



Spencer Public School
Nutrition and Lunch Menus

April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 Cereal/Frudels <u>Juice/Fresh Fruit</u> Chicken Tender w/BBQ, SnS, Ketchup, Chips Beets,Pears Fresh Fruit Alt PBJ	3 Breakfast Bites <u>Juice/Fresh Fruit</u> Nachos, Salsa,Sour Cream, Applesauce Corn, Fresh Fruit	4 Breakfast Pizza <u>Juice/Fresh Fruit</u> Mini Corn Dogs Buttered Noodles Carrots/ Peaches Fresh Fruit Alt Chicken or Beef Burrito	5 Cake Donut Cheese Stix <u>Juice/Fresh Fruit</u> Quesadilla,Sour Cream,Salsa, Spanish Rice, Roasted Veggies,Strawberries Alt Rib Patty
8 Cereal /Mini Donuts <u>Juice/Fresh Fruit</u> Chicken Patty w/Mayo, Sun Chip Broccoli,Peaches Fresh Fruit Alt Hot Beef	9 Pancakes <u>Juice / Fresh Fruit</u> Pizza Carrots,Mixed Fruit Fresh Fruit	10 Elem Jumpstart MS/High Breakfast <u>Sandwich</u> Turkey n Gravy Mashed Potatoes Carrots/Applesauce Alt Salisbury Steak	11 Breakfast Pizza <u>Juice/Fresh Fruit</u> Popcorn Chicken w/BBQ, SnS, Ketchup Sun Chip Broccoli, Strawberries,Fresh Fruit Alt Cuban	12 Long john Cheese Stix <u>Juice/Fresh Fruit</u> Cheese Fries w/Sauce Veggies, Pears Alt Chicken Stir Fry w/ Egg Roll
15 Quick Bread <u>Juice/Fresh Fruit</u> Cheeseburger/Ketchup, Mustard, Mayo Curly Fries Baked Beans Peaches Fresh Fruit	16 Breakfast Pizza <u>Juice/Fresh Fruit</u> Tacos Shred Cheese, Sour Cream, Salsa Chip, Corn/ Mixed Fruit Fresh Fruit Alt Chicken Fajita	17 Breakfast Scrambler Biscuit <u>Juice/Fresh Fruit</u> Chicken Tender w/BBQ, SnS, Ketchup, Chips Veggies/ Strawberries Fresh Fruit Alt Hot Ham and Cheese	18 French Toast <u>Juice/Fresh Fruit</u> Hot Dogs/ Ketchup, Mustard, Relish Sun Chip Baked Beans Applesauce Fresh Fruit ALT Meatball Sub	19 W/Cinnamon Roll Yogurt <u>Juice/Fresh Fruit</u> Cheese Bread W/Sauce Green Beans, Pears,Fresh Fruit Alt Chicken Panini
22 Cereal/Donut Holes <u>Juice/Fresh Fruit</u> Chicken Nugget w/BBQ, SNS, Ketchup Mashed Potatoes Beets,Pears Alt Deli Wrap	23 Waffle/Syrup <u>Juice/Fresh Fruit</u> Breakfast for Lunch French Toast/Syrup Sausage, Hash Brown, Cinnamon, Applesauce	24 Breakfast Pizza <u>Juice/Fresh Fruit</u> Spaghetti Bread Stick Steamed Green Beans, Peaches, Fresh Fruit Alt Alfredo Sauce	25 Elem Jumpstart MS/HS Chicken Waffle Sandwich <u>Juice/Fresh Fruit</u> Sub, Mayo, Mustard, Sun Chip,Veggie Mixed Fruit Fresh Fruit	26 Long john Cheese Stix <u>Juice/Fresh Fruit</u> Pizza Peas,Strawberries Fresh Fruit
29 Pancake on a Stick <u>Juice/Fresh Fruit</u> Mini Corn Dogs Buttered Noodles Carrots/ Peaches Fresh Fruit Alt Cheeseburger Calzones	30 Breakfast Pizza <u>Juice/Fresh Fruit</u> Popcorn Chicken w/BBQ, SnS, Ketchup Sun Chip Broccoli, Pears, Fresh Fruit Alt Philly Steak			

Menu is subject to change without notice, Fresh fruit and veggie bar is served daily, Milk is served daily 1%, Skim Chocolate. Reminder that you are able to fill out the free and reduced application yearly. This is an equal opportunity provider. Spencer is an EOE. Breakfast is Free to all students.