

Meatless Monday	Taco Tuesday	Wacky Wednesday	California Thursday	Friday Favorites
8	9	10	11	12
Pasta with Butter Parmesan Sauce  & Mozzarella Breadstick EUSD Cheese Pizza EUSD Pineapple Pizza Yogurt & Granola	Grass Fed Organic Beef Soft Taco Crispy Chicken Sandwich Impossible Burger (plant-based patty) Boar's Head Hummus & Pretzels  , Granola Bar & String Cheese	Homemade Macaroni & Cheese with Hawaiian Roll Chicken Corndog (Nitrate free) Yogurt & Granola	Breaded Chicken Drumstick with Potato Wedges & Hawaiian Roll EUSD Cheese Pizza EUSD Pepperoni Pizza Benefit Bar & String Cheese	Grass Fed Beef Hotdog Soft Pretzels with Cheese Dipping Sauce Yogurt & Granola Snickerdoodle Cookie
15	16	17	18	19
Bean & Cheese Burrito EUSD Cheese Pizza EUSD Margarita Pizza Yogurt & Granola	Baja Fish Taco with Tortilla Chips Chicken Tenders Impossible Burger (plant-based patty) Boar's Head Hummus & Pretzels  , Granola Bar & String Cheese	Cheese Quesadilla Chicken & Waffles Yogurt & Granola	Fiesta Nacho Tower   with Grass Fed Organic Beef EUSD Cheese Pizza EUSD Sausage Pizza Benefit Bar & String Cheese	Brunch for Lunch (French Toast) Mozzarella Breadsticks & Marinara Yogurt & Granola Sugar Cookie
22	23	24	25	26
Cheese Tortellini with EUSD Marinara & Garlic Bread EUSD Cheese Pizza EUSD Pineapple Pizza Yogurt & Granola	Crunchy Grass Fed Organic Beef Taco Crispy Chicken Sandwich Impossible Burger (plant-based patty) Boar's Head Hummus & Pretzels  , Granola Bar & String Cheese	Grilled Cheese Sandwich Orange Chicken with Brown Rice Yogurt & Granola Fortune Cookie	Homemade Macaroni & Cheese  with Chicken Bites EUSD Cheese Pizza EUSD Pepperoni Pizza Benefit Bar & String Cheese	Chicken Corndog (Nitrate free) Grass Fed Beef Cheeseburger Impossible Burger (plant-based patty) Yogurt & Granola Chocolate Chip Cookie
29	30			
Spaghetti with EUSD Marinara & Garlic Bread EUSD Cheese Pizza EUSD Margarita Pizza Yogurt & Granola Whole Fruit Popsicle	Bean & Cheese Pupusa with Tortilla Chips Chicken Tenders Impossible Burger (plant-based patty) Boar's Head Hummus & Pretzels  , Granola Bar & String Cheese			

### Daily Salad Bar:

**Fresh, Seasonal & California-Grown**  
Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

- Mondays:** Locally Grown Apples & Celery
  - Tuesdays:** Strawberries & Pineapple Chunks
  - Wednesdays:** Locally Grown Fallbrook Organic Orange Slices & Jicama
  - Thursdays:** Bananas & Locally Grown Dassi Family Farms Persian Cucumbers
  - Fridays:** Locally Grown Organic Gold Nugget Tangerines
- Various dressings are offered daily including a option.

### Eat a Rainbow Week:

- April 22-26**
- Monday is Red/Pink Day**  
Regionally Grown Strawberries & Sliced Radishes
  - Tuesday is Yellow/Orange Day**  
Pineapple & Mango Chunks
  - Wednesday is Green Day**  
Honeydew Melon & Broccoli
  - Thursday is Blue/Purple Day**  
Shredded Beets & Blueberries
  - Friday is White/Brown Day**  
Jicama Sticks & Pears

### Breakfast Menu

Breakfast is served daily before school. Check with your school office for specific service times. Breakfast includes a choice of entrée, fruit, yogurt, milk, and string cheese.

- Monday:**  
Banana Bread & Whole Grain Cereal
- Tuesday:**  
Maple Belgian Waffle & Whole Grain Cereal
- Wednesday:**  
Blueberry or Sweet Potato Chocolate Chip Muffin & Oatmeal Benefit Bar
- Thursday:**  
Mini Pancakes & Whole Grain Cereal
- Friday:**  
Twin Bars & Banana Chocolate Chip Scone

Contains Pork:   
Gluten Free:   
Vegetarian:   
Scratch made:

### School Meal Information

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at [www.schoolcafe.com](http://www.schoolcafe.com). Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. you have any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services: [lea.bonelli@eusd.net](mailto:lea.bonelli@eusd.net).

#### Food Allergies:

- A variety of Gluten Free (GF) and vegetarian entrees are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request. We serve GF items, but our kitchens are not GF facilities.
- Plant-based menu options available daily upon request (Hummus & Pretzels, Sunbutter Sandwich, Balsamic Dressing)
- We do not serve any entrées that contain peanuts or tree nuts; however, we are not considered a nut free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return to your school nurse. Accommodations forms must be signed by a medical professional.

\*\*Menus are subject to change without notice \*\*  
*This institution is an equal opportunity provider.*

### Meals are FREE for EUSD Students

Adults & Visitors:  
Lunch: \$6.00, Breakfast: \$4.00