

APRIL 2024 PREP MENU

All complete meals Free throughout the
2023-24 school year!
Lunch Delivered Daily by 11am
Preorder Breakfast the day before to
be there in the morning for your student

Monday

1 Meatball Grinder
with optional grilled
peppers and Onions

8 Popcorn Chicken Bowl,
Roll
w/ mashed potatoes,
gravy and Corn

15 Crispy Chicken
Drumstick, Roll
w/ mashed potatoes
MICHIGAN VEGGIES

22 BBQ Chicken Drumstick,
Roll
w/ mashed potatoes
MICHIGAN VEGGIES

29 **EGGOGI**
Waffles and
Chicken



Tuesday

2 Taco Salad Bowl
Crispy Lettuce, Beef or
Chicken, Cheese
& Black Beans

9 Chicken Quesadilla
served with Rice, Pico
Corn, Refried Beans and
Churros

16 Beef and Cheese Nachos
MICHIGAN SALAD GREENS
Refried Bean

23 Chicken Enchiladas
served with Rice, Pico
Corn, Refried Beans and
Churros

30 Walking Dorito Bowl
served with Refried Beans

Wednesday

3 Grilled Cheese sandwich
w/ Tomato Soup
JET'S Pizza Day!

10 **NO
SCHOOL!**

17 **NO
SCHOOL!**

24 Chicken Waffle
sandwich w/ Fries
JET'S Pizza Day!

Thursday

4 Chicken Alfredo Pasta
Garlic Breadstick
MICHIGAN BROCCOLI

11 Marinara Pasta w/
Meatballs
Garlic Breadstick
MICHIGAN BROCCOLI

18 Cheese Lasagna
Garlic Breadstick
**MICHIGAN
BROCCOLI**

25 Buffalo Chicken Mac &
Cheese
Garlic Breadstick
MICHIGAN BROCCOLI

Friday

5 Chicken Teriyaki
served w/ Rice
Served with WG rice and
Asian Veggie Mix

12 Orange Chicken
w/ WG rice and Stir-
fried Veggies

19 General Tso Chicken
w/ WG rice and Stir-
fried Veggies

26 Chicken Thai Bowl
Crisp Chicken over WG
Rice with a Thai Chili
Sunbutter Sauce

Bloomfield Hills Schools is providing
2023-24 FREE Michigan Meals for All to students from Pre-K4 to 12th grade this school year!

Make sure to take advantage of this amazing program!

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white or Chocolate milk

248.341.5671

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DAILY LUNCH OPTIONS!

MONDAY - CHEESE, VEGGIE OR PEPPERONI PIZZA
TUESDAY - CHICKEN PATTY SANDWICH
WEDNESDAY - CHEESEBURGER OR VEGGIE BURGER
THURSDAY - CHICKEN TENDERS
FRIDAY - JET'S CHEESE, VEGGIE OR PEPPERONI PIZZA
ALL MEALS INCLUDE FRUIT AND VEGGIE OF THE DAY AND
1% WHITE OR CHOCOLATE MILK

Buffalo Chicken Mac & Cheese
 Creamy Mac & Cheese served with Crispy
 Chicken bites and Buffalo Sauce

Chicken Thai Rice Bowl
 Crispy Chicken over WG Rice
 Tossed in a Thai Sun Butter Sauce

EGGOJI Waffles and Chicken

2 animated WG Waffles
 served with turkey sausage patties
 and Syrup cup

Marinara Pasta with Meatballs
 Cavatappi Pasta topped with marinara
 tender meatballs
 served with Broccoli and garlic breadstick

Chicken Alfredo Pasta
 Al Dente Pasta topped with creamy
 Parmesan Cheese sauce and grilled
 chicken. Served with Broccoli and garlic
 breadstick

Chicken Drumstick
 Crispy breaded chicken leg served with
 Mashed Potatoes, Chicken Gravy and
 Green Beans

Popcorn Chicken Bowl
 Crispy Popcorn Chicken over Creamy
 Mashed Potatoes topped with Corn
 and Chicken Gravy



Meatball Grinder
 Meatballs tossed in Marinara topped with
 melted Mozzarella cheese and topped with
 optional Peppers & Onions with Fries

Chicken and Waffle Sandwich
 Crispy Chicken sandwiched between 2 Waffles
 with optional Coleslaw and a variety of
 toppings

Peirogi and Sausage
 Potato and Cheese filled dumplings served
 with Smoked sausage
 and garlic breadstick

Lasagna
 Cheese Filled Pasta rolls topped with
 marinara sauce served with Broccoli and
 garlic breadstick

Beef and Cheese Nachos
 Beef and Cheese on Crispy tortilla chips
 with optional toppings
 Served with refried beans

Walking Dorito Bowl
 Beef and Cheese over Crispy Doritos
 Served with refried beans and
 Toppings

Jets Pizza
 Crispy Deep Dish Cheese Pizza with Jet's
 famous sauce!

General Tso Chicken
 Crispy battered chicken bites glazed in a
 Tangy sweet & spicy sauce, served over
 rice with Asian mixed Veggies

Orange Chicken
 Crispy battered chicken bites glazed in a
 sweet orange sauce, served over rice with
 Asian mixed Veggies

Grilled Cheese Sandwich
 Crisp, cheesy toasted sandwich served
 with Tomato Soup

Teriyaki Chicken
 Grilled chicken bites glazed in a
 savory Teriyaki sauce, served over
 rice with Asian mixed Veggies

Taco Salad Bowl
 Crispy baked Tortilla Bowl with beef or
 Chicken, Lettuce, and your choice of
 toppings
 Served with Refried Beans

Chicken Enchiladas
 Seasoned Chicken and Creamy Cheese
 Baked in a soft tortilla topped with
 Enchilada sauce and served with optional
 toppings and Black Beans

Chicken & Cheese Quesadilla
 Flour Tortilla grilled with white meat
 Chicken and Cheddar Cheese
 Served with WG Rice & Refried Beans

FREE BREAKFAST

Assorted Breakfasts
 available daily including
 choice of
**Fresh Bagels, Pop Tarts,
 Breakfast Breads or
 WG Donuts**
**All breakfasts include a
 1/2 cup of Michigan fruit,
 100% Fruit juice and a 1%
 white or chocolate milk**

FRUITS AND VEGGIES!

Offered Daily
 Choose from
 Michigan Produce such as
 Blueberries, Lettuce, Carrots,
 Legumes and Apples, Baked
 Fries, Edamame
 and 100% Fruit Juice



Gluten Free
 option available per
 medical request-
 preorder required



Vegetarian and
 Dairy Free options
 available - preorder
 required



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MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER