



Mayfield Girls School

Week 5	Monday 18/03	Tuesday 19/03	Wednesday 20/03	Thursday 21/03	Friday 22/03		
Cooked Breakfast	Herby diced potatoes, Poached eggs, Grilled tomatoes	Bacon, Fried egg, mushrooms & Plum tomatoes	English muffin, Ham, Poached egg, Spinach & Hollandaise	Sausage, scrambled egg & beans			
Lunch Main Meal	Spaghetti Putanesca	Pork & apple sausages with red onion gravy	Hoisin pulled pork bao buns				
Lunch Vegetarian	Roasted balsamic beetroot and goats cheese tarts	Mushroom stroganoff	Bang bang cauliflower bao buns				
Lunch Side Dishes	Garlic green beans & roast cauliflower	Mashed potato, savoy cabbage & sweetcorn	Vegetable chow mein				
Salad Bar Specials	Orzo with sundried tomato & basil	Crunchy Thai quinoa	Celeriac & carrot remoulade	Salad of the day			
	Second daily salad will be a sustainable salad						
Jacket Potato & Topping	Baked Beans	Baked Beans	Baked Beans	Baked Beans			
		Tuna & Sweetcorn		Coronation Chicken			
Lunch Dessert	Warm blueberry pudding with cream	Double chocolate mousse	Plum crumble with vanilla custard	Vanilla pannacotta			
Supper Main Meal	Hot dogs with crispy onions	Thai green chicken curry	Slow cooked pork & chorizo				
Supper Vegetarian	Veggie dogs with crispy onions	Quorn fillet with creamy mushroom sauce	Teriyaki courgette & baby corn				
Supper Side Dishes	With curly fries & coleslaw	Rice & roasted cauliflower	Rice & Savoy cabbage				
Salad Bar	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards See Separate Salad Bar Menu for Daily Offerings						
Jacket Potatoes	Jacket Potatoes With Beans Served Daily						
Dessert	Fresh fruit & jellies served everyday. Ice cream will be served one evening a week						
Dietary Requirements	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters. Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						