The Husky Howler

District Champions!



Let's go Huskies! At the district finals game on Thursday, March 7th, our girls basketball team outscored the West Point Warriors 49 to 29 and brought home the trophy.

Congratulations to the girls and their coaches on an amazing UNDEFEATED SEASON!!

Women's History

The month of March is Women's History Month. Women have done so many amazing things throughout history and have had serious impacts in our world today. Let's take a look at some of the powerful women from history to fully understand the sacrifices made to get our world to where it is today.



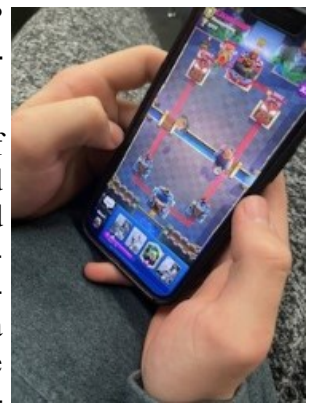
Marie Curie accomplished many things in her life. She made many advancements in science. She discovered the elements radium and polonium, which have impacted studies and developments today. Marie Curie was inspiring because she worked hard despite having challenges throughout her life. She was also the first woman ever to receive a Nobel Peace Prize, and she made huge contributions to finding cancer treatments.

Rosa Parks was called the mother of the Civil Rights Movement. She fought against segregation and fought for racial equality. Segregation was the separation of White people and Black people. They had different drinking fountains, different bathrooms, and different schools. Black people were expected to move to the back of a bus if a White person came on and asked for the seat. Rosa Parks refused to give up her seat to a White man in Montgomery, Alabama, which resulted in her being sent to jail for a few hours, although the bus boycott had already started. People refused to ride the buses, and that sparked the Supreme Court to make a ruling to desegregate buses. She helped start the Civil Rights Movement and showed a lot of bravery, which has made it so that she is an iconic figure during the history of Civil Rights.

Continued on page 5

No Phones at School?

Laws aren't that big of a deal in our day to day lives… right? That is what some people think. However, that isn't correct, because these laws affect our daily lives at school.



There have been some new laws in question the past couple of months. One of these was a bill that wanted to ban cellphone and smartwatch use in school. This bill was Rep. Trevor Lee's and would require students to put their devices in a cubby or locker before the first bell. They decided that some students could have access to their devices in case of a medical emergency. They created a substitute to the law that would let the kids use their phones while playing educational games like Kahoot or Gimkit, or when submitting assignments. Most teachers at our school do this already. This law ended up failing, and the result is that the law will be up to teachers and the administration for rules about phones.

Another law that got passed is one that affects students at junior high, especially the 9th graders. The 9th graders might be getting their permit this year and learning how to get behind the wheel. As many people know, there is a law in Utah that once a person gets their license, they can only have family in the car for 6 months. This law is one that isn't taken very seriously; kids break it all the time. "Dave McConnell, owner of Dave's Driving School who has taught teen drivers for more than 40 years, told KSL TV he recognizes the law is likely not widely followed, and that many teenagers don't like it," wrote Daniel Woodruff. The house committee made this bill recently, but it hasn't become a law yet. Now, kids can drive with one friend in the car. People are still opposed to the bill because friends can distract you, but driving alone when you are a new driver is also scary. What do you think about these bills? -Audra Hinckley

Exploring Diverse March Holidays

Did you know that there are over 30 different holidays in the month of March? It's true! To kick off the celebrations, we start with an international one, Hina Matsuri (March 3rd). Hina Matsuri is celebrated in Japan, and is known as "girl day" or "doll day". For this festival/holiday, families pray for the happiness and prosperity of their girls. Families with young daughters celebrate by displaying hina-ningyo, which signifies bringing luck and protection to the family's daughter.

A week after Hina Matsuri is celebrated, Ramadan begins! With this years Ramadan taking place March 10th to April 9th , Muslims fast every day from dawn to sunset during that entire month. It is meant to be a time of spiritual discipline, and is shown from the fact that Ramadan is the month of remembrance and celebration of when the Qur'an (the Muslim holy book) was revealed to Muhammed.

A week after Ramadan starts, St. Patrick's Day is celebrated! This holiday is usually celebrated in the United States and Ireland. St. Patrick's Day is celebrated because of the death of St. Patrick, the patron saint of Ireland. The holiday has evolved into a celebration of Irish culture with parades, special foods, music, dancing, drinking, and the incorporation of a lot of green.



A few days after that, the celebration of Ostara begins! Ostara is a Pagan solar holiday honoring the spring's warmth, light from the sun, and the awakening of the earth. Pagan celebrations during this holiday have themes of balance, renewal and rebirth. The symbols of Ostara are eggs and rabbits. Eggs, just like the rabbit, have long been considered an ancient symbol of fertility, rebirth, and new life, all associated with the springtime celebration of Ostara.

About six days after that is Holi! Holi is a popular and significant Hindu festival celebrated as the festival of colors, love, and spring. Ramadan is the month of mercy and love, when Allah's forgiveness descends upon the entire Earth, realigning souls from the fire of separation toward the embrace of Divine love. Additionally, the day signifies the triumph of good over evil, as it commemorates the victory of Vishnu as Narasimha over Hiranyakashipu. We celebrate this victory because by killing Hiranyakashipu, Narasimha restored the balance of good over evil and taught the importance of standing up for what is right.

Merely six days after that, this year's Easter celebration takes place on March 31st. Easter is celebrated by Christians as a joyous holiday because it represents the fulfillment of the prophecies of the Old Testament and the revelation of God's salvific plan for all of humankind. In commemorating the Resurrection of Jesus, Easter also celebrates the defeat of death and the hope of salvation. In conclusion, there are many holidays that celebrate completely different things in multiple diverse ways. –Claire Jensen

Feature

Turning Pointe Studio



Looking for an afterschool activity that is both challenging and fun? Turning Pointe Ballet Studio is just the place! Turning Pointe is a new ballet studio in Centerville designed for everyone in mind, no matter the skill level or gender. Whether you have any dance experience or not, you are welcome there. Turning Pointe opened its doors in September 2023 and celebrated its first Winter Variations performance in December 2023. This new studio is a fantastic space, housing two large studios.

While the studio is new, the instructors and most of its dance students are not. Prior to Turning Pointe opening, its artistic director Joan Bowles and managing director Sarah Taylor taught ballet at Centerpoint Academy, an afterschool program for kids and teens interested in theatre and ballet. However, at the end of the 2022-23 school year, both the theatre program and ballet studio outgrew the space, prompting Joan and Sarah to create Turning Pointe and give their students a new home. Both Joan and Sarah have over thirty years of ballet experience. The new studio allows them to offer more classes, ranging from a new all-male class taught by James Bartholomew, formally of Ballet West, an added intensive class for beginners, and drop-in barre classes. They will also offer more 2024 summer drop-in classes, which are open to everyone, even dancers who are not students of Turning Pointe. The most unique class that is offered at Turning Pointe is a class specific to new teenage ballet students who've never danced ballet. This class is taught on Monday afternoons. Currently, Turning Pointe is preparing for their spring performance of Beauty and the Beast, in which all dance students participate. This performance on April 13, 2024, will be held at Centerpoint Theatre and is open to the public.

One student who attends Turning Pointe is Sadie Farnsworth (9). Sadie has danced ballet for nine years and loves everything about it. Most of all, she loves the environment and connection she has with her classmates. "If I could describe Turning Pointe Studio in a couple of words it would be connected and loving," Sadie said. This shows the studio is not only about skills, but about having a friendly environment, too. Turning Pointe's motto is "Every dancer counts," and when you walk into the bright-lit studio, greeted by Joan, Sarah, or James's encouraging smiles, it is not difficult to see that this is true. To learn more about Turning Pointe, you can visit their website at turning-pointe.org. –Annabel Williams

Unfrosted

Do you like Pop Tarts? So does Jerry Seinfeld. Enough to make a movie about them. Seinfeld loves Pop Tarts, and is taking the obsession one step farther with a movie named *Unfrosted: The Pop Tart Story*. The Pop Tart, a rectangular toaster pastry loved and adored by many, was invented in the 60s. Since then, Seinfeld has been loyally devoted to the precious snack, whether he was eating the snack for breakfast or spending two years on a Pop Tart stand-up routine.

In 2018, he posted about his idea for the movie via social media. The pandemic in 2020 gave him the opportunity to write it. "Stuck at home watching endless sad faces on TV, I thought this would be a good time to make something based on pure silliness," Seinfeld told Deadline in 2021. "So we took my Pop-Tart stand-up bit from my last Netflix special and exploded it into a giant, crazy comedy movie." Co-written by the same writing team who gave the world the "Bee Movie", Seinfeld's creation will come to Netflix on May 3, 2024. The movie will take place in Michigan, 1963, presenting an epic race between cereal brands Kellogg's and Post to create a toaster pastry that will change the world…or change the world's breakfasts. "There are a couple of elements that are true that we use to begin the story, which is that Post came up with this idea and Kellogg's heard about it and said, 'We have to do the same thing,'" said Seinfeld. The movie may not be a 100% true story, but it will surely be comedic based off of the lists of starring actors and comedians. Along with Seinfeld, Melissa McCarthy, Jim Gaffigan, Hugh Grant, Amy Schumer, James Marsden, Fred Armisen, Max Greenfield, Christian Slater, Dan Levy, Bill Burr, Jack McBrayer, Thomas Lennon, Bobby Moynihan, Adrian Martinez and Sarah Cooper will star in the movie. -Hanne Davis

The Benefits of Journaling



For many years, people have written down their thoughts and feelings in a little book called a journal or diary. There are many famous journals that if we didn't have today, we wouldn't know about many important events that changed how we see the world. Anne Frank's Diary, a 2 yearlong journal written in the 1940s by a 13-year-old Jewish girl while she was hiding from the Nazis is a great example of the importance of keeping a journal. There are many benefits to the blank journal. Journaling can help cope with depression, reduce stress, help relax and meditate your brain, and manage anxiety. To get the most of these benefits, try to write or create something in your journal every day. It is best if it is not overcomplicated. Don't try to copy anybody else's journal, make it your own. If you ever just have a lot going on and need to let it out, try journaling. Today, there are many different types of journals including bullet journals, travel journals, art journals, dream journals, reading journals, food journals, gratitude journals, and the classic journal. Knowing which journal (or journals) to keep depends on the person. Bullet journals are used to track how time is being spent, keep track of tasks, and are a great way to release your creativity because you can decorate them any way you like. Travel journals are for those who would like to document the trips and vacations they go on. They are also great for people who like to scrapbook, as it is a great way to display tickets and pictures from trips. Since art does not just include drawing or painting, art journals are not just for artists. Museums, concerts, musicals, architecture, and movies are all considered art. Just making notes on these types of art can be part of art journals! Dream journals are great to keep on nightstands to write dreams down. Reading journals are definitely for bookworms, as keeping a reading journal is a great way to write down thoughts about books, especially for book clubs. Reading journals are also an excellent way to cherish your favorite books forever. Food journals are a wonderful way to write down recipes for delicious food and make notes on foods from restaurants. Gratitude journals are one of the best ways to reflect on all the things to be grateful for. Many famous people, including Oprah Winfrey and Emma Watson, keep gratitude journals. The classic, personal journal is just a blank journal where you write down thoughts and events that happen throughout your day or whatever you want. -Audrey Bingham

To Chew or Not to Chew

Do you have gum? Many people ask or get asked this question in classes throughout the day, but should we be chewing gum? The answer is yes and no. There are multiple benefits to chewing gum, but also many potential downsides.



The reason people are chewing gum is probably because there are benefits to this habit. Chewing gum helps your mouth produce saliva, which can help clean your mouth (though gum can help clean your mouth, it should supplement regular mouth cleaning, not replace it). There is no scientific proof that this works, but people claim that chewing gum can help them focus, calm them down, or help them resist snacking. There's even a special gum called nicotine gum that can help people quit smoking.

Sounds like you should chew a stick of gum now, right? Sure, but there are a few things to be careful about. Chewing gum can cause or worsen temporomandibular disorders, which is a complicated word for a disorder related to the joint that connects your jaw to the rest of your skull. Chewing gum for extended periods of time can lead to headaches, jaw pain, tooth fracture, and clicking or popping in your temporomandibular joints. Cleveland Clinic dentist Karyn Kahn says, "For some people, even a small shift in their temporomandibular joint can cause severe pain when they move their jaw." Someone with a temporomandibular disorder should avoid gum entirely, but someone without it should limit chewing gum to 15 minutes or less. Not only should you limit how long you're chewing gum, but you should also limit which gum you chew. Sugar in gum causes tooth decay, so if you want to chew gum, make sure to chew sugar-free gums. Examples of sugar-free gums include Extra, Trident, 5 Gum, Ice Breakers Ice Cubes, and Orbit.

Chewing gum is a big part of some people's lives, but next time you're thinking of chewing on your favorite piece of gum, remember to consider these things: Will you be chewing your gum for 15 minutes or less? Are you chewing sugar free gum? If you answered yes to both of those questions, you're good to go. Chewing gum is a favorite for many people, but it's best when chewed safely. -Lauren Forsyth

Sports

March Madness

While college teams play in their normal basketball season, there is one thought lurking in the back of their minds. The biggest tournament in the history of college sports, March Madness, looms in the distance, getting closer and closer. The 64 best college basketball teams in the country fight in a bracket that eliminates teams if they lose a game. This continues until there is only one victor: The national champion.



The tournament takes in two groups: The teams with the best records, and conference winners. Your record is based off the number of wins and losses you have. Teams with the best records have the most wins, which usually means they are the best teams. Conference winners win their conference's mini tournaments, punching their ticket to the tournament. "The tournament has high stakes and keeps me on the edge of my seat," said Cole Smith.

This process needs to be organized. These teams must know who they are gonna play before they get to their game, right? Well, there is a special setup for the games. There is a bracket set in place. A basketball bracket is a set route that teams need to follow to get to the championship. Cole Smith said, "[It excites me because of] the possible underdog matchup." Each time a team wins, they advance on the bracket and face a team that also won. If you lose, you are off the bracket. This process is repeated until two teams remain. These teams play in the championship.

The championship is what everyone has played for the whole season. The two teams on that court are the best in the country. After a long season, near the end, emotions will be running high. Emotions are high because it's an intense tournament and it's really fun to watch. The winner will earn the trophy, and the title of best in the country. You can expect one of the best games of basketball that you have ever watched if you watch the game.

–Carter Jenkins

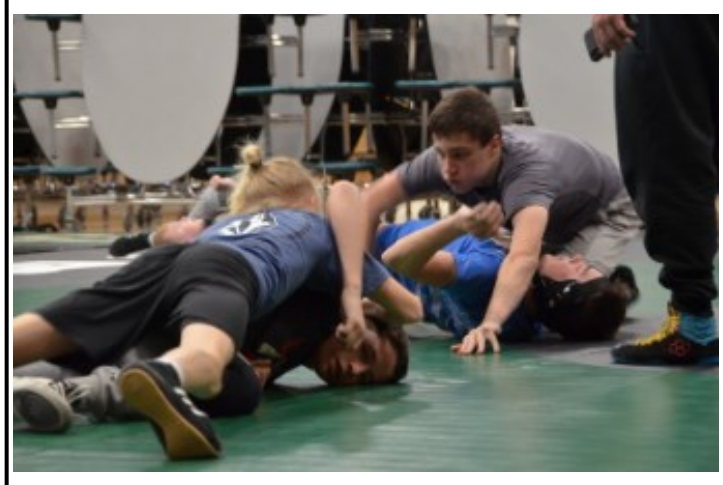
Alpha Husky Arm Wrestling Tournament

Support an epic fundraiser! Every Monday in March, contenders will be introduced to the student body. During the week, you will vote for who you want to win by donating money in that person's name. The donation box is located in the office. Write the name of the person for whom you are voting on the outside of an envelope, place your donation inside the envelope, and drop it in the box. The donation votes will be tallied throughout the week. On Friday, the contenders with the most donation votes are granted immunity from the Wheel of Woes. The contender with the least donation votes must spin the wheel and do what it says during the arm wrestle. The winner of the arm wrestle moves on to the next round. The tournament continues each week until the Alpha Husky Championship on March 29th. In addition to the Alpha Husky Tournament, you can test your strength during lunch. Every Thursday, arm wrestle Kalakis or Atkins for a $5 donation. If you win, you get a Baja Blast and an "FJH Alpha Husky" pin. All donations from the tournament and the arm wrestling during lunch will go toward our Bronze Husky.

The Husky Howler is the monthly newspaper of Farmington Junior High School in Farmington, Utah. The staff is made up of writers from all grade levels. Please email your questions, comments, or editorial replies to the Staff Advisor, Mrs. Kalakis at the following address: mkalakis@dsdmail.net

Springing into Sports

The sun is in the sky longer, more rain continues to fall, the temperature gets warmer, and birds begin to sing as Mother Nature brings color back into the world while spring approaches. Flowers and trees blossom, but those aren't the only things blooming... it's time for some new sports opportunities at our school.



Volleyball, boys' basketball, and girls' basketball have all come to an end at Farmington Junior High. Two seasonal sports remain: wrestling and track & field. Wrestling started earlier in the year, in the first few weeks of February. Practices are usually every day after school, and games are expected to start on February 26th. Track is expected to start later in the month, with the first meet (game) sometime in March.

The wrestling team consists of mainly boys from our school. Some with years of experience, some trying it out for the first time. After setting up the mats, the team is led by fellow members and coach Matt Knighton in drills like different styles of running around the mats. Coach Knighton has taught wrestling at Bountiful High School for 5 years and teaches wrestling at the North Side Wrestling Academy club team. To keep their body loose, the team then performs different stretches together. After the team is warmed up, Coach Knighton teaches and demonstrates techniques and gives helpful tips on how to either take down or defend an opponent, with some having names such as the "daylight." Each one is useful in different situations. After Knighton teaches them, each person practices the concept just taught on a partner of their same weight. The coach and his assistant walk around and make sure each pair is performing the task right, as well as guiding anybody who needs help. This process is repeated multiple times until everybody understands the multiple techniques. Throughout practice, Knighton explains rules on how points will be taken away or earned during the matches, so new players will get an understanding of the game. "Watching the kids learn new moves... [and] starting to get it and be successful with it" is Coach Knighton's favorite part of coaching wrestling. After some cooldowns, the team ends with a game of "King of the Mat." The team is split into two different groups which both form a line, and the two people in front of each line face off. The winner stays and earns a win, while the loser goes back in the line or is out of the game. Once everybody is exhausted, they finally clean up the mats and head home to rest until the next day. At some point there will be a wrestle-off (a normal wrestling match) within our team to determine varsity and junior varsity. "I'm looking forward to the wrestle-offs and the actual matches," said Asa Ward (9). The first game is scheduled for February 26th.

Track & Field has a much wider variety of competitions than wrestling. Whether you're a jumper, thrower, sprinter, long distance runner, or somewhere in the middle, this sport has what you need. Conditioning is expected to start late February and is open to anybody interested. After a few weeks only people who have filled out the required paperwork and gotten their physical can participate. A physical is required for any sports team you join and is simply a medical checkup with a doctor to make sure you're clear to do any athletic activity. Like wrestling, practice is usually every day after school, and the daily schedule is much the same. Typically, track team captains (picked by the coaches) lead stretches and light running exercises to get the blood flowing. In the beginning, every participant gets experience trying every type of event. New players can start figuring out which events they want to do, and more experienced players can improve their all-around skills. When the first meet approaches, the team is split into 2-3 groups: short distance runners, long distance runners, and occasionally throwers and jumpers. Each group is led by a different coach in exercises to improve their skills as much as possible before the meet. After each meet, the top couple players from each category (for example the 100-meter sprint or the 800-meter) are automatically placed in that category for the next meet. Players who don't make it are free to sign up and/or compete during practice to fill the remaining slots. For example, there might be four spots available in the 200m, so a limited number of people sign up to all race at the same time or in different heats (groups) depending on how many people there are. The four fastest times are taken and inserted into the open slots. This gives participants an opportunity to try different events and expand their overall skills.

So, now that you know what wrestling and track are like, maybe you could give track a try this year or wrestling next year. Both give opportunities for everybody to participate in a couple of practices, so if you're still unsure, you can give it a shot yourself. When asked to describe his wrestling experience so far in one word, Asa said, "Difficult." If you're not up to something that seems difficult, then see if you know somebody who does so you can cheer them on as our school year nears its end. -Max Johnson

Editorial

An Inside Scoop on the School Dress Code

The dreaded school dress code: The protocols that restrict what a student can wear, the so-called "requirements" that a student's outfit must meet to be an eligible outfit for school. Most become agitated when it comes to the school dress code because it is said to be questionable, as it restricts many from being able to express themselves. Many students at FJH have noticed that most of the time it is usually girls getting dress coded, not their fellow boy classmates. Many have taken this seriously and have become annoyed on the matter because it is said that other students can become "distracted" when seeing a girl's stomach or shoulder. Students have also noticed that a few specific teachers like to enforce the dress code more than others.



Mrs. Henderson, a U.S. History teacher for 8th grade students, is known for enforcing the dress code. During an interview on the matter, she was asked if she finds it fair and what she thinks could be done to change it for the better. In response she said, "The FJH dress code keeps our school classy. Behavior often follows how one dresses. When students violate the dress code, it can be distracting to students around them which makes it harder for those students to focus on class work." This proves that some teachers claim students can become distracted by another classmate's body. If distraction is the reason a dress code must be enforced on students, this rule should also apply to teachers. It has been confirmed that a report was made this school year on a teacher for not meeting dress code standards. While the teacher was found to be in compliance, this proves that what teachers wear is more of a distraction to students than what other students wear.

A few students were asked how they felt about the dress code and their responses were remarkably like those of their peers. Paislee Kovac (7) was asked her thoughts about the school dress code. She answered, "If girls wear a tank top, then they are like 'Oh, you are dress coded,' but it's like everyone has arms, arms aren't bad." Another student Parker Mitchell (7) was asked the same questions as Paislee, while he was asked the same questions his answers were not the same. In Parker's interview, he said, "I think it's focused on girls because they are the ones always getting in trouble for it and we're not. But I also do not think people should be able to wear whatever they want." As you can see, both boys and girls at FJH claim that the dress code is focused on girls and how they should cover up instead of expressing themselves.

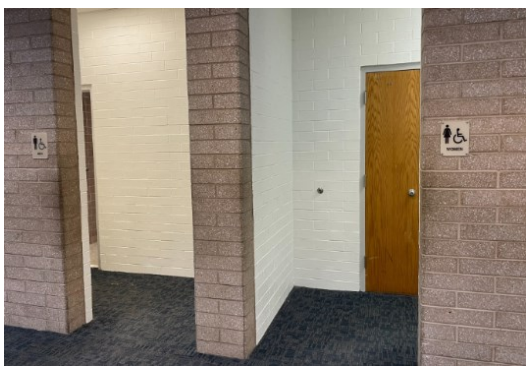


The school dress code is arguably questionable, and I feel that the school dress code should allow students to be able to express themselves without getting in trouble. I also think that people should be able to wear whatever they want because it is better to be happy and comfortable at school instead of being uncomfortable in an outfit you do not want to be in.

From my personal experience, I always pay attention more when I am comfortable in my clothes. Most people feel the same way as I do, because how do you expect us to wake up so early to be ready to learn in clothes were not comfortable in? That aside, our school dress code needs a lot of improvement, with not just what we can and cannot wear, but with how teachers respond to us wearing what they think is against the dress code.

-Zaylee Mulder

Graffiti at School



Do you ever feel uncomfortable when you see all the words and drawings on the bathroom stalls? Well, you're not the only one. Graffiti in the bathrooms, desks, cafeteria, or anywhere around the school without permission from an adult who works at the school is against the rules. It is disrespectful, harmful, and not okay to say the least. With this being the case, we should stop doing this.

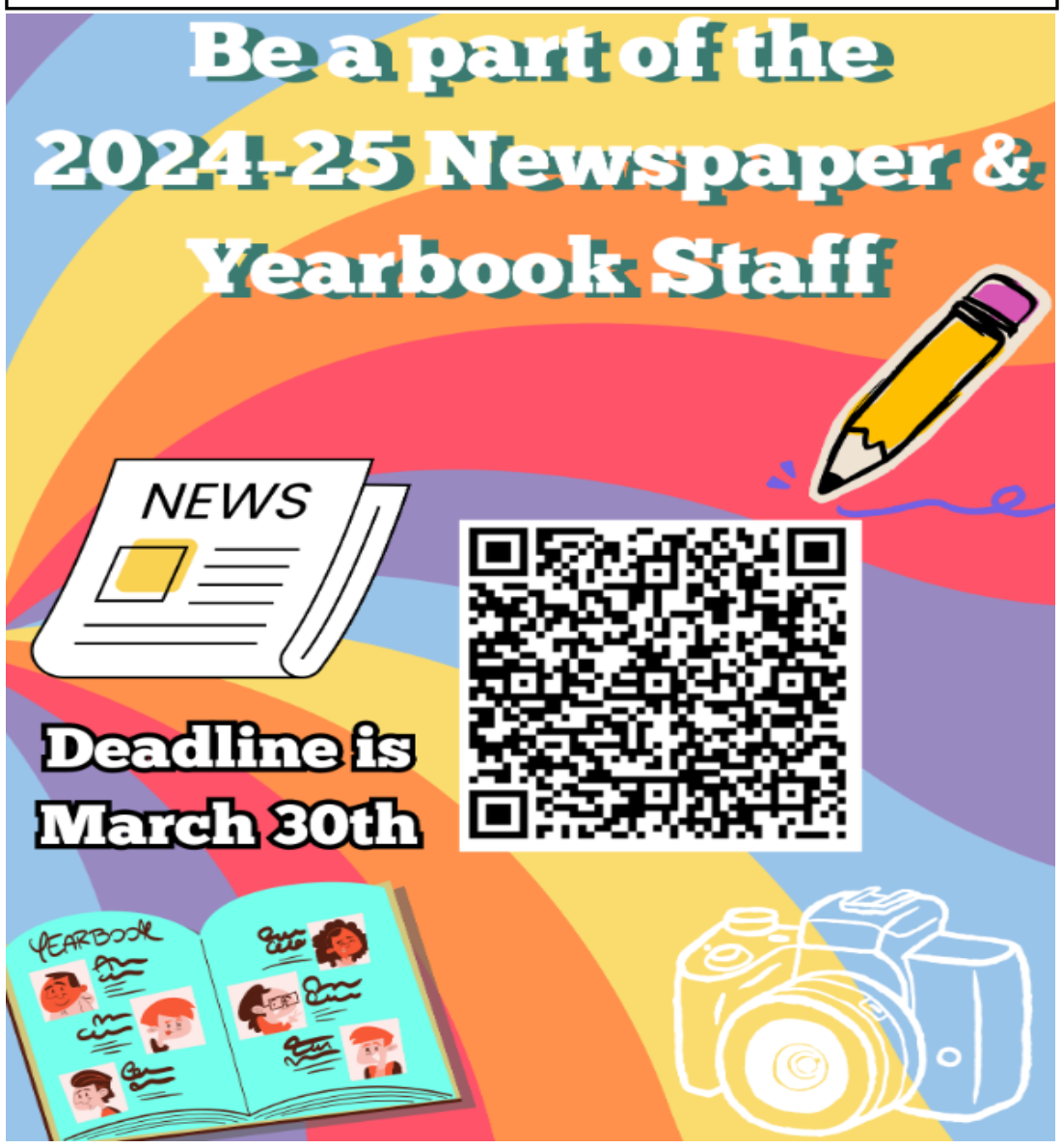
Why do people graffiti in the first place? To some people it is a form of art or a way of expressing feelings and emotions. Some do it because they think it's funny. Some do it because they think it's cool or they think others will think it's cool. Just because you think it's funny or you think it's cool doesn't mean you should be doing it. If you want to express your feelings or emotions, do it on something that you own.

Outside of school, it is illegal to graffiti anywhere or on anything that is not your own property. You can go to jail, be fined up to $500, or have to do community service if you are caught drawing on anything that you do not own. Community service could mean you would have to do some form of volunteering such as in a soup kitchen or at a shelter. You could also have to donate stuff like food for a food drive or help clean up your community as a way to compensate for the damage. As you can see, it is not okay to graffiti on anything under any circumstances, and punishments will follow should you do said actions.

Inside of school, it is against all rules to graffiti on anything without permission from a teacher or administrator. If you are caught doing this inside or outside the building, it could lead to suspension from school or from school activities, such as sports or clubs. For example, if you are on a sports team at our school and you are caught graffitiing somewhere on school grounds, you could be suspended from playing for your team, with the same rules applying to clubs. Should you graffiti on something at school, you could be suspended from participating in that club for an extended period of time. Therefore, if you would like to stay with your school activities, I would recommend not graffitiing on anything.

There are many reasons you should not graffiti, though another one includes that you should consider your fellow huskies around you. Many of your peers around you do not like to see people write or draw inappropriate things anywhere, especially not in the bathrooms. Here are some thoughts from some students: "Um I think they should make people who do it make them pay for it or scrub it off," said Ella Gracey (7). "Some of it's pretty gross and I prefer not to look at it…It's kind of weird…and yeah, it's inappropriate and not okay," said Lainey Jorgensen (7).

As you can see, it is never okay to write or draw on anything at school without permission, meaning that you should do it under no circumstances. If you do graffiti on something and get caught, you can get in trouble and potentially face serious consequences for those actions. So, next time you are thinking about drawing on the bathroom stalls, think again and don't do it. I would love to see your drawings, just not in the stalls. -Addison Winter



Arts & Entertainment

Marvelous Madness: All the Upcoming Marvel Studios Projects



Photo Credit: The Walt Disney Company and Marvel Studios

We're entering a new era of marvelous superhero movies, and with it, we are moving away from original star heroes like Iron Man and Captain America and meeting some new faces. As we move through this new phase of the Marvel saga, let's take a look at some of the movies and shows coming up this year and beyond.

The first Marvel movie to be released in 2024 was *Madame Web*. Created in association with Sony, the movie is about Cassandra Webb, the movie's namesake, as she develops powers to see the multiverse. The movie also included versions of Spider-Woman and Spider-Girl from across the multiverse.

Next up for the Marvel Cinematic Universe is *Deadpool 3*. Coming on July 26, the movie will reintroduce a Fox character as the protagonist of an MCU movie. Wolverine will also be featured in this movie. Ryan Reynolds is returning as Deadpool, and Hugh Jackman is back for Wolverine. The movie will feature the Time Variance Authority (TVA) and Mobius from the TV show *Loki* coming to capture Deadpool in a high-stakes multiverse adventure.

The Sony collaboration movie *Morbius* didn't get a warm reception, but Sony is hoping for a different response in the upcoming *Kraven the Hunter* on August 30. The movie is meant to provide a new origin story for the Spider-Man villain in the title. If it does well, Kraven could appear in more movies in the future.

Sony continues to dip its toes into the MCU with *Venom 3*. Little is known about the movie, which will release on November 8, but it supposedly leans toward a multiverse plot that further explores Sony's version of the MCU. The villain is reportedly from a different universe than the *Venom* universe and will be sent there to act as the bad guy for the movie.

The final Marvel movie that may or may not release in 2024 is *Spider-Man: Beyond the Spiderverse*. However, due to strikes and changes, the movie was moved from a March 2024 release date to an unknown date that could possibly extend into 2025. This movie is a highly anticipated one following the success of its two predecessors. It will end the highly rated multiverse-focused Miles Morales Spider-Man animated movie trilogy.

On top of those movies, there are several more projects set to (hopefully) be released sometime in 2024. Their release dates have either not been confirmed or have been changed. There are also a wide variety of Marvel movies and TV shows coming to theaters and Disney+ in 2025 or later.

X-Men '97, set to release sometime early this year, will be a return to the animated TV show that began in 1992 and ran through 1997. The new show will follow and update the original. It will release on Disney+ and follows the mutants as they battle new dangers.

Agatha: Darkhold Diaries, formerly known as *Agatha: House of Harkness* and *Agatha: Coven of Chaos* before its 2023 rename, will be a *WandaVision* spinoff show on Disney+ that follows the witch Agatha Harkness. The show is meant to be a comedy that is both dark and mischievous. It is set for a fall 2024 release date.

Your Friendly Neighborhood Spider-Man (formerly known as *Spider-Man: Freshman Year*) will be an animated Disney+ show that follows the early days of Peter Parker as he embarks on the journey of being Spider-Man. Reportedly, this show, which has an estimated 2024 release date, will introduce a few new characters as part of Peter's earlier days as a superhero, such as a new crush that isn't MJ or Gwen Stacey, a new Hulk, a Wakandan exchange student, and Harry and Norman Osborn, with the latter serving as Peter's mentor in the first parts of the show. A few familiar classic Spider-Man villains will also return, including Speed Demon, Rhino, and Doc Ock. Daredevil and Doctor Strange will also make appearances, with the appearance of Doctor Strange, as well as the classic villains, hinting at multiverse possibilities for the show.

Captain America: Brave New World (formerly known as *Captain America: New World Order*) has a current release date of February 14, 2025. It will follow the new Captain America (formerly the superhero known as Falcon) fighting villains without the support of the other Avengers, who reportedly disbanded after the events of *Avengers: Endgame*. The character Isaiah Bradley, the first Black super soldier, will be involved in this film, as will the character Joaquín Torres, who will inherit the old Falcon gear. Several old MCU characters will also appear in this movie, including The Leader, who originated in 2008's *The Incredible Hulk*.

Thunderbolts, a movie supposedly coming to theaters on May 2, 2025, is about a team of anti-heroes trying to fix their ways. Bucky Barnes (also known as the Winter Soldier), Yelena Belova (Black Widow's sister), Red Guardian, U.S. Agent (the fake Captain America), Ghost, Taskmaster, and Allegra de Fontaine will make up this new team of reformed villains. While *Thunderbolts* was originally set for a late 2024 release date, strikes pushed it back a year.

Not much is known about the upcoming remake of *The Fantastic 4*. However, it has a current release date of July 25, 2025. We also know the cast: Pedro Pascal as Mr. Fantastic, Vanessa Kirby as Invisible Woman, Joseph Quinn as the Human Torch, and Ebon Moss-Bachrach as the Thing.

Blade, which currently has a release date of November 7, 2025, was actually supposed to release in 2023 before being pushed to 2024 and then being delayed again due to director changes. The original director, Bassam Tariq, left the project two months before it was meant to start filming. Tariq was replaced by Yann Demange. *Blade* will be about the sword-wielding half-vampire in the title.

Avengers: The Kang Dynasty currently has a release date of May 1, 2026, but that date could be moved around due to many changes surrounding the cast and plot. Meant to be part of the conclusion of Phase 6 of the MCU alongside *Avengers: Secret Wars*, the title makes it clear that the character Kang the Conqueror was meant to be involved. However, both the film's director and screenwriter left the project in late 2023, and Marvel dropped Jonothan Majors, the creator of Kang's character, after he received charges for assault and harassment. At this point, it is unknown what is going to happen with this movie, and if Kang will be involved at all, but a new screenwriter, Michael Waldron, has been found, and, considering he's doing the screenplay for *Avengers: Secret Wars* as well, there's a chance *Secret Wars* could become a two-part film.

Continued on page 6

Echoes of Excellence

March is a busy time for band members as they scramble to learn music and be prepared to give it their all in local festivals. Coming up quickly is District, where bands can show off their talents in front of other schools in the district. Past that is State, which is for the more competitive groups that managed to get chosen after their audition has been reviewed. This year, Farmington's Symphonic and Honors bands both made state! The goal of these events is to get a superior rating, which is where a band gets the most points possible. FJH's bands have done this consistently for many years, alongside being allowed to participate in sight reading, which is where a band is given a completely new piece of music and then are judged on how well they can



play it. "It's fun to be able to go do the festivals," said Honors Band member, Kyle Dickson. While the festivals can be fun, there is a lot of work to do. In order to prepare, the band rehearses for two hours once a week to ensure they have success, along with long practices at home. Commitment from players is important as every person matters. Often times, players have solos and parts that diverge from each other, and if things go wrong, it can be easy to tell. Honors Band was recently added to help support the growing amount of young musicians and is made up of the top players from all instruments in the band. Their goal is to set an example of what hard work and dedication can become! With these things, combined with expertise from directors Mr. Wolf and Miss Landen, both bands are set on a path towards success. –Mac Francis

Women's History—Continued from page 1

Amelia Earheart was one of the most celebrated aviators in America. Her most well-known accomplishment is that she was the second person to fly solo across the Atlantic and the first woman to fly solo and nonstop across the United States. She is a woman that young girls everywhere can look up to. She never gave up and she was resilient. She inspired women around the world to never give up and keep fighting for what is right.

This month, let's remember all the great women throughout history and how they have worked to get us to where they are. This is a time to appreciate the sacrifices and bravery these women have shown, which made it so that all have equal rights and opportunities for a better world now and in the future. - Nora Jensen

Clubs

Post Election Options

Did you want to become a part of student government this year but didn't get elected? Maybe you gave up and thought that you just weren't good enough to be an SBO, but that's probably not the case. The SBO election gave you another chance to become one for next year. All you had to do was go to Summit announcements, find the announcement from the principal, and fill out the Google form. The form is filled with basic questions such as your first and last name, your email address, what your GPA is for this year, and some things about yourself such as why you want to be an officer, your strengths and weaknesses, what you like to do, and what makes you happy. If you do become an officer, there are a lot of things to do like going to the sports activities and a variety of other things. The student government has a lot of different perks for anyone. All you had to do was sign up online to submit, and your response would be looked at. If you didn't make it this year, you still have a chance throughout your time at the junior high, and it would be a fun experience.



–Evan Turley

Marvel Projects—Continued from page 5

The final Marvel film with a confirmed (for now) release date is *Avengers: Secret Wars*. This film is set to come out on May 7, 2027. It's meant to be the concluding film for the Multiverse Saga of Marvel. It hasn't been confirmed what *Secret Wars* will be about, but in 2015, Marvel Comics published a miniseries by the same name in which the Marvel universe we all know and love (Earth-616) and the Ultimate Marvel Universe (Earth-1610) found themselves in a battle that led to the destruction of both worlds. Afterwards, many Marvel character variants ended up living on a planet called Battleworld. However, as stated before, there is no confirmation that *Secret Wars* will or will not be about the comic miniseries.

Also coming up are many undated Marvel projects. Some don't even have a solid plan yet, so not much information is known about them. Most of these projects are TV shows.

Daredevil: Born Again will see the return of the character to the MCU. The show will have over 18 episodes – more than most Marvel shows usually get – and could possibly be a sequel to the original Netflix Daredevil show. However, this is unconfirmed, and the project has been suffering from many changes of the people in power. Nevertheless, the show is still planned to continue.

Eyes of Wakanda is set to be an animated series and the first official *Black Panther* spin-off. According to an official statement by Marvel, the show will follow a group of Wakandan warriors who are "tasked to travel the world retrieving dangerous vibranium artifacts". No other information has been revealed so far.

A third season of *What If...?* has already been announced by Marvel following the 2023 release of season two. The animated series follows different timelines within the MCU and what would happen if certain criteria occurred. Currently, no episodes or characters have been confirmed besides a teaser released by Marvel that shows the characters Red Guardian, Winter Soldier, and Bill Foster, along with a new character named Ranger Morales.

Ironheart will focus on a character named Riri Williams. In the comics, Riri is an engineering prodigy who develops her own supersuit similar to that of Tony Stark's Iron Man. Marvel Studios will be producing this project alongside Proximity, a production company co-founded by Black Panther filmmaker Ryan Coogler. A new villain will also be introduced here: The Hood. He'll start off as an ally to Riri, but dabbling in the dark arts will turn him evil.

Wonder Man will be about a character named Simon Williams. His father's business went under due to pressure from Stark Industries, so Simon will turn to a character named Baron Zemo, who will turn him into a superhero called Wonder Man. However, some fans speculate that the MCU will not actually use Baron Zemo, as he hates superheroes, so he would be unlikely to turn Simon into Wonder Man.

Armor Wars will be a feature film that will carry over the events of Secret Invasion, according to a 2022 D23 Expo statement. The comic storyline of Armor Wars was about Tony Stark's Iron Man technology falling into the wrong hands and what he did to stop it, but with Tony dead in the MCU, a new adaptation will be created instead.

Marvel Zombies is an animated series whose title is self-explanatory. Due to a zombie apocalypse, most of the Avengers become flesh-eating undead. Heroes and villains such as Hawkeye, Captain Marvel, Captain America, the Abomination, Ghost, Scarlet Witch, Okoye, and Ikaris will become zombies, and fighting them off will be Yelena Belova, Red Guardian, a team of Widows, Shang-Chi, Shang-Chi's best friend Katy, Kate Bishop, Jimmy Woo, Death Dealer, Ms. Marvel, and a gang of biker Skrulls. The show will be based off a comic mini-series created in 2005-2006 written by Robert Kirkman, the creator of *The Walking Dead*.

Not much is known about the upcoming untitled Nova project. It's still in early development and is linked to Nova, an intergalactic superhero tied to the Nova Corps. It is still unknown if this project will be a show, a movie, or a feature film if it comes to fruition.

Vision Quest is another WandaVision spinoff that will come after *Agatha: Darkhold Diaries*. The protagonist will be White Vision, an emotionless reproduction of the now-dead Vision. This series is believed to follow White Vision's quest to regain his memories.

As you can tell by now, there's a lot to look forward to when it comes to Marvel movies and TV shows, both this year and beyond. While many fans believe Marvel's content has been lackluster lately, the studio is hoping for a return to glory with these upcoming projects, and most fans hope they will be as marvelous as planned. -Kenna LeRoy

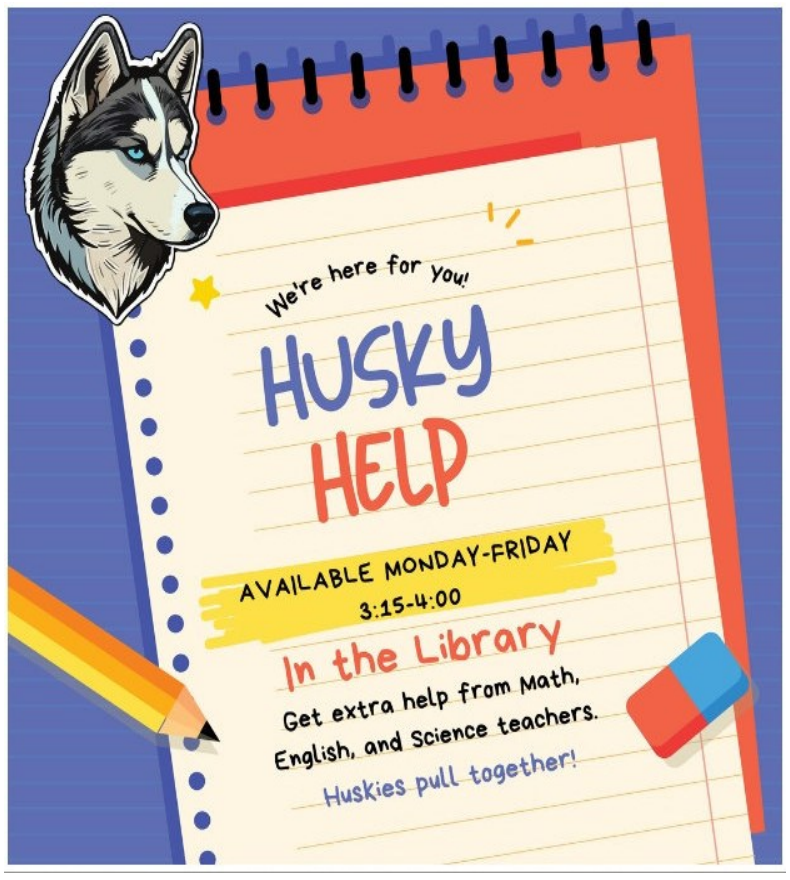
Black History Lunch Activities

With the start of the spring season, there is a new air of freshness during the month. It is also the beginning of Black History Month. With the members of the MAC club hosting activities during the lunch periods, there is a series of events planned that help emphasize the idea of what Black History Month is really about. These activities include artist names, trivia practices, and other events that the members work towards daily. The winners of said events may have opportunities to win prizes, as well as get a more detailed understanding of what the month is all about.



The MAC club set up a stand for trivia during the first weeks of the month. Participant Ruby Conners (9) explained, "We had a song trivia every like Tuesday and Thursday of Black artists where people could guess Black artists to get a treat." The reason that the MAC club has been doing this this month is because it is Black History Month, and the MAC club has been trying to emphasize the times by finding different holidays specific to the month. Along those lines, Ruby also said, "I guess and a lot of it is planning like we plan different things we look at like the calendars and see what's going on and then we figure out what would best bring awareness to things." MAC club isn't just bringing awareness to Black History Month the people in MAC club are also trying to teach what Black History Month is, what it means, and why it is important. "Everyone probably knows this Black History Month, but people might not know what it means to the importance of why having it and so." Overall, Black history is very important to show the achievements of people of another race, and even those of our own. With each event having a goal to learn about the people before us, it is important to participate with open hearts and open minds.

-Kyle Dickson



Academics

Cooking Up a Storm



Sifting through what classes you want to take is difficult, and whipping up a schedule is hard work! No one wants to be whisked into a less than ideal class, though that happens with classes that are more requested than others. This is the case of one of the most heavily requested electives here at FJH: Foods and Nutrition. As a CTE credit class for 9th grade students, Foods is a good introduction on how to cook a variety of items and the elements that go into the processes. Using hands on experiences and a selection of assignments, the Foods students learn fundamental tools to understand the importance of food and food safety.

Taught by Mrs. Sunderland in room 101, the 9th grade students work to make an assortment of treats or dishes, but not all of the dishes are food! During their first lesson in safety and sanitation, they did an experiment to learn more about germs. The students selected 4 items to swab and place in Petri dishes. Over the course of the week, the students were able to watch the progress of the germs grow. While not wholly related to food, the experiment was designed to give an introduction into the elements of cooking that aren't all about the food. In an interview with Averie Buchmiller (9), she claimed that the Petri dishes were "really gross on how like the bacteria formed. I didn't expect it to be that gross, but…yeah, it was pretty gross."

While the experiment had been a good introduction into the non-food related concepts of food, most people don't take Foods because they want to learn about germs. Instead, they come there wanting to participate in the consumption of food! The expectation is met as the students engage in the creation and assembly of many dishes. With items ranging from cinnamon rolls, to smoothies, to taco rings, to brownies, there is a dish for those of every taste, whether it be sweet or salty. With "Labs" being done almost every day, those that are able to enjoy the treat take their time to savor their creations before the final—and favorite— step in the creation process: Washing the dishes. Each team member is assigned a job with chores to adhere to and are required to complete a series of steps in making sure that all the dishes and surrounding areas are clean. This involves using the three-sink method to wash dishes, wiping down and sanitizing the table, and ensuring that the floor and stools are cleaned. This ensures that the classes to follow have a safe and clean environment to do their work in. Because it is so heavily requested, there are typically 40 students in each class period. Despite this fact, two students, Sophia Sparks and Hannah Bohman, were lucky enough to be able to get into the class. When asked about their experiences, Hannah said, "I like it. It's very fun. I like making new things cause normally I don't cook things at home as much, but it's fun to learn." Additionally, Sophia said, "I really like it because I know almost everyone in there, and it's just like. Really fun." Having more to say, Sophia also says that her favorite part about foods is "probably just like, the environment, like, everyone is just for the most part super nice. And just like, that's what also contributes to making it really fun." Even though it's a fun time, she can say with full confidence that her least favorite part of the class is "the dishes." So whether you're currently in the class, or an eighth grader looking for a CTE class to take, Foods is a good experience for all that participate. There are many lessons learned and fun experiences had, resulting in a fun and efficient learning environment. -Kaitlyn Turley

From Lab to Landfill: The Environmental Footprint of Diapers

In a recent science lab in the AP Environmental Science Class, students delved into the fascinating world of diapers to uncover the science behind their absorbent properties and environmental impact. Led by Mrs. Marcial, the experiment aimed to shed light on the materials used in diapers and their implications for waste management.

Students began by learning about the composition of disposable diapers, which resulted in their discovering that they contain a polymer called sodium polyacrylate, which is responsible for their impressive absorbency. They also learned about the environmental concerns associated with disposable diapers, such as their contribution to landfill waste and pollution. The hands-on portion of the lab involved several steps. First, before conducting the experiment, students made predictions about how much water a diaper could absorb. Second, using beakers filled with water and food coloring, students carefully poured water onto the center padding of a diaper, tracking the amount of water absorbed until the diaper was fully saturated. Third, after saturation, students used scissors to dissect the diaper and examine its interior material up close. Finally, the students completed a similar process with a second dry diaper, cutting it open to extract the polysorbate material. They then mixed the polysorbate with water to observe its snow-like texture.



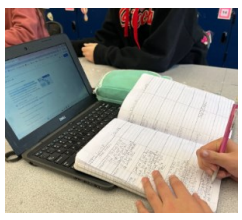
With the AP students taking up two class periods, many participants had good insight on the lab contents. "I liked the lab. It was kind of nasty, but it was pretty fun," said Gloria Hu. "It was also really weird because once you cut it open, like, you didn't expect, like, basically like Jelly to be inside, which was really cool," mentioned Austin Benning. Addison Cartwright noted, "It was pretty good, Marcial explained what to do and we all worked together, and we just took turns. Some people set it up, and we took turns on each step, and it worked out well. We had a rainbow diaper and everybody thought that was pretty cool." "I like being able to experiment with all the different things that you can find inside of a diaper that you didn't know about before," Carly Stratford commented. Kimberly Beardall said, "I liked seeing people's reactions when they were sitting there and just dumping water and then more water and they were like, this thing is holding how much water? That was fun." As these were some of the students' responses when asked what they thought about the lab, it was a good learning opportunity for all those involved.

Through this engaging and informative lab, students gained a deeper understanding of the science behind diapers and the environmental considerations associated with their use. By exploring the properties of diaper materials firsthand, students were able to connect scientific concepts with real-world implications, further fostering a greater appreciation for sustainable practices and environmental stewardship.

The science lab provided valuable insights into the world of diapers and encouraged students to think critically about the materials they use and their impact on the planet. As young scientists, they are equipped with the knowledge and awareness to make informed choices that contribute to a more sustainable future, making this lab vital for their learning. -Sammy McVeigh

Nurturing Academics

In the formative years of adolescence, academics play a pivotal role in shaping the future of teenagers. This period of intellectual growth not only equips them with knowledge but also instills essential skills and values that are instrumental in their overall development. Academic pursuits serve as a foundation for critical thinking, problem-solving, and a deeper understanding of the world. One of the primary benefits of a strong academic foundation is the cultivation of discipline and time management skills. Teenagers learn to balance their academic responsibilities with extracurricular activities and social engagements. The ability to prioritize tasks and meet deadlines becomes an invaluable asset that serves them well in higher education and future professional endeavors. Academics also act as a gateway to diverse knowledge, fostering a well-rounded perspective. A comprehensive curriculum exposes teenagers to various subjects, encouraging them to explore their interests and passions. This exploration not only aids in the discovery of individual strengths, it also fosters a love for learning that extends beyond the classroom. Moreover, a well-rounded education equips teenagers with the intellectual flexibility needed to adapt to the dynamic challenges of the modern world. Furthermore, academic achievements instill a sense of accomplishment and boost self-esteem. As teenagers overcome academic challenges, they develop resilience and perseverance. Success in the academic realm serves as a tangible reminder of their capabilities, empowering them to tackle future obstacles with confidence. While academics are undeniably important, it is crucial to strike a balance between academic pursuits and holistic development. Teenagers should have opportunities to engage in extracurricular activities, community service, and social interactions, as these experiences contribute to the development of interpersonal skills and emotional intelligence. Academics form the cornerstone of a teenager's intellectual and personal growth. By fostering discipline, critical thinking, and a love for learning, academics provide a solid foundation for future success. However, it is essential to recognize the importance of a well-rounded education that encompasses various facets of development, ensuring that teenagers emerge from their formative years as capable, confident, and compassionate individuals ready to face the challenges of adulthood. -Izzy Hatch



Comics and Games





SAINT PATRICK'S DAY JOKES

QUESTION	ANSWER
WHAT DO YOU CALL A FAKE SHAMROCK?	A SHAM!
WHY DID THE LEPRECHAUN CLIMB OVER THE RAINBOW?	TO GET TO THE OTHER SIDE!
HOW CAN YOU SPOT A JEALOUS SHAMROCK?	IT WILL BE GREEN WITH ENVY!





Saint Patrick's Day Word Search

L	P	O	T	G	R	E	E	N	F	M	I
T	J	X	R	A	I	N	B	O	W	A	R
R	N	G	O	L	D	G	D	S	X	G	E
T	R	I	F	O	L	I	U	M	E	I	L
F	M	A	R	C	H	D	U	X	X	C	A
I	R	W	G	L	I	H	H	M	Q	M	N
X	L	U	C	K	L	U	C	K	Y	X	D
L	E	P	R	E	C	H	A	U	N	P	Y

Find the following words in the puzzle.
Words are hidden → and ↓ .

GOLD	LUCK	POT
GREEN	LUCKY	RAINBOW
IRELAND	MAGIC	TRIFOLIUM
LEPRECHAUN	MARCH	





Comics and Games Page by Miles Bradley and Anniston Rudd