What is SHAC?
A School Health Advisory Committee (SHAC) is a group of individuals, representative of the community, to provide advice and recommendations to the School District on Coordinated School Health programming and the impact on student’s health and learning.

The HEB ISD SHAC will:
• promote a healthy lifestyle by providing an awareness and knowledge in the three areas of health: physical, mental, and social well-being.
• provide assistance to the District to support and implement the Coordinated School Health Program.
Health, PE & District Safety
• Safety Drills on all campuses – Ongoing throughout HEB
  • “Lockout, Lockdown, Evacuate, Shelter, & Hold in Classroom”
• P.E. – “MOVES IT” – March 27th
  • All elementary campuses participated

Counseling Department
• “FRIENDS for LIFE” – Hotline to report bullying or other concerns
  • Anonymous reporting – successful! Several outcries resulted in hospitalizations
• “PLAY IT SAFE!” Personal Safety – Shown on every elementary campus
  • Parent Preview offered beforehand
Highlights of 2018-2019

Child Nutrition Department

• Summer Dining – Once again at 6 school sites & 2 community sites
  • **New this year** – Both breakfast and lunch served!

• “Lunch & Learn” – Westdale Hills Apartments (Sotogrande)
  • Children 18 & under – Emphasis on Literacy & STEM projects

• Breakfast in the Classroom! – Pilot at Meadow Creek this year
  • **Expanding** next year to Bellaire, Midway Park, Harrison Lane, Oakwood Terrace and South Euless

• Second Chance Breakfast – ALL schools

• New Chef – Catering for the district PLUS “reformulating” recipes for next year
Family Engagement, Community Outreach, and Teacher Support (F.E.C.O.T.S.)

- ESL classes for Adults – Very successful!
  - 1st semester – 40 participants
  - 2nd semester – “Rosetta Stone” – Extremely Popular!
    - 50 licenses – full
    - 100 on waiting list!
- Bilingual Family Engagement – Meets once a week on 3 bilingual campuses
- Parent University – Parenting classes from Parenting Center of Fort Worth
- Summer Family Literacy Events – Parents & children attend together (3 free books!)
- District Parent Advisory Committee – Meets annually to revise District Family Engagement Policy
Health Services Department

- CARE Van – FREE immunizations
  - 4 times a year – Last clinic on Thursday, May 23rd from 5pm-7pm
- Immunization Outreach Initiative – For 6th graders & Seniors
- Essilor Vision Van – South Euless hosted the Van
- Save a SMILE Dental Program – ”May” add another Title I school next year
- ASTHMA 411 Program
  - Collaboration between Cook Children’s, JPS, Texas Health Resources, & HEB ISD
  - Total of 705 doses of Albuterol administered as of 5/06/2019
  - 84% of students returned to class and only 16% went home
  - 0 calls to 911 for Asthma!
Recruitment!
- Increase parent participation
- Involve PTA leaders in SHAC activities

Topics of Interest
- Interest in a “Blue Zone” workplace
- E-cigarettes & Juuling presentations

Looking Forward to 2019-2020