



Healthy Youth Survey 2023

Report of Results

Statewide Results

Grade 10

February 15, 2024

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More information about the Healthy Youth Survey is available at www.AskHYS.net

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For a detailed list of all of the survey questions by topic - please use the Questions by Topic section in the back of this report.

Statewide Results

Grade 10

Introduction and Overview

This report presents results from the fall 2023 Healthy Youth Survey in Washington State. This survey was sponsored by the Health Care Authority (HCA), the Department of Health (DOH), the Office of Superintendent of Public Instruction (OSPI), and the Liquor and Cannabis Board (LCB) in partnership with schools throughout the state of Washington.

Survey questions covering the same topics are grouped together when possible. Use the Questions by Topic index for related questions when searching for information on a specific topic. The numbering in this report is not the same as the question order on the survey itself.

The dot points and graphs included at the beginning of this report highlight selected findings. Additional information may be found in the *HYS Interpretive Guide* posted to the Healthy Youth Survey web site under Data Resources: <https://www.askhys.net/Resources/Data>.

Survey Participation in this Report

Number of students surveyed:	7,272
Number of valid responses:	7,105
Number of enrolled students*:	11,188
Local survey participation rate**:	64%

* The estimate of enrolled students is based on figures from the 2023-24 school year, provided by OSPI.

** The survey participation rate is the number of valid responses divided by the number of enrolled students.

Caution about Participation Rates and Bias

Please use the following guidance when reviewing results:

- **70% or greater participation** - Results are *likely representative* of students in this grade.
- **40–69% participation** - Results *may be representative* of students in this grade.
- **Less than 40% participation** - Results are *likely not representative* of students in this grade but do reflect students who completed the survey.

There may be limitations to the results, even with a high participation rate. For instance, a particular group of students (e.g., the school orchestra) may have been away from school the day of the survey, and that could bias the results. It is important to acknowledge the potential limitations when using the results in this report. For reports summarizing results at the county or school district level, you should also consider whether the schools that participated represent all students in that area.

Small Numbers: Caution about Number of Students Participating

Results based on small numbers of students answering a question are unstable---that is, they could easily change with the absence from school of only a couple of students. This is especially the case when only a few students choose a particular answer option. Also, in this situation, the reported 95% confidence interval (CI) might be too wide. Thus, use caution if fewer than 30 students answered a question and fewer than 5 students selected a given response option.

For example, if 20 students answered a question and of those 20 only 3 students answered “Yes”, the estimate is unreliable.

See the Understanding Results section later in this report for a discussion of “confidence intervals” to help guide your interpretation of the results.

Special Considerations for HYS 2023, Methodologic Changes, and the COVID-19 Pandemic

- 1) Due to the unexpected shift to primarily remote learning in 2020 as a result of the COVID-19 pandemic, the HYS was not administered in fall 2020 as it was originally intended. Instead, the HYS Planning Committee determined it would be best to delay the survey to fall 2021, thereby switching to an odd-year administration. The decision was made to expand e-survey/online survey administration across the state and in 2023, the survey was fully online. Changes to the survey years (even to odd), the shift to an online survey, and other methodologic changes in 2023 influence how we interpret data trends over time. Delaying the survey by a year changed the cohort of students being surveyed. HYS has historically been offered in Fall of even years to students in grades 6, 8, 10 and 12, So, roughly the same cohort of students were ultimately being surveyed every two years as they advanced. For 2021 and 2023 this cohort shifted. It is too soon to determine if this has had a measurable impact on the results and how this potential impact might interact with other survey changes.
- 2) The Planning Committee chose to halt plans for a more extensive evaluation of the e-survey mode compared to paper that was scheduled for HYS 2020. Instead, the shift to an e-survey mode without the in-depth comparison makes it more difficult to determine whether the survey mode (paper vs e-survey) has an effect on how students answer questions. Only a very small number of schools elected to do the survey on paper in 2021 and the survey was fully online in 2023.
- 3) Schools were allowed to administer the e-survey remotely in Fall 2021 to accommodate students who may be doing hybrid or fully distanced learning. The vast majority of students took the survey in-person at school, though a small number did take the survey remotely. In 2023, online/virtual schools were permitted to administer the survey remotely, but again, the vast majority of students took the survey in person. The potential impact of having students complete the survey remotely is still being assessed and will take additional years of data to fully understand.
- 4) The pandemic itself has led to massive changes in the lives of Washington youth. Changes in HYS 2021 and 2023 data may be more a reflection of the pandemic and its effect on the lives of youth than changes that would have happened if the pandemic had not occurred. This means that trend data from before the pandemic and during/after the height of the pandemic should be interpreted with tremendous caution. For example, a large decrease in one particular risk behavior on school property may be explained by a new school education campaign or program or it may be explained by the fact that students are doing more remote learning.
- 5) While HYS 2021 was a particularly unique survey year, HYS 2023 is the beginning of a new survey era. Several methodologic changes have been put into place, include skip and display logic, a new survey platform, and more languages. As a result, the survey is becoming both more accessible to all students and the data it produces are more useful. However, the potential impact of these changes will take time to assess and a single year of data is likely not enough to fully distinguish between true data trends and changes resulting from the methodology. As more data are collected, the Planning Committee will continue to evaluate and share recommendations on interpreting results.

Key to the Notes

Two versions of the survey, Elementary and Secondary, were used in the administration of the 2023 HYS. The Secondary survey was given to students in grades 8, 10, and 12 (and in grades 9 and 11 in some small school districts). The Secondary survey included six questions on sexual behavior and sexual violence. Schools that did not want to administer these questions were required to seek an exemption from the Planning Committee. The Elementary survey was given to elementary students in grade 6 (and in grade 7 in some small school districts). The survey for secondary students included questions on sexual orientation and gender identity. In prior years these questions were removable. The Elementary survey included an optional gender question that schools could opt to include during the registration process.

Questions on the Secondary survey were randomized. Some questions were asked of all secondary students, others were only asked of about half the students. A list of the topics asked and their location in the report are provided in the Questions by Topic section at the end of this report. "Core" questions were asked of all secondary students. A list of Core Questions is also found at the end of this report.

The following notation is used throughout this report to indicate the questions that schools could choose not to administer by requesting an exemption. Information about the exemption process for 2023 is available at: <https://www.askhys.net/Hys/Exemptions>.

† = exempt questions

A single asterisk between two columns of results in this report indicates that there is a statistically significant difference between the responses for students in the two groups. For example, in a district report, if the percentage of students absent from school for 3 or more days for any reason was 20% (± 5) for the district and 35% (± 2) statewide, there would be an asterisk between the two columns to highlight that the 95% confidence intervals (CI) do not overlap and the results are statistically significantly different.

* = a statistically significant difference between two responses

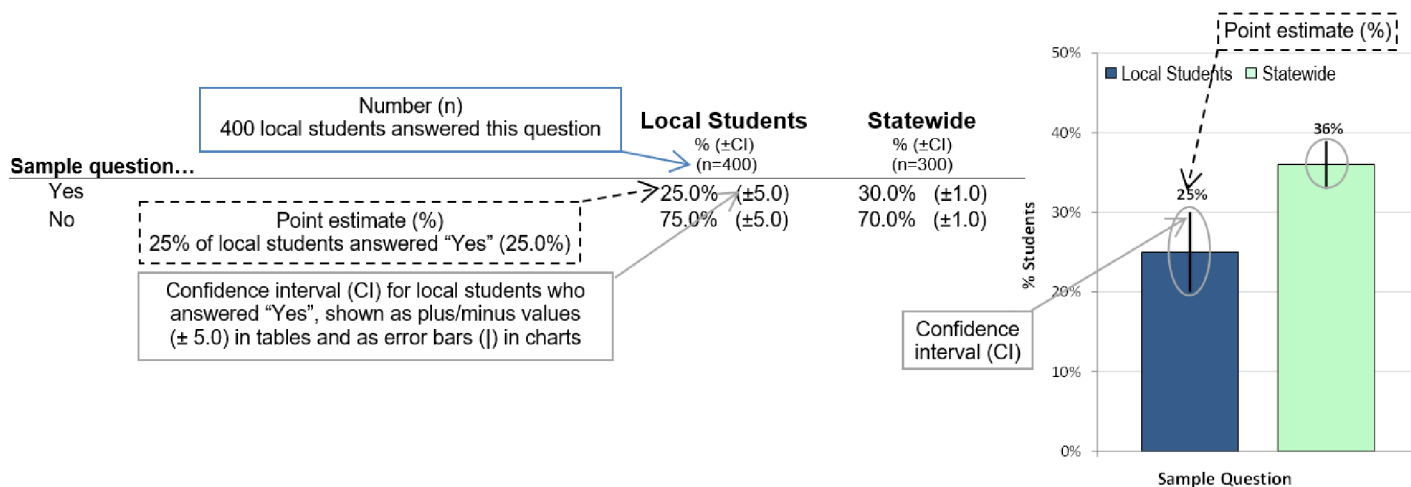
Legal requirements: Federal and Washington State regulations prohibit discrimination against Limited English Proficiency individuals and/or individuals who are Deaf, DeafBlind, Hard of Hearing, or visually impaired. Read [HCA Policy 01-27 Language Access Services](#) and [Policy 01-30 Equal Access to Services for Individuals with Disabilities](#) for more information. If you have a question about an accommodation, please contact the Healthy Youth Survey study Principal Investigator, at Healthy.Youth@doh.wa.gov or call toll free (877-HYS-7111).

Understanding Results

N's

In this report “n” is shorthand for “number”, the number of students who took this survey or who answered a survey question. N’s are important! We also report the point estimates (%), and the 95% confidence intervals (CI).

Here is an example of how results are displayed in the report tables and charts.



How many students took this survey?

Look on page 2, under Survey Participation. The “number of students surveyed” is the number of surveys that we received. We have careful procedures for “cleaning” to remove surveys with many inconsistent or false answers – the “clean” surveys are the “number of valid surveys”. Only valid surveys are presented in this report.

How many students answered each survey question?

The n’s for each question vary. Why? There are a few reasons:

- For students in grades 8, 10, and 12, the survey has core and non-core questions. The n’s for core questions are about the same as the number of valid surveys. The n’s for non-core questions will be about half, or less.
- Some schools chose to administer the questions about sexual behavior and sexual violence. Schools that chose to not ask those additional questions will have no responses for those questions. (District and county reports may include some schools that DID ask those questions and some that DID NOT.)
- Students may decide to skip questions.

Here are examples from a district with 400 valid surveys --- notice how the n’s change with each question type.

Have you ever, even once in your life used marijuana?	(n=398)	(n=4,000)	N for a core question (almost all students)
No	80.0% (±3.0)	83.0% (±1.0)	
Yes	20.0% (±3.0)	17.0% (±1.0)	
Did you eat breakfast today?	(n=200)	(n=2,000)	N for a non-core question (about half the students)
Yes	55.0% (±4.0)	57.0% (±2.0)	
No	44.0% (±4.0)	43.0% (±2.0)	
Have you ever been in a situation where someone made you engage in, kissing, sexual touch or having sex when you did not want to? †	(n=100)	(n=1,500)	N for a sexual behavior or sexual violence question (about half, or less if some schools chose not to ask those questions)
Yes	10.0% (±8.0)	15.0% (±4.0)	
No	90.0% (±2.0)	85.0% (±1.0)	

Confidence Intervals

It is unlikely that the point estimate (%) reported for each question is exactly the same as the “true” value for all local students. This report includes 95% confidence intervals (CI) to describe this uncertainty. If there is no bias in the data, then there is a 95% chance that the CI will include the true value. So, for example, if the point estimate and CI are 51.5% ($\pm 1.5\%$), then there is a 95% chance that the true percentage is between 50.0% and 53.0%.

The size of CIs depends in part on the n for each question – as more students answer a question, the point estimate is likely to be closer to the “true” value. If the group of students is small, then the CIs will be large. The CI does not account for the participation rate – in other words, a low participation rate can create bias which will not be reflected in the CI.

How can confidence intervals be “used” ?

CIs help decide if the differences between local results and the statewide results are statistically significant.

For an example, students report 25% $\pm 5\%$. That means that the CI is between 20% and 30% Here is the math: 25% - 5% = 20%, and 25% + 5% = 30%

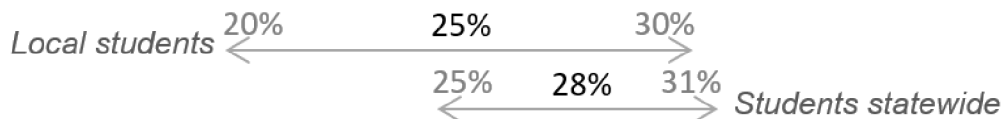
1. A significant difference:

- Local students report 25% $\pm 5\%$. The point estimate is 25% and the CI is 20% to 30%
- Statewide, students report 36% $\pm 3\%$. The point estimate is 36% and the CI is 33% to 39%
- The CIs don't overlap. The difference is significant



2. Not a significant difference:

- Local students report 25% $\pm 5\%$. The point estimate is 25% and the CI is 20% to 30%
- Statewide, students report 28% $\pm 3\%$. The point estimate is 28% and the CI is 25% to 31%
- The CI for local students overlaps the point estimate for students statewide. The difference is not significant



3. Not sure if there is a difference:

- Local students report 25% $\pm 5\%$. The point estimate is 25% and the CI is 20% to 30%
- Statewide, students report 32% $\pm 3\%$. The point estimate is 32% and the CI is 29% to 35%
- The CIs overlap, but don't include the two point estimate. It is uncertain to determine significance and will require further testing. A significance testing tool is available on the Healthy Youth Survey web site under Data Resources: <https://www.askhys.net/Resources/Data>

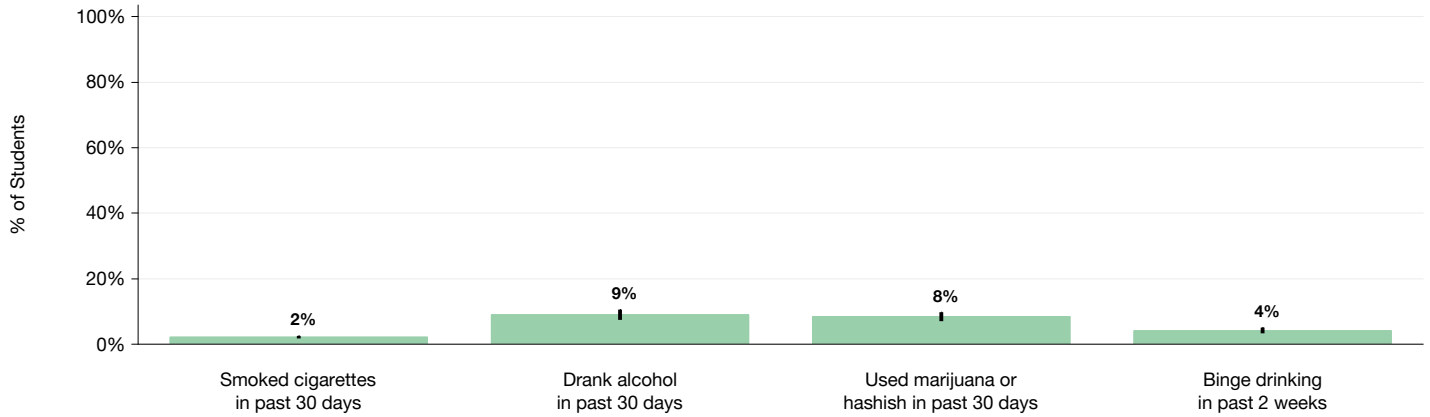


More information about interpreting CIs is available on the Healthy Youth Survey web site under Data Resources: <https://www.askhys.net/Resources/Data>, including past HYS training materials and a “Tool for Determining HYS Statistical Significance”. Use the “tool” to find out if local results are significantly different.

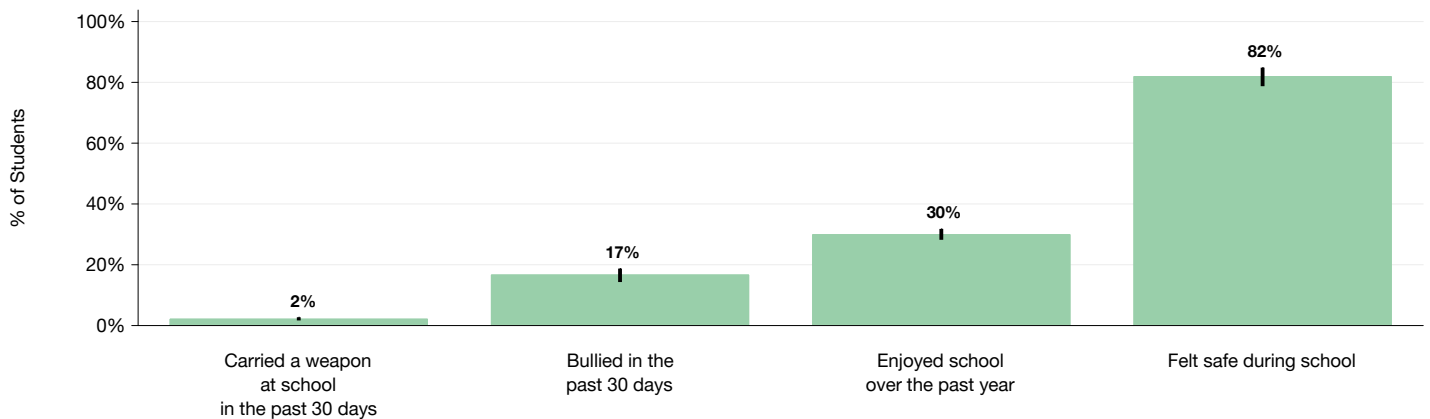
Highlights of the Local Results

Local students and students statewide reported the following behaviors and attitudes:

Substance Use	Statewide % (±CI)
Smoked cigarettes in past 30 days	2.2% (±0.4)
Drank alcohol in past 30 days	9.1% (±1.5)
Used marijuana or hashish in past 30 days	8.4% (±1.3)
Binge drinking in past 2 weeks	4.2% (±0.8)



Bullying and School Climate	Statewide % (±CI)
Carried a weapon at school in the past 30 days	2.2% (±0.5)
Bullied in the past 30 days	16.6% (±2.2)
Enjoyed school over the past year	30.0% (±1.9)
Felt safe during school	82.0% (±3.1)



For more information on specific HYS topics, see the Fact Sheets at www.AskHYS.net, under HYS Results – Fact Sheets

Selected Results by Sex Assigned at Birth

Selected survey questions are presented by sex assigned at birth to highlight any differences between females and males

The p-values reported after each question, calculated from a chi-square test, can be used to examine whether differences between females and males are statistically significant.

A p-value of less than 0.05 means there is a significant difference between females and males (that is, if there really is no difference between females and males, the probability of observing a difference at least this large is less than 5%).

To ensure student anonymity, we do not report results by sex assigned at birth for any question unless a minimum of students answer each response option. These results are “suppressed”.

For results by sex assigned at birth, a minimum of 10 students need to answer each response option:

For example, to report smoking cigarettes in the past 30 days for local students by sex assigned at birth— surveys are needed for at least 10 females who smoke, 10 females who don’t smoke, 10 males who smoke, and 10 males who don’t smoke.

For state results by sex assigned at birth, a minimum of 5 students need to answer each response option.

Results that are suppressed are marked with asterisks “*”. Many small counties, districts, and schools may not have enough students to report results by sex assigned at birth for all or some questions.

	Statewide		
	Female %	Male %	p-value
Smoked cigarettes in past 30 days	(n=6,062)		
	2.4%	2.0%	0.2343
Drank alcohol in past 30 days	(n=6,056)		
	9.6%	8.5%	0.1331
Used marijuana or hashish in past 30 days	(n=6,039)		
	9.2%	7.6%	0.0267
Binge drinking in past 2 weeks	(n=6,074)		
	4.3%	4.1%	0.6311
Carried a weapon at school in the past 30 days	(n=6,105)		
	1.6%	2.8%	0.0019
Bullied in the past 30 days	(n=6,111)		
	18.9%	14.1%	<.0001
Enjoyed school over the past year	(n=6,158)		
	28.0%	32.3%	0.0002
Felt safe during school	(n=6,133)		
	79.4%	84.8%	<.0001

Frequency Results

Demographics and General Information

	Statewide % (±CI) (n=7,105)	
1. Where are you taking this survey?		
On school property	99.4%	(±0.2)
Not on school property	0.6%	(±0.2)
2. How old are you?		
	(n=7,080)	
12 or younger	0.0%	(±0.1)
13	0.0%	(±0.0)
14	1.0%	(±0.5)
15	77.8%	(±1.3)
16	20.4%	(±1.2)
17	0.6%	(±0.5)
18	0.1%	(±0.1)
19 or older	0.1%	(±0.1)

[Question 3 appears only on the elementary version of the survey.]

	(n=7,078)	
4. What sex were you assigned at birth?		
Female	49.8%	(±1.5)
Male	50.2%	(±1.5)

[Question 5 appears only on the elementary version of the survey.]

Gender Identity and Sexual Orientation

The next four items display data on gender identity and sexual orientation of participating students. There are different ways to look at these data. Items 5 and 7 show mutually exclusive categories. This means that every student is counted only one time. If a student indicated more than one identity, they are included in the bottom row (more than one identity marked). These items have been reported in prior HYS reports. Items 6 and 8 are new this year and show the data in non-mutually exclusive categories. This means that each student is counted for every identity they indicated. Each category displays the number of students who indicated they are of that particular sexual orientation or gender identity, either alone or in combination with another. Because these are not mutually exclusive categories the total will be more than 100%. The HYS continues to evolve, as do our reporting practices, to focus more on highlighting student identity and limiting erasure of students with multiple identities.

	(n=7,032)	
6. Below is a list of terms that people may use to describe their gender identity. Choose all that apply. These are mutually exclusive categories.		
Boy/Man	45.6%	(±1.6)
Girl/Woman	41.9%	(±1.6)
Transgender boy/man	1.0%	(±0.3)
Transgender girl/woman	0.2%	(±0.1)
Questioning/not sure of my gender identity	1.0%	(±0.2)
Something else fits better	1.9%	(±0.4)
I do not know what this question is asking	2.2%	(±0.5)
More than one response selected	6.3%	(±0.7)

7. Below is a list of terms that people may use to describe their gender identity. These are not mutually exclusive categories. Each row shows the number of students who indicate that gender identity alone or in combination with other gender identities.

	Statewide % (±CI) (n=7,032)	
Boy/Man	49.6%	(±1.7)
Girl/Woman	45.6%	(±1.4)
Transgender boy/man	2.8%	(±0.5)
Transgender girl/woman	1.4%	(±0.3)
Questioning/not sure of my gender identity	3.2%	(±0.5)
Something else fits better	3.7%	(±0.7)
I do not know what this question is asking	3.4%	(±0.6)

8. Below is a list of terms that people often use to describe their sexuality or sexual orientation. Choose all that apply. These are mutually exclusive categories.

	(n=6,804)	
Heterosexual/Straight	69.9%	(±2.1)
Gay or lesbian	2.6%	(±0.5)
Bisexual	9.1%	(±1.4)
Questioning/Not sure of my sexual orientation	2.7%	(±0.5)
Something else fits better	4.1%	(±0.6)
I do not know what this question is asking.	5.4%	(±1.0)
More than one response selected	6.2%	(±0.7)

9. Below is a list of terms that people often use to describe their sexuality or sexual orientation. Choose all that apply. These are not mutually exclusive categories. Each row shows the number of students who indicate that sexual orientation alone or in combination with other sexual orientations.

	(n=6,804)	
Heterosexual/Straight	73.4%	(±2.1)
Gay or lesbian	4.9%	(±0.5)
Bisexual	12.8%	(±1.7)
Questioning/Not sure of my sexual orientation	5.4%	(±0.8)
Something else fits better	6.5%	(±0.8)
I do not know what this question is asking.	6.4%	(±1.2)

Race and Ethnicity

The next three items display data on the race and ethnicity of participating students. In the past, HYS asked students about race and Hispanic/Latino/Latina ethnicity with a single question. In 2023, Hispanic/Latino/Latina ethnicity was asked separately from race. Item 10 shows results for Hispanic/Latino/Latina ethnicity. Item 11 shows results for race with mutually exclusive categories. This means that every student is counted only one time. If a student indicated more than one race, they are included in the bottom row (more than one race marked). Item 12 shows the data in non-mutually exclusive categories for both race and ethnicity. This means that each student is counted for every race or ethnicity they indicated. Each category displays the number of youth who indicated they are of that particular race or ethnicity, either alone or in combination with others. Because these are not mutually exclusive categories the total will be more than 100%. HYS continues to evolve, as do our reporting practices, to focus more on highlighting student identity and limiting erasure of students with multiple identities.

10. How do you describe yourself?

	(n=6,913)	
Of Hispanic/Latino/ Spanish Origin	22.9%	(±5.6)
Not of Hispanic/Latino/Latina/Spanish Origin	64.2%	(±5.7)
Not sure	12.9%	(±1.7)

11. How do you describe yourself? These are mutually exclusive categories. Those who selected more than one are captured in the bottom row of the table.

	Statewide % (±CI) (n=6,925)	
American Indian or Alaskan Native	1.9%	(±0.8)
Asian or Asian American	9.0%	(±4.8)
Black or African-American	4.4%	(±1.4)
Middle Eastern of North African	0.5%	(±0.2)
Native Hawaiian or other Pacific Islander	1.2%	(±0.4)
White or Caucasian	51.5%	(±6.4)
Other	15.0%	(±4.5)
More than one race/ethnicity marked	16.4%	(±2.0)

12. How do you describe yourself? These are not mutually exclusive categories. Each row shows the number of students who indicate that race/ethnicity alone or in combination with other race/ethnicities.

	(n=6,925)	
American Indian or Alaskan Native AOIC*	6.0%	(±1.3)
Asian or Asian American AOIC*	14.6%	(±5.4)
Black or African-American AOIC*	9.2%	(±2.4)
Hispanic or Latino/Latina AOIC*	23.0%	(±5.6)
Middle Eastern or Northern African AOIC*	1.7%	(±0.4)
Native Hawaiian or other Pacific Islander AOIC*	3.6%	(±1.1)
White or Caucasian AOIC*	65.1%	(±6.8)
Other AOIC*	20.0%	(±4.6)

*AOIC = Alone or in combination with other race/ethnicities.

13. What language is usually spoken at home?

	(n=7,090)	
English	79.4%	(±5.7)
Spanish	11.6%	(±4.8)
Russian	0.7%	(±0.3)
Vietnamese	0.7%	(±0.5)
Ukrainian	0.5%	(±0.3)
Arabic	0.3%	(±0.2)
Somali	0.2%	(±0.2)
Marshallese	0.2%	(±0.1)
Chinese	1.0%	(±1.0)
Korean	0.5%	(±0.3)
Punjabi	0.4%	(±0.5)
Other	4.6%	(±2.0)

14. Are you limited in any activities because of a disability or long-term health problem including physical health, emotional, or learning problems expected to last 6 months or more?

	(n=6,816)	
Yes	5.5%	(±0.8)
No	84.8%	(±1.2)
Not sure	9.7%	(±1.0)

	Statewide % (\pm CI) (n=6,578)	
15. Do you have any of these conditions? Check all that you have.		
Developmental or intellectual disability (down syndrome, autism, ADHD, or other things like that)	19.5%	(\pm 2.0)
Learning disability (dyslexia, dyscalculia, or other things like that)	8.2%	(\pm 1.4)
Mental health condition (depression, anxiety, bipolar, schizophrenia, or other things like that)	27.8%	(\pm 2.4)
Mobility disability (use a wheelchair, walker, cane, prosthetic, or other things like that)	1.0%	(\pm 0.2)
Sensory disability (blindness, low-vision, deaf, hard-of-hearing, DeafBlind, or other things like that)	5.0%	(\pm 0.7)
Other health condition (HIV/AIDS, cancer, diabetes, epilepsy, or other things like that)	3.6%	(\pm 0.6)
None	59.2%	(\pm 2.8)
16. At school, do you have an Individualized Education Plan (IEP) or 504 accommodation to help you learn?		
	(n=6,809)	
Yes	15.4%	(\pm 1.3)
No	64.0%	(\pm 2.6)
Not sure	20.6%	(\pm 2.8)
17. How far did your mother get in school?		
	(n=6,906)	
Did not finish high school	9.1%	(\pm 2.3)
Graduated from high school or GED	18.1%	(\pm 2.9)
Had some college or technical training after high school	16.8%	(\pm 2.2)
Graduated from a 4-year college	22.5%	(\pm 2.9)
Earned an advanced graduate degree	15.6%	(\pm 4.6)
Don't know	16.5%	(\pm 2.0)
Does not apply	1.4%	(\pm 0.4)
18. Who did you live with most of the time in the last 30 days?		
	(n=7,037)	
Parent(s), step-parent(s), or legal guardian	95.7%	(\pm 1.1)
Relatives like a grandparent, an aunt, an older brother - but NOT your parents	2.1%	(\pm 0.7)
Foster care parent(s)	0.5%	(\pm 0.3)
Adults who are not your parents, relatives, or foster parents	0.4%	(\pm 0.1)
Friends of yours with no adults present	0.1%	(\pm 0.1)
On your own	0.4%	(\pm 0.1)
Other	0.9%	(\pm 0.3)
19. Where did you live most of the time in the last 30 days?		
	(n=7,002)	
In a own house or apartment that my family rents or owns	94.6%	(\pm 0.9)
In a house or apartment that a relative rents or owns	2.9%	(\pm 0.6)
In a house or apartment with someone who is not a relative	0.5%	(\pm 0.2)
In a shelter	0.1%	(\pm 0.1)
In a car or RV, park, or campground	0.4%	(\pm 0.2)
In a motel/hotel	0.1%	(\pm 0.1)
On the street	0.3%	(\pm 0.1)
Moved from place to place	0.3%	(\pm 0.1)
Other	0.7%	(\pm 0.2)

	Statewide	
	% (±CI)	
	(n=6,945)	
20. Are your current living arrangements the result of losing your home because your family cannot afford housing?		
No	90.5%	(±1.4)
Yes	2.7%	(±0.5)
Not sure	6.8%	(±1.0)
21. Do you receive free or reduced price lunches at school?		
(n=3,614)		
No	47.2%	(±8.7)
Yes	38.1%	(±7.6)
Not sure	14.7%	(±1.9)
22. Has your parent(s) or guardian(s) served in the military (Army, Navy, Air Force, Marines, Coast Guard, National Guard, or Reserves)?		
(n=3,617)		
Yes, currently serving or No, not serving now	29.1%	(±4.1)
No, have never served	61.9%	(±4.3)
I don't know	9.0%	(±1.2)
23. Have you or your family moved in the past 3 years to another school district or city for temporary or seasonal work in agriculture, dairy, or fishing?		
(n=7,063)		
No	86.9%	(±1.4)
Yes	7.7%	(±0.8)
I do not know.	5.5%	(±0.8)
24. During your last school year, how many times did you change schools for reasons other than moving up a grade?		
(n=6,938)		
I did not change schools	88.6%	(±1.4)
Once	8.6%	(±1.1)
Twice	1.6%	(±0.4)
Three or more times	1.3%	(±0.3)
25. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.		
(n=6,929)		
0 days	32.5%	(±2.7)
1 or 2 days	41.7%	(±1.5)
3 or more days	25.7%	(±2.1)
26. How honest were you in filling out this survey?		
(n=5,540)		
I was very honest.	75.1%	(±1.1)
I was honest most of the time.	21.6%	(±1.2)
I was honest some of the time	3.3%	(±0.7)
I was honest once in a while.		surveys pulled
I was not honest at all.		surveys pulled

Alcohol, Tobacco and Other Drug Use

Alcohol, tobacco, and other drug (ATOD) use has been a major concern in this country for many years. The consequences of ATOD use are well known. In the short term, ATOD use interferes with positive physical, emotional, and social development. In the long term, ATOD use is associated with delinquency and criminal activity, unintended injuries, and a variety of health complications including shorter life expectancy. Tobacco use is the world's leading cause of preventable death, disease, and disability. This section provides information about lifetime ATOD use (which in part reflects experimental use), use in the past 30 days (i.e., current use), and other tobacco-, alcohol-, and drug-related issues.

Lifetime Use

Have you ever, even once in your life:

	Statewide
	% (±CI)
27. Smoked a cigarette, even just a puff? (Computed from question 246)	(n=6,123)
No	89.2% (±1.4)
Yes	10.8% (±1.4)
28. Used an electronic cigarette, also called e-cigs, device pens, or vape pens? (Computed from question 54)	(n=6,045)
No	81.4% (±2.6)
Yes	18.6% (±2.6)
29. Drank more than a sip or two of beer, wine, or hard liquor? (Computed from question 29 or 247)	(n=6,083)
No	60.2% (±2.9)
Yes	39.8% (±2.9)
30. Used marijuana? (Computed from question 30 or 245)	(n=6,118)
No	82.9% (±2.2)
Yes	17.1% (±2.2)
31. Used heroin? Choose all that apply.	(n=3,364)
No, I've never used it	99.2% (±0.4)
Yes, within the past year	0.5% (±0.3)
Yes, over a year ago	0.4% (±0.2)
32. Used methamphetamines (speed, meth, crystal meth, ice, crank)? Do not include other types of amphetamines. Choose all that apply.	(n=3,382)
No, I've never used it	98.8% (±0.4)
Yes, within the past year	0.8% (±0.3)
Yes, over a year ago	0.4% (±0.2)

[Question 33 appears only on the elementary version of the survey.]

30-Day Use (Use in the Past 30 Days)

	Statewide	
	% (±CI)	
	(n=6,082)	
34. During the past 30 days, on how many days did you smoke cigarettes?		
None	97.8%	(±0.4)
1-2 days	1.0%	(±0.3)
3-5 days	0.3%	(±0.1)
6-9 days	0.2%	(±0.2)
10-19 days	0.1%	(±0.1)
20-29 days	0.1%	(±0.1)
All 30 days	0.4%	(±0.1)
<i>Any use in past 30 days</i>	2.2%	(±0.4)
35. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, or smokeless nicotine products (for example: pouches, lozenges, gum, or toothpicks)?		
	(n=2,998)	
None	96.6%	(±0.9)
1-2 days	1.4%	(±0.6)
3-5 days	0.6%	(±0.3)
6-9 days	0.4%	(±0.3)
10-19 days	0.2%	(±0.2)
20-29 days	0.2%	(±0.2)
All 30 days	0.7%	(±0.3)
<i>Any use in past 30 days</i>	3.4%	(±0.9)
36. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	(n=2,993)	
None	98.9%	(±0.5)
1-2 days	0.5%	(±0.3)
3-5 days	0.1%	(±0.1)
6-9 days	0.1%	(±0.1)
10-19 days	0.1%	(±0.1)
20-29 days	0.1%	(±0.1)
All 30 days	0.2%	(±0.2)
<i>Any use in past 30 days</i>	1.1%	(±0.5)
37. During the past 30 days, on how many days did you use an electronic cigarette, also called e-cigs, device pens, or vape pens?		
	(n=6,021)	
None	92.3%	(±1.4)
1-2 days	2.3%	(±0.5)
3-5 days	1.1%	(±0.3)
6-9 days	0.8%	(±0.2)
10-19 days	0.7%	(±0.2)
20-29 days	0.8%	(±0.2)
All 30 days	1.9%	(±0.6)
<i>Any use in past 30 days</i>	7.7%	(±1.4)

	Statewide	
	% (±CI)	
	(n=2,986)	
38. During the past 30 days, on how many days did you smoke tobacco or flavored tobacco in a hookah, even just a puff?		
None	98.6%	(±0.5)
1-2 days	0.6%	(±0.2)
3-5 days	0.3%	(±0.2)
6-9 days	0.1%	(±0.1)
10-19 days	0.0%	(±0.1)
20-29 days	0.0%	(±0.1)
All 30 days	0.3%	(±0.2)
<i>Any use in past 30 days</i>	1.4%	(±0.5)
39. During the past 30 days, did you use a heated tobacco product? (Heated tobacco products are different from e-cigarettes, which heat a liquid to produce vapor. Some brands of heated tobacco products include IQOS, glo and Eclipse.)		
	(n=2,983)	
Yes	3.2%	(±0.8)
No	85.1%	(±1.5)
I don't know what this is.	11.7%	(±1.4)
40. During the past 30 days, which of the following tobacco or marijuana products that you used were flavored to taste like menthol (mint), candy, fruit, or any other flavors? Choose all that apply.		
	(n=2,908)	
I did not use any flavored tobacco or marijuana products in the past 30 days.	88.7%	(±1.5)
Cigars, little cigars, hookah, or other smoked tobacco	1.1%	(±0.3)
Chewing tobacco, dissolvables, snus or other smokeless tobacco	0.6%	(±0.4)
Joints, bongs, pipes, blunt, or other smoked marijuana products	4.5%	(±0.9)
I do not know.	6.3%	(±1.2)
41. During the past 30 days, on how many days did you drink a glass, can or bottle of alcohol?		
	(n=6,075)	
None	90.9%	(±1.5)
1-2 days	5.7%	(±1.0)
3-5 days	1.6%	(±0.4)
6-9 days	0.6%	(±0.2)
10-19 days	0.6%	(±0.3)
20-29 days	0.1%	(±0.1)
All 30 days	0.4%	(±0.2)
<i>Any use in past 30 days</i>	9.1%	(±1.5)
42. During the past 30 days, on how many days did you use marijuana or hashish?		
	(n=6,060)	
None	91.6%	(±1.3)
1-2 days	3.3%	(±0.7)
3-5 days	1.2%	(±0.3)
6-9 days	0.8%	(±0.2)
10-19 days	1.0%	(±0.3)
20-29 days	0.9%	(±0.3)
All 30 days	1.2%	(±0.4)
<i>Any use in past 30 days</i>	8.4%	(±1.3)

	Statewide	
	% (±CI)	
	(n=3,335)	
43. During the past 30 days, on how many days did you use an illegal drug? Not counting alcohol, tobacco, or marijuana.		
None	98.0%	(±0.6)
1-2 days	0.8%	(±0.3)
3-5 days	0.4%	(±0.3)
6-9 days	0.1%	(±0.1)
10-19 days	0.1%	(±0.1)
20-29 days	0.1%	(±0.1)
All 30 days	0.4%	(±0.3)
<i>Any use in past 30 days</i>	2.0%	(±0.6)
44. During the past 30 days, on how many days did you use any illegal drug, including marijuana? (Computed from questions 42 and 43)		
	(n=3,175)	
None	91.2%	(±1.5)
1 or more days	8.8%	(±1.5)
45. During the past 30 days, on how many days did you use a pain killer TO GET HIGH, like Vicodin, OxyContin (sometimes called Oxy or OC) or Percocet (sometimes called Percs)?		
	(n=6,056)	
None	98.4%	(±0.4)
1-2 days	0.7%	(±0.3)
3-5 days	0.2%	(±0.1)
6-9 days	0.2%	(±0.1)
10-19 days	0.1%	(±0.1)
20-29 days	0.1%	(±0.1)
All 30 days	0.3%	(±0.1)
<i>Any use in past 30 days</i>	1.6%	(±0.4)
46. During the past 30 days, on how many days did you use prescription drugs not prescribed to you?		
	(n=3,337)	
None	97.1%	(±0.6)
1-2 days	1.6%	(±0.4)
3-5 days	0.4%	(±0.3)
6-9 days	0.2%	(±0.2)
10-19 days	0.1%	(±0.1)
20-29 days	0.0%	(±0.1)
All 30 days	0.4%	(±0.2)
<i>Any use in past 30 days</i>	2.9%	(±0.6)
47. During the past 30 days, on how many days did you use Fentanyl?		
	(n=3,333)	
None	99.2%	(±0.4)
1-2 days	0.2%	(±0.2)
3-5 days	0.1%	(±0.1)
6-9 days	0.1%	(±0.1)
10-19 days	0.0%	(±0.1)
20-29 days	0.0%	(±0.0)
All 30 days	0.3%	(±0.2)
<i>Any use in past 30 days</i>	0.8%	(±0.4)

	Statewide % (±CI) (n=3,258)	
48. During the past 30 days, which of the following have you used for non-medical reasons? Choose all that apply.		
I did not take any of these for non-medical reasons.	93.4%	(±1.0)
I used a stimulant, like Adderall or Ritalin.	0.7%	(±0.4)
I used a painkiller, like Vicodin, OxyContin, or Percocet.	0.8%	(±0.4)
I used a tranquilizer, like Valium or Xanax.	0.2%	(±0.2)
I used another kind of prescription drug.	1.7%	(±0.5)
I used an over-the-counter drug, like cough syrup or cold medicine.	4.9%	(±0.8)
I took something, but I don't know what it was.	1.0%	(±0.4)
49. During the past 30 days, which of the following have you used to get high? Choose all that apply.		
	(n=2,973)	
None of these	97.1%	(±0.7)
Marijuana (hemp-derived) products, like Delta-8 (D8), Delta-10 (D10), Moon Rocks, or THCO	2.0%	(±0.6)
Synthetic products, also known as K2, spice, Mr. Happy, Kronic, etc.	0.4%	(±0.2)
Kratom	0.3%	(±0.2)
Bath salts, also known as Bliss, Blue Silk, Purple Wave, Lunar Wave, Vanilla Sky, etc.	0.4%	(±0.2)
Psilocybin, also known as magic mushrooms ("shrooms")	1.3%	(±0.4)

Other Tobacco-Related Questions

50. Are the cigarettes that you usually smoke menthol cigarettes?	(n=6,027)	
I do not smoke cigarettes.	98.9%	(±0.3)
Yes	0.5%	(±0.2)
No	0.6%	(±0.2)
51. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?	(n=3,037)	
0 days	77.9%	(±2.6)
1-2 days	13.1%	(±1.4)
3-4 days	4.0%	(±0.9)
5-6 days	1.4%	(±0.5)
7 days	3.6%	(±1.1)
52. How wrong do your friends feel it would be for you to: Use tobacco?	(n=3,023)	
Very wrong	50.1%	(±3.5)
Wrong	29.7%	(±2.2)
A little bit wrong	12.9%	(±1.7)
Not at all wrong	7.3%	(±1.2)

Other Electronic Cigarette- and Vaping-Related Questions

53. During the past 12 months, did you ever try to quit using all products that contain nicotine, including cigarettes, e-cigarettes (e-cigs, vape pens, device pens), cigars, smokeless tobacco, shisha and hookah tobacco?	Statewide	
	% (±CI)	
	(n=3,024)	
I did not use any products that contain nicotine during the past 12 months.	82.7%	(±2.0)
Yes	8.2%	(±1.6)
No	9.1%	(±0.9)

54. How old were you the first time you used an electronic cigarette, also called e-cigs, device pens, or vape pens?	(n=6,045)	
Never have	81.4%	(±2.6)
10 or younger	1.7%	(±0.4)
11	1.5%	(±0.3)
12	2.4%	(±0.6)
13	4.3%	(±0.8)
14	5.1%	(±0.7)
15	3.3%	(±0.6)
16	0.2%	(±0.1)
17 or older	0.1%	(±0.1)

55. During the past 30 days, which of the following e-cig or vaping products did you use? Choose all that apply.	(n=6,024)	
I did not use any e-cig or vaping products in the past 30 days.	93.0%	(±1.3)
Liquid with nicotine in it	5.0%	(±1.1)
Liquid with THC (marijuana) in it	3.3%	(±0.8)
Liquid with nicotine and THC (marijuana) in it	1.1%	(±0.3)
Liquid with neither nicotine nor THC	0.4%	(±0.2)
Don't know	1.0%	(±0.3)

56. During the past 30 days, which of the following e-cig or vaping products that you used were flavored? Choose all that apply.	(n=5,761)	
I did not use any flavored e-cig or vaping products in the past 30 days	96.8%	(±0.6)
Flavored liquid with nicotine	2.5%	(±0.5)
Flavored liquid with THC (marijuana)	1.2%	(±0.3)
Flavored liquid with nicotine and THC (marijuana)	0.4%	(±0.2)
Flavored liquid with neither nicotine nor THC	0.1%	(±0.1)
Don't know	0.3%	(±0.2)

57. During the past 30 days, if you used tobacco or e-cigarettes/vaping products, how did you get it? Choose all that apply.	Statewide	
	% (±CI)	
	(n=5,788)	
I did not get any tobacco or e-cigarette/vaping products during the past 30 days.	96.5%	(±0.9)
I bought it in a store such as a convenience store, supermarket, discount store, gas station, or tobacco shop or vape shop.	0.3%	(±0.1)
I bought it from a vending machine.	0.1%	(±0.1)
I got them from the internet.	0.2%	(±0.1)
I gave someone else money to buy them for me.	1.0%	(±0.3)
I borrowed (or bummed) them from someone else.	1.5%	(±0.5)
A person 21 years old or older gave them to me.	0.6%	(±0.2)
I took them from a store or a family member.	0.4%	(±0.2)
I got them some other way.	1.3%	(±0.4)

58. How much do you think people risk harming themselves if they use electronic cigarettes, also called e-cigs, device pens, or vape pens regularly (almost daily)?	(n=3,047)	
No risk	5.3%	(±0.9)
Slight risk	6.8%	(±1.1)
Moderate risk	26.3%	(±1.9)
Great risk	56.6%	(±2.7)
Not sure	5.0%	(±1.0)

Other Alcohol-Related Questions

59. Think back over the last 2 weeks. How many times have you had five or more drinks in a row? (A drink is a glass of wine, a bottle of beer, a shot glass of liquor, or a mixed drink.)	(n=6,093)	
None	95.8%	(±0.8)
Once	2.0%	(±0.5)
Twice	0.8%	(±0.3)
3-5 times	0.8%	(±0.2)
6-9 times	0.2%	(±0.1)
10 or more times	0.4%	(±0.2)

60. Drinking Categories Variable (Computed from questions 41 and 59)	(n=6,071)	
None, no drinking past 30 days and no bingeing past 2 weeks	91.0%	(±1.5)
Experimental, 1-2 days drinking past 30 days and no bingeing past 2 weeks	4.0%	(±0.8)
Heavy, 3-5 days drinking past 30 days and/or 1 binge past 2 weeks	2.2%	(±0.5)
Problem, 6+ days drinking past 30 days and/or 2+ binge past 2 weeks	2.8%	(±0.7)

61. During the past 30 days, if you used alcohol, what type of alcohol did you usually drink?	Statewide	
	% (±CI)	
	(n=5,820)	
I did not drink alcohol during the past 30 days.	95.3%	(±0.9)
I do not have a usual type.	0.4%	(±0.3)
Beer	0.7%	(±0.3)
Flavored malt beverages, such as Smirnoff Ice, Bacardi Silver, or hard lemonade	0.9%	(±0.3)
Wine	0.3%	(±0.1)
Hard liquor (such as vodka, rum, tequila, gin, or whiskey) alone or mixed in a drink	2.1%	(±0.5)
I drank alcohol but am unsure of what type	0.2%	(±0.1)
Some other type	0.1%	(±0.1)

62. During the past 30 days, if you used alcohol, how did you get it? Choose all that apply.	(n=5,821)	
I did not get alcohol in the past 30 days.	95.5%	(±0.9)
I bought it from a store.	0.2%	(±0.1)
I stole it from a store.	0.6%	(±0.2)
I got it from friends/someone my age.	1.9%	(±0.6)
I got it at a party.	1.5%	(±0.4)
I got it from an older sibling.	0.5%	(±0.2)
I got it from someone older who I'm not related to.	0.8%	(±0.3)
Someone sold it to me.	0.5%	(±0.2)
I gave money to someone to get it for me.	0.6%	(±0.2)
I took it from home without my parents' permission.	1.2%	(±0.3)
I got it at home with my parents' permission.	1.3%	(±0.4)
I got it some other way.	0.7%	(±0.2)

63. NOT including talks on drinking and driving, in the past year have your parent(s) or guardian(s) talked to you about why you should not drink alcohol?	(n=3,494)	
Yes, a number of times	38.8%	(±1.7)
Yes, once	19.6%	(±1.1)
No	28.1%	(±1.8)
I don't remember.	13.5%	(±1.0)

64. How wrong does your parent or guardian feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?	(n=3,376)	
Very wrong	77.8%	(±1.8)
Wrong	16.6%	(±1.7)
A little bit wrong	4.3%	(±0.7)
Not wrong at all	1.3%	(±0.4)

65. How wrong do your friends feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?	(n=3,400)	
Very wrong	51.5%	(±3.2)
Wrong	30.3%	(±1.9)
A little bit wrong	13.0%	(±1.8)
Not at all wrong	5.2%	(±0.9)

	Statewide % (±CI) (n=3,487)	
66. How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?		
Neither approve nor disapprove	21.3%	(±2.1)
Somewhat disapprove	20.8%	(±1.9)
Strongly disapprove	49.6%	(±3.1)
Don't know or can't say	8.3%	(±1.4)
67. How much do you think people risk harming themselves if they have 5 or more drinks of an alcoholic beverage once or twice a week?		
	(n=3,465)	
No risk	4.8%	(±0.9)
Slight risk	10.7%	(±1.5)
Moderate risk	32.7%	(±1.9)
Great risk	45.5%	(±2.7)
Not sure	6.2%	(±1.4)

Other Marijuana-Related Questions

	(n=5,843)	
68. During the past 30 days, if you used marijuana, how did you use it? Choose all that apply.		
I did not use marijuana during the past 30 days.	95.3%	(±0.9)
Smoked it (in a joint, bong, pipe, blunt).	3.2%	(±0.6)
Ate it (in brownies, cakes, cookies, candy).	1.6%	(±0.4)
Drank it (tea, cola, alcohol).	0.5%	(±0.2)
Vaporized it (e-cig, device pens, or vape pen).	3.4%	(±0.7)
Dabbed it.	1.2%	(±0.3)
Used it some other way.	0.3%	(±0.2)
69. If you use marijuana or hashish how long do you usually stay high?		
	(n=5,824)	
I don't use marijuana.	95.4%	(±0.8)
I usually don't get high.	0.5%	(±0.2)
1 to 2 hours	2.1%	(±0.5)
3 to 4 hours	1.4%	(±0.3)
5 to 6 hours	0.3%	(±0.1)
7 to 8 hours	0.0%	(±0.0)
9 or more hours	0.2%	(±0.1)

70. During the past 30 days, if you used marijuana, how did you get it? Choose all that apply.	Statewide % (±CI) (n=5,827)	
I did not get marijuana in the past 30 days.	96.0%	(±0.7)
I bought it from a store.	0.3%	(±0.2)
I stole it from a store.	0.1%	(±0.1)
I got it from friends/someone my age.	2.4%	(±0.5)
I got it at a party.	0.5%	(±0.2)
I got it from an older sibling.	0.5%	(±0.2)
I got it from someone older who I'm not related to.	0.8%	(±0.3)
Someone sold it to me.	1.1%	(±0.3)
I gave money to someone to get it for me.	0.8%	(±0.3)
I took it from home without my parents' permission.	0.6%	(±0.2)
I got it at home with my parents' permission.	0.5%	(±0.2)
I got it some other way.	1.0%	(±0.2)

71. In the past year, have your parent(s) or guardian(s) talked to you about why you should not use marijuana?	(n=3,493)	
Yes, a number of times	36.2%	(±1.9)
Yes, once	20.5%	(±1.3)
No	30.6%	(±2.0)
I don't remember.	12.8%	(±1.1)

72. Does anyone who lives with you now use marijuana?	(n=3,438)	
No	80.5%	(±2.7)
Yes	19.5%	(±2.7)

73. How wrong do your friends feel it would be for you to use marijuana?	(n=3,471)	
Very wrong	41.5%	(±4.4)
Wrong	26.0%	(±1.7)
A little bit wrong	18.1%	(±1.8)
Not at all wrong	14.5%	(±2.3)

Other Alcohol- and Drug-Related Questions

74. How many times in the past year (12 months) have you been drunk or high while participating in school?	(n=3,309)	
Never	91.7%	(±1.2)
1 - 2 times	3.3%	(±0.5)
3 - 5 times	1.3%	(±0.4)
6 - 9 times	0.7%	(±0.2)
10 or more times	2.9%	(±0.8)

75. During the past 30 days, which of the following did you use on school property? Choose all that apply.	Statewide % (±CI) (n=5,951)	
I have not been on school property in the past 30 days.	3.2%	(±0.7)
I didn't use any of these on school property.	92.0%	(±1.1)
Tobacco (cigarettes, cigars, or chew/dip)	0.7%	(±0.2)
Electronic cigarette, also called e-cigs, device pens, or vape pens	4.2%	(±0.9)
Marijuana	3.3%	(±0.7)
Alcohol (at least one drink)	1.7%	(±0.5)

76. When you used marijuana during the past 30 days, did you ever drink alcohol at the same time?	(n=5,845)	
I have not used marijuana in the past 30 days	95.1%	(±0.9)
Yes, most of the time	0.4%	(±0.2)
Yes, some of the time	0.5%	(±0.2)
Yes, rarely	1.0%	(±0.3)
No	3.0%	(±0.6)

77. During the past year in school, how many times did you get information in classes about reasons not to use alcohol or drugs?	(n=3,357)	
Never	22.5%	(±2.7)
Once	23.1%	(±1.5)
2-3 times	33.2%	(±2.2)
4 or more times	21.3%	(±2.4)

78. How wrong does your parent or guardian feel it would be for you to use prescription drugs not prescribed to you?	(n=3,358)	
Very wrong	80.1%	(±1.3)
Wrong	15.1%	(±1.0)
A little bit wrong	3.3%	(±0.6)
Not at all wrong	1.4%	(±0.5)

79. How wrong do your friends feel it would be for you to use prescription drugs not prescribed to you?	(n=3,369)	
Very wrong	58.1%	(±2.5)
Wrong	30.0%	(±1.8)
A little bit wrong	8.9%	(±1.2)
Not at all wrong	3.1%	(±0.5)

80. How much do you think people risk harming themselves if they use prescription drugs that are not prescribed to them?	(n=3,399)	
No risk	3.6%	(±0.8)
Slight risk	5.3%	(±0.7)
Moderate risk	23.9%	(±1.8)
Great risk	61.6%	(±2.4)
Not sure	5.6%	(±1.2)

81. How much do you think people risk harming themselves if they use marijuana (hemp-derived) products, like Delta-8 (D8), Delta-10 (D10), Moon Rocks, or THCO regularly (at least once or twice a week).	Statewide % (±CI) (n=2,996)	
No risk	7.6%	(±1.1)
Slight risk	9.4%	(±1.4)
Moderate risk	19.7%	(±2.0)
Great risk	31.6%	(±2.1)
Not sure	31.7%	(±2.2)

82. During the past 30 days, if you used hemp-derived products, synthetic products, kratom, bath salts, or psilocybin to get high, how did you get it? Choose all that apply.	(n=3,001)	
I did not get hemp-derived products, synthetic products, kratom, bath salts, or psilocybin in the past 30 days.	97.8%	(±0.6)
I bought it from a store.	0.3%	(±0.2)
I stole it from a store.	0.3%	(±0.2)
I got it from friends/someone my age.	1.0%	(±0.4)
I got it at a party.	0.4%	(±0.2)
I got it from an older sibling.	0.2%	(±0.2)
I got it from someone older who I'm not related to.	0.4%	(±0.2)
Someone sold it to me.	0.4%	(±0.2)
I gave money to someone to get it for me.	0.3%	(±0.2)
I took it from home without a parent/guardian's permission.	0.4%	(±0.2)
I got it from home with a parent/guardian's permission.	0.2%	(±0.1)
I got it some other way.	0.7%	(±0.4)

Other Health Concerns

Nutrition and Fitness

This section provides results regarding other health concerns including nutrition and fitness, health conditions and health care, safety, behaviors related to intentional injury, and depression. Exercise, nutrition, and access to preventative health care are important components of a healthy life. Safety-related behaviors can profoundly influence the outcome of an accident. Injury is the leading cause of death for adolescents aged 10 to 19, and violence contributes to injury-related deaths. People who are depressed experience a range of symptoms, and depression is associated with suicidal behavior.

The Body Mass Index (BMI) compares a person's height and weight. Lower BMI scores do not necessarily mean better health and higher scores do not necessarily mean worse health. The BMI was designed to look at trends in the population. It is not a great measure of health in adults or children. It is still used in some clinical settings to look at how children develop over time.

83. BMI status. (Computed from numeric responses to "How tall are you without your shoes on?" and "How much do you weigh without your shoes on?")	(n=3,300)	
Under 19	17.9%	(±1.8)
19.0 - 24.9	57.7%	(±2.7)
25.0 - 29.9	15.0%	(±1.8)
30.0 or higher	9.4%	(±1.8)

	Statewide % (\pm CI) (n=3,080)	
84. How often do you eat dinner with your family?		
Never	4.4%	(\pm 0.7)
Rarely	10.5%	(\pm 1.4)
Sometimes	19.8%	(\pm 1.4)
Most of the time	38.4%	(\pm 2.0)
Always	26.9%	(\pm 2.2)
85. How often in the past 12 months did you or your family have to cut meal size or skip meals because there wasn't enough money for food?		
	(n=6,934)	
Almost every month	1.8%	(\pm 0.4)
Some months but not every month	4.3%	(\pm 0.7)
Only 1-2 months	2.8%	(\pm 0.5)
Did not have to skip or cut the size of meals.	91.1%	(\pm 1.2)
86. Did you eat breakfast today?		
	(n=2,828)	
Yes	56.7%	(\pm 4.9)
No	43.3%	(\pm 4.9)
87. Number of servings of fruits and vegetables eaten per day (Computed from FV1 - FV6)		
	(n=2,765)	
Less than 1	11.4%	(\pm 2.0)
1 to less than 3	40.9%	(\pm 2.0)
3 to less than 5	23.1%	(\pm 2.5)
5 or more	24.6%	(\pm 2.6)
88. During the past 7 days, how many times did you drink sugar-sweetened drinks like soda, sports drinks, energy drinks, coffee drinks, tea drinks, or other flavored sugar-sweetened drinks? Do not include diet, sugar-free or drinks with artificial sweetener.		
	(n=3,029)	
0 times	13.8%	(\pm 1.7)
1 - 3 times	49.8%	(\pm 2.4)
4 - 6 times	16.4%	(\pm 1.6)
1 time per day	10.4%	(\pm 1.1)
2 times per day	5.6%	(\pm 1.0)
3 times per day	1.8%	(\pm 0.5)
4 or more times per day	2.2%	(\pm 0.6)

[Question 89 appears only on the elementary version of the survey.]

90. In the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate or makes you breathe hard some of the time.)

Statewide
% (±CI)
(n=3,021)

0 days	10.9%	(±1.8)
1 day	4.9%	(±0.8)
2 days	7.9%	(±1.3)
3 days	11.4%	(±1.4)
4 days	10.0%	(±1.2)
5 days	18.6%	(±1.7)
6 days	11.4%	(±1.4)
7 days	24.9%	(±1.9)

91. On how many of the past 7 days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?

(n=3,011)

0 days	26.1%	(±2.7)
1 day	7.3%	(±1.2)
2 days	10.6%	(±1.7)
3 days	12.1%	(±2.1)
4 days	8.8%	(±1.2)
5 days	16.4%	(±2.0)
6 days	5.8%	(±0.9)
7 days	12.9%	(±1.6)

92. On average, how many days a week do you walk to or from school?

(n=3,010)

In an average week, I don't normally travel to school.	7.8%	(±1.1)
Never	61.5%	(±4.0)
1 - 2 days	11.6%	(±1.9)
3 - 4 days	5.2%	(±1.4)
I walk every day.	14.0%	(±2.2)

93. On average, how many days a week do you ride a bicycle to or from school?

(n=2,973)

In an average week, I don't normally travel to school.	9.2%	(±1.3)
Never	86.5%	(±1.7)
1 - 2 days	1.7%	(±0.4)
3 - 4 days	0.5%	(±0.3)
I bike every day.	2.1%	(±0.6)

94. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

(n=2,995)

0 hours per day	2.0%	(±0.7)
Less than 1 hour per day	3.7%	(±0.9)
1 hour per day	6.2%	(±1.3)
2 hours per day	18.3%	(±1.8)
3 hours per day	22.5%	(±1.6)
4 hours per day	18.3%	(±1.3)
5 or more hours per day	29.0%	(±2.5)

	Statewide % (±CI) (n=3,003)	
95. The next question asks about social media, such as Instagram, TikTok, Snapchat, and Twitter. How often do you use social media?		
I do not use social media	12.7%	(±1.5)
A few times a month	2.6%	(±0.6)
About once a week	1.7%	(±0.5)
A few times a week	4.5%	(±0.8)
About once a day	8.7%	(±1.2)
Several times a day	40.6%	(±1.6)
About once an hour	7.9%	(±1.0)
More than once an hour	21.2%	(±2.4)

	Statewide % (±CI) (n=6,121)	
96. During the average week, on how many days do you participate in supervised after-school activities either at school or away from school? Include activities such as sports, art, music, dance, drama, or community service, religious, cultural, or club activities.		
0 days	36.3%	(±3.9)
1-2 days	23.4%	(±1.5)
3 or more days	40.3%	(±4.4)

Health Conditions and Health Care

	Statewide % (±CI) (n=3,172)	
97. When was the last time you saw a doctor or health care provider for a check-up or physical exam when you were not sick or injured?		
During the past 12 months	66.7%	(±2.2)
Between 12 and 24 months ago	13.1%	(±1.3)
More than 24 months ago	5.0%	(±0.8)
Never	3.0%	(±0.6)
Not sure	12.2%	(±1.7)

	Statewide % (±CI) (n=3,675)	
98. Has a doctor or nurse ever told you that you have asthma?		
Yes	16.7%	(±1.5)
No	78.2%	(±1.8)
Not sure	5.1%	(±0.9)

	Statewide % (±CI) (n=3,686)	
99. Do you still have asthma?		
I have never had asthma.	79.5%	(±1.6)
Yes	8.8%	(±1.1)
No	5.2%	(±0.7)
Not sure	6.5%	(±1.0)

	Statewide % (±CI) (n=3,163)	
100. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?		
During the past 12 months	79.4%	(±2.5)
Between 12 and 24 months ago	7.3%	(±1.4)
More than 24 months ago	4.3%	(±0.8)
Never	1.0%	(±0.3)
Not sure	8.0%	(±1.2)

101. During the past 12 months, how many days did you miss some school because of toothache? (Do not include toothache due to braces or injury.)	Statewide % (±CI) (n=3,153)	
None	91.7%	(±1.5)
1-4 days	3.4%	(±0.8)
5 days or more	1.3%	(±0.5)
Not sure	3.7%	(±0.7)

[Question 102 appears only on the elementary version of the survey.]

103. On an average school night how many hours do you sleep?	(n=3,179)	
5 hours or less	15.7%	(±2.5)
About 6 hours	24.0%	(±1.8)
About 7 hours	30.0%	(±1.5)
About 8 hours	25.0%	(±2.5)
9 hours or more	5.2%	(±1.0)

Disordered Eating and Weight Stigma

Adolescents are exposed to a variety of messaging about body, weight, fitness, and health. This messaging combined with the experiences of each youth can lead to dangerous disordered behaviors with regard to food and body. Sometimes this can result in diagnosed eating disorders and other times these behaviors go undiagnosed and untreated. The following questions assess disordered behaviors and exposure to harmful interactions with others that can affect body acceptance among youth.

104. During the past year, did you: (Choose all that apply)	(n=2,991)	
Exercise to lose weight or to keep from gaining weight?	60.6%	(±2.7)
Eat less food, fewer calories or foods low in fat or carbohydrates to lose weight or to keep from gaining weight?	48.9%	(±3.1)
Intentionally go without eating for 12 hours or more (also called fasting) to lose weight or to keep from gaining weight?	27.4%	(±3.3)
Take any diet pills, powders, teas, juice cleanses or other liquids without a doctor's advice to lose weight or to keep from gaining weight?	7.5%	(±1.3)
Vomit, use laxatives, or eat certain foods or liquids intentionally (such as foods that cause stomach pain or nausea) to lose weight or to keep from gaining weight?	8.7%	(±1.7)
Eat so much food in a short period of time that you would be embarrassed if others saw you?	27.7%	(±2.6)

105. How often do family, friends, peers or others do or say things about your body or the food you eat that make you feel bad?	(n=3,012)	
Never	47.3%	(±2.4)
Less than once a year	12.8%	(±1.5)
A few times a year	18.3%	(±1.8)
A few times a month	12.7%	(±1.7)
A few times a week	8.9%	(±1.4)

Sexual Behavior

106. Have you ever had sex? †	(n=2,197)	
Yes	17.0%	(±3.1)
No	83.0%	(±3.1)

	Statewide % (±CI) (n=2,197)	
107. How old were you when you had sex for the first time? †		
I have never had sex.	83.0%	(±3.1)
11 years old or younger	1.7%	(±0.6)
12 years old	0.6%	(±0.3)
13 years old	1.8%	(±0.6)
14 years old	5.5%	(±1.5)
15 years old	6.6%	(±1.3)
16 years old	0.6%	(±0.4)
17 years old or older	0.3%	(±0.3)
108. With how many people have you ever had sex? †		
	(n=2,206)	
I have never had sex.	83.5%	(±3.0)
1 person	9.9%	(±1.9)
2 people	3.0%	(±1.0)
3 people	1.2%	(±0.3)
4 people	0.6%	(±0.4)
5 people	0.3%	(±0.3)
6 or more people	1.5%	(±0.5)
109. During your life, with whom have you had sexual contact? Choose all that apply. †		
	(n=2,214)	
I have never had sexual contact	82.9%	(±3.1)
Females	10.3%	(±2.1)
Males	8.4%	(±1.6)
Other	0.8%	(±0.5)
110. The last time you had sex, what method(s) did you or your partner use to prevent pregnancy and/or sexually transmitted infections (STIs)? Choose all that you used. †		
	(n=2,203)	
I have never had sex.	84.4%	(±2.9)
No method was used	3.0%	(±1.0)
Birth control pills	4.0%	(±1.1)
Condoms	11.2%	(±2.1)
Dental dam	0.2%	(±0.2)
An IUD or implant (such as Mirena or ParaGard; Implanon or Nexplanon)	1.5%	(±0.7)
A shot (such as Depo-Provera)	0.5%	(±0.3)
Patch or birth control ring (such as Xulane; NuvaRing)	0.5%	(±0.3)
Withdrawal	2.0%	(±0.8)
Some other method	0.9%	(±0.4)
Not sure	0.8%	(±0.5)

Behaviors Related to Unintentional Injury

[Questions 111-112 appear only on the elementary version of the survey.]

	Statewide % (±CI) (n=2,989)	
113. Have you ever had a bump, hit, or jolt to the head that made it difficult to study or complete school work?		
Yes	23.7%	(±1.9)
No	76.3%	(±1.9)
114. How good a swimmer do you think you are?		
	(n=3,024)	
Good	50.5%	(±3.3)
So-so	32.7%	(±1.7)
Not good	8.2%	(±1.3)
Can't swim	8.5%	(±2.0)
115. Have you ever taken formal swimming lessons?		
	(n=3,039)	
Yes	58.0%	(±5.7)
No	38.2%	(±5.6)
Not sure	3.8%	(±0.9)
116. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
	(n=2,939)	
0 times	88.1%	(±1.6)
1 time	5.3%	(±0.8)
2-3 times	4.3%	(±0.9)
4-5 times	0.9%	(±0.3)
6 or more times	1.5%	(±0.6)
117. Who was driving?		
	(n=2,929)	
I did not ride in a car/vehicle with someone who had been drinking alcohol in the past 30 days.	89.0%	(±1.5)
My parent/guardian	4.9%	(±1.0)
My sibling	0.5%	(±0.3)
Other family member	0.9%	(±0.4)
Friend/acquaintance	2.2%	(±0.6)
Coworker	0.1%	(±0.1)
Other	2.4%	(±0.5)

[Question 118 appears only on the elementary version of the survey.]

	(n=6,102)	
119. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?		
I did not drive a car or other vehicle during the past 30 days.	58.1%	(±2.9)
0 times	41.0%	(±2.9)
1 time	0.3%	(±0.1)
2 - 3 times	0.2%	(±0.1)
4 - 5 times	0.1%	(±0.1)
6 or more times	0.3%	(±0.2)

120. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been using marijuana?	Statewide	
	% (±CI)	
	(n=2,920)	
0 times	89.0%	(±1.9)
1 time	3.7%	(±0.8)
2-3 times	3.1%	(±0.6)
4-5 times	1.0%	(±0.4)
6 or more times	3.2%	(±1.1)

121. Who was driving?	(n=2,907)	
I did not ride in a car/vehicle with someone who had been using marijuana in the past 30 days.	89.7%	(±1.9)
My parent/guardian	3.2%	(±1.2)
My sibling	1.0%	(±0.4)
Other family member	0.7%	(±0.3)
Friend/Acquaintance	3.0%	(±0.7)
Coworker	0.1%	(±0.1)
Other	2.2%	(±0.7)

122. During the past 30 days, how many times did you drive a car or other vehicle within three hours after using marijuana?	(n=6,095)	
I did not drive a car or other vehicle during the past 30 days.	58.0%	(±3.0)
0 times	40.5%	(±2.9)
1 time	0.5%	(±0.1)
2 - 3 times	0.4%	(±0.2)
4 - 5 times	0.1%	(±0.1)
6 or more times	0.5%	(±0.2)

123. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol and using marijuana at the same time?	(n=6,095)	
I did not drive a car or other vehicle during the past 30 days.	58.1%	(±3.0)
0 times	41.0%	(±2.9)
1 time	0.2%	(±0.1)
2 - 3 times	0.2%	(±0.1)
4 - 5 times	0.1%	(±0.1)
6 or more times	0.3%	(±0.2)

[Question 124 appears only on the elementary version of the survey.]

125. During the past 30 days, how many times did you text or email while driving a car or other vehicle?	(n=6,138)	
I did not drive a car or other vehicle during the past 30 days.	52.6%	(±3.0)
0 times	39.6%	(±2.7)
1 time	3.2%	(±0.5)
2 - 3 times	2.4%	(±0.4)
4 - 5 times	0.5%	(±0.1)
6 or more times	1.8%	(±0.4)

Behaviors Related to Intentional Injury

	Statewide % (±CI) (n=6,148)
126. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?	
0 days	97.4% (±0.6)
1 - 5 days	1.2% (±0.4)
6 or more days	1.0% (±0.3)
I have not been on school property in the past 30 days.	0.4% (±0.2)
127. During the past 12 months, how many times were you in a physical fight?	(n=6,146)
0 times	84.3% (±1.5)
1 time	8.2% (±1.0)
2-3 times	4.6% (±0.7)
4-5 times	1.0% (±0.2)
6 or more times	1.9% (±0.4)
128. A gang is a group of people with a leader who act together often for violent or illegal activities. During the past 12 months, have you been a member of a gang?	(n=6,140)
No	97.9% (±0.5)
Yes	2.1% (±0.5)
129. Are there gangs at your school?	(n=6,158)
No	25.0% (±4.2)
Yes	15.2% (±4.0)
Don't know	59.8% (±3.8)

Physical, Emotional and Sexual Abuse

130. Not counting TV, movies, video games, and sporting events, have you seen an adult hit, slap, punch, shove, kick, or otherwise physically hurt another adult more than one time?	(n=3,017)
No	75.5% (±2.7)
Yes	24.5% (±2.7)
131. Has an adult ever physically hurt you on purpose (like pushed, slapped, hit, kicked or punched you), leaving a mark, bruise or injury?	(n=2,981)
No	79.7% (±2.5)
Yes	20.3% (±2.5)
132. How often does a parent or adult in your home swear at you, insult you, put you down or humiliate you?	(n=3,012)
Never or almost never	68.3% (±3.0)
Sometimes	21.6% (±2.0)
Often	5.8% (±0.9)
Very often	4.3% (±1.0)

133. Sometimes kids are in a position where they really need money for food or a place to stay. Have you ever traded sex for money, drugs, a place to stay, a cell phone, or something else that you needed?	Statewide % (±CI) (n=2,985)
Yes	1.9% (±0.5)
No	94.1% (±1.2)
Unsure	1.4% (±0.5)
I don't know what this question is asking.	2.5% (±0.8)

134. During the past 12 months, did someone you were dating or going out with ever limit your activities, threaten you, or make you feel unsafe in any other way?	(n=3,020)
I did not date or go out with anyone during the past 12 months.	48.2% (±2.7)
No	44.6% (±2.1)
Yes	7.1% (±1.2)

135. In the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)	(n=3,022)
I did not date or go out with anyone during the past 12 months.	51.2% (±2.7)
0 times	44.7% (±2.4)
1 time	1.5% (±0.4)
2 or 3 times	1.3% (±0.5)
4 or 5 times	0.4% (±0.3)
6 or more times	0.9% (±0.3)

136. Have you ever seen someone about your age pressure someone else to kiss, touch, or have sex when they did not want to? †	(n=2,488)
Yes	19.6% (±2.3)
No	80.4% (±2.3)

137. Have you ever been in a situation where someone made you engage in kissing, sexual touch or having sex when you did not want to? †	(n=2,487)
Yes	15.0% (±2.3)
No	85.0% (±2.3)

Mental Health

138. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	(n=6,046)
Yes	29.9% (±3.3)
No	70.1% (±3.3)

139. During the past 12 months, did you ever seriously consider attempting suicide?	(n=6,015)
Yes	14.5% (±1.7)
No	85.5% (±1.7)

140. During the past 12 months, did you make a plan about how you would attempt suicide?	Statewide % (±CI) (n=3,041)	
Yes	11.6%	(±2.0)
No	88.4%	(±2.0)

141. During the past 12 months, how many times did you actually attempt suicide?	(n=3,034)	
0 times	92.9%	(±1.1)
1 time	4.6%	(±0.7)
2-3 times	1.7%	(±0.6)
4-5 times	0.3%	(±0.2)
6 or more times	0.5%	(±0.3)

[Questions 142-143 appear only on the elementary version of the survey.]

144. How often over the last 2 weeks, were you bothered by feeling nervous, anxious or on edge?	(n=6,091)	
Not at all	38.3%	(±2.1)
Several days	31.1%	(±1.7)
More than half the days	14.7%	(±1.0)
Nearly every day	15.9%	(±1.7)

145. How often over the last 2 weeks, were you bothered by not being able to stop or control worrying?	(n=6,074)	
Not at all	51.0%	(±2.4)
Several days	24.0%	(±1.3)
More than half the days	12.6%	(±0.9)
Nearly every day	12.5%	(±1.4)

146. When you feel sad or hopeless, are there adults that you can turn to for help?	(n=2,957)	
I never feel sad or hopeless.	16.1%	(±1.8)
Yes	59.4%	(±2.7)
No	12.3%	(±1.6)
Not sure	12.3%	(±1.4)

147. If you feel sad or hopeless almost every day for two weeks or more in a row, to whom would you most likely turn for help? Choose all that apply.	(n=3,001)	
Sibling or cousin	32.0%	(±2.2)
Teacher, school counselor, or other adult in my school	12.2%	(±1.5)
Friend or peer	51.4%	(±2.4)
Parent/Guardian	45.1%	(±2.4)
Religious/faith leader	6.6%	(±1.4)
Coach	7.3%	(±1.2)
Other adult that's not my parent	11.2%	(±1.8)
I don't have anyone I would talk to.	10.4%	(±1.6)
I have not felt sad or hopeless for two weeks or more in a row.	30.7%	(±2.8)

	Statewide % (±CI) (n=3,092)	
148. Last year, did you hear or see information at your school about the warning signs of suicide and how to get help for yourself or a friend?		
Yes	56.1%	(±5.2)
No	24.8%	(±3.6)
Not sure	19.1%	(±2.1)
149. How often do you experience increased social anxiety due to your Internet use.		
	(n=2,984)	
Never	52.2%	(±3.3)
Rarely	26.1%	(±2.4)
Sometimes	13.5%	(±1.9)
Often	5.9%	(±1.1)
Very often	2.3%	(±0.5)
150. How often do you feel withdrawal when away from the Internet.		
	(n=2,979)	
Never	53.6%	(±2.8)
Rarely	25.8%	(±1.7)
Sometimes	13.9%	(±1.5)
Often	4.6%	(±0.9)
Very often	2.1%	(±0.6)
151. How often do you lose motivation to do other things that need to get done because of the Internet.		
	(n=2,985)	
Never	40.3%	(±3.4)
Rarely	22.1%	(±1.7)
Sometimes	21.7%	(±1.8)
Often	10.9%	(±1.7)
Very often	5.0%	(±0.9)

COVID-19

Students were asked about three strategies to prevent the spread of COVID. They were also asked if they have worries related to how the pandemic might affect their lives.

There are things we can all do to stop the spread of certain illnesses like the flu, colds and COVID. Please rate how often you usually:

	(n=2,922)	
152. Wash your hands or use hand sanitizer between activities.		
Never	4.6%	(±0.9)
Only some of the time	14.7%	(±1.7)
About half of the time	19.4%	(±1.3)
Most of the time	35.8%	(±1.7)
All the time	25.6%	(±2.4)

	Statewide % (±CI) (n=2,913)	
153. Wear a mask when you are near people you don't live with.		
Never	60.5%	(±3.5)
Only some of the time	18.0%	(±2.9)
About half of the time	5.1%	(±0.9)
Most of the time	6.8%	(±0.9)
All the time	9.6%	(±1.4)

	(n=2,921)	
154. Stay home if you feel sick.		
Never	4.8%	(±0.7)
Only some of the time	21.6%	(±2.0)
About half of the time	17.4%	(±1.9)
Most of the time	33.3%	(±2.8)
All the time	22.9%	(±1.8)

How much are you worried right now about the following things as a result of the COVID pandemic?

	(n=2,889)	
155. Your parents or guardians losing their job(s)?		
Not at all worried	75.0%	(±2.9)
A little worried	16.1%	(±1.9)
Pretty worried	5.5%	(±0.9)
Extremely worried	3.3%	(±0.9)

	(n=2,889)	
156. Your family being unable to afford rent or housing?		
Not at all worried	73.3%	(±3.2)
A little worried	15.3%	(±1.6)
Pretty worried	7.1%	(±1.3)
Extremely worried	4.2%	(±1.1)

	(n=2,886)	
157. Not having enough food to eat?		
Not at all worried	80.2%	(±3.2)
A little worried	11.3%	(±1.7)
Pretty worried	4.8%	(±1.0)
Extremely worried	3.7%	(±1.1)

Gambling

158. "Gambling" means betting money or possessions either in person or online, including video poker, phone apps, e-sports, etc. In the past 12 months, has YOUR gambling ever caused you problems at home, school or with your friends?

	(n=3,654)	
No, I have not gambled.	90.0%	(±1.0)
No, I have gambled but it has not caused problems.	8.8%	(±0.9)
Yes, I have gambled and it has caused problems.	1.2%	(±0.4)

School Climate

In the past few years Washington State has given increased attention to supportive learning environments. Students need a safe, nurturing, healthy, and civil learning environment if they are to be successful in school. This section provides information about student perceptions of school climate.

159. "Bullying" is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way. In the last 30 days, how often have you been bullied?

Statewide
% (±CI)
(n=6,130)

I have not been bullied.	83.4%	(±2.2)
Once	7.3%	(±0.9)
2 - 3 times	4.9%	(±1.1)
About once a week	2.0%	(±0.4)
Several times a week	2.5%	(±0.5)

160. In the past 30 days, how often have you been bullied by someone using social media, a phone, or video games?

(n=3,034)

I have not been bullied.	86.3%	(±1.7)
Once	7.1%	(±0.9)
2 - 3 times	3.7%	(±0.8)
About once a week	1.0%	(±0.4)
Several times a week	1.9%	(±0.5)

161. In the past 30 days, how often were you bullied, harassed, or intimidated because of your race, ethnicity, or national origin or what someone thought it was?

(n=3,044)

0 times	87.3%	(±1.2)
1 time	5.8%	(±0.8)
2 - 3 times	3.7%	(±0.7)
About once a week	1.2%	(±0.5)
Several times a week or more	2.1%	(±0.6)

162. In the past 30 days, how often were you bullied, harassed, or intimidated because someone thought you were LGBTQ+ (whether you are or are not)?

(n=3,011)

0 times	87.1%	(±1.7)
1 time	6.2%	(±1.0)
2 - 3 times	4.0%	(±0.7)
About once a week	1.0%	(±0.4)
Several times a week or more	1.7%	(±0.5)

163. When a student is being bullied, how often do teachers or other adults at school try to put a stop to it?

(n=2,965)

Almost always	19.3%	(±2.1)
Often	24.4%	(±1.9)
Sometimes	25.9%	(±1.9)
Once in a while	17.3%	(±1.8)
Almost never	13.2%	(±1.8)

	Statewide % (±CI) (n=3,022)
164. If you see bullying or have been bullied during school do you know how to report it?	
Yes	69.5% (±3.4)
No	14.4% (±2.1)
Not sure	16.1% (±2.4)
165. During school, how often have you felt that you were treated badly or unfairly because of your race or ethnicity?	
	(n=3,065)
Never	75.6% (±2.7)
Rarely	14.5% (±2.1)
Sometimes	7.3% (±1.3)
Most of the time	1.4% (±0.5)
Always	1.2% (±0.4)
166. During the past 30 days, have you received messages, images, photos, or videos via text, app, or social media that are sexual?	
	(n=3,005)
Yes	18.2% (±2.0)
No	81.8% (±2.0)
167. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe on your way to and from school?	
	(n=3,053)
0 days	93.9% (±1.3)
1 day	2.8% (±0.8)
2 or 3 days	1.9% (±0.5)
4 or 5 days	0.4% (±0.2)
6 or more days	0.7% (±0.3)
I did not travel to school in the past 30 days.	0.3% (±0.2)
168. During the past 30 days, on how many days did you not participate in school activities because you felt unsafe?	
	(n=3,032)
0 days	92.8% (±1.4)
1 day	3.4% (±0.8)
2 or 3 days	1.9% (±0.4)
4 or 5 days	0.8% (±0.4)
6 or more days	1.0% (±0.4)
169. Does your school provide a staff member (such as a nurse, counselor, intervention specialist) for students to discuss problems with alcohol, tobacco, or other drugs?	
	(n=3,022)
No	6.6% (±1.1)
Yes	60.8% (±3.5)
Not sure	32.6% (±3.3)
170. In the last year, did you have any contact with a school support personnel (such as a school counselor, nurse, social worker, intervention specialist, mental health counselor, therapist)?	
	(n=2,955)
Yes	32.5% (±2.1)
No, I was referred to someone but did not meet with them.	4.6% (±0.9)
No, we don't have anyone in that role at my school.	1.9% (±0.6)
No, I did not want/need to contact someone in this role.	61.0% (±2.2)

	Statewide % (\pm CI) (n=2,978)	
171. There are people from my school who will help me if I need it?		
Yes	76.8%	(\pm 1.9)
No	5.5%	(\pm 1.1)
Not sure	17.7%	(\pm 1.7)
172. Last year in school, were you taught about abstinence (not having sex) to prevent sexually transmitted infections (STIs) and pregnancy?		
	(n=3,044)	
Yes	69.0%	(\pm 7.3)
No	21.5%	(\pm 5.3)
Not sure	9.5%	(\pm 2.4)
173. Last year in school, were you taught about ways other than abstinence to prevent sexually transmitted infections (STIs) and pregnancy?		
	(n=3,036)	
Yes	70.3%	(\pm 7.4)
No	19.5%	(\pm 5.2)
Not sure	10.2%	(\pm 2.7)
174. Last year in school, were you taught about affirmative consent and healthy relationships?		
	(n=3,031)	
Yes	75.5%	(\pm 4.8)
No	15.6%	(\pm 3.4)
Not sure	9.0%	(\pm 2.0)

Children's Hope Scale

Hope reflects a future orientated mindset and motivational process by which an individual has an expectation toward attaining a desirable goal. Research has linked hope with overall physical, psychological, and social well-being. This section introduces the Children's Hope Scale, an assessment of agency (ability to initiate and sustain action towards goals) and pathways (capacity to find a means to carry out goals).

	Statewide % (\pm CI) (n=5,841)	
175. Children's Hope Scale (Computed from questions 176 to 179)		
No or very low hope	7.8%	(\pm 1.2)
Slightly hopeful	21.0%	(\pm 1.9)
Moderately hopeful	27.9%	(\pm 1.3)
Highly hopeful	43.3%	(\pm 2.9)
176. I can think of many ways to get the things in life that are most important to me.		
	(n=5,967)	
None of the time	4.6%	(\pm 0.9)
A little of the time	8.5%	(\pm 1.2)
Some of the time	25.4%	(\pm 1.6)
A lot of the time	24.6%	(\pm 1.3)
Most of the time	22.6%	(\pm 2.0)
All of the time	14.3%	(\pm 1.1)

	Statewide % (±CI) (n=5,964)	
177. I am doing just as well as other kids my age.		
None of the time	6.1%	(±0.9)
A little of the time	12.1%	(±1.8)
Some of the time	21.4%	(±1.1)
A lot of the time	17.5%	(±1.1)
Most of the time	23.3%	(±1.8)
All of the time	19.6%	(±1.5)
178. When I have a problem, I can come up with lots of ways to solve it.		
	(n=5,903)	
None of the time	4.9%	(±1.0)
A little of the time	11.8%	(±1.6)
Some of the time	26.2%	(±1.4)
A lot of the time	20.4%	(±1.3)
Most of the time	22.2%	(±1.9)
All of the time	14.5%	(±1.3)
179. I think the things I have done in the past will help me in the future.		
	(n=5,962)	
None of the time	8.3%	(±1.2)
A little of the time	12.9%	(±1.4)
Some of the time	23.2%	(±1.4)
A lot of the time	17.9%	(±1.0)
Most of the time	20.9%	(±1.8)
All of the time	16.8%	(±1.3)

Washington Healthy Youth Survey – Adverse Childhood Experiences Scale (WAH-ACEs)

Eleven questions from the HYS were selected to be included in the WAH-ACEs score based on review of public health, social work, and psychology literature on adverse experiences among children, youth and young adults and the association with short and long-term effects on their health and wellbeing. These questions addressed the topics identified in the literature review, including intimate partner violence, physical or sexual abuse by an adult, safety in school, bullying, and financial hardship, among other topics. Some adverse experiences identified in the literature were not captured in HYS questions and could therefore not be included in WAH-ACEs (e.g., neglect).

For each question, a student could get a value of 0 or 1 and these were added up to create their final score. Sometimes students did not answer all questions on the survey; the WAH-ACEs score accounts for any missing answers to give schools and districts a more precise picture of what their students are experiencing. For more information about the WAH-ACEs, please see [WAH-ACEs Interpretive Guide](#).

	(n=5,082)	
180. Adverse Childhood Experiences Scale (WAH-ACEs)		
0 ACEs	42.3%	(±3.6)
1 ACEs	22.5%	(±1.5)
2 ACEs	12.0%	(±1.2)
3 ACEs	7.1%	(±0.6)
4 or more ACEs	16.1%	(±2.2)

Social & Emotional Learning

Social Emotional Learning (SEL) is broadly understood as a process through which individuals build awareness and skills in managing emotions, setting goals, establishing relationships, and making responsible decisions that support success in school and in life.

	Statewide
	% (±CI)
	(n=3,089)
181. I know how to disagree without starting a fight or argument.	
Strongly agree	31.2% (±2.5)
Agree	55.4% (±2.5)
Disagree	10.2% (±1.3)
Strongly disagree	3.2% (±0.6)
182. When I have problems at school, I am good at finding ways to solve them.	
	(n=3,088)
Strongly agree	23.1% (±2.7)
Agree	59.3% (±2.3)
Disagree	14.6% (±1.9)
Strongly disagree	3.0% (±0.7)
183. When I make a decision, I think about what might happen afterward.	
	(n=3,075)
Strongly agree	26.1% (±2.1)
Agree	53.2% (±2.4)
Disagree	16.5% (±1.8)
Strongly disagree	4.2% (±0.6)
184. I try to understand how other people feel and think.	
	(n=3,074)
Strongly agree	39.5% (±2.6)
Agree	49.3% (±2.2)
Disagree	8.4% (±1.4)
Strongly disagree	2.8% (±0.6)

Risk and Protective Factors

Decades of research have shown that certain risk factors are associated with increased likelihood of health risk behaviors including alcohol, tobacco, and other drug (ATOD) use, violence, and delinquent behaviors. Similarly, research from the University of Washington Social Development Research Group has shown that protective factors exert a positive influence against the negative influence of risk factors. The premise of the risk reduction and protective factor enhancement approach to prevention is that preventing a problem before it occurs requires addressing the factors that predict the problem. Ideally, this strategy entails discovering the causes of the problem behavior and influencing those causes. Many of the survey questions were used to assess students' status on risk and protective factors in the community, school, family, and peer-individual domains. Composite scales were computed for each of these domains for program planning. For more information on risk and protective factors, please see the HYS fact sheet "What Are Risk and Protective Factors?" at: <https://www.askhys.net/SurveyResults/FactSheets>.

Risk and Protective Factor Graph of All Scale Results

For each risk factor scale, the percentage of students who are at risk (i.e., who agreed with statements that predict ATOD use or other problem behaviors) is reported; higher percentages indicate that more students are likely to engage in problem behaviors. For each protective factor scale, the percentage of students who are resilient (i.e., who agreed with statements that predict the ability to resist ATOD use or other problem behaviors) is reported; higher percentages indicate that fewer students are likely to engage in problem behaviors. These percentages are based on computational methods provided by the University of Washington's Social Development Research Group.

Family Domain

Risk Factors

Statewide

% (±CI)

Poor Family Management (Questions 206-213)

(n=2,990)
25.9% (±2.3)

Parental Attitudes Favorable Towards Drug Use (Questions 220-222)

(n=3,054)
42.3% (±3.1)

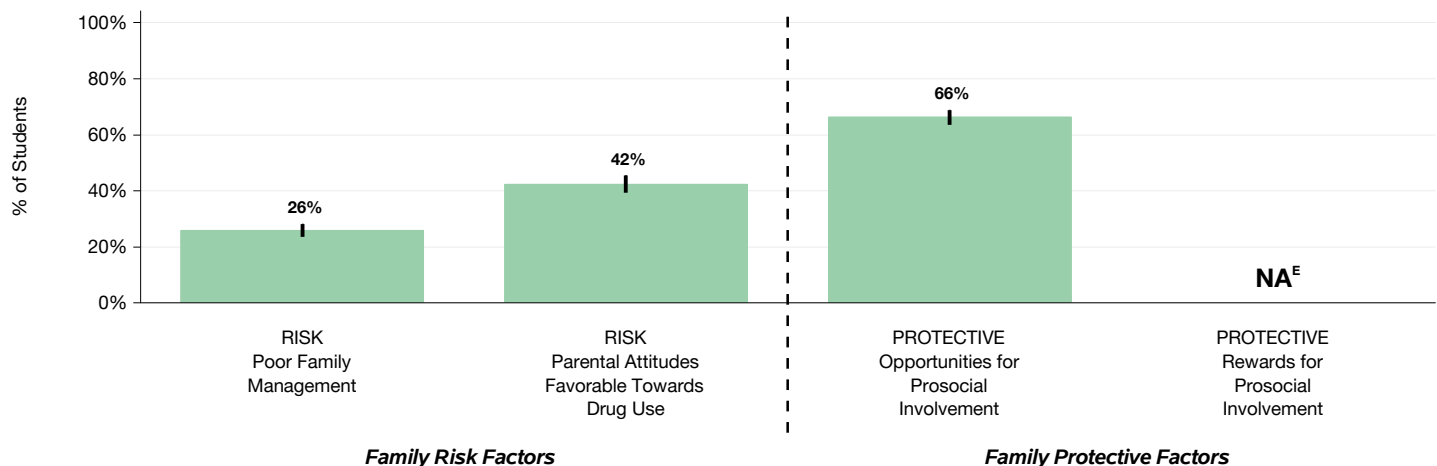
Protective Factors

Opportunities for Prosocial Involvement (Questions 214-216)

(n=3,048)
66.2% (±2.7)

Rewards for Prosocial Involvement (Questions 217-219)

NA^E



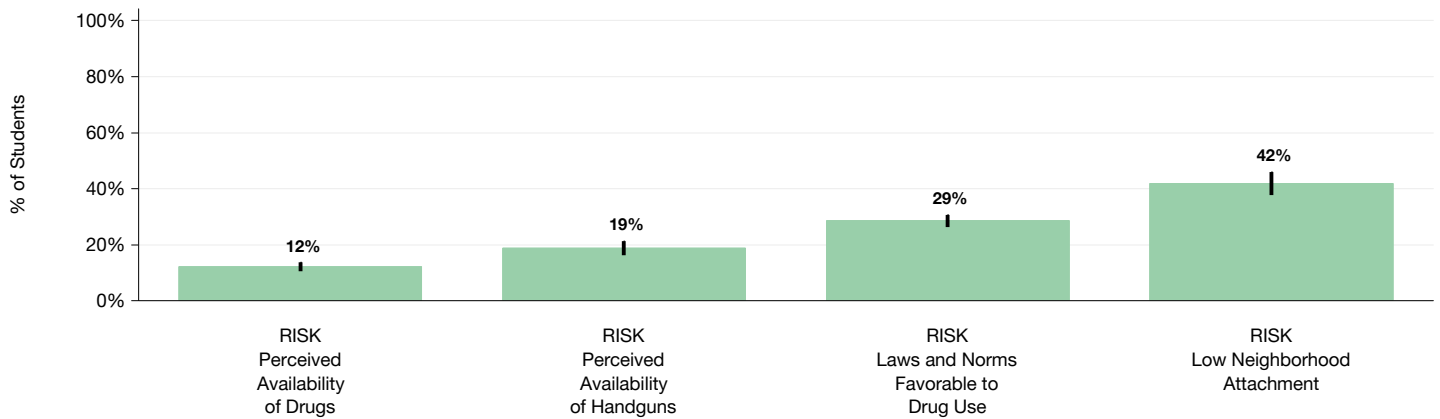
Community Domain

Risk Factors

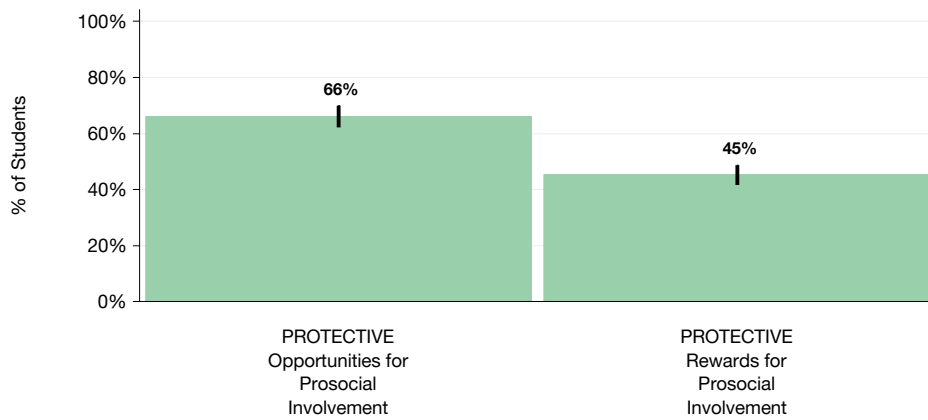
	Statewide
	% (±CI)
Perceived Availability of Drugs (Questions 185-188)	(n=3,078) 12.1% (±1.6)
Perceived Availability of Hand Guns (Question 189)	(n=3,575) 18.8% (±2.6)
Laws and Norms Favorable to Drug Use (Questions 190-195)	(n=3,068) 28.5% (±2.2)
Low Neighborhood Attachment (Questions 196-198)	(n=3,047) 41.9% (±4.2)

Protective Factors

Opportunities for Prosocial Involvement (Questions 199-202)	(n=2,942) 66.0% (±3.8)
Rewards for Prosocial Involvement (Questions 203-205)	(n=2,952) 45.3% (±3.5)



Community Risk Factors



Community Protective Factors

Note: NA^S = included only on the secondary version; NA^E = included only on the elementary version.

School Domain

Risk Factors

Statewide

% (±CI)

Academic Failure Questions (Questions 223-224)

(n=3,490)
43.6% (±2.7)

Low Commitment to School (Questions 224-231)

(n=3,051)
51.7% (±3.1)

Protective Factors

Opportunities for Prosocial Involvement (Questions 232-236)

(n=3,030)
70.4% (±2.2)

Rewards for Prosocial Involvement (Questions 237-240)

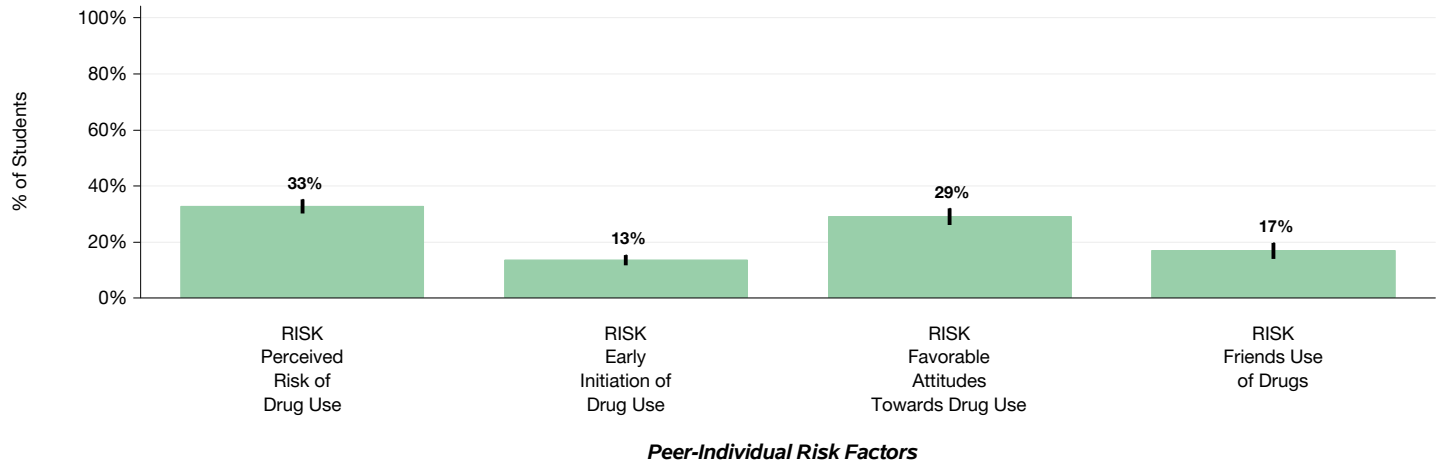
(n=2,968)
65.1% (±3.5)



Peer-Individual Domain

Risk Factors

Risk Factors	Statewide % (±CI)
Perceived Risk of Drug Use (Questions 241-244)	(n=3,011) 32.6% (±2.5)
Early Initiation of Drug Use (Questions 245-247)	(n=5,684) 13.5% (±1.9)
Favorable Attitudes Toward Drug Use (Questions 248-251)	(n=3,176) 29.1% (±2.9)
Friends Use Drugs (Questions 252-255)	(n=3,070) 16.9% (±2.8)



Risk and Protective Factors: Individual Question Results

The remainder of the report provides results for the individual survey questions used to compute the risk and protective factors.

Community Domain

Perceived Availability of Drugs (Questions 185-188)

	Statewide % (±CI) (n=3,073)
185. If you wanted to get some beer, wine, or hard liquor, how easy would it be for you to get some?	
Very hard	35.5% (±3.3)
Sort of hard	24.6% (±1.8)
Sort of easy	22.6% (±1.7)
Very easy	17.3% (±1.8)
186. If you wanted to get some cigarettes, how easy would it be for you to get some?	
	(n=3,072)
Very hard	55.2% (±3.7)
Sort of hard	23.0% (±2.4)
Sort of easy	12.5% (±1.5)
Very easy	9.3% (±1.1)
187. If you wanted to get some marijuana, how easy would it be for you to get some?	
	(n=3,064)
Very hard	50.8% (±4.0)
Sort of hard	18.4% (±1.9)
Sort of easy	15.5% (±1.7)
Very easy	15.3% (±2.0)
188. If you wanted to get a drug like cocaine, LSD, or amphetamines, how easy would it be for you to get some?	
	(n=3,070)
Very hard	80.0% (±2.2)
Sort of hard	12.4% (±1.6)
Sort of easy	4.6% (±0.9)
Very easy	3.0% (±0.6)

Perceived Availability of Hand Guns (Question 189)

	(n=3,575)
189. If you wanted to get a handgun, how easy would it be for you to get one?	
Very hard	55.7% (±3.5)
Sort of hard	25.5% (±1.9)
Sort of easy	12.5% (±2.0)
Very easy	6.3% (±1.3)

Laws and Norms Favorable to Drug Use (Questions 190-195)

How wrong would most adults in your neighborhood or community think it was for kids your age:

	Statewide % (±CI) (n=3,041)
190. To use marijuana?	
Very wrong	58.0% (±3.4)
Wrong	28.4% (±2.2)
A little bit wrong	10.7% (±1.5)
Not wrong at all	2.9% (±0.7)
191. To drink alcohol?	
	(n=3,040)
Very wrong	52.4% (±3.3)
Wrong	31.5% (±2.1)
A little bit wrong	13.1% (±1.7)
Not wrong at all	3.0% (±0.7)
192. To smoke cigarettes?	
	(n=3,036)
Very wrong	65.0% (±3.0)
Wrong	27.4% (±2.3)
A little bit wrong	5.9% (±0.9)
Not wrong at all	1.7% (±0.7)
193. If a kid drank some beer, wine, or hard liquor in your neighborhood or community, would they be caught by the police?	
	(n=2,990)
NO!	16.5% (±1.3)
No	47.1% (±3.0)
yes	26.7% (±2.1)
YES!	9.7% (±1.8)
194. If a kid carried a handgun in your neighborhood or community, would they be caught by the police?	
	(n=2,985)
NO!	10.2% (±1.3)
No	23.7% (±1.7)
yes	39.2% (±2.0)
YES!	26.9% (±2.2)
195. If a kid used marijuana in your neighborhood or community, would they be caught by the police?	
	(n=2,983)
NO!	17.8% (±1.7)
No	43.2% (±3.0)
yes	27.3% (±1.8)
YES!	11.6% (±2.2)

Low Neighborhood Attachment (Questions 196-198)

	Statewide % (±CI) (n=3,044)
196. I'd like to get out of my neighborhood or community.	
NO!	27.7% (±2.6)
No	45.7% (±2.6)
yes	18.8% (±2.7)
YES!	7.9% (±1.4)
197. If I had to move, I would miss the neighborhood or community I now live in.	
	(n=3,044)
NO!	7.9% (±1.2)
No	25.1% (±2.7)
yes	43.7% (±2.0)
YES!	23.3% (±2.2)
198. I like my neighborhood / community.	
	(n=3,042)
NO!	5.2% (±1.1)
No	15.5% (±1.9)
yes	57.6% (±2.3)
YES!	21.7% (±2.3)

Opportunities for Prosocial Involvement (Questions 199-202)

	(n=3,084)
199. There are adults in my neighborhood or community I could talk to about something important.	
NO!	11.3% (±1.3)
No	23.1% (±1.7)
yes	46.0% (±1.8)
YES!	19.6% (±2.0)

Which of the following activities for people your age are available in your neighborhood or community?

	(n=3,068)
200. Sports teams and recreation	
Yes	81.6% (±3.0)
No	18.4% (±3.0)
201. Scouts, Camp Fire, 4-H Clubs, cultural activities, or other service clubs	
	(n=3,000)
Yes	66.6% (±4.0)
No	33.4% (±4.0)
202. Boys and Girls Club, YMCA, or other activity clubs	
	(n=3,029)
Yes	70.5% (±4.5)
No	29.5% (±4.5)

Rewards for Prosocial Involvement (Questions 203-205)

	Statewide % (±CI) (n=2,952)
203. My neighbors notice when I am doing a good job and let me know.	
NO!	31.9% (±2.7)
No	44.0% (±2.3)
yes	20.1% (±1.9)
YES!	4.0% (±0.9)
204. There are people in my neighborhood or community who encourage me to do my best.	
	(n=2,952)
NO!	24.6% (±2.4)
No	33.3% (±2.4)
yes	33.6% (±3.0)
YES!	8.5% (±1.5)
205. There are people in my neighborhood or community who are proud of me when I do something well.	
	(n=2,940)
NO!	24.4% (±2.1)
No	33.2% (±2.3)
yes	33.8% (±2.9)
YES!	8.6% (±1.4)

Family Domain

Poor Family Management (Questions 206-213)

206. My parent or guardian asks if I've gotten my homework done.	
	(n=3,070)
NO!	4.7% (±0.8)
No	12.4% (±1.4)
yes	45.6% (±2.3)
YES!	37.2% (±3.3)
207. Would your parent or guardian know if you did not come home on time?	
	(n=3,048)
NO!	2.1% (±0.5)
No	8.4% (±1.0)
yes	44.0% (±2.3)
YES!	45.5% (±2.8)
208. When I am not at home, one of my parents or guardians knows where I am and who I am with.	
	(n=3,042)
NO!	1.5% (±0.4)
No	7.5% (±1.1)
yes	45.9% (±2.3)
YES!	45.1% (±2.6)

	Statewide % (\pm CI) (n=3,041)	
209. The rules in my family are clear.		
NO!	2.0%	(\pm 0.4)
No	9.6%	(\pm 1.1)
yes	49.2%	(\pm 2.4)
YES!	39.2%	(\pm 2.7)
210. My family has clear rules about alcohol and drug use.		
	(n=3,041)	
NO!	2.0%	(\pm 0.4)
No	8.6%	(\pm 1.3)
yes	35.7%	(\pm 2.7)
YES!	53.7%	(\pm 3.4)
211. If you drank some beer, wine, or liquor without your parent's or guardian's permission, would you be caught by them?		
	(n=2,983)	
NO!	8.3%	(\pm 1.0)
No	31.1%	(\pm 2.9)
yes	34.5%	(\pm 1.9)
YES!	26.1%	(\pm 3.1)
212. If you carried a handgun without your parent's or guardian's permission, would you be caught by them?		
	(n=2,980)	
NO!	4.1%	(\pm 0.7)
No	12.0%	(\pm 1.2)
yes	34.2%	(\pm 2.3)
YES!	49.7%	(\pm 2.6)
213. If you skipped school, would you be caught by your parent(s)/guardian(s)?		
	(n=2,993)	
NO!	3.2%	(\pm 0.6)
No	7.4%	(\pm 1.4)
yes	34.8%	(\pm 2.3)
YES!	54.7%	(\pm 2.9)

Opportunities for Prosocial Involvement (Questions 214-216)

214. If I had a personal problem, I could ask my parent or guardian for help.		
	(n=3,046)	
NO!	5.4%	(\pm 0.8)
No	13.3%	(\pm 1.4)
yes	44.9%	(\pm 1.7)
YES!	36.4%	(\pm 2.0)
215. My parent or guardian gives me lots of chances to do fun things with them.		
	(n=3,035)	
NO!	3.2%	(\pm 0.7)
No	14.2%	(\pm 2.0)
yes	49.9%	(\pm 1.9)
YES!	32.7%	(\pm 2.2)

216. My parent or guardian asks me what I think before most family decisions affecting me are made.	Statewide	
	% (±CI)	
	(n=3,033)	
NO!	8.7%	(±1.6)
No	21.1%	(±1.8)
yes	45.5%	(±1.8)
YES!	24.7%	(±2.2)

Rewards for Prosocial Involvement (Questions 217-219)

[Questions 217-219 appear only on the elementary version of the survey.]

Parental Attitudes Favorable Towards Drug Use (Questions 220-222)

How wrong does your parent or guardian feel it would be for you to:

220. Drink beer, wine, or hard liquor regularly (at least once or twice a month)?

	(n=3,047)	
Very wrong	63.5%	(±3.0)
Wrong	21.8%	(±2.0)
A little bit wrong	10.6%	(±1.6)
Not wrong at all	4.2%	(±0.9)

221. Smoke cigarettes?

	(n=3,055)	
Very wrong	84.5%	(±2.0)
Wrong	12.2%	(±1.4)
A little bit wrong	2.2%	(±0.7)
Not wrong at all	1.0%	(±0.3)

222. Use marijuana?

	(n=3,052)	
Very wrong	75.1%	(±2.8)
Wrong	15.3%	(±1.7)
A little bit wrong	7.0%	(±1.4)
Not wrong at all	2.7%	(±0.7)

School Domain

Academic Failure Questions (Questions 223-224)

223. Putting them all together, what were your grades like last year?

	(n=6,173)	
Mostly As	46.4%	(±5.4)
Mostly Bs	28.9%	(±2.3)
Mostly Cs	15.3%	(±2.1)
Mostly Ds	5.8%	(±1.2)
Mostly Fs	3.5%	(±1.0)

224. Are your school grades better than the grades of most students in your class?	Statewide % (±CI) (n=3,651)	
NO!	6.8%	(±1.2)
No	31.8%	(±1.6)
yes	46.9%	(±1.8)
YES!	14.5%	(±1.5)

Low Commitment to School (Questions 225-231)

225. How often do you feel the schoolwork you are assigned is meaningful and important?	(n=3,075)	
Almost always	6.9%	(±1.1)
Often	20.4%	(±2.1)
Sometimes	40.8%	(±1.9)
Seldom	21.5%	(±2.1)
Never	10.3%	(±1.5)

226. How interesting are most of your courses to you?	(n=3,064)	
Very interesting and stimulating	5.5%	(±0.9)
Quite interesting	23.0%	(±2.0)
Fairly interesting	40.3%	(±2.6)
Slightly dull	22.8%	(±2.3)
Very dull	8.4%	(±1.2)

227. How important do you think the things you are learning in school are going to be for you later in life?	(n=3,045)	
Very important	8.9%	(±1.3)
Quite important	21.7%	(±2.2)
Fairly important	33.8%	(±1.7)
Slightly important	27.1%	(±2.3)
Not at all important	8.5%	(±1.0)

Think back over the past year in school. How often did you:

228. Enjoy school?	(n=6,181)	
Never	11.2%	(±1.4)
Seldom	15.6%	(±1.1)
Sometimes	43.2%	(±1.3)
Often	23.8%	(±1.5)
Almost always	6.2%	(±0.8)

229. Dislike school?	(n=3,074)	
Never	5.5%	(±1.4)
Seldom	13.7%	(±1.6)
Sometimes	36.5%	(±1.7)
Often	26.6%	(±2.1)
Almost always	17.7%	(±2.1)

	Statewide % (\pm CI) (n=3,078)	
230. Try to do your best work in school?		
Never	1.9%	(\pm 0.4)
Seldom	4.5%	(\pm 0.7)
Sometimes	19.5%	(\pm 2.0)
Often	36.0%	(\pm 1.7)
Almost always	38.1%	(\pm 2.1)

	(n=3,032)	
231. During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or "cut"?		
0 days	79.6%	(\pm 2.6)
1 day	7.9%	(\pm 1.2)
2 days	4.8%	(\pm 1.0)
3 days	2.8%	(\pm 0.6)
4-5 days	3.0%	(\pm 0.7)
6-10 days	1.0%	(\pm 0.3)
11 or more days	0.9%	(\pm 0.4)

Opportunities for Prosocial Involvement (Questions 232-236)

	(n=3,044)	
232. In my school, students have lots of chances to help decide things like class activities and rules.		
NO!	8.8%	(\pm 1.5)
No	27.6%	(\pm 1.9)
yes	53.9%	(\pm 2.1)
YES!	9.6%	(\pm 1.3)

	(n=3,024)	
233. There are lots of chances for students in my school to talk with a teacher one-on-one.		
NO!	3.4%	(\pm 0.8)
No	16.4%	(\pm 1.8)
yes	60.2%	(\pm 1.9)
YES!	19.9%	(\pm 2.1)

	(n=2,997)	
234. Teachers ask me to work on special class projects.		
NO!	12.5%	(\pm 1.9)
No	49.6%	(\pm 2.4)
yes	32.7%	(\pm 2.2)
YES!	5.2%	(\pm 1.1)

	(n=3,016)	
235. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.		
NO!	2.4%	(\pm 0.7)
No	4.7%	(\pm 1.1)
yes	48.2%	(\pm 2.6)
YES!	44.7%	(\pm 2.9)

	Statewide % (\pm CI) (n=3,027)	
236. I have lots of chances to be part of class discussions or activities.		
NO!	2.9%	(\pm 0.8)
No	8.7%	(\pm 1.0)
yes	65.3%	(\pm 1.8)
YES!	23.1%	(\pm 2.0)

Rewards for Prosocial Involvement (Questions 237-240)

	(n=2,973)	
237. My teacher(s) notices when I am doing a good job and lets me know about it.		
NO!	6.8%	(\pm 1.2)
No	28.6%	(\pm 2.3)
yes	54.8%	(\pm 2.7)
YES!	9.8%	(\pm 1.5)

	(n=2,966)	
238. The school lets my parent(s)/guardian(s) know when I have done something well.		
NO!	15.9%	(\pm 2.0)
No	44.4%	(\pm 2.5)
yes	31.9%	(\pm 1.9)
YES!	7.9%	(\pm 1.0)

	(n=6,153)	
239. I feel safe during school.		
NO!	3.7%	(\pm 0.8)
no	14.3%	(\pm 2.4)
yes	67.8%	(\pm 1.8)
YES!	14.1%	(\pm 2.5)

	(n=2,961)	
240. My teachers praise me when I work hard in school.		
NO!	10.4%	(\pm 1.8)
No	41.3%	(\pm 2.3)
yes	40.8%	(\pm 3.1)
YES!	7.4%	(\pm 1.0)

Peer and Individual Domain

Perceived Risk of Drug Use (Questions 241-244)

How much do you think people risk harming themselves if they:

	(n=3,128)	
241. Smoke one or more packs of cigarettes per day?		
No risk	4.4%	(\pm 0.9)
Slight risk	5.2%	(\pm 0.9)
Moderate risk	14.1%	(\pm 1.3)
Great risk	72.7%	(\pm 2.4)
Not sure	3.6%	(\pm 0.8)

	Statewide % (\pm CI) (n=3,128)	
242. Try marijuana once or twice?		
No risk	24.0%	(\pm 2.1)
Slight risk	32.1%	(\pm 2.0)
Moderate risk	20.9%	(\pm 1.7)
Great risk	19.1%	(\pm 2.3)
Not sure	3.9%	(\pm 0.8)
243. Use marijuana regularly (at least once or twice a week)?		
	(n=3,101)	
No risk	8.8%	(\pm 1.6)
Slight risk	16.9%	(\pm 1.4)
Moderate risk	29.9%	(\pm 2.3)
Great risk	40.5%	(\pm 3.0)
Not sure	3.9%	(\pm 0.7)
244. Take one or two drinks of an alcoholic beverage nearly every day?		
	(n=3,129)	
No risk	6.2%	(\pm 1.2)
Slight risk	11.9%	(\pm 1.5)
Moderate risk	27.1%	(\pm 1.7)
Great risk	50.9%	(\pm 2.4)
Not sure	3.9%	(\pm 0.8)

Early Initiation of Drug Use (Questions 245-247)

How old were you the first time you:

	(n=6,118)	
245. Used marijuana?		
Never have	82.9%	(\pm 2.2)
10 or younger	1.5%	(\pm 0.5)
11	0.8%	(\pm 0.3)
12	1.9%	(\pm 0.4)
13	3.5%	(\pm 0.6)
14	5.1%	(\pm 0.7)
15	4.0%	(\pm 0.8)
16	0.3%	(\pm 0.1)
17 or older	0.2%	(\pm 0.1)
246. Smoked a cigarette, even just a puff?		
	(n=6,123)	
Never have	89.2%	(\pm 1.4)
10 or younger	2.4%	(\pm 0.5)
11	1.2%	(\pm 0.4)
12	1.5%	(\pm 0.3)
13	1.7%	(\pm 0.3)
14	2.2%	(\pm 0.4)
15	1.6%	(\pm 0.4)
16	0.2%	(\pm 0.1)
17 or older	0.1%	(\pm 0.1)

	Statewide % (±CI) (n=6,083)	
247. Had more than a sip or two of beer, wine, or hard liquor?		
Never have	60.2%	(±2.9)
10 or younger	13.3%	(±1.5)
11	3.0%	(±0.4)
12	4.4%	(±0.8)
13	5.5%	(±0.6)
14	6.4%	(±0.8)
15	6.6%	(±1.1)
16	0.4%	(±0.2)
17 or older	0.2%	(±0.2)

Favorable Attitudes Toward Drug Use (Questions 248-251)

How wrong do YOU think it is for someone your age to:

248. Drink beer, wine, or hard liquor regularly?	(n=3,179)	
Very wrong	51.4%	(±3.6)
Wrong	30.1%	(±2.0)
A little bit wrong	15.4%	(±2.1)
Not wrong at all	3.2%	(±0.6)

249. Smoke cigarettes?	(n=3,167)	
Very wrong	61.3%	(±3.8)
Wrong	29.1%	(±2.8)
A little bit wrong	7.8%	(±1.2)
Not wrong at all	1.9%	(±0.6)

250. Use marijuana?	(n=3,167)	
Very wrong	50.1%	(±4.0)
Wrong	26.4%	(±2.1)
A little bit wrong	17.1%	(±2.3)
Not wrong at all	6.4%	(±0.9)

251. Use LSD, cocaine, amphetamines, or another illegal drug?	(n=3,173)	
Very wrong	83.7%	(±1.8)
Wrong	12.6%	(±1.6)
A little bit wrong	2.4%	(±0.5)
Not wrong at all	1.3%	(±0.3)

Friends Use Drugs (Questions 252-255)

Think of your four closest friends. In the past year (12 months), how many of your closest friends have...

	Statewide % (±CI) (n=3,068)
252. Smoked cigarettes?	
None of my friends	79.6% (±2.6)
1 of my friends	10.0% (±1.4)
2 of my friends	4.4% (±1.0)
3 of my friends	2.6% (±0.7)
4 of my friends	3.4% (±0.7)
253. Tried beer, wine, or hard liquor when their parent(s) didn't know about it?	
	(n=3,068)
None of my friends	61.5% (±4.1)
1 of my friends	13.3% (±1.3)
2 of my friends	9.9% (±1.3)
3 of my friends	5.8% (±1.2)
4 of my friends	9.5% (±2.0)
254. Used marijuana?	
	(n=3,054)
None of my friends	63.4% (±3.7)
1 of my friends	13.5% (±1.1)
2 of my friends	7.4% (±1.0)
3 of my friends	5.6% (±1.0)
4 of my friends	10.1% (±1.7)
255. Used LSD, cocaine, amphetamines, or other illegal drugs?	
	(n=3,066)
None of my friends	90.6% (±1.6)
1 of my friends	4.7% (±1.1)
2 of my friends	2.1% (±0.6)
3 of my friends	0.8% (±0.4)
4 of my friends	1.8% (±0.4)

Questions by Topics

Questions about a single topic are not always grouped together in this report. For example, some questions about alcohol are presented in the Alcohol, Tobacco, and Other Drug (ATOD) Use section and others are presented in the Risk and Protective Factor section. The following list, groups the questions by topic so you can easily locate them in this report.

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Core Questions

“Core” questions asked of all secondary students are listed below. All other questions on the Secondary survey are only asked of about half the students. All Elementary students received the same survey which had some of the core questions from the Secondary survey.

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***For more information on which survey forms each question was on,
see the Survey Crosswalk at www.AskHYS.net, under HYS Results - QxQ***