

APRIL 2024

WING LAKE MENU



FREE Breakfast Delivered to classrooms
when school starts
FREE Lunch - 11:00am - 12:30am

Monday

1

Chicken Tender/Muffin
Steamed Carrots

Tuesday

2

Pasta w/ Marinara and
Meatballs & Garlic Knot

Wednesday

3

Chicken Patty Sandwich
Baked Beans

Thursday

4

Orange Chicken w/ Rice
Served with WG rice, Asian
Veggie Mix

Friday

5

Cheese Pizza
With Broccoli

8

EGGO! Waffles &
Chicken
w/ Sweet Potato Fries

9

Fish Sticks or Chicken
Tenders w/ Steamed
Veggies and Garlic Knot

10

**NO
SCHOOL!**

11

Cheese Cavatappi
served w/ Broccoli and
Garlic Knot

12

Bosco Sticks
w/ Marinara and
Smile Potatoes

15

Grilled Cheese Sandwich
Tomato Soup

16

Macaroni and Cheese
served w/ Broccoli and
Garlic Knot

17

Popcorn Chicken Bowl
Mashed Potatoes, Corn
and Gravy

18

All Beef Hot Dog
w/ Baked Vegetarian Beans

19

Beef and Bean Chili
Garlic Knot
Sweet Potato Fries

22

Beef & Cheese Tacos
Salsa/Sour Cream
Refried Beans

23

Mini Turkey Corn Dogs
w/Mixed Vegetables

24

Meatloaf Burger
Tater Tots

25

Chicken Sliders
w/ Sweet Potatoes

26

Cheese Pizza
With Broccoli

29

Macaroni and Cheese
w/ Broccoli and
WG Roll

30

Broccoli Cheese Soup
Garlic Knot
Sweet Potato Fries

Bloomfield Hills Schools is providing
2023-24 FREE Michigan Meals for All to students from Pre-K4 to 12th grade this school year!

Make sure to take advantage of this amazing program!

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white or Chocolate milk

248.341.5671

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Chicken Tenders
All White Meat Lightly Breaded Chicken Strips
Served with WG muffin

Pasta with Meatballs
Penne Pasta noodles tossed in Marinara sauce served
with a Garlic Bread Knot

Chicken Patty Sliders
Tiny Chicken Sausages on WG Slider Buns
Served w/ Sweet Potatoes

Orange Chicken
Crispy battered chicken bites glazed in a sweet orange
sauce, served over WG rice with Asian mixed Veggies

Cheese Pizza
Whole Grain individual deep dish Cheese Pizza served
with crispy Romaine Salad

EMOJI Waffle and Chix



Crisp, chicken Tender served with EMOJI Waffle, Syrup cup

Mini Corn Dogs

Mini Turkey hotdogs battered in a crispy
whole grain Corn Bread Batter served with Mixed Veggies

Fish Sticks
Lightly Breaded Haddock Fillet
Served with WG Garlic Knot and Steamed Veggies

Cheesy Cavatappi
Cavatappi noodles tossed in creamy white cheese sauce
served with Steamed Broccoli a WG Muffin

Bosco Sticks
Mozzarella cheese filled breadsticks served with
Marinara Sauce and Smile Potatoes

Grilled Cheese Sandwich
Crisp, cheesy toasted sandwich served with Tomato
Soup

Macaroni and Cheese
Macaroni noodles tossed in creamy cheese sauce served
with Steamed Broccoli a WG Roll

All Beef Hot Dog
All Beef Frank served on a WG Bun Served with
Vegetarian Baked Beans

Broccoli and Cheese Soup
Creamy Broccoli and Cheese Soup served with a soft
buttery Garlic Knot

Beef and Bean Chili
Hearty Beef and Bean Chili served with a soft
buttery Garlic Knot

Beef and Cheese Tacos
Soft Flour Tortillas with Seasoned Beef and Shredded Cheddar
Cheese, served with Salsa and Sour Cream

Chicken Patty Sandwich
All White Meat Lightly Breaded Chicken
Served on a WG Bun with
Vegetarian Baked Beans

Meatloaf Burger
Juicy Meatloaf stuffed with Cheese and tangy Ketchup
Served on a WG bun with Smile Potatoes

Macaroni and Cheese
Macaroni noodles tossed in creamy cheese sauce
served with Steamed Broccoli a WG Garlic Knot

Option 2 Daily

Yogurt Plate

Creamy Yogurt Cup with Grahams, Fruit of the Day and Carrot Coins

MENU SUBJECT TO CHANGE WITHOUT NOTICE

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER**

FREE BREAKFAST

Monday - Breakfast Pizza

Tuesday - Breakfast Bagel

Wednesday - Pancakes

Thursday - Breakfast

Burrito

Friday - Mini Waffles

Plus Yogurt Plates

Cereal & Cereal Bars

Served with 100% Fruit

Juice, Michigan Fruit and

1% White or Chocolate

Milk

Michigan Produce!

And More!!

**In addition to hot veggies, A
variety of either Carrots,
Blueberries, Cherries, Apples,
Applesauce, Oranges, Bananas,
Salad Greens, Broccoli,
Legumes, Fresh cut Veggies,
Sweet Potatoes, Root Vegetable
Medley and 100% Fruit Juice
are offered daily with meals**

Gluten Free
option available per
medical request-
preorder required



Vegetarian and
Dairy Free options
available - preorder
required



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