

Exercise Science Sports Medicine Program Uniforms 2024-2025

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T Shirts

(Black T-shirt is given)



Polo Shirt short or long



¼ Zip Jacket



Pants



Belt



Gym Shoes



Work style pants (purchase at Wal-Mart, Meijers, Target, Amazon) enough to get through a week

<https://www.walmart.com/> , <https://www.meijer.com/> , <https://www.target.com/> , <https://www.amazon.com/>

We train individually twice a week

Workout Gear (plan black)



Shorts



Sweats



Yoga

Supplies Needed

2 - folders

6 - blue or black pens

We have a washer and dryer in lab to clean the clothes and individual lockers for each student.