

Universal Waiver – Personal Fitness (High School ONLY)

Fulton County Schools is pleased to offer the Personal Fitness waiver as a Universal Waiver. This means that schools interested in implementing the Universal Personal Fitness Waiver must follow the required actions, items, and steps below.

The Universal Personal Fitness Waiver is available for School Governance Council adoption and approval for implementation beginning the 2016-17 school year. Once approved and adopted by the School Governance Council, the waiver may go into effect the following semester.

Any deviation from the Universal Personal Fitness waiver requirements will require a full, Earned Request for Flexibility, which must be approved by the Superintendent. Schools that currently have Personal Fitness waivers that were approved by the Superintendent through the Earned Request for Flexibility process may continue to utilize those waivers until they expire upon the expiration of the school's strategic plan. Once the waiver expires, the School Governance Council has the option to select the Universal Personal Fitness waiver or to resubmit an Earned Request for Flexibility for their customized Personal Fitness waiver.

Universal Personal Fitness Waiver Requirements

The Universal Personal Fitness waiver is offered as a waiver only. No credit or grade will be assigned for Personal Fitness. Requirements for the Universal Personal Fitness waiver are provided below. The requirements must be completed in full. Eligibility for the personal fitness waiver goes into effect during the semester that the adopted and approved waiver goes into effect. Students may not be "grandfathered in" based on past participation in an eligible sport or activity.

Eligibility: The following activities are eligible for utilization of the Universal Personal Fitness Waiver:

- Two seasons of a GHSA sport (excluding One-Act Play and Literary competitions)
- Two seasons of Marching Band

Students must start and finish the season in good standing. All eligibility requirements must be met by the end of the first semester of the student's senior year.

Adoption: The following steps are required in order to adopt the Universal Personal Fitness Waiver:

- 1. The SGC works to develop a written summary of the proposed Universal Flexibility. (see required summary form in the SGC Guidance)**
- 2. A majority of the SGC votes to initiate the 30-day public comment period for the Universal Flexibility during a Council meeting.**
 - a. The SGC meeting must be advertised at least 7 days in advance, on the school's main webpage, the SGC webpage, and in print at the school.

- 3. A written summary of the proposal for the Universal Personal Fitness waiver must be posted and made available to the school community.**
 - a. The summary of the proposed Universal Flexibility must be posted on the school's main webpage, the SGC webpage, and in print at the school for at least 30 days immediately following the vote to initiate public comment.
- 4. The SGC opens 30-day public comment period.**
- 5. The SGC votes on the proposed Universal Flexibility at the next meeting (or any meeting after the 30-day public comment period). Universal Flexibilities must be approved by a 2/3 majority vote of the Council (at least 6 affirmative votes).**
- 6. If approved, the SGC must notify both the district's Academics and Governance & Flexibility departments no later than December 1st (for fall semester approval) or May 1st (for spring semester approval) to inform them of the approval of the Universal Personal Fitness waiver and the timeline for utilization.**

Management: Once the Universal Personal Fitness waiver is adopted and approved by the School Governance Council, the school principal and leadership are responsible for managing the implementation of the waiver for students.