

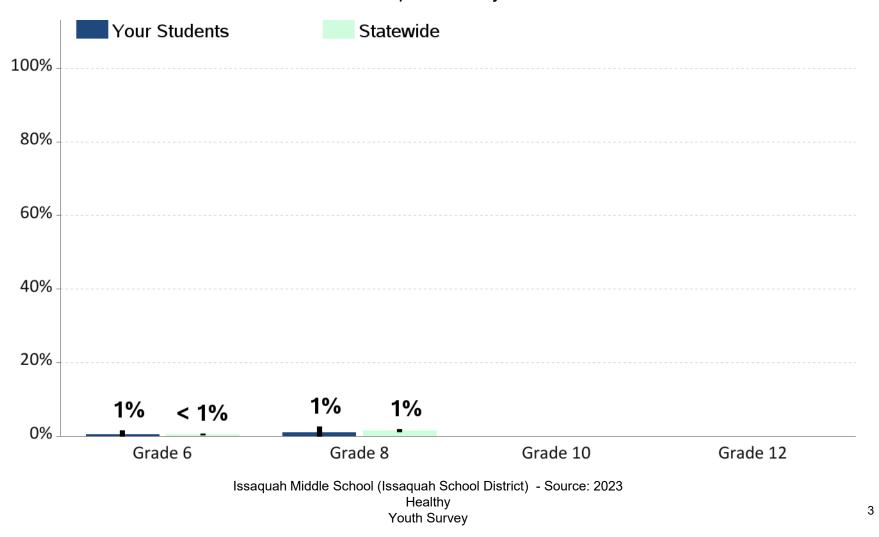
# Issaquah Middle School (Issaquah School District)

Highlights from the 2023 Healthy Youth Survey (February 15, 2024)

# Student Participation Issaquah Middle School (Issaquah School District)

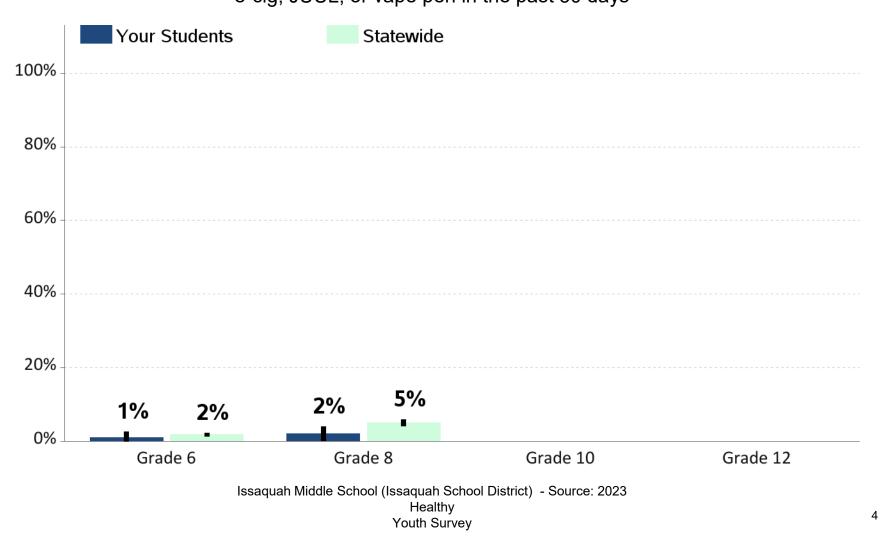
- 201 (82%) of Grade 6 students
- 221 (85%) of Grade 8 students
- Not Reported: Grade 10 students
- Not Reported: Grade 12 students

## Current Cigarette Smoking Percent of students who report smoking cigarettes in the past 30 days



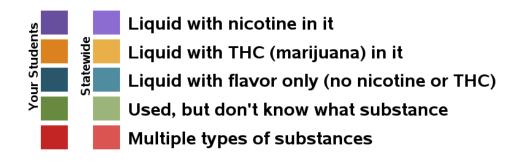
# Current E-Cigarette Smoking or Vaping

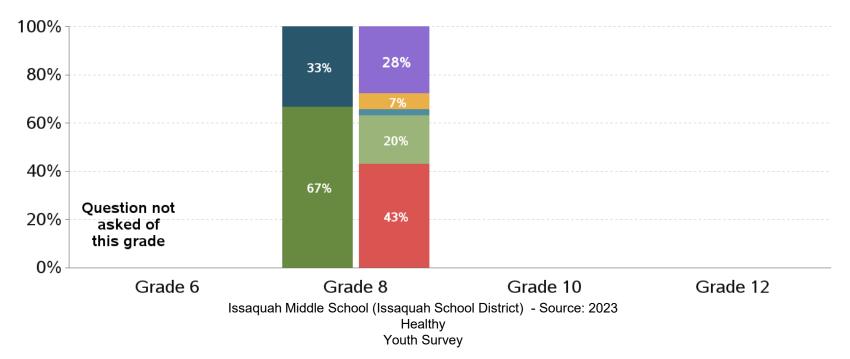
Percent of students who report using an electronic cigarette, e-cig, JUUL, or vape pen in the past 30 days



# Type of Substance Used in E-Cigarette or Vaped in Past 30 Days

Percentages are of students who used e-cigarettes in the past 30 days

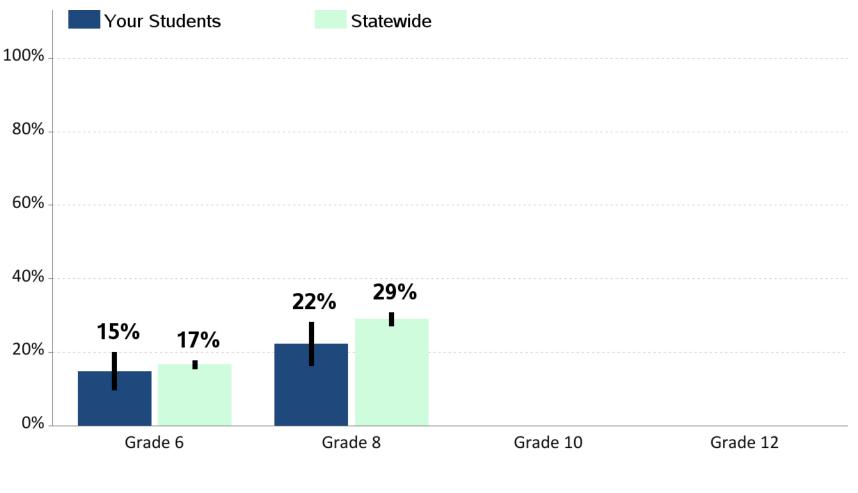




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# Lifetime Alcohol Use

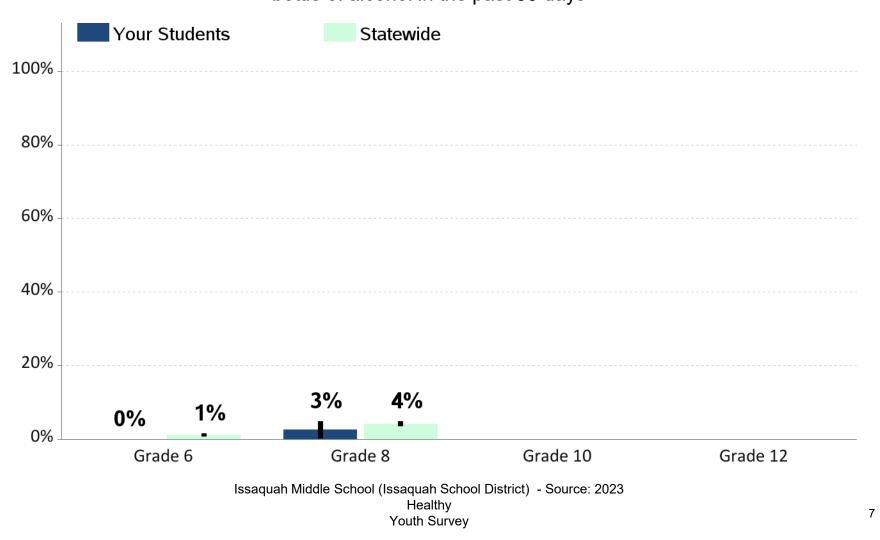
#### Percent of students who report having ever drunk more than a sip of alcohol



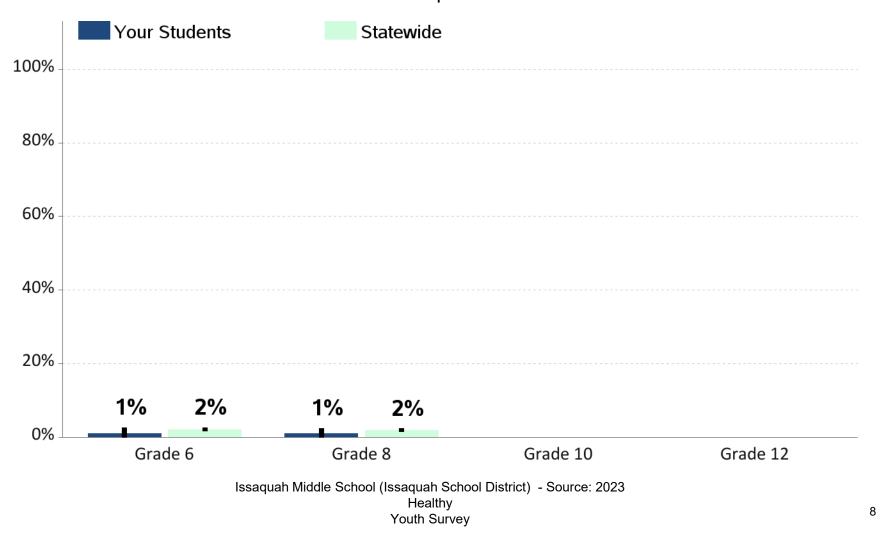
Issaquah Middle School (Issaquah School District) - Source: 2023 Healthy Youth Survey

# Current Alcohol Use

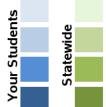
Percent of students who report having drunk a glass, can or bottle of alcohol in the past 30 days



## Current Binge Drinking Percent of students who report having drunk 5 or more drinks in a row in the past 2 weeks

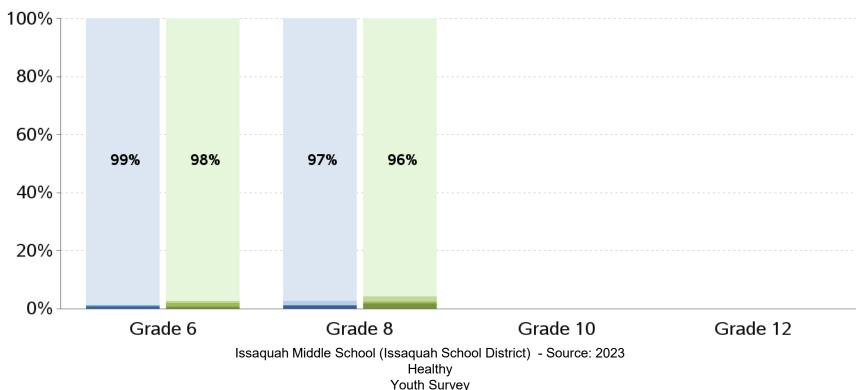


# Levels of Alcohol Use



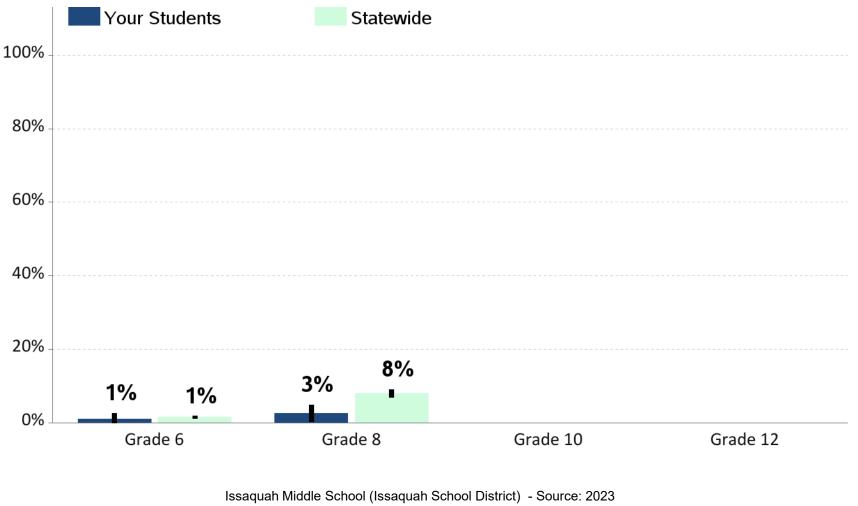
No drinking: (no drinking in the past 30 days)

Experimental drinking: (1-2 days drinking in the past 30 days, no binge drinking) Problem drinking: (3-5 days drinking in the past 30 days and/or 1 time binge drinking) Heavy drinking: (6+ days drinking in the past 30 days and/or 2+ binge drinking)



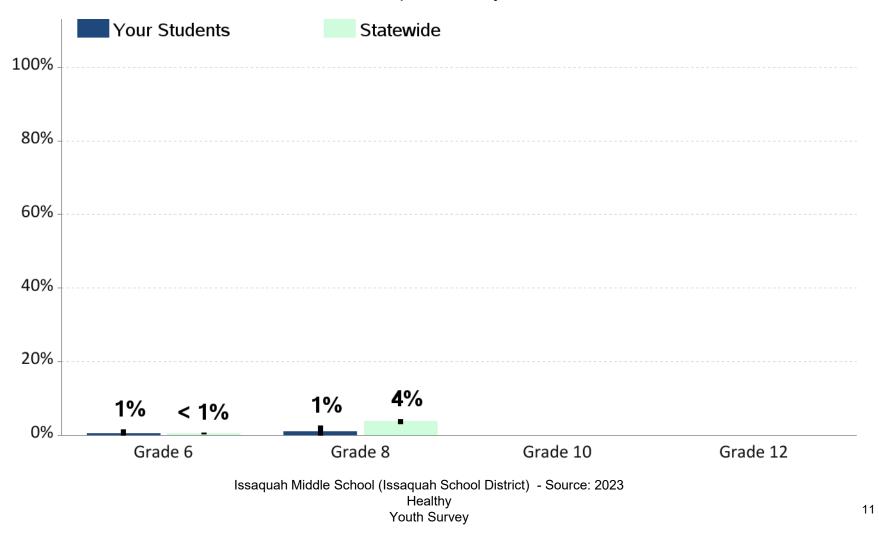
# Lifetime Marijuana Use

Percent of students who report having ever used marijuana



Healthy Youth Survey

## Current Marijuana Use Percent of students who report using marijuana in the past 30 days



# Current Illegal Drug Use

Percent of students who report using illegal drugs in the past 30 days (not including alcohol, tobacco or marijuana)

|        | Your | Students | 5              | Statewide               |                             |          |    |
|--------|------|----------|----------------|-------------------------|-----------------------------|----------|----|
| 100%   |      |          |                |                         |                             |          |    |
|        |      |          |                |                         |                             |          |    |
| 80%    |      |          |                |                         |                             |          |    |
| 0070 - |      |          |                |                         |                             |          |    |
|        |      |          |                |                         |                             |          |    |
| 60% -  |      |          |                |                         |                             |          |    |
|        |      |          |                |                         |                             |          |    |
| 40% -  |      |          |                |                         |                             |          |    |
|        |      |          |                |                         |                             |          |    |
| 20% -  |      |          |                |                         |                             |          |    |
|        |      |          | 2%             | 10/                     |                             |          |    |
| 0%     | 0%   | < 1%     |                | 1%<br>-                 |                             |          |    |
| •,•    | Gra  | ade 6    | Grad           | e 8                     | Grade 10                    | Grade 12 |    |
|        |      | Issaqu   | ah Middle Scho | ol (Issaquah Scho       | ol District) - Source: 2023 |          |    |
|        |      |          |                | Healthy<br>Youth Survey |                             |          | 12 |

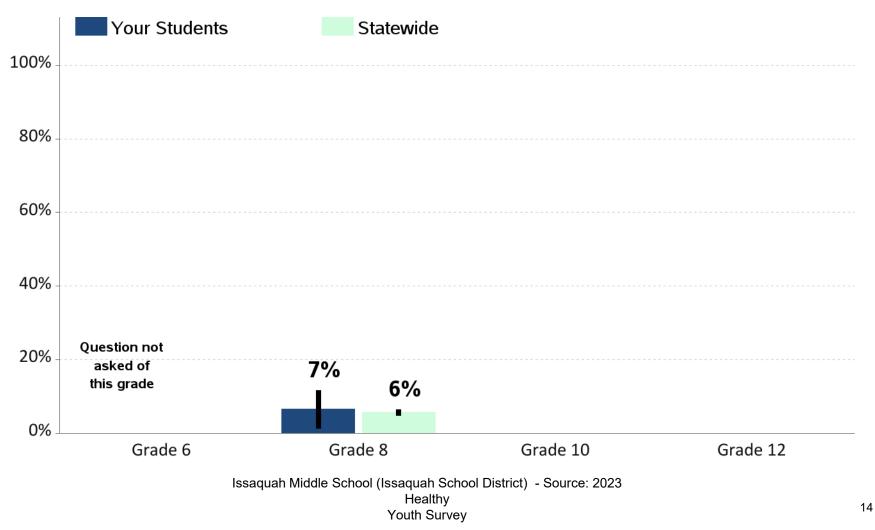
# Current Prescription Drug Use

Percent of students who report using prescription drugs not prescribed to them in the past 30 days

|        | Your Students          | e e             | Statewide               |                             |          |    |
|--------|------------------------|-----------------|-------------------------|-----------------------------|----------|----|
| 100% - |                        |                 |                         |                             |          |    |
|        |                        |                 |                         |                             |          |    |
| 80% -  |                        |                 |                         |                             |          |    |
| 8070 - |                        |                 |                         |                             |          |    |
|        |                        |                 |                         |                             |          |    |
| 60% -  |                        |                 |                         |                             |          |    |
|        |                        |                 |                         |                             |          |    |
| 40% -  |                        |                 |                         |                             |          |    |
|        |                        |                 |                         |                             |          |    |
| 20% -  | Question not           |                 |                         |                             |          |    |
| _0/0   | asked of<br>this grade |                 |                         |                             |          |    |
|        |                        | 1%              | 3%                      |                             |          |    |
| 0%     |                        |                 | -                       |                             |          |    |
|        | Grade 6                | Grad            | le 8                    | Grade 10                    | Grade 12 |    |
|        | lssaq                  | uah Middle Scho | ol (Issaquah Scho       | ol District) - Source: 2023 |          |    |
|        |                        |                 | Healthy<br>Youth Survey |                             |          | 13 |

## Current Over-the-Counter Drug Use

Percent of students who report using over-the-counter drugs, like cough syrup or cold medicine for non-medical purposes in the past 30 days



## Alcohol Drinking while Using Marijuana

Percent of students who report drinking alcohol at the same time they were using marijuana in the past 30 days

|     | Your Students                          | 5                | Statewide                                    |                             |          |
|-----|--|------------------|--|-----------------------------|----------|
| 00% |  |                  |  |                             |          |
| 80% |  |                  |  |                             |          |
| 60% |  |                  |  |                             |          |
| 40% |  |                  |  |                             |          |
| 20% | Question not<br>asked of<br>this grade |                  |  |                             |          |
| 0%  | -                                      | 1%               | 1%   |                             |          |
| 070 | Grade 6                                | Grad             | e 8  | Grade 10                    | Grade 12 |
|     | Issaq                                  | uah Middle Schoo | ol (Issaquah Scho<br>Healthy<br>Youth Survey | ol District) - Source: 2023 |          |

## Substance Use at School

Percent of students who report being drunk or high while participating in school in the past year

|        | Your Students          | S               | statewide               |                             |          |    |
|--------|------------------------|-----------------|-------------------------|-----------------------------|----------|----|
| 100% - |                        |                 |                         |                             |          |    |
|        |                        |                 |                         |                             |          |    |
| 80% -  |                        |                 |                         |                             |          |    |
| 0070 - |                        |                 |                         |                             |          |    |
|        |                        |                 |                         |                             |          |    |
| 60% -  |                        |                 |                         |                             |          |    |
|        |                        |                 |                         |                             |          |    |
| 40% -  |                        |                 |                         |                             |          |    |
|        |                        |                 |                         |                             |          |    |
| 20% -  | Question not           |                 |                         |                             |          |    |
| 2070   | asked of<br>this grade | 3%              | E0/                     |                             |          |    |
|        | -                      | 5%              | <b>5%</b>               |                             |          |    |
| 0%     |                        |                 |                         |                             |          |    |
|        | Grade 6                | Grad            | e 8                     | Grade 10                    | Grade 12 |    |
|        | Issaqua                | ah Middle Schoo | ol (Issaquah Schoo      | ol District) - Source: 2023 |          |    |
|        |                        |                 | Healthy<br>Youth Survey |                             |          | 16 |

## Tobacco Use on School Property

Percent of students who report using cigarettes, cigars, or chew/dip on school property in the past 30 days

(among those on school property in the past 30 days)

|        | Your Students                          | Statewide  |                              |          |
|--------|--|--|------------------------------|----------|
| 100% - |  |  |                              |          |
| 80% -  |  |  |                              |          |
|        |  |  |                              |          |
| 60% -  |  |  |                              |          |
| 40% -  |  |  |                              |          |
| 20% -  | Question not<br>asked of<br>this grade |  |                              |          |
| 0%     |  | % < 1%   |                              |          |
|        | Grade 6                                | Grade 8  | Grade 10                     | Grade 12 |
|        | Issaquah Midd                          | e School (Issaquah Scho<br>Healthy<br>Youth Survey | ool District) - Source: 2023 |          |

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## E-Cigarette Use on School Property

Percent of students who report using an electronic cigarette, e-cig, JUUL, or vape pen on school property in the past 30 days

(among those on school property in the past 30 days)

|  | Your Students                          | S    | statewide |          |          |  |  |
|--|--|------|-----------|----------|----------|--|--|
| 100% -   |  |      |           |          |          |  |  |
| 80% -  |  |      |           |          |          |  |  |
| 60% -  |  |      |           |          |          |  |  |
| 40%  |  |      |           |          |          |  |  |
| 20% -  | Question not<br>asked of<br>this grade | 1%   | 2%        |          |          |  |  |
| 0%   |  | _    | •         |          |          |  |  |
|  | Grade 6                                | Grad | e 8       | Grade 10 | Grade 12 |  |  |
| Issaquah Middle School (Issaquah School District) -Source: 2023<br>Healthy<br>Youth Survey |  |      |           |          |          |  |  |

## Alcohol Use on School Property

Percent of students who report having at least one drink of alcohol on school property in the past 30 days

(among those on school property in the past 30 days)

|        | Your Students  | S     | tatewide |          |          |  |  |  |
|--------|--|-------|----------|----------|----------|--|--|--|
| 100% - |  |       |          |          |          |  |  |  |
| 80% -  |  |       |          |          |          |  |  |  |
| 60% -  |  |       |          |          |          |  |  |  |
| 40% -  |  |       |          |          |          |  |  |  |
| 20% -  | Question not<br>asked of<br>this grade   |       |          |          |          |  |  |  |
| 0%     |  | 0%    | 1%       |          |          |  |  |  |
| 070-   | Grade 6  | Grade | e 8      | Grade 10 | Grade 12 |  |  |  |
|        | Issaquah Middle School (Issaquah School District) -Source: 2023<br>Healthy<br>Youth Survey |       |          |          |          |  |  |  |

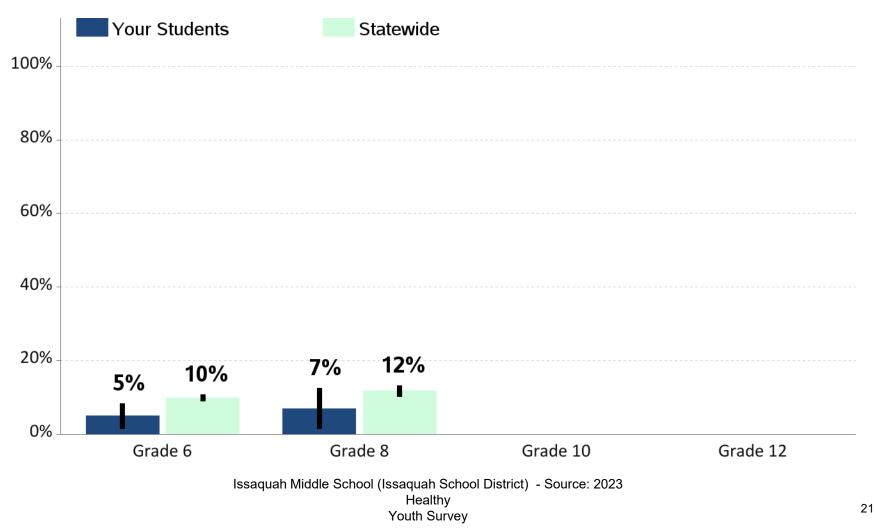
19

Marijuana Use on School Property Percent of students who report using marijuana on school property in the past 30 days (among those on school property in the past 30 days)

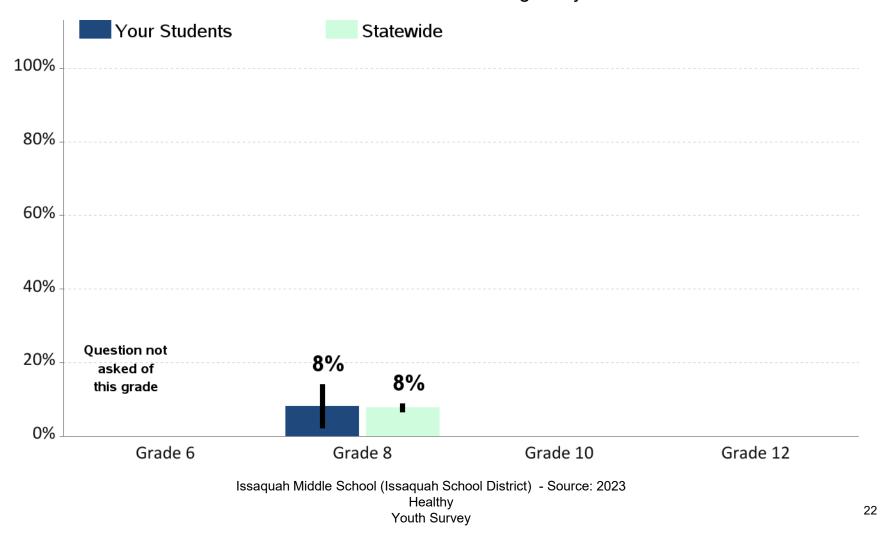
|        | Your Students                          | S                 | tatewide                                    |                             |          |
|--------|--|-------------------|---|-----------------------------|----------|
| 100% - |  |                   |   |                             |          |
| 80%    |  |                   |   |                             |          |
| 60%    |  |                   |   |                             |          |
| 40%    |  |                   |   |                             |          |
| 20% -  | Question not<br>asked of<br>this grade |                   |   |                             |          |
| 0%     |  | 1%                | 1%  |                             |          |
| 070 -  | Grade 6                                | Grad              | e 8   | Grade 10                    | Grade 12 |
|        | Issa                                   | quah Middle Schoo | l (Issaquah Scho<br>Healthy<br>Youth Survey | ol District) - Source: 2023 |          |

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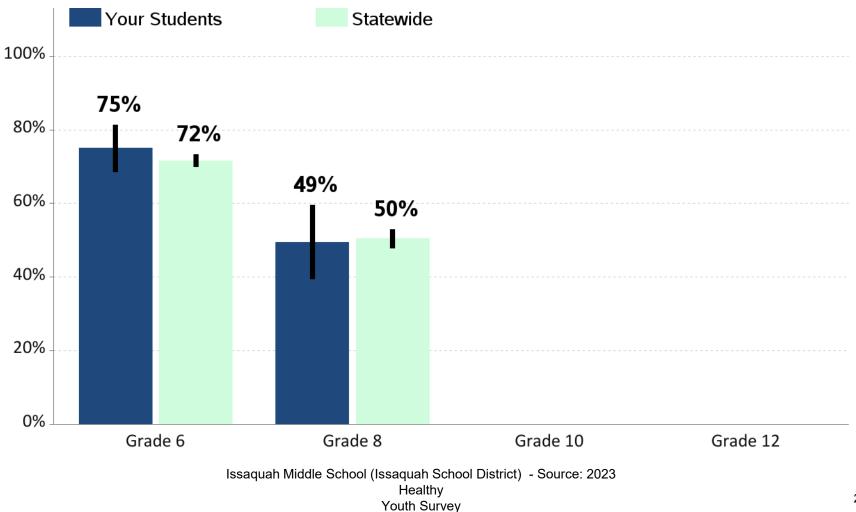
## Riding with a Drinking Driver Percent of students who report having ridden in the past 30 days with a driver who had been drinking alcohol



#### Riding With a Recent Marijuana User Percent of students who report having ridden in the past 30 days with a driver who had been using marijuana

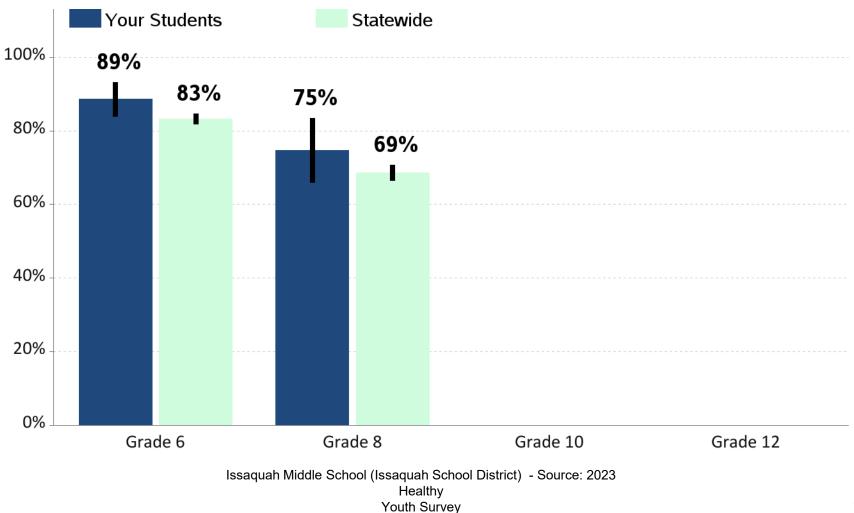


Perceived Availability of Alcohol Percent of students who report alcohol would be "very hard" to get



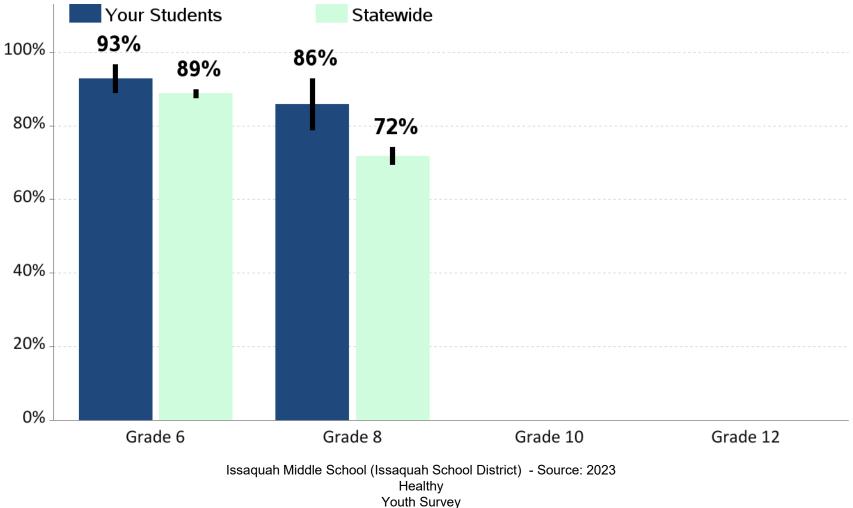
23

Perceived Availability of Cigarettes Percent of students who report cigarettes would be "very hard" to get



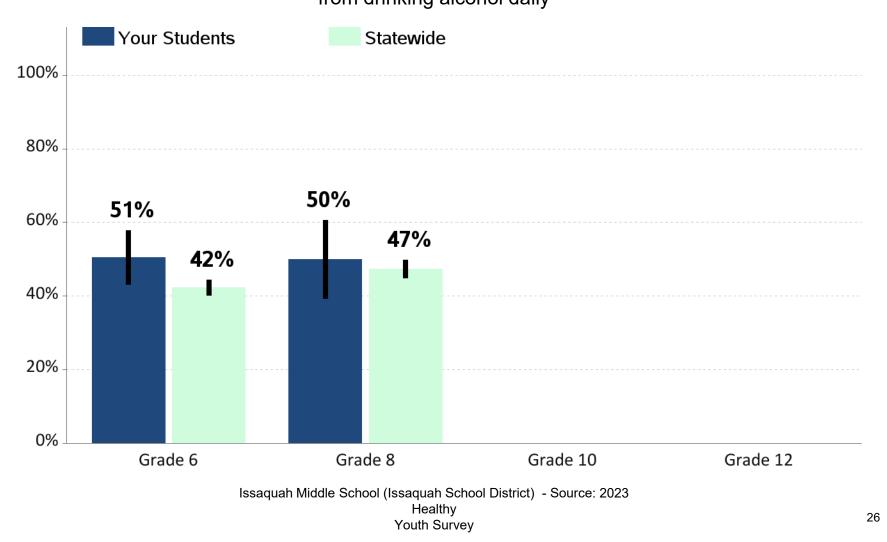
24

## Perceived Availability of Marijuana Percent of students who report marijuana would be "very hard" to get



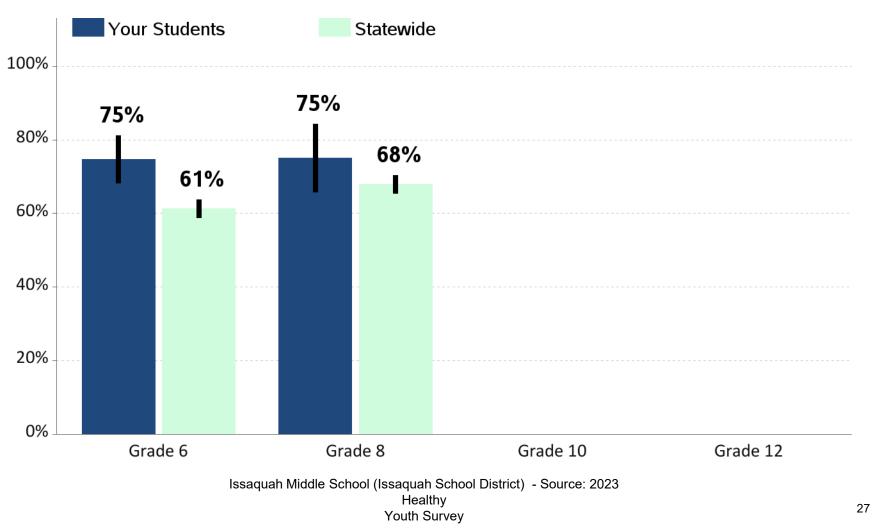
# Perceived Risk of Regular Alcohol Use

Percent of students who report "great risk" of harm from drinking alcohol daily

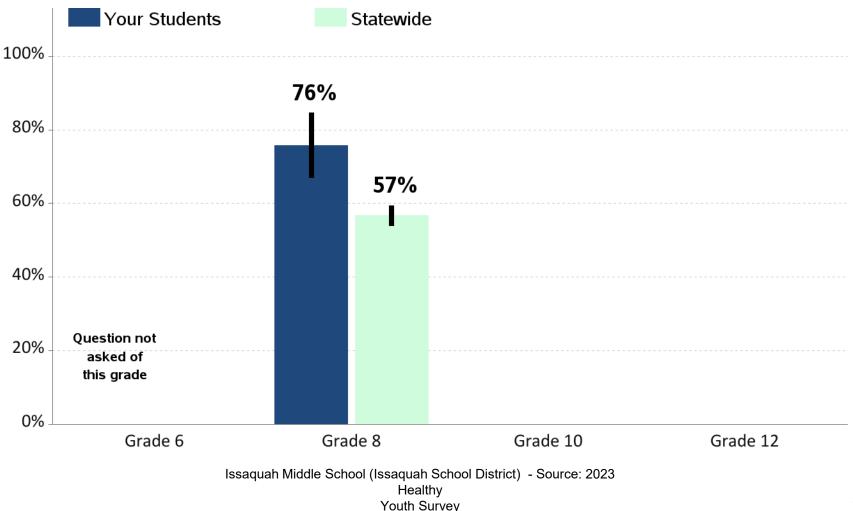


## Perceived Risk of Regular Cigarette Smoking Percent of students who report "great risk" of harm

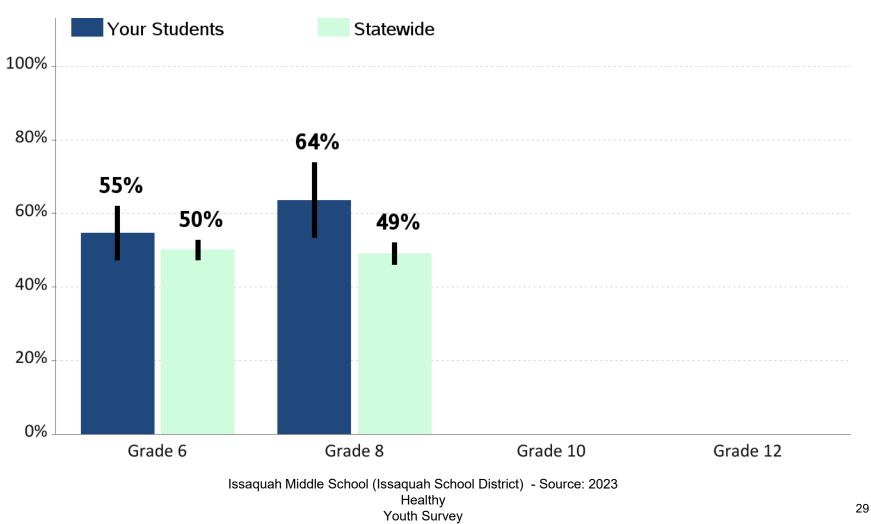
from smoking a pack or more a day



Perceived Risk of E-Cigarette Smoking or Vaping Percent of students who report "great risk" of harm from using e-cigarette, JUUL, or vape pen regularly (almost daily)

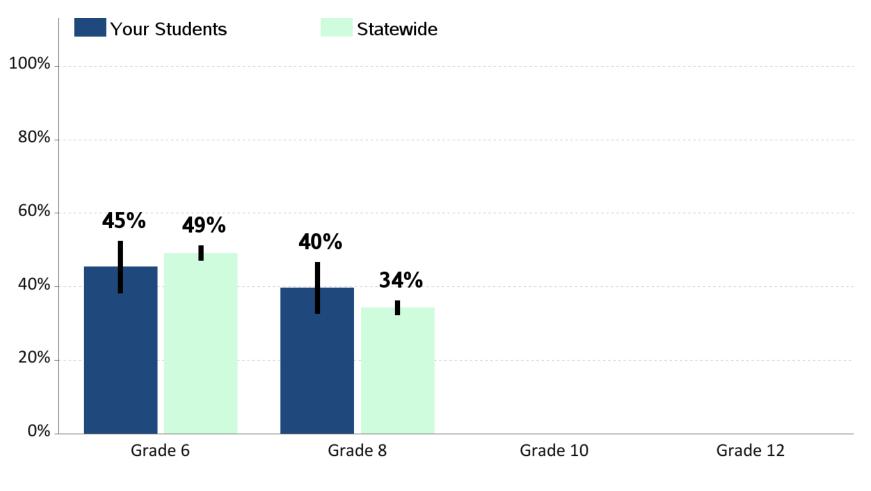


Perceived Risk of Regular Marijuana Use Percent of students who report "great risk" of harm from using marijuana at least once or twice a week



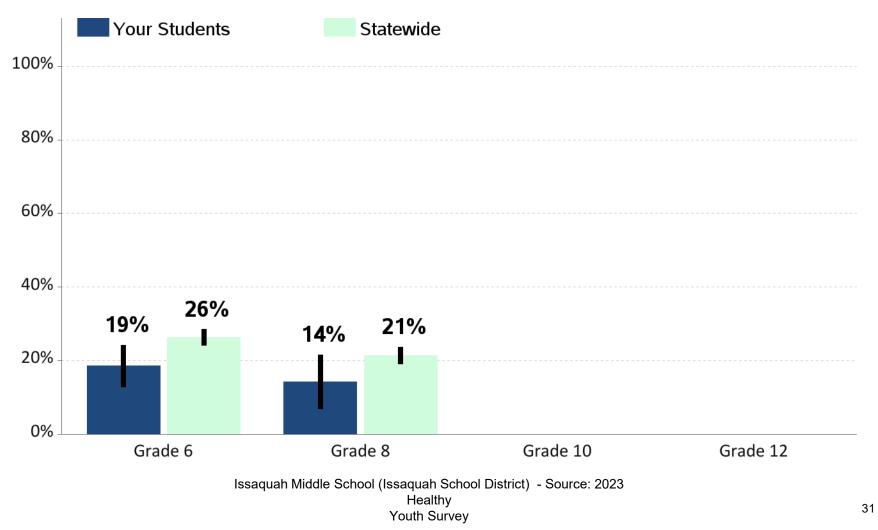
# Enjoyment of School

Percent of students who report "often" or "almost always" enjoying school in the past year



Issaquah Middle School (Issaquah School District) - Source: 2023 Healthy Youth Survey

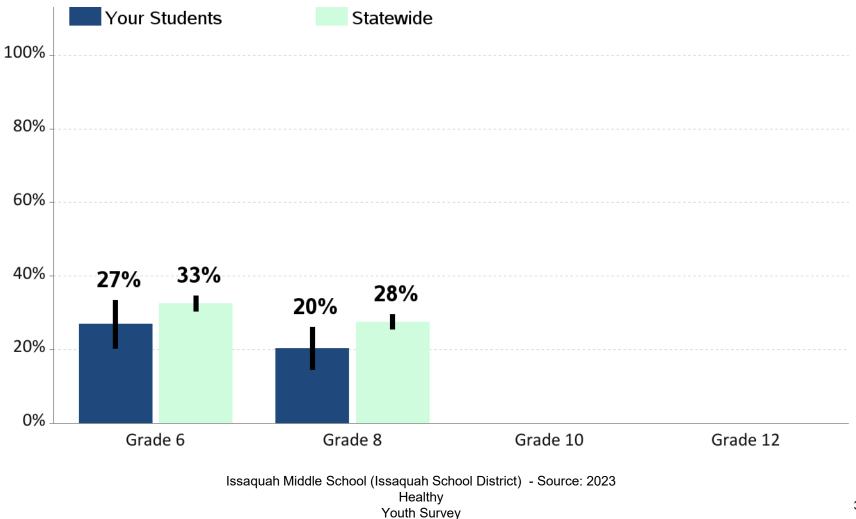
#### Skipping School Percent of students who report skipping 1 or more whole days of school in the past 4 weeks



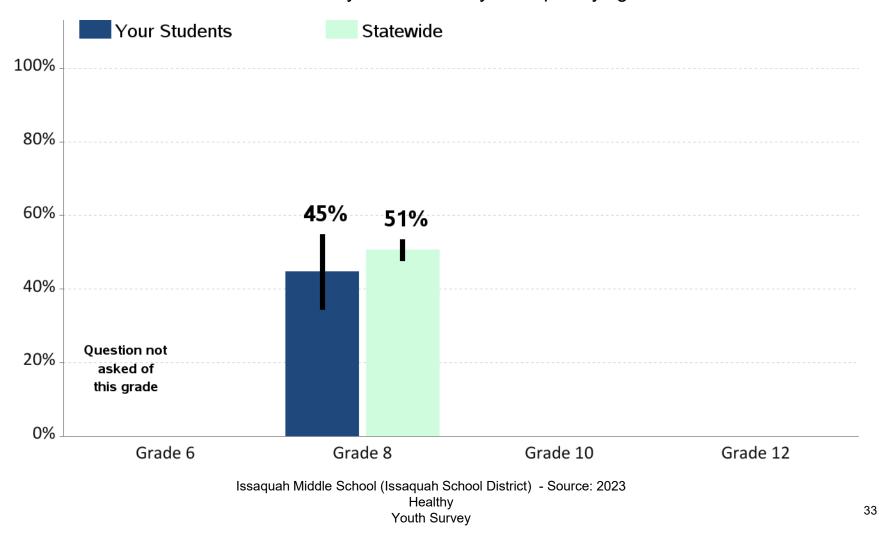
# Bullying

#### Percent of students who report being bullied in the past 30 days

Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again.

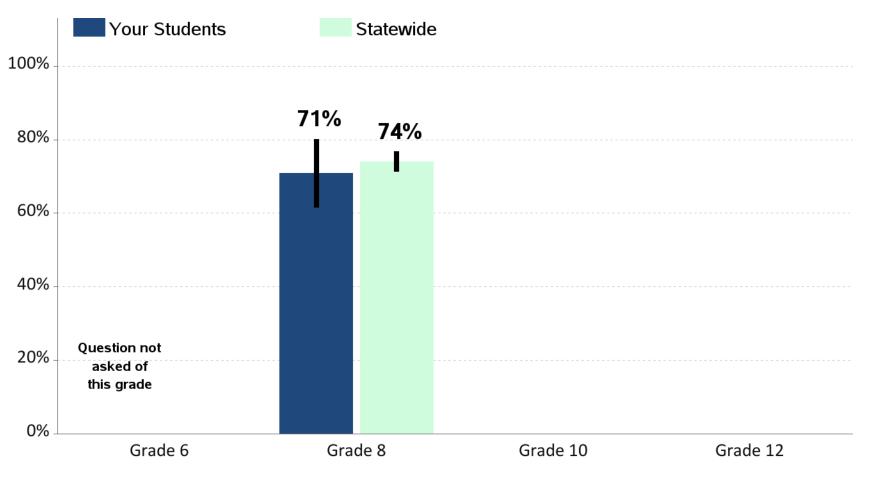


#### School Tries to Stop Bullying Percent of students who report teachers or other adults from school "almost always" or "often" try to stop bullying



## Students Know How to Report Bullying

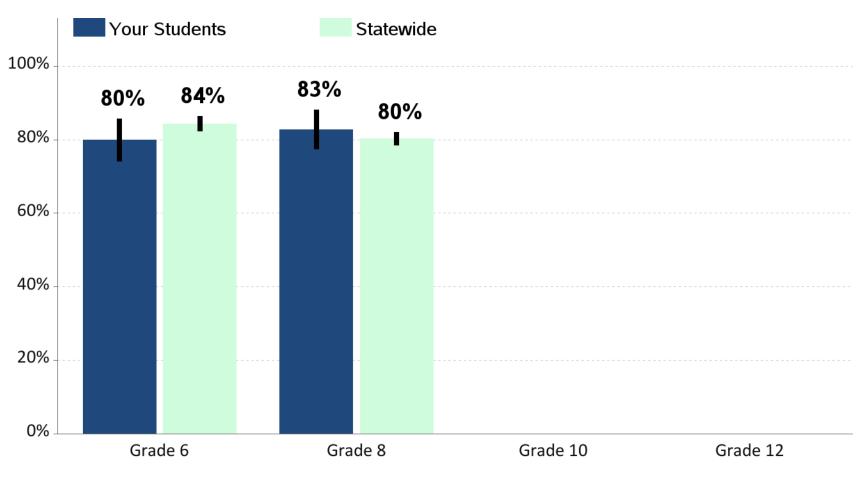
Percent of students who report they know how to report bullying during school



Issaquah Middle School (Issaquah School District) - Source: 2023 Healthy Youth Survey

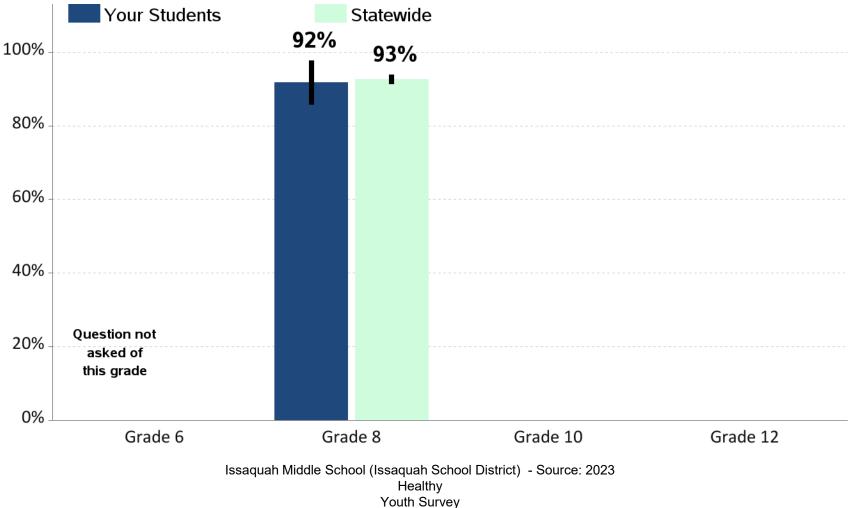
# Feeling Safe During School

Percent of students who report that they feel safe during school

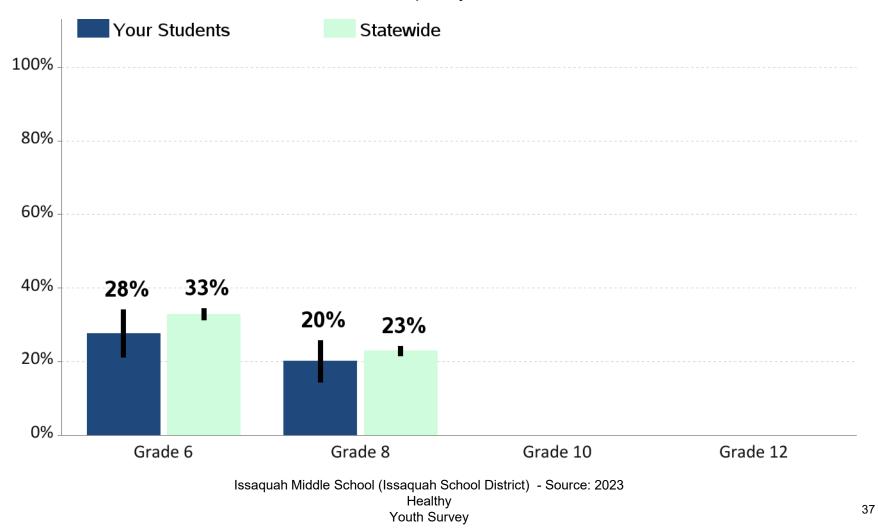


Issaquah Middle School (Issaquah School District) - Source: 2023 Healthy Youth Survey

#### Opportunities for School Involvement Percent of students who report that they have lots of chances for involvement in school activities



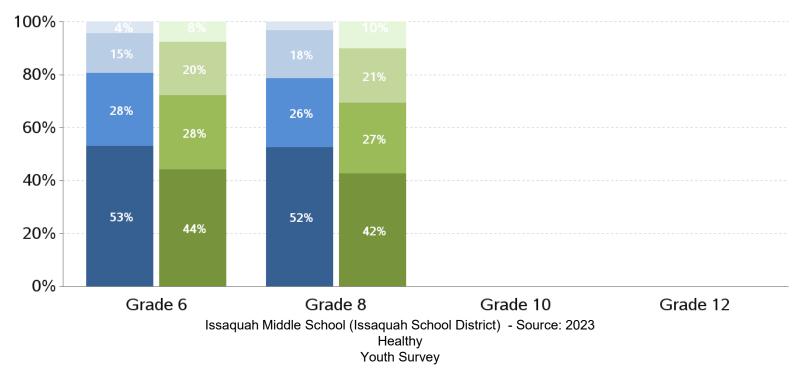
#### Physical Fighting Percent of students who report being in a physical fight in the past year



# Children's Hope Scale

Hope reflects a future orientated mindset and motivational process toward attaining a desirable goal. Research has linked hope with overall physical, psychological, and social well-being.

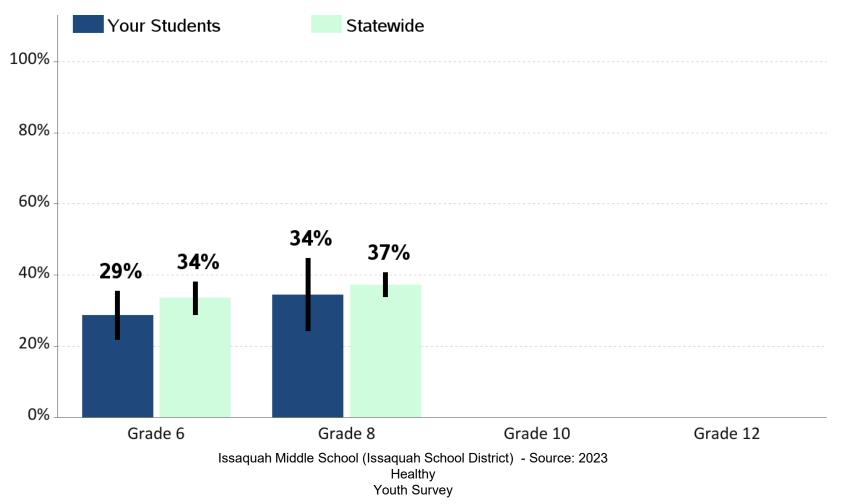




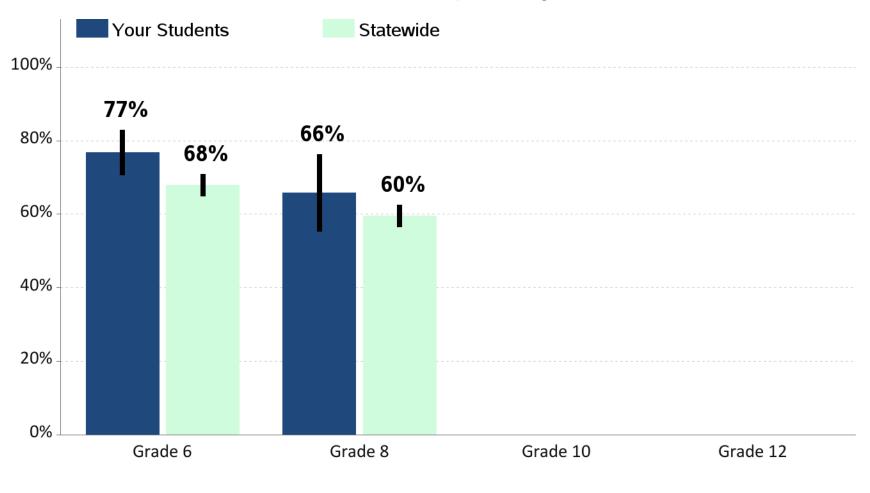
### Gang Membership Percent of students who report being members of a gang in the past year

|   | Your Students          | 9    | Statewide |          |          |  |  |
|---|------------------------|------|-----------|----------|----------|--|--|
| 100% -  |                        |      |           |          |          |  |  |
|   |                        |      |           |          |          |  |  |
| 80% -   |                        |      |           |          |          |  |  |
|   |                        |      |           |          |          |  |  |
| 60% -   |                        |      |           |          |          |  |  |
|   |                        |      |           |          |          |  |  |
| 40% -   |                        |      |           |          |          |  |  |
|   |                        |      |           |          |          |  |  |
| 20% -   | Question not           |      |           |          |          |  |  |
|   | asked of<br>this grade |      |           |          |          |  |  |
|   |                        | 2%   | 2%        |          |          |  |  |
| 0%  | Grade 6                | Grad | - 8       | Grade 10 | Grade 12 |  |  |
| Grade 6 Grade 8 Grade 10 Grade  |                        |      |           |          |          |  |  |
| Issaquah Middle School (Issaquah School District) - Source: 2023<br>Healthy |                        |      |           |          |          |  |  |
| Youth Survey 3  |                        |      |           |          |          |  |  |

#### Walking/Biking To or From School Percent of students who report walking or riding a bicycle to or from school during an average week (among those who normally travel to school)

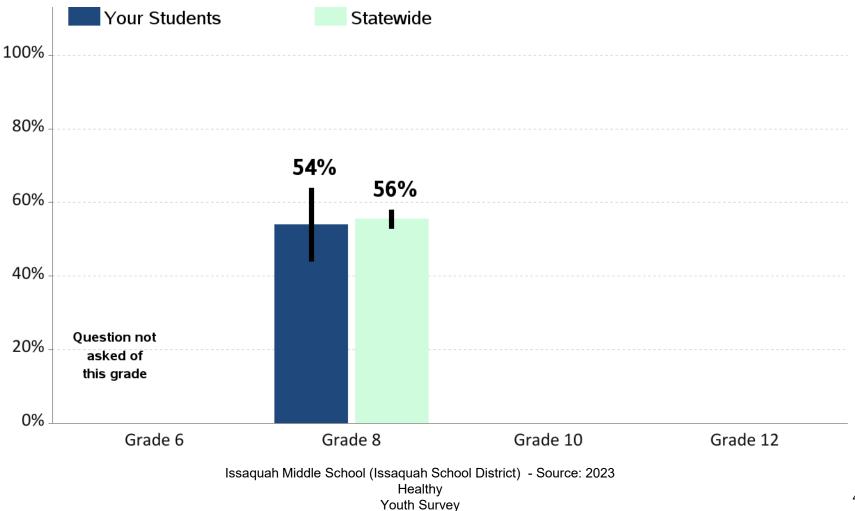


### Eating Breakfast Percent of students who report eating breakfast



Issaquah Middle School (Issaquah School District) - Source: 2023 Healthy Youth Survey

#### Sleep on a School Night Percent of students who report sleeping less than 8 hours on an average school night



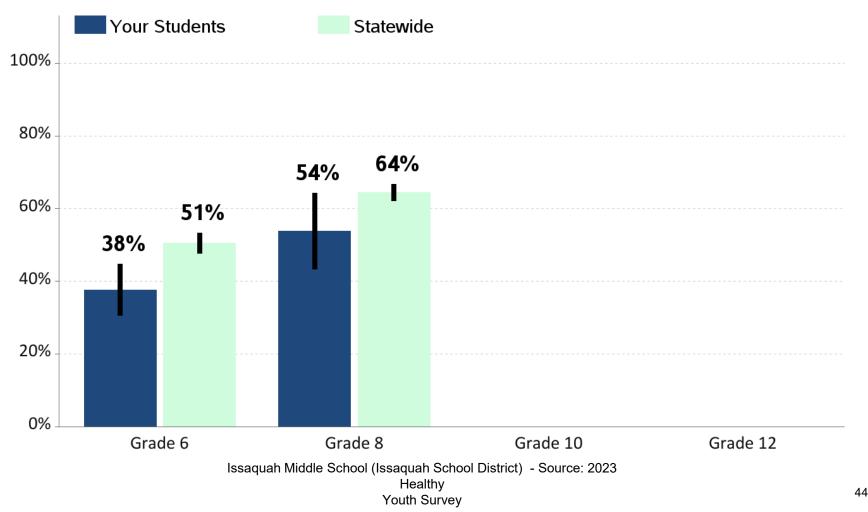
Sugar Sweetened Beverages Consumption Percent of students who report drinking sugar sweetened drinks (not including diet, sugar-free or drinks with artificial sweeteners) 2 or more times a day

|        | Your Students                          | State                  | wide   |          |
|--------|--|------------------------|--|----------|
| 100% - |  |                        |  |          |
| 80% -  |  |                        |  |          |
| 60% -  |  |                        |  |          |
| 40% -  |  |                        |  |          |
| 20% -  | Question not<br>asked of<br>this grade | 10<br>2%               | )%   |          |
| 0%     | Grade 6                                | Grade 8                | Grade 10   | Grade 12 |
|        |  | uah Middle School (Iss | aquah School District)- Source: 2023<br>Healthy<br>buth Survey |          |

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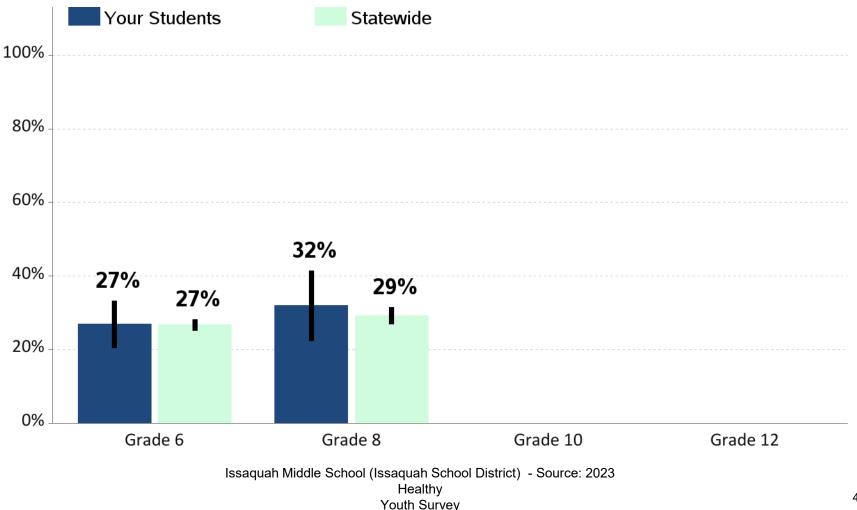
## **Excessive Screen Time**

Percent of students who report 3 or more hours of screen time on an average school day (time spent in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media)

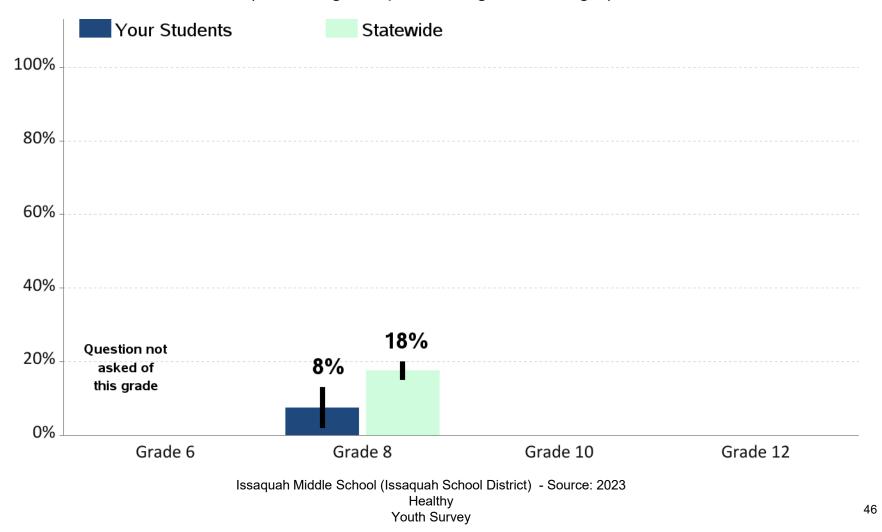


### 60 Minutes of Physical Activity per Day Percent of students who report being physically active

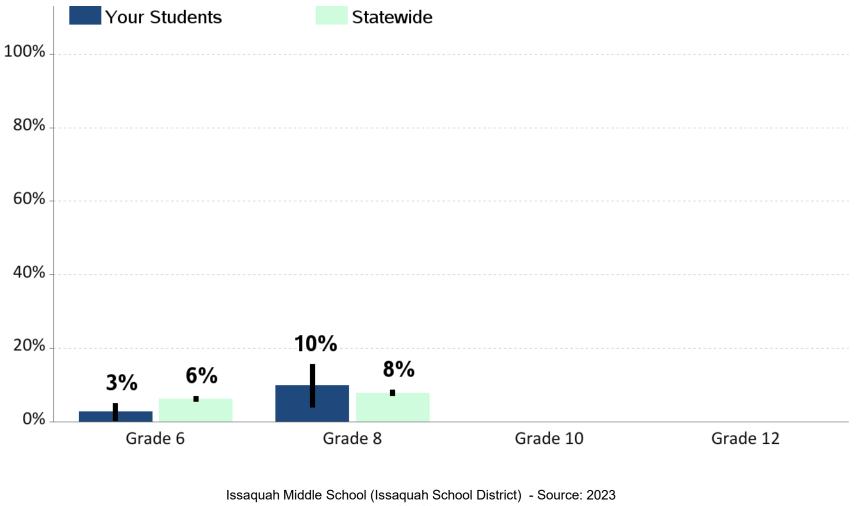
60 minutes per day, 7 days a week



#### Body Mass Index (BMI) Over 25.0 Percent of students who report a BMI over 25.0 (according to reported height and weight)



### Current Asthma Percent of students who currently have asthma



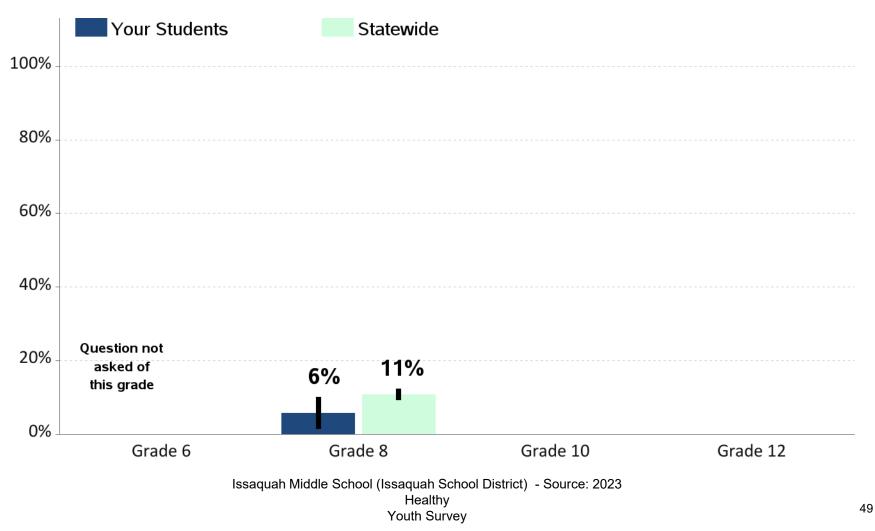
Healthy Youth Survey

#### Lifetime Sex Percent of students who report ever having sex in their lifetime

|                         | Your Students | S                 | statewide         |                             |          |  |  |
|-------------------------|---------------|-------------------|-------------------|-----------------------------|----------|--|--|
| 100% -                  |               |                   |                   |                             |          |  |  |
|                         |               |                   |                   |                             |          |  |  |
| 80% -                   |               |                   |                   |                             |          |  |  |
|                         |               |                   |                   |                             |          |  |  |
| 60% -                   |               |                   |                   |                             |          |  |  |
| 0070-                   |               |                   |                   |                             |          |  |  |
|                         |               |                   |                   |                             |          |  |  |
| 40% -                   |               |                   |                   |                             |          |  |  |
|                         | Question not  |                   |                   |                             |          |  |  |
| 20% -                   | asked of      | 5%                |                   |                             |          |  |  |
|                         | this grade    | 5%                | 5%                |                             |          |  |  |
| 0%                      |               |                   |                   |                             |          |  |  |
|                         | Grade 6       | Grad              | e 8               | Grade 10                    | Grade 12 |  |  |
|                         | Issa          | quah Middle Schoo | ol (Issaquah Scho | ol District) - Source: 2023 |          |  |  |
| Healthy<br>Youth Survey |               |                   |                   |                             |          |  |  |

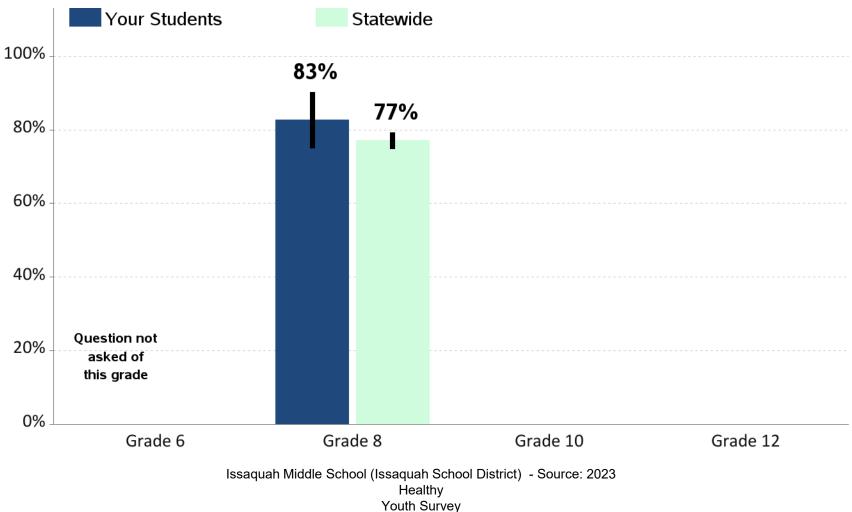
## Lifetime Sexual Abuse

Percent of students who report having ever been in a in a situation where someone made them engage in kissing, sexual touch or sexual intercourse when they did not want to



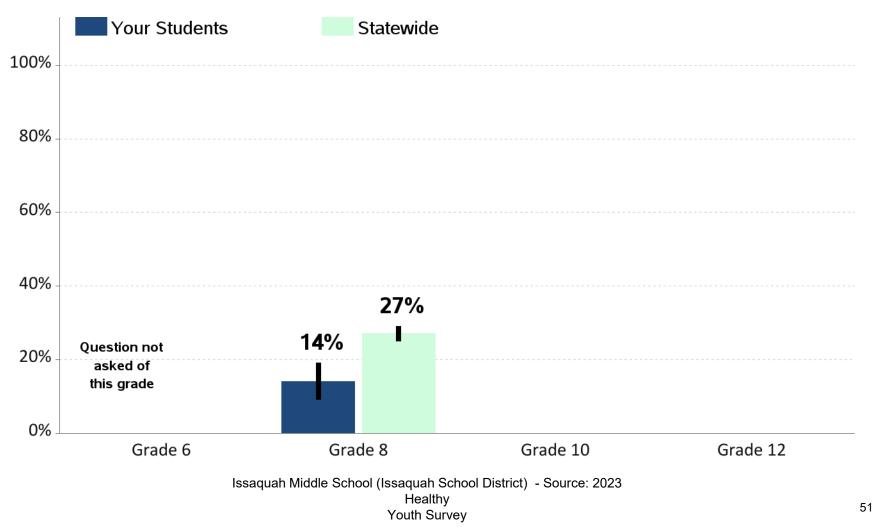
## Access to Dental Care

Percent of students who report visiting a dentist for a routine checkup in the past year



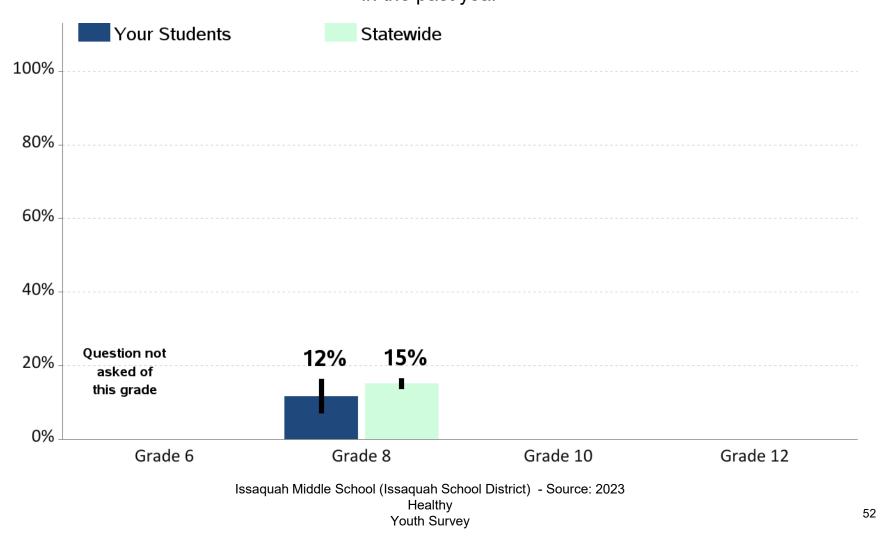
### Depression

Percent of students who report feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities in the past year.



## Contemplation of Suicide

Percent of students who report having seriously considered suicide in the past year



## Someone in Community to Talk To

Percent of students who report having an adult in their neighborhood or community they can talk to about something important

