

Think First Q and A

Question:

My tween sometimes makes decisions without thinking them through. How can I teach them not to make impulsive decisions?

Answer:

Your tween's brain is still developing — especially the part of it that controls decision making.

Let them know that to make good choices, they need to consider the facts. For example, maybe they need to pick partners for a group project. Their first instinct may be to work with their best friend. But encourage them to think about who has good work habits and won't leave them doing all the work.

Also, give them experience making everyday decisions like picking out gifts for relatives or choosing the film for family movie night. For instance, rather than picking the first gift that looks cool, they should consider your family's budget and each relative's interest.

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Euless Junior High 306 W. Airport Frwy. Euless, Texas 76039

HURST EULESS BEDFORD Independent School District Phone: 817.399.3840 Fax: 817.354.3345

www.hebisd.edu

Zero-Low Grade Make-up

In the 5th week of each 6 weeks, students will have an opportunity to make up a zero or low grade from the daily grade category with a "zero – low grade make-up assignment".

Retesting

Except for 6 weeks and semester tests, students may retake any major test they failed. The student must arrange a time with the teacher.

The maximum grade for a test retaken is a 70.

Homework Online

The homework online is a parent's tool to know the homework assignments for their child. All teachers post homework daily.

Follow these steps: Log onto hebisd.edu Click on 7-12 (located at top right)

Check the teacher's websites. There are several ways to display assignments and they don't all use the same method.

10 Important Minutes

The very best academically productive time parents can spend is ten minutes per night checking the completion of homework. This procedure should start with checking "Homework Online" to find homework assignments. When the assignment is completed, parents should check the work for completeness before the students place the homework in their binder.

Warning: >Do not accept the excuse, "I left it in my locker." Incomplete work or zeros will be the result.
>Do not accept, "The teacher took it up." We never take up homework early.
>Do not accept, "I left my books at school." There is a set of textbooks on reserve at the Euless Public Library.

If students complete and turn in all homework, success is the result. Zeros and/or incomplete work lead to failing grades and behavior difficulties.

TUTORING AVAILABLE

GENERAL



MORNINGS (M—F) 7:40-8:10 ROOM D2 MRS. ROWLANDS AFTERNOON (M—TH) 3:20-4:00 ROOM C3 MRS. MARTIN 9TH GRADE MATH SAME HOURS AS ABOVE

SEE POSTED SCHEDULES IN A HALL FOR WHICH ROOM



BETTER HEALTH



BETTER LEARNING

When Should My Child Stay Home?

Stay home:

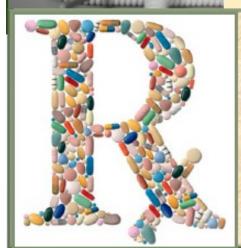
- Fever is 100⁰ or above
- Vomiting or Diarrhea
- Physician orders to remain home due to injury or illness

May Return When:

 Fever is below 100⁰ without the use of fever reducing medication for 24 hours

No vomiting or diarrhea for 24 hours

 According to physician instructions and above criteria are met



REQUIREMENTS FOR MEDICATION AT SCHOOL

 Physician order is required-even for over the counter medication such as acetaminophen or ibuprofen

- 2. Parent signature is required.
- 3. <u>ALL</u> medication must be left in the Health Clinic.

 With physician orders and parent permission, inhalers and epinephrine injectors may be carried by student. <u>ALL</u> other medication must remain in the clinic.

5. Obtain Physician Request for Medication



HEALTH SCREENING

There are several state mandated health screenings that occur for Junior High students. The following screenings will be conducted during the 1st semester, beginning within the next 2 weeks.

7th grade boys: Vision, hearing, height, weight, blood pressure and Acanthosis Nigricans

7th grade girls: Vision, hearing, height, weight, blood pressure, Acanthosis Nigricans and spinal.

8th grade boys: Spinal, height, weight, blood pressure

Students new to district: vision, hearing, height, weight, blood pressure and additional screening required for age.

Contact the nurse at 817-399-3830 or dianafisher@hebisd.edu with any questions.

Euless Junior High PTA

Our Mission is to make every child's potential a reality by engaging and empowering families and communities to advocate for all children.



10 Reasons YOU belong in PTA

PTA creates the village that helps to raise our kids and strengthen our community.

PTA links families to important school and community information.

PTA hosts fun, educational clubs, programs and events for our families.

PTA raises money to support the specific needs of our school.

PTA engages in school and digital safety initiatives.

PTA offers kids the opportunity to explore the arts and develop critical thinking, teamwork and creativity.

PTA inspires a love of reading and enhances students' book and literary options.

PTA encourages healthy lifestyles and food choices for every family.

PTA tracks local, state and national policies every day so we can advocate for what's best for our students, families and schools.

PTA believes we can make every child's potential a reality

...But we need more believers. We need YOU. No time required.

Show YOU believe today. Join PTA.

2019 -2020 EJH PTA Board Officers

Secretary - Jennifer Wright Hospitality - Keli Geraty Treasurer - Roy Miller Membership - Kellee Wright eulessjuniorhighpta@gmail.com

Upcoming PTA dates:

10/25: Kona Ice after school

11/1: SkateTown Night

11/7: 9th grade Football Concessions at THS (Membership & Spirit Wear available)

11/8: Kona Ice after school

Membership Matters. It's as easy as 1, 2, 3!

1. Fill out a membership form. Who? Parents, Students, Family and Community Members.

2. Pay Membership dues. Why? Your membership dues and support during our fundraisers help make events possible at EJH. Being a Parent/ Community Membership gives you voting rights. Student memberships will also receive discounts to the PTA school dances.

Participate in a way that works for you.

When? Life is busy...if your schedule is hectic no worries! Participate as much as you want to. Being a PTA member is a great start! "Join us for meetings or events, but it's not a requirement. You can be involved as much or as hittle as you want.

LIKE us on FACEBOOK : Euless Jr. High PTA Follow us on INSTAGRAM : @eulessjrhighpta

Attendance Announcements

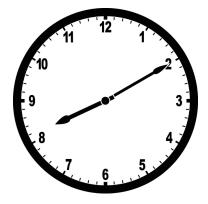


BE THERE!

Being in school all day, every day, helps your child get the most out of school. Encourage good attendance with these ideas:

- Point out that there is no substitute for being in class. Your youngster needs to be present to hear teachers explain concepts, to participate in group projects and class discussions, and to ask questions.
- Schedule doctor, dentist, and orthodontist appointments for before or after school hours whenever possible. If you can't, try to arrange them for lunchtime.
- It will be easier for your child to get up on time for school if he has had at least nine hours of sleep. Set a reasonable bedtime, and make sure he puts away electronic devices so he isn't tempted to stay awake to read messages or play games.

DON'T BE LATE!!





If your child must be absent from school please call the attendance office at **817-399-3822.**

Students who maintain good attendance may receive semester **test grade** exemptions at the end of each semester. Two exemptions will be given for 0 absences during a semester; one will be given for 1 or 2 absences during a semester. Euless Jr. High had the highest Staff attendance rate of all secondary campuses in the district for the fifth year in a row.

We are here for the students so that they can have consistent teaching methods and familiar, caring people at the head of each and every classroom.

We ask the same of our students. Show up on time. Look for something new to learn in each class, each day. Be here everyday and set your mind to learning. Find joy in learning something new.



Counselors Commentaries



When your child's homework assignment is online it can be an immense challenge for them to stay on task.

Perhaps they're bored with the assignment to begin with — and one-click away is a treasure trove of funny videos, YouTubers with tips for hairstyles, or watching their favorite gamer on a wickedly high level... it's all a recipe for distraction.

The good news is that millions of teens are in this situation and still manage to get their work done. But the challenges are immense and many kids and teens really struggle with this constant pull.

In today's Tech Talk Tuesday I lay out several ideas that have worked for my family and others. One strategy that has really been helpful is something the brilliant counselor and author Tammy Fisher Ruston says in our new film <u>Screenagers: NEXT Chapter</u>. She says that you have to name more of what you want to actually get it. I have started doing two key things in this regard with my teens that I have found very successful: a) Validating the challenges they face to stay on task, and b) Pointing out times that they do stay focused on homework.

Read more tips on helping your kids stay on task with homework in the digital age.

www.screenagersmovie.com



Counselors Commentaries

Counselors Remind Page!

TEXT the code belonging to your child's class to 81010

9th Grade Parents—"EJH Counselors—2023" code @3b7g6a

8th Grade Parents—"EJH Counselors—2024"code @39agd2a

7th Grade Parents—"EJH Counselors—2025" code @6aa3bg

HEB's Promotion/ Retention Policy • Parents of 7th and 8th grade students, please be aware of the district promotion/retention policy. All 7th and 8th grade students will be required to pass English, Math, Science and Social Studies to be promoted to the next grade. Failure to pass STAAR may result in retention in grades 7 and 8.

9th graders must earn 5 credits before advancing to 10th grade.











Vocal

2019-2020 Euless JH Choir Calendar

All Choir Students

DATE	ТІМЕ	EVENT	PLACE	
12/7 (SAT)	3:00 - 4:15 PM	WINTER CONCERT	THS AUDITORIUM	
2/20 (THU)	DURING SCHOOL	PRE-UIL BENCHMARK ASSESSMENT	MARTIN UMC	
3/5 (THU)	DURING SCHOOL	UIL CONTEST	MARTIN UMC	
5/16 (SAT)	12 PM -3 PM S	PRING SHOW DRESS REHEARSAL	THS AUDITORIUM	
5/16 (SAT)	3:30 - 4:45 PM	SPRING SHOW	THS AUDITORIUM	
		Field Trips!		
10/22 (TUE)	5:30-9 PM	MAIN EVENT 7TH GRADE NIGHT	MAIN EVENT - GRAPEVINE	
12/14 (SAT)	12-9 PM	SIX FLAGS 8TH/9TH GRADE DAY	SIX FLAGS OVER TEXAS	
5/14 (THU)	5:00 - 9:00 PM	NRH20 HEBISD CHOIR NIGHT	NRH20	
	Chorale M	ixed Choir (2nd and 3rd Period)	Only	
12/17 (TUE)	8 AM - 3 PM	ELEMENTARY CHOIR TOUR/IT'Z LUNCH	ELEM. FEEDER CAMPUSES	
	7th-8th Gra	de All-Region Choir Auditionees	Only	
11/2 (SAT)	ASSIGNED BLOCK	7 тн /8 тн GRADE ALL-REGION AUDITION	S NORTH RICHLAND MS	
11/8 (FRI)	11-4 PM	HEB REGION WORKSHOP	PAT MAY CENTER	
1/18 (SAT)	8 AM - 6 PM	7TH/8TH ALL-REGION CLINIC/CONCER	RT TBD	
	9th Gra	de Honor Choir Auditionees On	у	
10/26 (SAT)	8 AM - 12 PM	9-10 HONOR CHOIR AUDITIONS	LD BELL HS	
11/9 (SAT)	8 AM - 6 PM	9-10 HONOR CHOIR CLINIC/CONCERT	FUMC GRAPEVINE	
Voice Students and Select Singers Only				
11/27 (WED)	3:30-6 PM	WINTER CONCERT SOLO AUDITIONS	CHOIR ROOM	
12/??	TBD	WINTER VOICE RECITAL	CHOIR ROOM	
4/6 (SAT)	8:00 AM - 12:00 PM	SOLO & ENSEMBLE CONTEST	EULESS JH (HOSTING)	
5/4 (WED)	3:30-6 PM	SPRING CONCERT SOLO AUDITIONS	CHOIR ROOM	
5/??	TBD	SPRING VOICE RECITAL	CHOIR ROOM	



Band

Beginner Band

DATE	WHO	EVENT	WHERE	TIME
Oct-25th	All EJH Bands	Boo Bash	Euless Band Hall	6:30pm - 8:30pm
Nov-1st	All EJH Bands	Money Due for Sour Candy/ Fortune Cookie Fundraiser		
*Nov-7th	*Beginners	*Beginner Band Preview Concert	Euless JH Gym	7:00pm - 8:00pm
*Dec-6th	*Beginners	*Beginner Band Rehearsal for Concert	Euless Band Hall	3:45pm - 5:00pm
*Dec-11th	*Beginners	*Euless JH Bands Winter Concert	Trinity HS Audito- rium	7:00pm

EJH Band

DATE	WHO	EVENT	WHERE	TIME
Oct-25th	Sym, Con 1, Con 2	Boo Bash	Euless Band Hall	6:30pm - 8:30pm
Nov-1st	Sym, Con 1, Con 2	Money Due for Sour Candy/ Fortune Cookie Fundraiser		
*Nov-11th	Select Sym/Con 1	*HEB Honor Band Auditions (Group 1)	Harwood JH	5:00pm - 9:00pm
*Nov-13th	Select Sym/Con 1	*HEB Honor Band Auditions (Group 2)	Harwood JH	5:00pm - 9:00pm
*Dec-11th	Sym, Con 1, Con 2	*Euless JH Bands Winter Concert	Trinity HS Audito- rium	7:00pm
Dec-17th	Eligible Sym, Con 1, Con 2	Elementary Christmas Tour	Start at North Eu- less Elementary	7:45am

STUDENT COUNCIL

mmm

MEETING DATES:

TUESDAY, , **2019**

STUDENT COUNCIL

LOCATION: ROOM C2

TIME: 3:40 PM

ALL STUDENTS ARE WELCOME!

EJH Student Council now has Instagram and FaceBook accounts. Please follow us at EJH Student Council

CLUBS AND GATHERINGS

JOIN A CLUB!

After School Clubs at EJH

	<u>Club</u>	Days	<u>Teacher</u>	<u>Room</u>
KKXXXXXXX	GAY STRAIGHT ALLIANCE	Monday	Tara Ryan	ART
İtter	CHESS	Tuesday	Stahl	C4
Gamer.	VIDEO GAMES	Tuesday	Richey	B13
difference	STUDENT COUNCIL	Tuesday	Todd Ketcham	C2
15	GAMES	Wednesday	Tara Rowlands	D2
Dêđ	DUNGEONS & DRAGONS	Wednesday	Travis Baggett	A12
	ESL ENGLISH PRACTICE	Wednesday	Lacey Giles	B2
5	YEARBOOK	Thursday	Susan Horn	B12
	SEWING & SERVICE	1 st Friday of Every Month	Vi	FCS
	BOOK CLUB	Meet Twice Per Six Weeks	Janis Jayroe	ТВА

There are lots of fun after school clubs you can join at Euless Junior High. Contact the teacher listed with the club above for more details.





Yearbook Club

Do you like taking pictures?

Do you attend a lot of events at EJH, such as games, concerts, or other organizations?

Or maybe you would just like to help create memories in our school yearbook so that we can remember all the good times here at EJH...

Well, why not check out the Yearbook Club. It meets every Thursday after school from **3:15 to 3:45**. This is a good chance to get in on showcasing your classmates, their achievements, and their personalities. See Mrs. Horn in the B12 She has all the details.



GIRL'S SPORTS

Date	Event
10-21	7th Volleyball
10-26	7th Volleyball
10-28	7th Volleyball
11-4	7th Volleyball
11-8/9	7th Volleyball

Opponent
Bedford JH
"B" Team Tourney
Smithfield MS
North Oaks MS
"A" Team Big 12
District Tourney

TBA

Loaption

Time

B-4:30pm/A-5:45pm TBA B-4:30pm/A-5:45pm B-4:30pm/A-5:45pm TBA





Date	Event	Opponent	Location	Time
10-22	8th Football	Bedford	Pennington	B-5:45/A-4:30
10-24	9th Football	BYE		
10-29	8th Football	@ Smithfield	Birdville HS	B-5:45/A-4:30
10-33	9th Football	@Abilene	Abilene	B-4:30/A6:00
11-5	8th Football	Showcase Games	FAAC/Penn	ТВА
11-7	9th Football	Richland	Trinity	B-5:00/A-6:30

GYMNASTICS

Date	Event	Teams	Location	Time
11-12	Gymnastics	Euless, Central*	FEW	6:00 PM
11-19	Gymnastics	Hurst, Bedford, Harwood*	FEW	6:00 PM
12-3	Gymnastics	Euless, Hurst*	FEW	6:00 PM
12-10	Gymnastics	Central, Bedford*	FEW	6:00 PM
12-17	Gymnastics	Harwood, Hurst, Euless*	FEW	6:00 PM

* = Host team.