

Hurst-Eules-Bedford ISD School Health Advisory Council

Application

The Hurst-Eules-Bedford ISD will envision healthier students and families through the Coordinated School Health Program. The HEB ISD School Health Advisory Council (SHAC) will meet at least four times each year.

The goals of the School Health Advisory Council are to:

- 1) Promote a healthy lifestyle by providing an awareness and knowledge in the three areas of health: physical, mental and social well-being.
- 2) Provide assistance to the district to support and implement the Coordinated School Health Program.

Applicant's Name: _____

Address, City, ZIP: _____

Email: _____

Cell/Home/WorkTelephone: _____

Do you have a child/children presently attending an HEB ISD school? Yes ____ No ____

Please list the school and student(s) grade level.

Schools	# of Students	Grade(s)

Are you an HEB ISD employee? Yes ____ No ____

Are you willing to commit at least two years to this committee? Yes ____ No ____

Are you available to attend a majority of the committee meetings? Yes ____ No ____

Please rank your level of interest in the following student health topics with "1" being the area of most interest "8" being the area of least interest.

__ Basic Nutrition Education

__ Teen Pregnancy

__ School Facilities for Exercise and Recreation

__ Human Growth and Development Education

__ Health Classes as Required Courses

__ Guidance and Counseling

__ School-based Physical Activities

__ Healthy Weight Management

Please, briefly tell us why you would like to be a member of this committee. (Use the back if you need more space.)

Completion of this application does not guarantee participation in the SHAC. There are a limited number of positions. Candidate interviews may be required.

OPTIONAL: Gender: _____ Ethnicity _____

Please Return Completed form to: ATTN: Michelle Henson, SHAC HEB ISD Health Services, 1849 Central Drive, Bedford, TX 76022 or Michellehenson@hebid.edu Questions: 817-399-2124