

APRIL 2024 BOWERS MENU



Lunch Delivered Daily at 11:45am
Preorder Breakfast Delivered ready
when students Arrive to School

Monday

1 Meatball Grinder
with optional grilled
peppers and Onions

8 Popcorn Chicken Bowl,
Roll
w/ mashed potatoes,
gravy and Corn

15 Crispy Chicken
Drumstick, Roll
w/ mashed potatoes
MICHIGAN VEGGIES

22 BBQ Chicken Drumstick,
Roll
w/ mashed potatoes
MICHIGAN VEGGIES

29 **EGGOGI**
Waffles and
Chicken



Tuesday

2 Taco Salad Bowl
Crispy Lettuce, Beef or
Chicken, Cheese
& Black Beans

9 Chicken Quesadilla
served with Rice, Pico
Corn, Refried Beans and
Churros

16 Beef and Cheese Nachos
MICHIGAN SALAD GREENS
Refried Bean

23 Chicken Enchiladas
served with Rice, Pico
Corn, Refried Beans and
Churros

30 Walking Dorito Bowl
served with Refried Beans

Wednesday

3 Grilled Cheese sandwich
w/ Tomato Soup
JET'S Pizza Day!

10 **NO
SCHOOL!**

17 **NO
SCHOOL!**

24 Chicken Waffle
sandwich w/ Fries
JET'S Pizza Day!

Thursday

4 Chicken Alfredo Pasta
Garlic Breadstick
MICHIGAN BROCCOLI

11 Pasta Bar
Served with WG Garlic
Knot

18 Cheese Lasagna
Garlic Breadstick
**MICHIGAN
BROCCOLI**

25 Buffalo Chicken Mac &
Cheese
Garlic Breadstick
MICHIGAN BROCCOLI

Friday

5 Chicken Teriyaki
served w/ Rice
Served with WG rice and
Asian Veggie Mix

12 Orange Chicken
w/ WG rice and Stir-
fried Veggies

19 General Tso Chicken
w/ WG rice and Stir-
fried Veggies

26 Chicken Thai Bowl
Crisp Chicken over WG
Rice with a Thai Chili
Sunbutter Sauce

Bloomfield Hills Schools is providing
2023-24 FREE Michigan Meals for All to students from Pre-K4 to 12th grade this school year!

Make sure to take advantage of this amazing program!

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white or Chocolate milk

248.341.5671

aramark 

DAILY LUNCH OPTIONS!

**CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
AND MUCH MORE!!**

Buffalo Chicken Mac & Cheese
Creamy Mac & Cheese served with Crispy
Chicken bites and Buffalo Sauce

Chicken Thai Rice Bowl
Crispy Chicken over WG Rice
Tossed in a Thai Sun Butter Sauce

EGGOJI Waffles and Chicken

2 animated WG Waffles
served with turkey sausage patties
and Syrup cup

Pasta Bar

Your choice of Pasta topped with marinara
sauce or Alfredo and choice of meatballs or
chicken served with Broccoli and garlic
breadstick

Chicken Alfredo Pasta

Al Dente Pasta topped with creamy
Parmesan Cheese sauce and grilled
chicken. Served with Broccoli and garlic
breadstick

Chicken Drumstick

Crispy breaded chicken leg served with
Mashed Potatoes, Chicken Gravy and
Green Beans

Popcorn Chicken Bowl

Crispy Popcorn Chicken over Creamy
Mashed Potatoes topped with Corn
and Chicken Gravy

Meatball Grinder

Meatballs tossed in Marinara topped with
melted Mozzarella cheese and topped with
optional Peppers & Onions with Fries

Chicken and Waffle Sandwich

Crispy Chicken sandwiched between 2 Waffles
with optional Coleslaw and a variety of
toppings

Peirogi and Sausage

Potato and Cheese filled dumplings served
with Smoked sausage
and garlic breadstick

Lasagna

Cheese Filled Pasta rolls topped with
marinara sauce served with Broccoli and
garlic breadstick

Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips
with optional toppings
Served with refried beans

Walking Dorito Bowl

Beef and Cheese over Crispy Doritos
Served with refried beans and
Toppings

Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's
famous sauce!

General Tso Chicken

Crispy battered chicken bites glazed in a
Tangy sweet & spicy sauce, served over
rice with Asian mixed Veggies

Orange Chicken

Crispy battered chicken bites glazed in a
sweet orange sauce, served over rice with
Asian mixed Veggies

Grilled Cheese Sandwich

Crisp, cheesy toasted sandwich served
with Tomato Soup

Teriyaki Chicken

Grilled chicken bites glazed in a
savory Teriyaki sauce, served over
rice with Asian mixed Veggies

Taco Salad Bowl

Crispy baked Tortilla Bowl with beef or
Chicken, Lettuce, and your choice of
toppings

Served with Refried Beans

Chicken Enchiladas

Seasoned Chicken and Creamy Cheese
Baked in a soft tortilla topped with
Enchilada sauce and served with optional
toppings and Black Beans

Chicken & Cheese Quesadilla

Flour Tortilla grilled with white meat
Chicken and Cheddar Cheese
Served with WG Rice & Refried Beans

**NEW! scan
code to
preorder
deli
sandwich**



SCAN ME

FREE BREAKFAST

Preordered the Day Before

Choose from

Yogurt Parfait

Bagels, Muffins

Cereal Bars, Cereal

All Breakfasts include up
to a full cup of fruit and/or
100% Fruit Juice and
1% white or chocolate milk

FRUITS AND VEGGIES!

Offered Daily

Includes Michigan Produce such
as Blueberries, Lettuce, Carrots,
Legumes and Apples and full
Salad Bar!

Gluten Free



option available per
medical request-
preorder required



Vegetarian and
Dairy Free options
available - preorder
required



**MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER**

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