

Kindergarten Grade Report Card

Physical Education Assessments

Six Weeks	Objectives	#3 Meets Expectations	#2 Making Progress	#1 Experiencing Difficulty
All Six Weeks	Behavior and Participation	Usually demonstrates appropriate behavior and usually participates fully in class activities	Sometimes demonstrates appropriate behaviors and/or sometimes participates in class activities	Rarely demonstrates appropriate behavior and/or rarely participates fully in class activities
1	Identify selected body parts during body identification games and songs	Usually identifies selected body parts, such as head, back, chest, waist, hips, arms, elbows, wrists, hands, fingers, legs, knees, ankles, feet, and toes, during body identification games and songs.	Sometimes identifies selected body parts during body identification games and songs.	Rarely identifies selected body parts during identification games and songs.
2	Walks forward the length of the balance beam with proper form.	Usually demonstrates and maintains excellent posture and balance when walking forward the length of the beam. The head is up and the eyes are down. The arms are out to the side.	Sometimes demonstrates large balance errors or steps off the beam while walking forward the length of the beam	Rarely demonstrates upright balance and falls off the beam while walking forward
3	Gallops five times leading with each foot	Usually demonstrates and maintains excellent posture with either foot leading while galloping. The toes point forward. There is a brief period where both feet are off the ground and the arms are bent and lifted at waist level.	Sometime demonstrates control with only one of the feet leading	Rarely demonstrates difficulty when leading with left foot and when leading with the right foot
4	Hops in place, five times on each leg.	Usually demonstrates correct technique while hopping in place 5 times on each leg. The body is upright and the head is held up with eyes looking forward. The arms are bent at the elbow and held out by the sides for balance. The nonsupport leg is bent at the knee with the foot behind the body. The landing is soft and on the balls of the feet.	Sometimes demonstrates correct technique of hopping on only one leg	Rarely demonstrates difficulty hopping on each leg
5	Cross Crawl Front: Right hand to left knee, left hand to right knee. Repeat the Cross Crawl pattern five times	Usually demonstrates the cross crawl pattern 5 times consecutively. The body is balanced with the head held up and the eyes looking forward. The knee is raised to hip height as the student reaches with the opposite hand to touch the knee in front of the body.	Sometimes demonstrates movements that are jerky and rhythm that varies	Rarely demonstrates the cross crawl pattern while maintaining balance and/or using the opposite hand to knee movement
6	Underhand toss to a 36" target from 8 feet away.	Usually demonstrates correct technique while hitting a 36" flat target from 8' away. The body faces the target and the eyes remain on the target during the entire toss. The tossing arm swings back while the body weight transfers to the same foot as the tossing arm. As the arm swings forward the student steps toward the target with the opposite foot. The follow through is in the direction of the throw.	Sometimes demonstrates difficulty stepping toward the target, shifting weight during the toss or stepping toward the target with the opposite foot	Rarely demonstrates the timing of the release, throwing the object too high or too low. The tossing arm does not swing in a forward back motion