Social Emotional Wellness
HEBISD Crisis Intervention & Prevention Team
Summer 2023 Edition

In this edition of the Social Emotional Wellness Newsletter you will find a variety of resources for the mental health needs that you and your family may have during the summer. These resources are not, by any means, the only resources available.

Summertime can be a good time to engage in services as to not interrupt school attendance, waitlists may be shorter and stress is lower therefore, mindful learning is possible.

Happy Summer!

The Crisis Intervention & Prevention Team addresses mental health concerns, assists in the mission of suicide prevention, and creates a positive school environment for all students. **Team available during school year hours only**

Dr. Carmen Brown, LP, LSSP
Team Lead
carmenbrown@hebisd.edu

Heather Andrews, LCSW
heatherandrews@hebisd.edu

Irene Cedillo, LCSW
Spanish Speaking
irenecedillo@hebisd.edu

**New Team Member Coming Soon

Resource Highlight - TCHATT

Texas Child Health Access Through Telemedicine (TCHATT), creates legislatively funded telemedicine programs for identifying and assessing mental health needs and providing access to mental health services in schools. It provides telemedicine or telehealth programs to help school districts identify and assess the behavioral health needs of children and adolescents, and provide access to mental health services. TCHATT is available through a partnership between The University of North Texas Health Science Center (UNTHSC) and John Peter Smith (JPS).

Share your concern with school's designated TCHATT liaison (HEBISD's Crisis Team).

We obtain your consent to submit referral to TCHATT and submit the referral directly to them.

TCHATT representatives call you, parent or guardian, directly to acquire consents and schedule.

They provide 4 free virtual sessions plus assessment as well as case management for longterm services.

CLICK TO SUBMIT REQUEST
Levels of Behavioral Healthcare

Outpatient
Individual or Group therapy by a licensed clinician. Psychiatry services through a separate medical provider.

Intensive Outpatient (IOP)
Typically held several times per week in the evenings for several hours. May have a family component.

Partial Hospitalization (PHP)
Typically held Monday-Friday for the entire school day. School work will be done at the program either through an arrangement with the district or a charter school if the program has one available.

Inpatient
24 hour program for stabilization of acute mental health crisis needs. Typical stay is 7-10 days based on level of need and insurance.

Counseling

- ACH Family Services (FREE)
- Lena Pope (Low Cost)
- Balance Beacon
- Mind Above Matter
- Starfish Counseling
- Ellie Mental Health - NRH
- Logos Counseling
- Alliance Child & Family Solutions
- North Texas Counseling Associates
- Cinnamon Tree Counseling
- The Oaks Life Center
- Meyer Counseling Center
- Trauma Support Services
- Christian Works for Children
- Youth Advocate Program (Medicaid Only)

IOP/PHP

- **Basepoint Academy** (12yo & up)
  (469) 702-9841
- **Mind Above Matter** (12yo & up)
  (817) 289-5307
- **Excel Fort Worth** (6yo & Up)
  (817) 335-6429
- **Mesa Spring: Innovations**
  (8yo & Up)
  FTW Timberland 682-345-0425
  FTW Camp Bowie 817-406-3364
  Arlington 682-273-4194
- **Connections Wellness Group**
  (7-18yo)
  Keller Location (817) 770-0208
  Mansfield (817) 500-5984
- **Charlie Health (11yo & up)**
  ONLINE ONLY
  214-949-1891

Inpatient

- **Cook Children’s Behavioral Health**
  (Ages 3-17)
  (682) 885-3917
- **Mesa Springs Hospital**
  (Ages 12 and Up thru Adult)
  (817) 952-5571
- **Texas Health Behavioral Health Center Arlington**
  (Ages 13 Up, Thru Adult)
  (682) 549-7916
- **JPS - Trinity Springs**
  (Ages 13-17 & 18 Up)
  (817) 702-3636
- **Millwood Hospital**
  (817) 859-7074
- **Perimeter Behavioral Health**
  (817) 662-6341