



AFTER SCHOOL ACTIVITIES

SEASON 2023/2024

APRIL 22ND - JUNE 6TH

TERM 3

SIGNUP THROUGH SCHOOLS BUDDY

GET SET Go KIDS

Wednesday
1:30-2:30PM

AED 665
KG1

Wednesday
3:30-4:30PM

AED 665
KG2 - Grade 3

Get Set Go Kids is the only multi-skills sports club designed to develop the physical literacy, fundamental movement, and basic sports skills required to enjoy ALL sports. Our players are introduced to a new key skill through a different sport each session. Our structured syllabus has themed modules covering a broad range of activities to ensure everyone is challenged and engaged.

Get Set

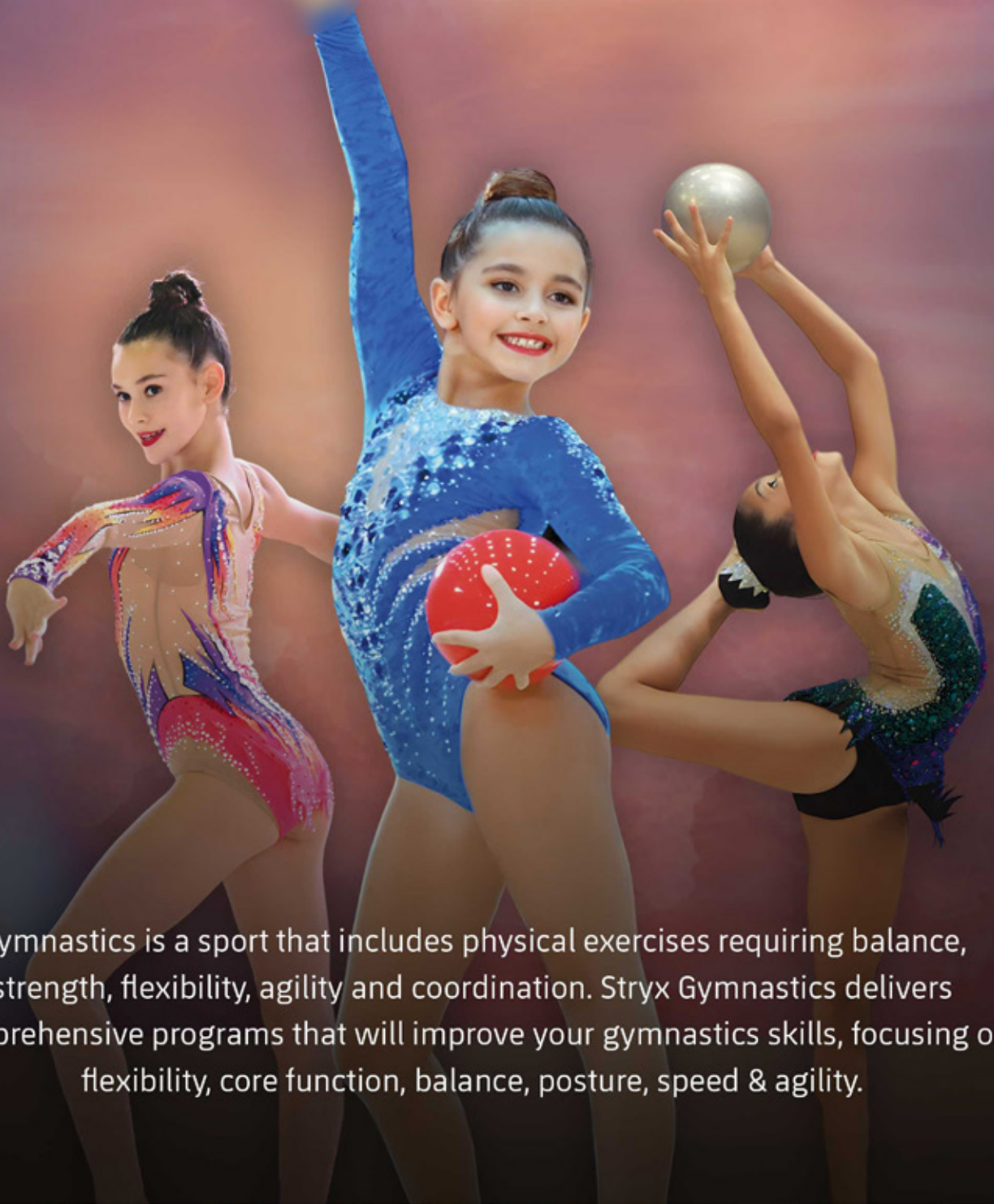
Go Kids



STRYX GYMNASTICS

Monday
3:30 - 4:30 PM

AED 665
Grade 1 - 5



Gymnastics is a sport that includes physical exercises requiring balance, strength, flexibility, agility and coordination. Stryx Gymnastics delivers comprehensive programs that will improve your gymnastics skills, focusing on flexibility, core function, balance, posture, speed & agility.

STRYX BALLET



Tuesday
1:30-2:30PM

AED 665
KG1

Ballet is truly the foundation of all dance, with a structured syllabus that teaches and builds on coordination, grace, strength and artistry. At Stryx Sports, we teach classical ballet using the Vaganova Method. We encourage proper alignment and kinesiology to prevent injury, placing emphasis on sound anatomical training so you can dance for years to come.



NBA Basketball School

Monday

3:30-4:30PM

AED 665

Grade 1 - 3

Wednesday

3:30-4:30PM

AED 665

Grade 4 - 5

The NBA Basketball School trains male and female players across Dubai the "NBA - way". Our basketball development program conducts sessions in a safe, fun, and encouraging environment which covers all aspects of the game by incorporating tactic, skill, small sided games and team building activities as well as NBA methodologies.



ISM SPORTS



Monday
Tuesday

3:30-4:30PM

AED 665

KG2 - Grade 2

Thursday

3:30-4:30PM

AED 665

Grade 3 - 5

With a team of highly qualified and motivated coaches, ISM Sports offers the best tennis programmes available on the market. The principles of our coaches are to make tennis enjoyable for each and every student and they carry this philosophy into their classes. We cover all aspects of the game helping individuals develop skills, technique and tactics in a fun and engaging way.

Sport
 Connector
Academy

TUESDAY
3:30-4:30PM

AED 595
Grade 1 - 5



PARKOUR

Sport Connector Academy is the next generation's sport service provider that brings into practice more than twenty years of teaching and coaching expertise. Parkour teaches students to properly navigate through obstacles in their environment quickly and creatively. Students will learn to see their environment in a new way, empowering them to navigate their surroundings in innovative ways by safely jumping, climbing, and landing, as well as emphasizing the themes of safety, strength, and perseverance.



YOGA

Thursday | **AED 665**
1:30 - 2:30PM | KG1

Thursday | **AED 665**
3:30 - 4:30PM | Grade 1-3

With a passion for learning through movement and sustainability, Little Grains thematic classes are fun, educational, and connection based. Our approach is centred on creating a safe and welcoming space for children to exhale, be themselves, and be met at their unique point of development. Yoga helps build calm, mindful, and confident kids, while building strength and flexibility. Our age-appropriate practice will promote positive self image, improve gross motor skills, enhance concentration and so much more.

KARATE

Monday
1:30-2:30PM

AED 665
KG1

3:30-4:30PM

AED 665
KG2



CHAMPIONS
— KARATE —



Champions Karate arrived in the UAE in 2019. Our success is a result of our coaching philosophy, priding ourselves on the FUNDamentals of martial arts. We combine the art of traditional Shotokan Karate with our knowledge and experience of sport Karate. At Champions Karate we offer a high level of traditional and sports Karate. All taught in a fun yet challenging way to build a Champion lifestyle.



IVY BRIGHT

Bespoke Educational Support

Soapy Science

Monday
3:30-4:30PM

AED 770
Grade 1-3

Tuesday
3:30-4:30PM

AED 770
Grade 4-5



What's in the box? If you're curious about how to make homemade make-up, bath bombs and candles, this is the class for you! Learn a practical skill, create gifts, and let your creativity run loose all at the same time by taking up the art of science! Students receive a 'Lesson in a box' and use science to make natural, organic and eco-friendly products. From soap mermaid tails to cupcake candles, this club will no doubt be full of excitement. Take home a science inspired gift every week!



PRIME TALENT
FOOTBALL



Thursday

3:30-4:30PM

AED 770

KG2 - Grade 2

Prime Talent Sports Academy is a UAEFA approved academy that offers football training and youth development for boys and girls aged 3 to 16 years old. PTSA is led by highly qualified coaches and a program that ensures quality coaching in a friendly learning environment. We base our syllabus and teaching methods on fun and positive based learning, ensuring that football can be enjoyed by all ages, gender and race.



CHESS KNOWLEDGE
PROFESSIONAL CHESS TRAINING
www.chessdubai.com

CHESS

Wednesday
3:30-4:30PM

AED 735
Grade 1 - 3

Thursday
3:30-4:30PM

AED 735
KG2
Grade 4 - 5

The Chess Knowledge Team will teach students the fundamentals of chess strategy and tactics in a fun and highly engaging way. Statistics have shown that chess is a great way to strengthen memory, enhance creativity, develop solving skills and boost the analytical abilities of children. It also teaches children the value of planning and foresight, self-instilled discipline, self-confidence and perseverance.





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Coding for Climate Change

Tuesday
3:30-4:30PM | **AED 805**
Grade 6 - 8

Wednesday
3:30-4:30PM | **AED 805**
Grade 3 - 5

Explore how you can grow your own food, save water and help Mother Earth with Coding. Become a Climate Change Ambassador and create solutions for the future using emerging technology and integrate it with sustainability.

