STALLION STAMPEDE

The latest news and updates from Euless Junior High



Band has UIL next week on Thursday, April 8th, and they have been working so hard to prepare. This year, instead of in person, they are recording a private UIL performance that will be sent to the judging panel to be rated and graded. They have been rehearsing after school in the cafeteria multiple times a week with Band Director Christen Stout. From what I have heard, all of that hard work has really been paying off. They have a couple more practices to go before the competition. Please cheer them on with us!





IMPORTANT DATES:

- 4/2 STUDENT/STAFF HOLIDAY FOR GOOD FRIDAY
- 4/5 TO 4/9 ASSISTANT PRINCIPAL WEEK
- 4/5 TO 4/9 ZERO/LOW GRADE MAKE UP WEEK
- 4/7 ANXIETY IS REAL FREE CLASS SERIES BEGINS FOR YOUTH (SEE FLYER BELOW FOR MORE DETAILS)
- 4/8 ANGER IS REAL FREE CLASS SERIES BEGINS FOR YOUTH (SEE FLYER BELOW FOR MORE DETAILS)
- 4/8 TRACK MEET AT CENTRAL JUNIOR HIGH AT 4 PM
- 4/8 UIL SUBMISSION FOR BAND
- 4/13 SOCIAL STUDIES DBA 18TH GRADE
- 4/13 COMMUNICATING WITH RESPECT LIVE VIRTUAL WORKSHOP HOSTED BY PARENT ACADEMY (SEE FLYER BELOW FOR MORE DETAILS ON HOW TO REGISTER AND ATTEND)
- 4/13 EJH CHEER FUNDRAISER AT RAISING CANE'S
- 4/15 TENNIS MEET AT TRINITY AT 4:30 PM
- 4/15 & 4/16 SOCIAL STUDIES CBA 7TH GRADE
- 4/16 END OF 5TH SIX WEEKS
- 4/19 BEGINNING OF 6TH 6 WEEKS GRADING PERIOD
- 4/20 STAAR TESTING 7TH GRADE WRITING, 9TH GRADE ENGLISH 1 END OF COURSE EXAM, ALL 8TH GRADERS WILL BE ASYNCHRONOUS (LEARNING FROM HOME WITHOUT GOOGLE MEETS)
- 4/22 TENNIS MEET AT BELL AT 4:30 PM
- 5/4 9TH GRADE AP HUMAN GEOGRAPHY TEST
- 5/5 ALGEBRA 1 END OF COURSE EXAM FOR 8TH/9TH GRADERS
- 5/6 9TH GRADE BIOLOGY END OF COURSE EXAM, 8TH SCIENCE STAAR TEST
- 5/7 8TH GRADE SOCIAL STUDIES STAAR TEST
- 5/11 7TH AND 8TH GRADE MATH STAAR TEST, ALL 9TH GRADERS WILL BE ASYNCHRONOUS (LEARNING FROM HOME WITHOUT GOOGLE MEETS)
- 5/12 7TH AND 8TH READING STAAR TEST, ALL 9TH GRADERS WILL BE ASYNCHRONOUS (LEARNING FROM HOME WITHOUT GOOGLE MEETS)



Do you know a HEB student or staff member who deserves some recognition for an achievement or for going above and beyond? Spread the word and share the love!

Click the photo to read the nominations and to fill out a nomination form for someone. They may be featured on the "Tell Me Something Good" feature on the HEB ISD website!

COVID-19 UPDATES & REMINDERS

- If your student is awaiting a COVID 19 test or test results, please do not send your student to school until you receive the test results.
- If someone in your household is awaiting test results, please do not send your student to school.
- If your student has a fever, chills, cough, shortness of breath, difficulty breathing, muscle or body aches, unusual headache, diarrhea, nausea or vomiting, sore throat, new loss of taste or smell, congestion, or a runny nose please do not send your student to school.
- If your Euless Junior High student or another school-aged student in the household is on quarantine, please do not send your student to school.
- If your student is a virtual student, that comes to campus for athletics and is on quarantine, please do not send your student to school.

Not following these protocols affects many students and families who are doing their best to keep those around them healthy. Please do your part to help us keep students in school.

MIDDLE YEARS

Reach the finish line

Like athletes running a long race, students may lose steam toward the end of the school year. Try these ideas to motivate your child to dig deep and keep working hard so he can overcome any hurdles and sprint across the finish line!

Hurdle: Self-doubt

How to overcome: If your middle grader isn't sure he can do well on his social studies test or finish his English paper, remind him of times he stuck with something even though it was tough. ("Remember when you thought you couldn't play the guitar? You kept practicing, and now you can!")

Hurdle: Lack of motivation

How to overcome: Knowing what he's working toward can make putting in the effort easier. Encourage your tween to list goals for the rest of the school year (ace his science project, participate more in class). Then, have him think about extra benefits of reaching those goals (having a cool story to share at



science camp, getting to know teachers and classmates better).

Hurdle: Difficult material

How to overcome: When your child runs into a challenge, like learning a tough math concept, suggest that he ask himself, "How can I get this done?" Answering the "three Ws" can guide him to a solution: Who can help? (A study buddy or teacher.) What do I need to do? (Extra practice problems.) When will I do it? (Twice a week for 30 minutes.)

Worth quoting

"There are always flowers for those who want to see them." *Henri Matisse*

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-JOIN OUR-FUNDRAISER AT RAISING CANE'S

Mention the fundraiser at the register and Cane's will donate 15% of sales to:

Euless Junior High Cheer

DATE & TIME:

April 13th, 2021 from 5:00pm - 9:00pm

LOCATION:

2901 State Highway 121 Euless, TX 76039 817-685-0804



CanesAndCommunity.com

FREE GROUPS FOR PARENTS & KIDS

You can click the flyers to get to the links to register.



Our most popular classes for youth and parents. And they're FREE.

For youth ages 10-17







Risk is REAL

Class meets 4 Thursdays at 6 p.m. starting Feb 18

Risky behavior can alter the course of kid's life in an instant. Our upcoming class and support group Risk is REAL can help youth process the consequences of choices and build the self-esteem to make healthy decisions.

Anxiety is REAL Class meets 4 Wednesdays at 6 p.m. starting April 7

You asked for it and we listened. Introducing Anxiety is REAL, a NEW online support group and skills class for youth. This group will unpack triggers for anxiety and build a new understanding on how to manage these overwhelming feelings.

Anger is REAL Class meets 4 Thursdays at 6 p.m. starting April 8

Feelings of anger can cast a dark shadow on everything. Our upcoming class and support group Anger is REAL can help youth break free from these constricting feelings and learn to process anger in a healthy way.

For parents of youth ages 6-17



REAL Families

Class meets 4 Wednesdays at 6 p.m. starting Feb 17

Happy homes are not "one size fits all." REAL families of all types, are welcome to join our FREE parenting class and support group. Each participant must complete an intake session so register today!

Familias REALES Class meets 4 Tuesdays at 6 p.m. starting March 23

Los hogares felices no son "un tamaño para todos". Familias REALES de todo tipo a son bienvenidas a unirse a nuestra clase de crianza y grupo de apoyo GRATIS. Cada participante debe completar una sesión intake jasí que regístrese hoy mismo!!

Register for all classes at https://achservices.org/skill-builder-classes/ and we'll send you a Zoom link.

Participants must complete an intake session so register today.

For more information, call 817.335.HOPE (4673).



Are you tired of coming back to the same issues over and over? Or do you feel like no one ever listens to what you say? Come learn how to foster respect through communication in your family.

Two-hour workshop.

APRIL 13, 2021 | 6:00PM-8:00PM

CLICK LINK OR COPY AND PASTE LINK
FOR PRE-REGISTRATION:
HTTPS://FORMS.GLE/ACMMQH9V3RM8CF2V9

The Stallion Stampede is published by Marilynn Biggers, the Library Aide at Euless Junior High.

You may contact me at marilynnbiggers@hebisd.edu. Questions, comments, suggestions, etc. from parents are not only welcomed, but also encouraged.

Hope y'all have a great 3 day weekend and see you next week!



HEB ISD has released information on their website about the election that will be held on May 1, 2021.

click here to view it

HELPFUL LINKS







EJH Website



EJH Sports & Athletics



EJH Choir



EJH Band

If you are having technical problems at home, here are some helpful resources:

www.hebisd.edu

helpdesk@hebisd.edu

Request Technology Support from Campus Support

Parent-Student Technology Resources

Resetting Student Passwords

Click here to check your student's grades in Home Access Center

Welcome to



Home Access Center

Did you know you can sign up as an observer on your student's Canvas pages to see assignment due dates, announcements, and other course content?

click here to learn how