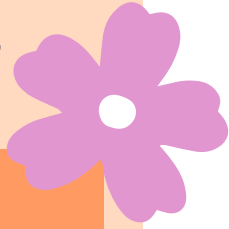




NORRIDGE/HARWOOD HEIGHTS

PARENTS OF KINDERGARTEN-8TH GRADERS DISCUSSION GROUPS



Spring 2024 - Eisenhower Library, 4613 N Oketo Ave

Join us at this free group for parents and caregivers to discuss common challenges, and to share approaches for helping children through them. Led by a NAMI certified peer group facilitator. In-person groups are held in a private meeting space at Eisenhower Library. Virtual groups are held over zoom. For more info and to register: bit.ly/49QoHa1 or scan QR code:



EXCESSIVE PHONE/DEVICE USE

In-person: Monday 3/18, 6:30-7:30 pm
Virtual: Thursday 3/21, Noon-1:00 pm

HELPING KIDS MANAGE ANGER AND FRUSTRATION

In-person: Monday 4/8, 6:30-7:30 pm
Virtual: Thursday 4/11, Noon-1:00 pm



HELPING KIDS WITH WORRY AND ANXIETY

In-person: Monday 4/15, 6:30-7:30 pm
Virtual: Thursday 4/18, Noon-1:00 pm

SCHOOL REFUSAL

In-person: Monday 5/6, 6:30-7:30 pm
Virtual: Thursday 5/9, Noon-1:00 pm



HELPING KIDS BUILD AND MANAGE FRIENDSHIPS

In-person: Monday 5/13, 6:30-7:30 pm
Virtual: Thursday 5/16, Noon-1:00 pm



TOPIC TO BE ANNOUNCED

In-person: Monday 5/20, 6:30-7:30 pm
Virtual: Thursday 5/23, Noon-1:00 pm