

TEXARKANA INDEPENDENT SCHOOL DISTRICT
Texarkana, Texas
Minutes - Official REGULAR MEETING - Student Health Advisory Council (SHAC)
Instructional Services – 3413 Summerhill Road
Texarkana, Texas
Thursday, February 8, 2024

The Student Health Advisory Council (SHAC) of the Texarkana Independent School District met in official REGULAR session on Thursday, February 8, 2024, at 11:00 a.m. at the Instructional Services Building located at 3413 Summerhill Road, Texarkana, Texas.

Council Members Present

Stacey Alexander
Haley Anderson
Danielle Aubrey
Sirena Bock
Vershunda Bradford
Valerie DePriest
Takeba Dowden
Monica Evans
Charles Fortenberry MD
Laurie Galloway
Trinity Gardner
Mindy Gennings
David Hardy
Brittney Harper
LaBrenna Hill
Patsy Larue
Karla Maldonado
Dayna Miller
Patsy A. Minor
Heather Oliver
Christie Page
Hannah Powell
Tracy Reynoso
Amberly Shaw
Sharhonda Sutton
Vickie M Treece
Shawn Vaughn
Treva West
Jeffrey Wood
Debra Wright-Bowers MD

Purpose and Mission of the Council: A local school health advisory council has been established to assist the District in ensuring that local community values and health issues are reflected in the District's health education instruction. A majority of members must be parents of students enrolled in the District and who are not employees of the district. One or classroom teachers, campus administrators, students, health-care professionals, members of the business community, law enforcement representatives, senior citizens, clergy, representatives of nonprofit health organizations, or representatives of another group may serve. See BDF(LEGAL) and EHAA(LEGAL). The council meets four times per year (twice per semester).

Council Members Absent

Bill Kimbro

Meeting Called to Order

Christy Tidwell, Executive Director of Curriculum & Instruction, called the meeting to order at 11:09 a.m. A quorum was established and the meeting began with the introduction of members of the council. Following introductions and welcome remarks by Christy Tidwell. The committee was informed of the mission and purpose of the SHAC.

Consideration/Approval of Agenda

It was MOVED by Mindy Jennings, SECONDED by Brittney Harper, “to approve the agenda as presented.” MOTION CARRIED UNANIMOUSLY. Ayes 30 – Nays 0.

Committee Recruitment Efforts Update

Christy Tidwell, Executive Director of Curriculum & Instruction, provided an update on committee recruitment efforts.

Employee Health/Resource Fair Update/Report

Heather Spohn, Coordinator of School Health, provided information on the upcoming Employee Health/Resource Fair that is scheduled to be held on February 20, 2024 at 2:00 PM. The location is the Sullivan Performing Arts Center.

Child Nutrition Update/Report

Erin Behon from the Student Nutrition and Culinary Services department will be providing the update for Christie Lammers, Director of Child Nutrition, and introduced Guest Speaker Amber Samuelson from Thrive Yoga, who presented a report on the health benefits of yoga and meditation.

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Consideration/Approval of Next Meeting Date

Christy Tidwell, Executive Director of Curriculum & Instruction, discussed this with the Committee. The following items we suggested for consideration on the next meeting agenda date of Thursday, April 18, 2024, at 11:00 AM:

- Child Advocacy Center
- Incorporate yoga for the student and teachers
- Mental health resources for students and teachers
- Recess

It was MOVED by Haley Anderson, SECONDED by Amy Doss, “to approve the agenda as presented.”
MOTION CARRIED UNANIMOUSLY. Ayes 30 – Nays 0.

Adjournment

There being no other business to come before the School Health Advisory Council (SHAC), the meeting adjourned at
12:18pm.



District Committee Chair Signature

2/8/24

Date

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