

# Child Nutrition Information

## Allergy / Special Diet Information

If your child has an allergy of any kind that requires a special diet, then we're here to help! A doctor's prescription is required and must be on file in the Child Nutrition Services Office for all special diets and allergies in order to facilitate menu substitutions. Check with the Nutrition Office for an Allergy/Special Diet form. Take the form to your physician so they can fill it out concerning your child's allergies. Make two copies. Return one copy to the Child Nutrition Department and one copy to your school nurse.

### Canned Drinks and Fast Food in the Cafeteria

It is recommended that neither children nor adults bring canned or bottled drinks into the cafeteria, without the label being removed or covered with aluminum foil.

It is further recommended that children or adults bring no "fast food" into the cafeteria. If a parent brings his or her child "fast food", the food should be placed in a container other than the original container that promotes products which are in direct competition with the National School Lunch/Breakfast Program.

Food shall not be delivered to children or adults. "Fast Food" deliveries could be an introduction point for alcohol, drugs, or weapons to the campus. "Fast Food" deliveries could also pose a sanitation problem by introducing food borne illness or pests.