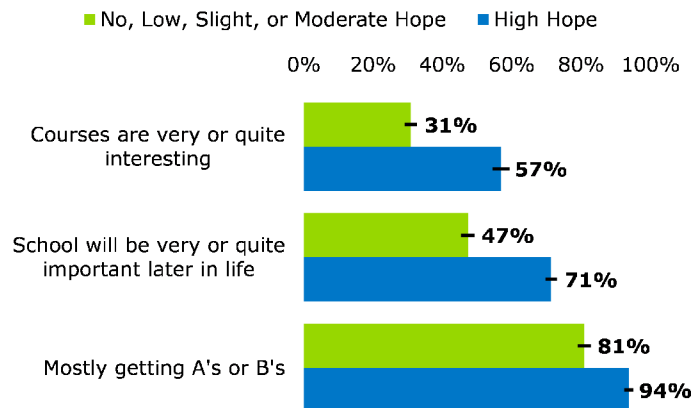


Prevalence	6th	8th	10th	12th
Local	58% ± 3	59% ± 3	54% ± 3	54% ± 3
State	44% ± 3	42% ± 3	43% ± 3	43% ± 3

# FACT SHEET

## Measuring Hope

### Statewide Relationships between High Hope, Grade 6



For 6<sup>th</sup> graders statewide, those with **high levels of hope** are:

- *More likely to find courses more interesting and helpful for their future*
- *More likely to think the things they are learning in school will be important later in life*
- *More likely to report getting high grades (A's or B's)*

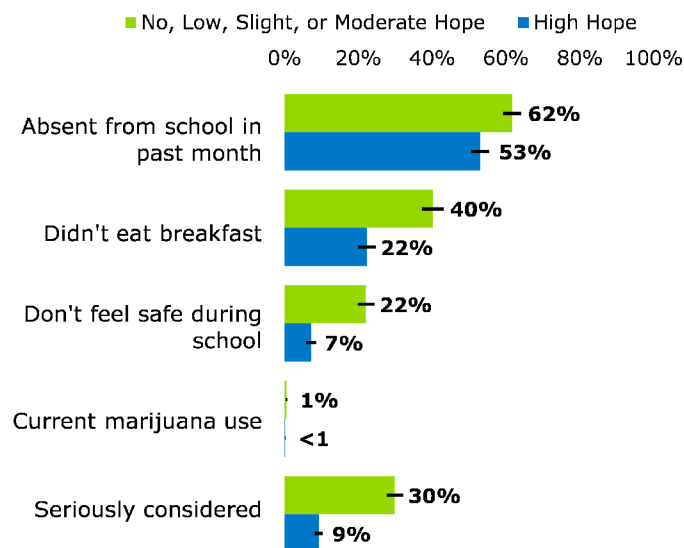
Compared to those with **lower levels of hope**.

For 6<sup>th</sup> graders statewide, those with **high levels of hope** are:

- *Less likely to be absent from school in the past month*
- *Less likely to not have eaten breakfast*
- *Less likely to not feel safe during school*
- *Less likely to use marijuana in the past 30 days*
- *Less likely to have seriously considered suicide in the past year*

Compared to those with **lower levels of hope**.

### Statewide Relationships between High Hope, Grade 6



## For More Information

- Hope Research Center-<https://www.ou.edu/tulsa/hope>

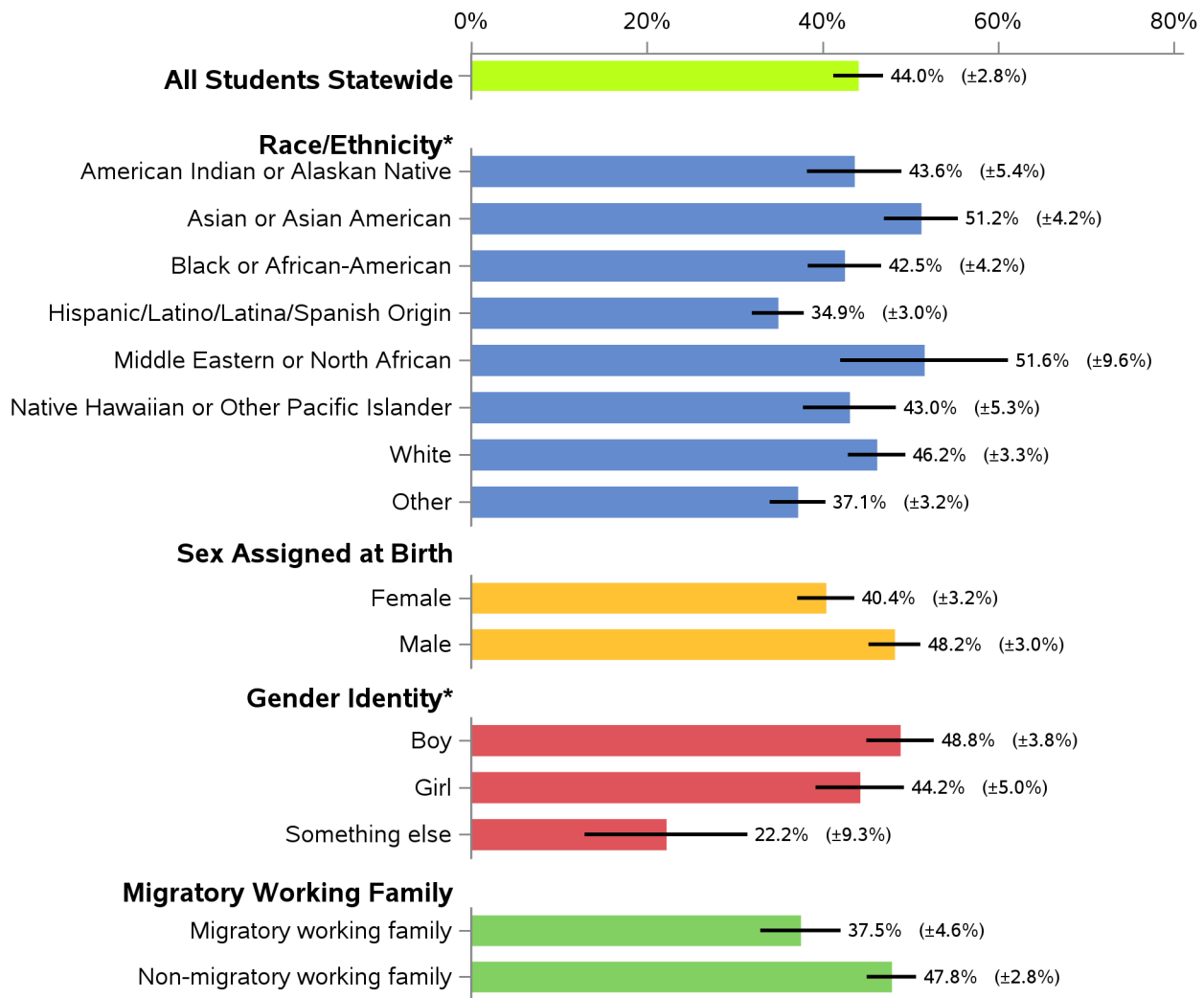
#### missing codes

S = result suppressed due to insufficient reporting from students of schools;  
N/G = grade not available; N/S = question was not surveyed this year;  
N/A = question was not asked of this grade;

Prevalence is displayed with 95% confidence intervals (as± or black bar | )  
\*indicates a significant change from the previous year, <0.05

results generated at [www.askhys.net](http://www.askhys.net) on 03/01/2024

## Statewide Relationship between High Hope and Demographics, Grade 6, 2023



\*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.



## FACT SHEET

# Measuring Hope in Issaquah School District

Year: 2023

Grade: 8

Sex: All

Number of Students Surveyed: 1,348

### Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Hope is made up of goals, pathways, and agency.

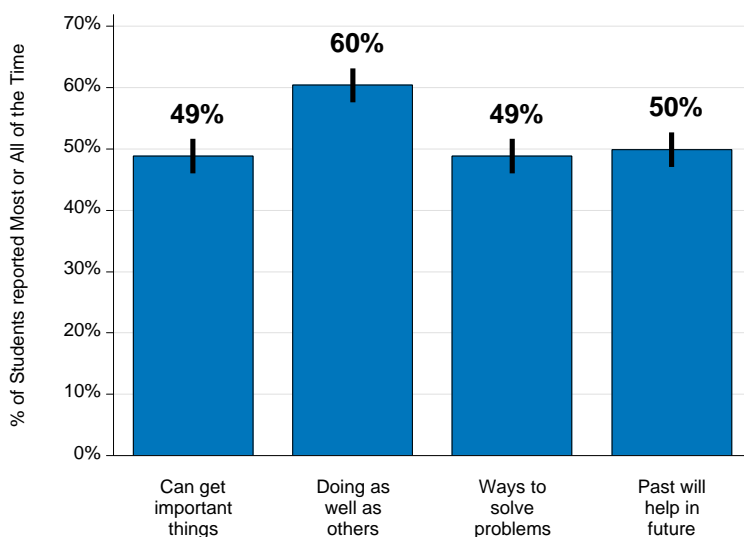
Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful

Hope Scale Component  
Questions Grade 8, 2023



### Pathway Questions:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

### Agency Questions:

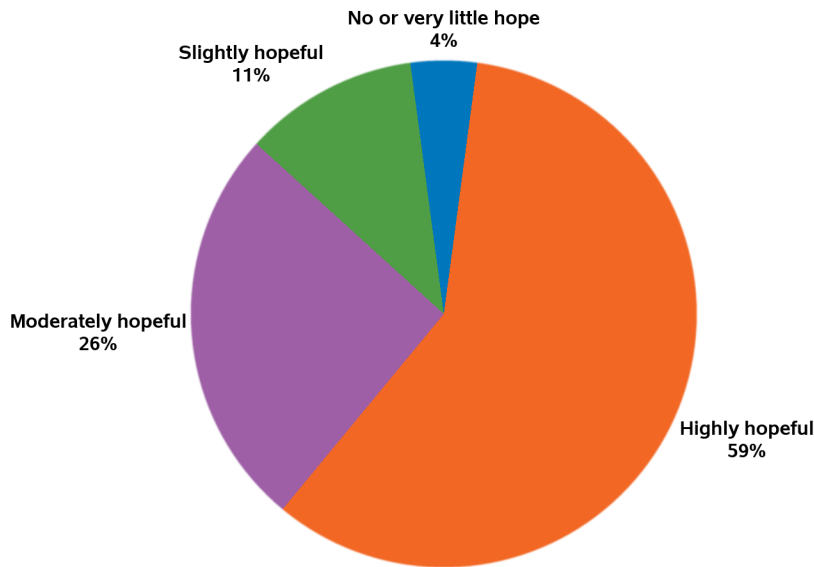
- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

# FACT SHEET

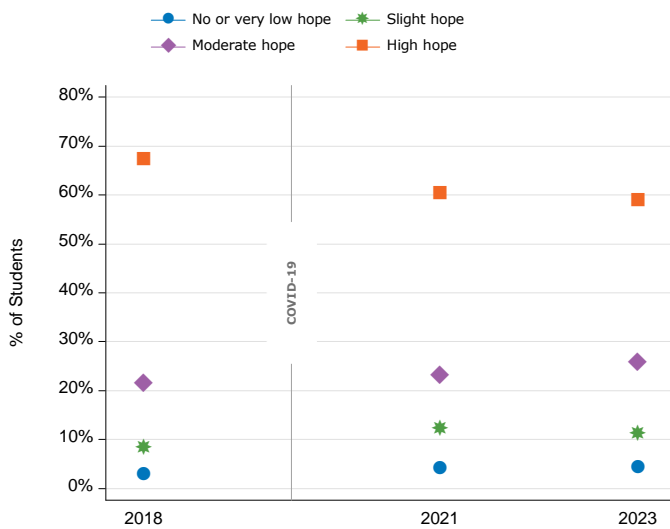
## Measuring Hope

Levels of Hope Grade 8, 2023



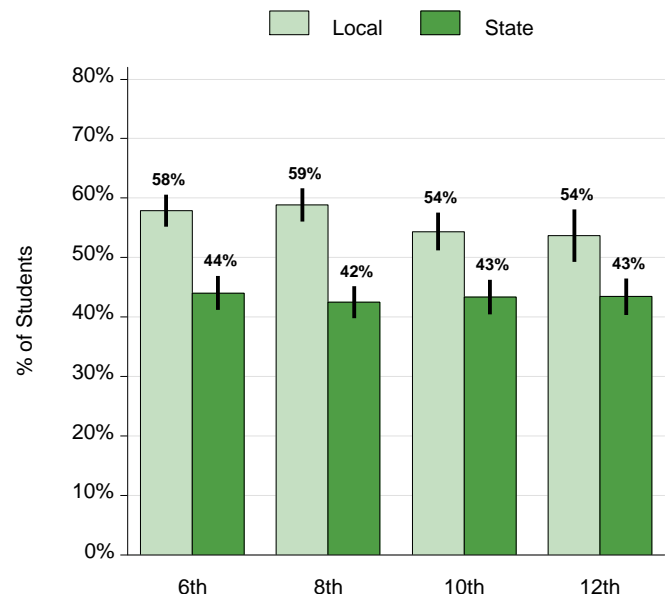
**Research** has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

Levels of Hope 2018-2023, Grade 8



Prevalence	2018	2021	2023
No or very low hope	3% ±1	4% ±1	4% ±1
Slight hope	8% ±2	12% ±2 ▲	11% ±2
Moderate hope	22% ±3	23% ±2	26% ±2
High hope	67% ±4	60% ±3 ▼	59% ±3

High Hope, All Grades, 2023

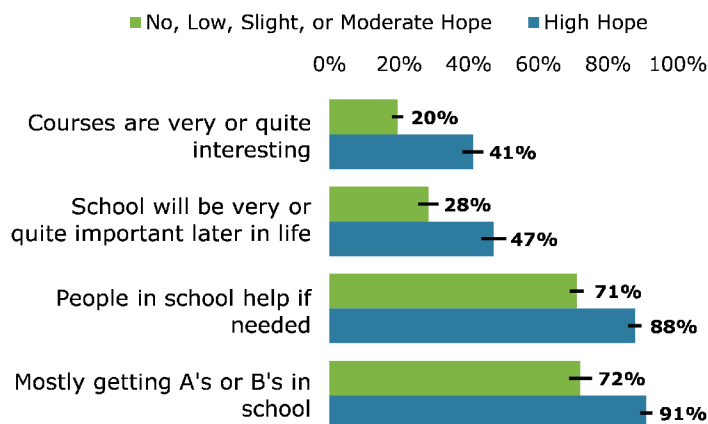


Prevalence	6th	8th	10th	12th
Local	58% ±3	59% ±3	54% ±3	54% ±4
State	44% ±3	42% ±3	43% ±3	43% ±3

# FACT SHEET

## Measuring Hope

### Statewide Relationships between High Hope, Grade 8



For 8<sup>th</sup> graders statewide, those with **high levels of hope** are:

- More likely to find courses more interesting and helpful for their future
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

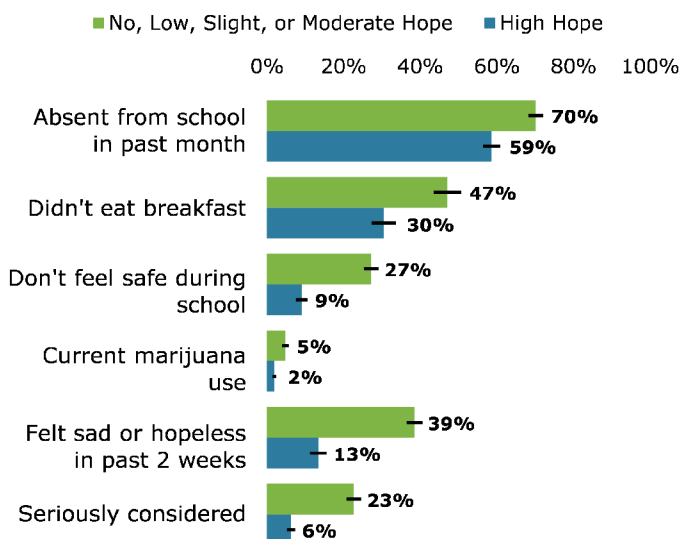
Compared to those with **lower levels of hope**.

For 8<sup>th</sup> graders statewide, those **with high levels of hope** are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to feel sad or hopeless
- Less likely to have seriously considered suicide in the past year

Compared to those with **lower levels of hope**.

### Statewide Relationships between High Hope, Grade 8



## For More Information

- Hope Research Center-<https://www.ou.edu/tulsa/hope>

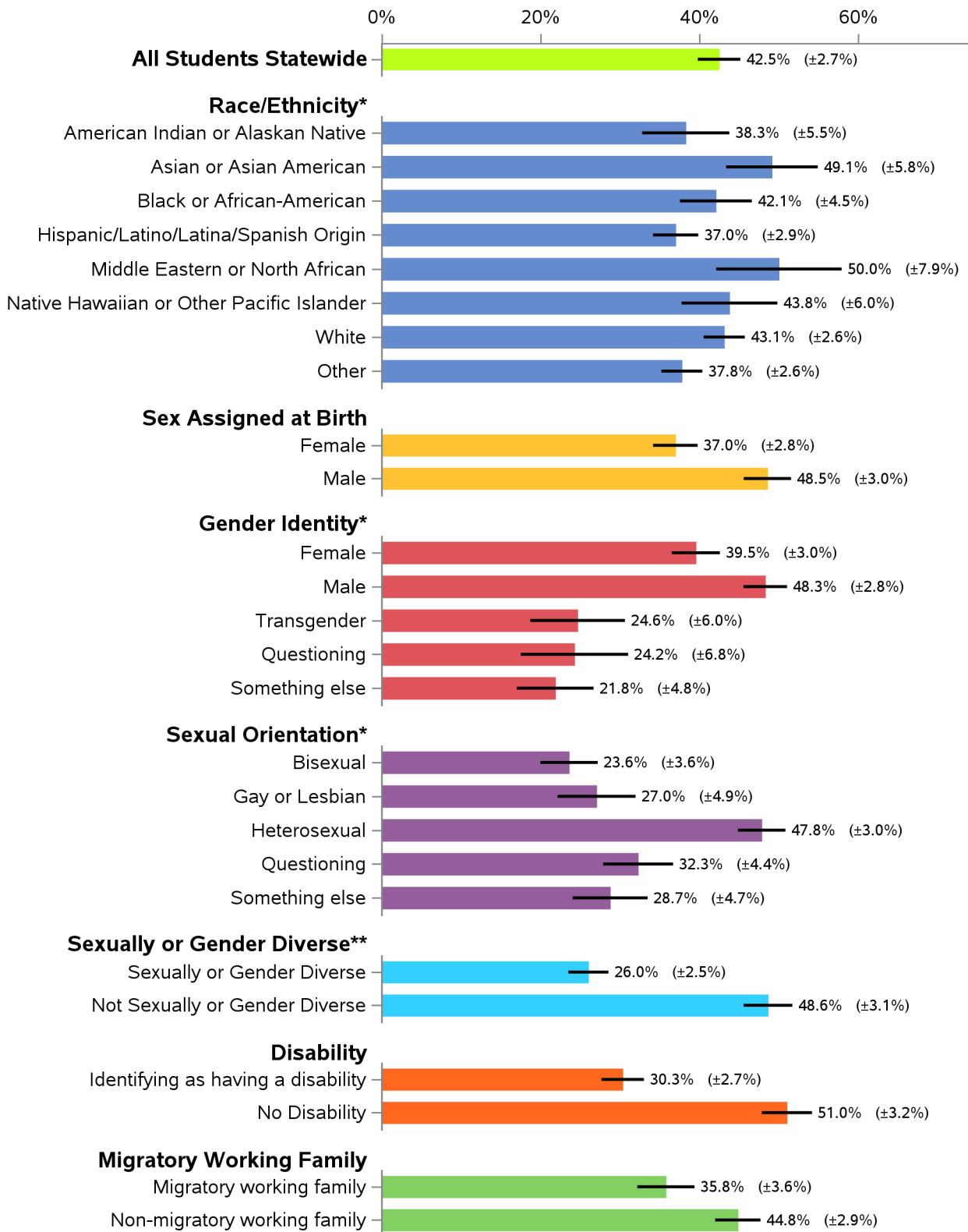
#### missing codes

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N/A = question was not asked of this grade;

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\*indicates a significant change from the previous year, <0.05

results generated at [www.askhys.net](http://www.askhys.net) on 03/01/2024

## Statewide Relationship between High Hope and Demographics, Grade 8, 2023



\*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

\*\*Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.

## FACT SHEET

# Measuring Hope in Issaquah School District

Year: 2023

Grade: 10

Sex: All

Number of Students Surveyed: 1,175

### Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Hope is made up of goals, pathways, and agency.

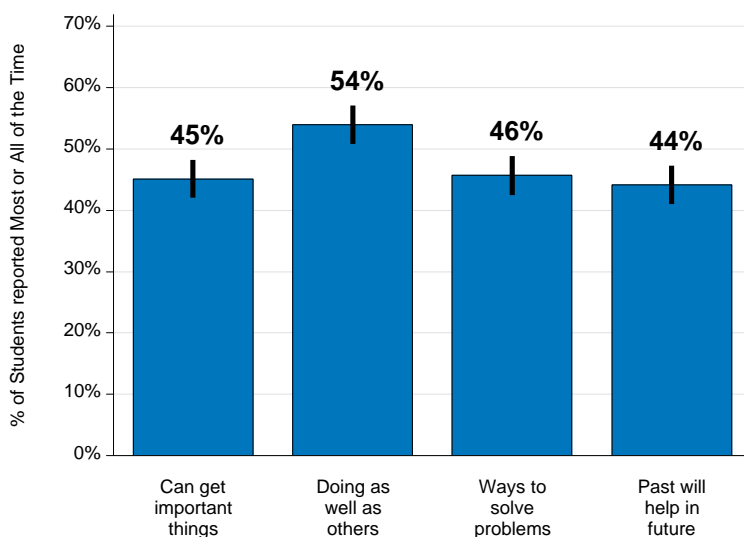
Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful

Hope Scale Component  
Questions Grade 10, 2023



### Pathway Questions:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

### Agency Questions:

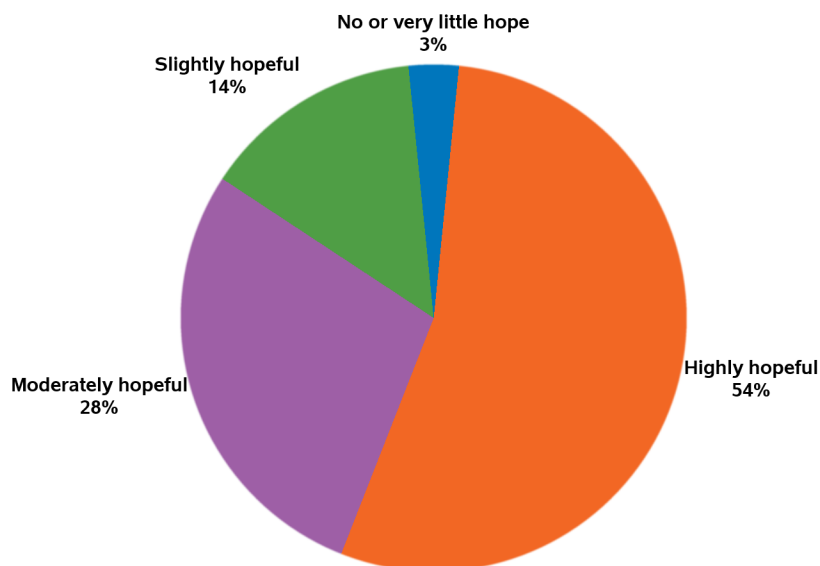
- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

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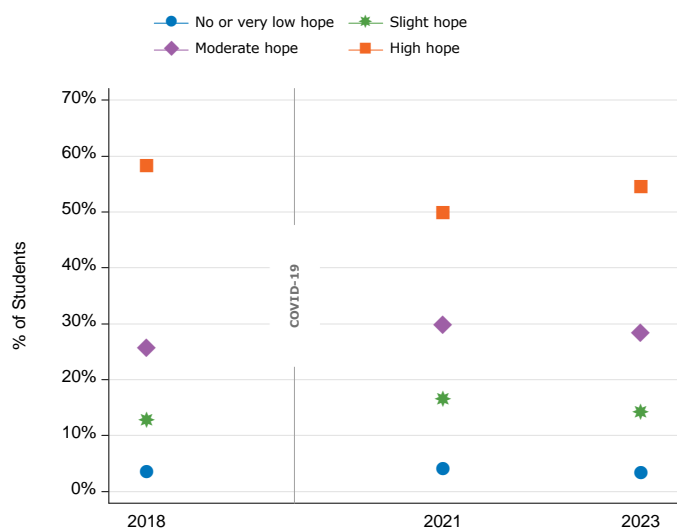
## Measuring Hope

Levels of Hope Grade 10, 2023



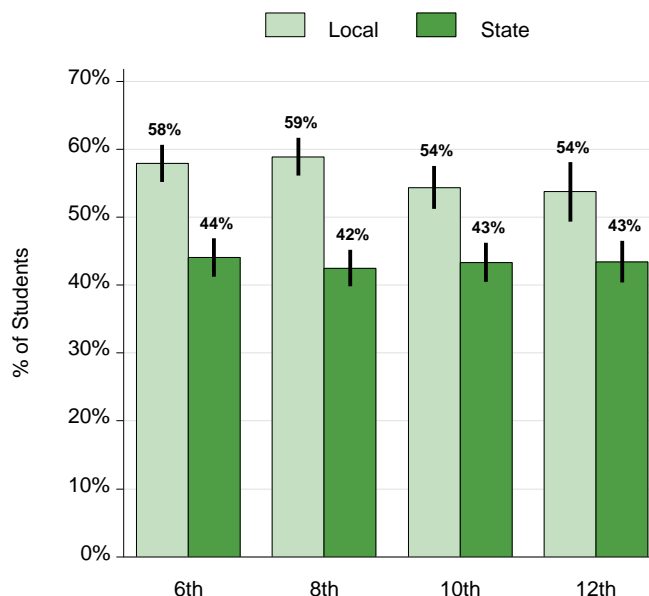
**Research** has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

Levels of Hope 2018-2023, Grade 10



Prevalence	2018	2021	2023
No or very low hope	3% ±1	4% ±1	3% ±1
Slight hope	13% ±3	17% ±2 ▲	14% ±2
Moderate hope	26% ±3	30% ±3	28% ±3
High hope	58% ±4	50% ±3 ▼	54% ±3 ▲

High Hope, All Grades, 2023



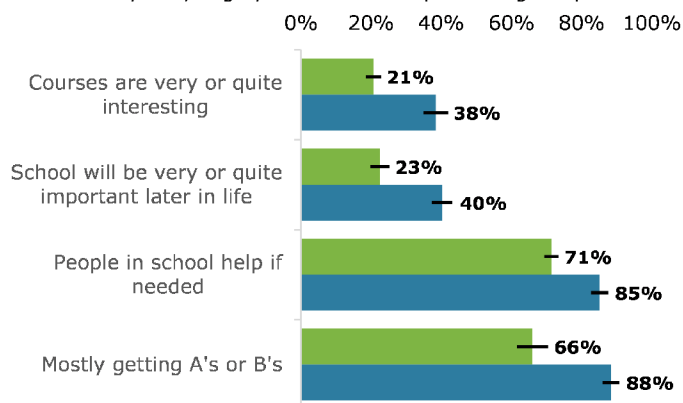
Prevalence	6th	8th	10th	12th
Local	58% ±3	59% ±3	54% ±3	54% ±4
State	44% ±3	42% ±3	43% ±3	43% ±3

# FACT SHEET

## Measuring Hope

### Statewide Relationships between High Hope, Grade 10

■ No, Low, Slight, or Moderate Hope ■ High Hope



For 10<sup>th</sup> graders statewide, those with **high levels of hope** are:

- More likely to find courses more interesting and helpful for their future
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

Compared to those with **lower levels of hope**.

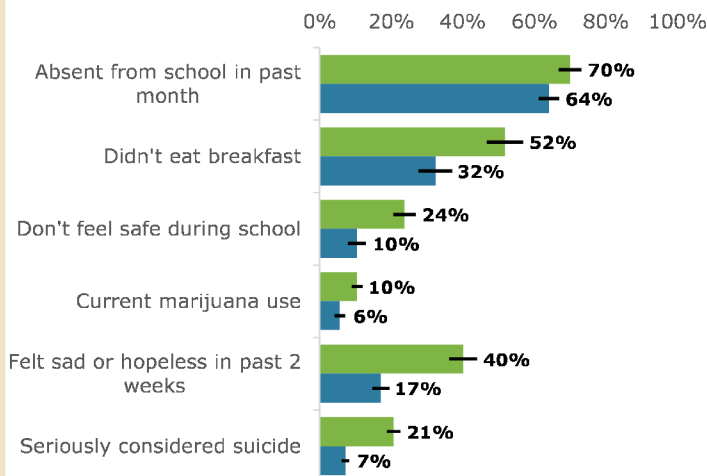
For 10<sup>th</sup> graders statewide, those with **high levels of hope** are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to feel sad or hopeless
- Less likely to have seriously considered suicide in the past year

Compared to those with **lower levels of hope**.

### Statewide Relationships between High Hope, Grade 10

■ No, Low, Slight, or Moderate Hope ■ High Hope



## For More Information

- Hope Research Center-<https://www.ou.edu/tulsa/hope>

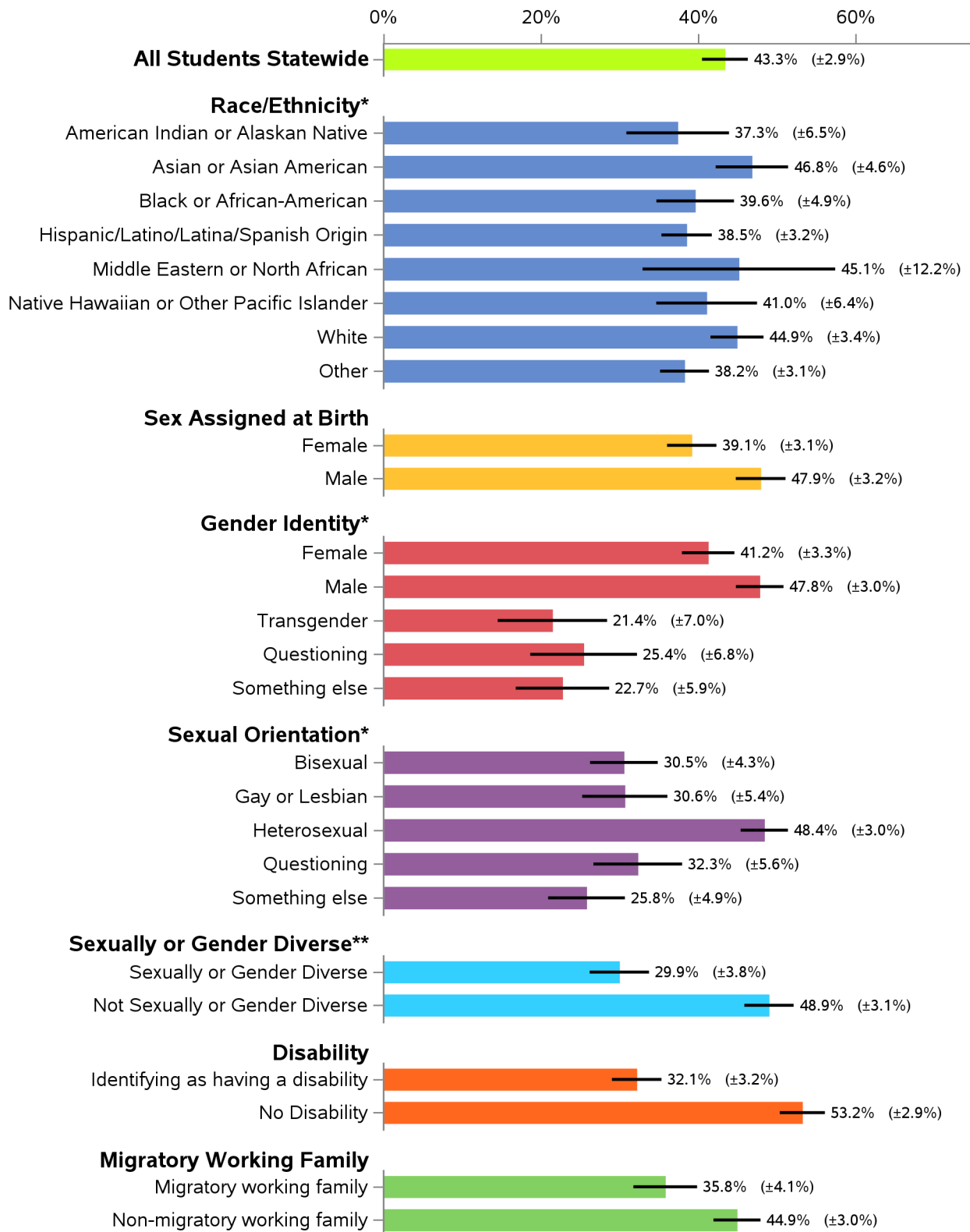
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results generated at [www.askhys.net](http://www.askhys.net) on 03/01/2024

## Statewide Relationship between High Hope and Demographics, Grade 10, 2023



\*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

\*\*Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.



## FACT SHEET

# Measuring Hope in Issaquah School District

Year: 2023

Grade: 12

Sex: All

Number of Students Surveyed: 683

### Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Hope is made up of goals, pathways, and agency.

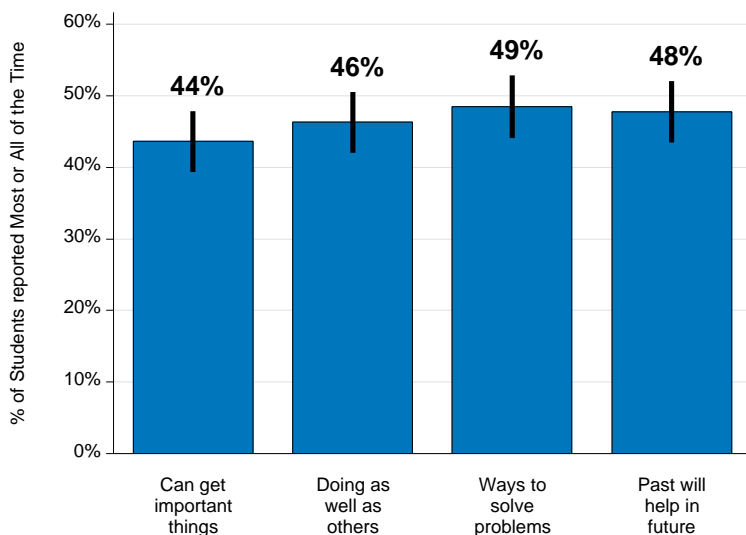
Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful

Hope Scale Component  
Questions Grade 12, 2023



### Pathway Questions:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

### Agency Questions:

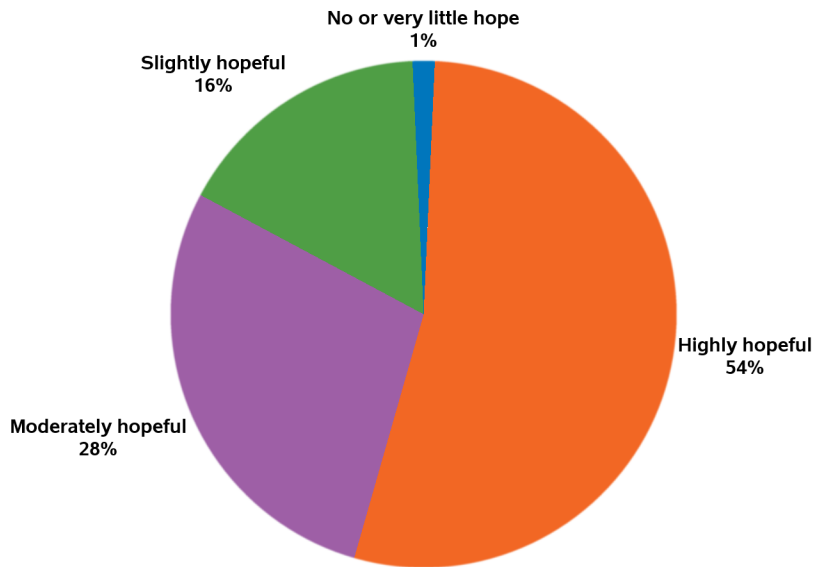
- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

# FACT SHEET

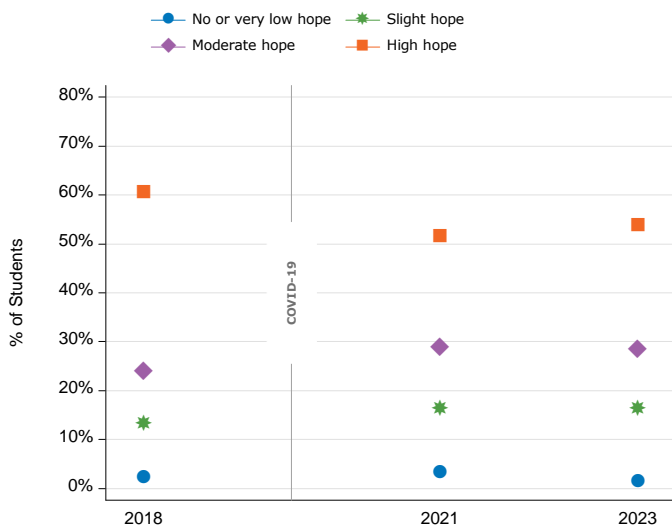
## Measuring Hope

### Levels of Hope Grade 12, 2023



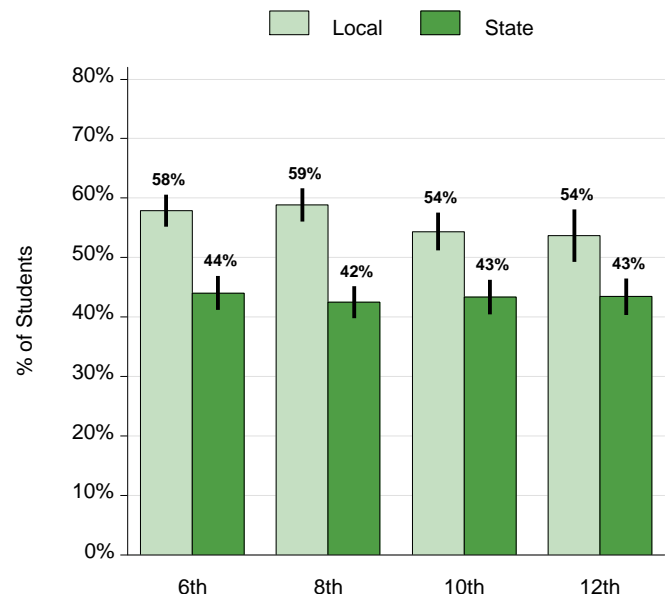
**Research** has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

### Levels of Hope 2018-2023, Grade 12



Prevalence	2018	2021	2023
No or very low hope	2% ±2	3% ±1	1% ±1 ▼
Slight hope	13% ±4	16% ±3	16% ±3
Moderate hope	24% ±5	29% ±3	28% ±4
High hope	61% ±6	52% ±4 ▼	54% ±4

### High Hope, All Grades, 2023

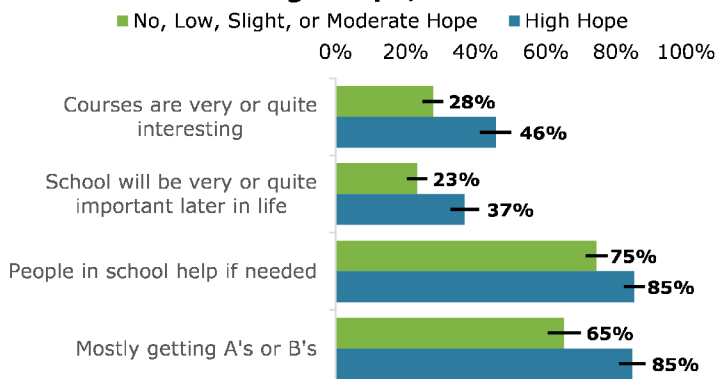


Prevalence	6th	8th	10th	12th
Local	58% ±3	59% ±3	54% ±3	54% ±4
State	44% ±3	42% ±3	43% ±3	43% ±3

# FACT SHEET

## Measuring Hope

### Statewide Relationships between High Hope, Grade 12



For 12<sup>th</sup> graders statewide, those with **high levels of hope** are:

- *More likely to find courses more interesting and helpful for their future*
- *More likely to think the things they are learning in school will be important later in life*
- *More likely to report having a person at schools that could help them if needed*
- *More likely to report getting high grades (A's or B's)*

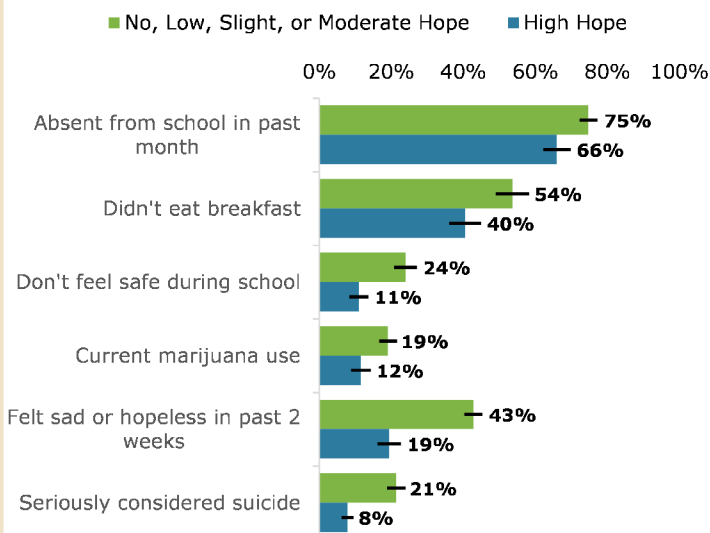
Compared to those with **lower levels of hope**.

For 12<sup>th</sup> graders statewide, those with **high levels of hope** are:

- *Less likely to be absent from school in the past month*
- *Less likely to not have eaten breakfast*
- *Less likely to not feel safe during school*
- *Less likely to use marijuana in the past 30 days*
- *Less likely to feel sad or hopeless*
- *Less likely to have seriously considered suicide in the past year*

Compared to those with **lower levels of hope**.

### Statewide Relationships between High Hope, Grade 12



## For More Information

- Hope Research Center-<https://www.ou.edu/tulsa/hope>

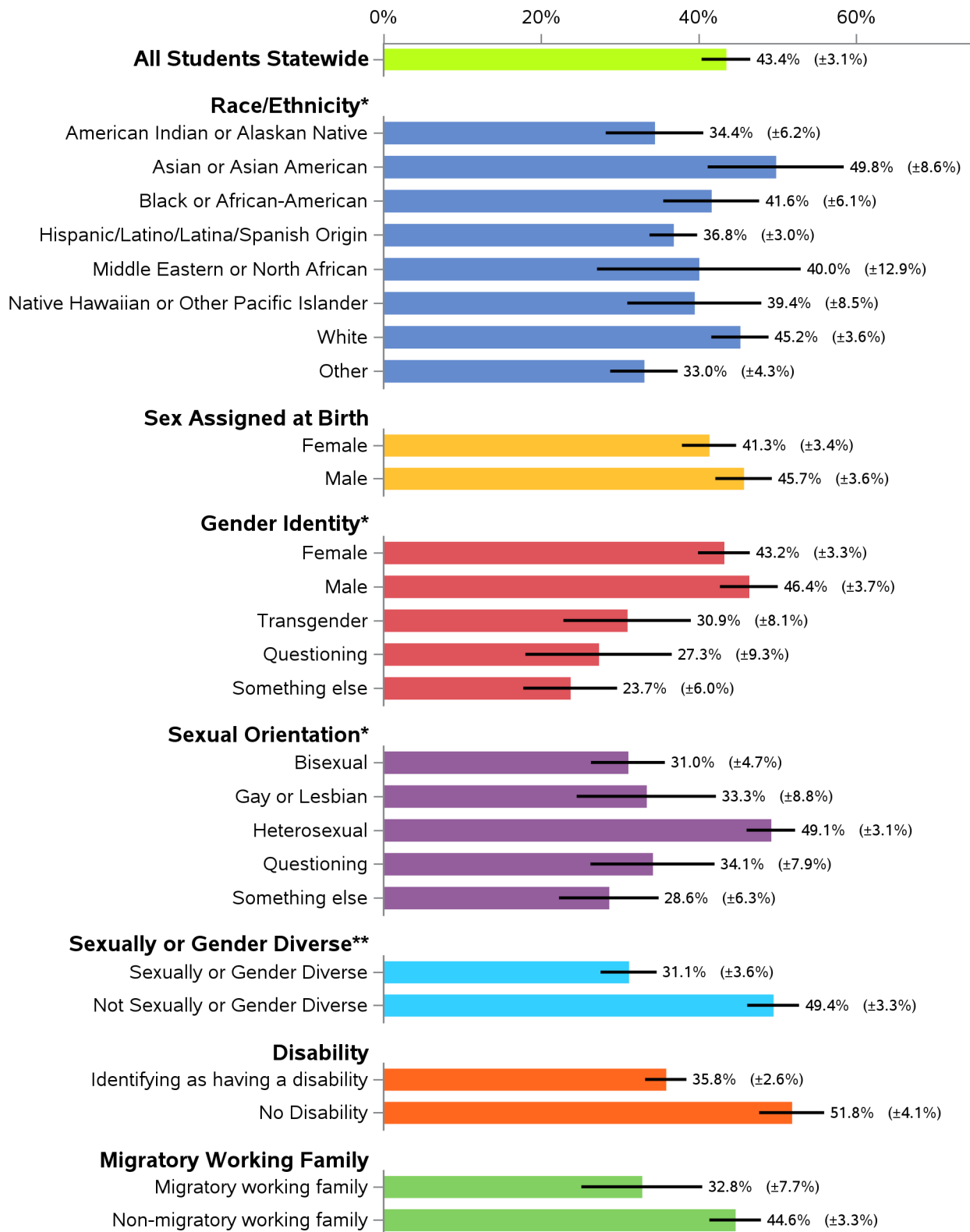
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Prevalence is displayed with 95% confidence intervals (as± or black bar | )  
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results generated at [www.askhys.net](http://www.askhys.net) on 03/01/2024

## Statewide Relationship between High Hope and Demographics, Grade 12, 2023



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\*\*Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.