

# Owatonna Area Learning Center

This institution is an equal opportunity provider

## APRIL 2024

### LUNCH MENU

**FREE MEALS FOR ALL STUDENTS**  
All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

**COMPLETE MEAL**  
Students must choose at least 3 components, including ½ c fruit or vegetable, as part a complete meal.

**MILK**  
Milk Choices: Skim or 1% White, or Skim Chocolate  
Single milk purchase is \$0.55 per carton.

**EDUCATIONAL BENEFITS**  
Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

**ADULT MEAL PRICES**  
Lunch: \$5.00

**ALLERGY INFORMATION**  
This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, peanuts, tree nuts, and/or wheat. Please contact 507-444-8629 with special diet related inquiries.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>Pizza</b> Steamed Mixed Veggies Fresh Veggies Mandarin Oranges Fresh Fruit	<b>2</b> <b>Penne Pasta w/ Chicken Alfredo &amp; Garlic Breadstick</b> Steamed Peas Fresh Veggies Chilled Peaches Fresh Fruit	<b>3</b> <b>Orange Chicken w/ Brown Rice Pilaf</b> Steamed Broccoli Fresh Veggies Mixed Berries Fresh Fruit	<b>4</b> <b>Sloppy Joe</b> Roasted Corn Cobette Creamy Cucumber Salad Fresh Veggies Applesauce Fresh Fruit JonnyPops Freezer Pop	<b>5</b> <b>Cheeseburger or Hamburger or Veggie Burger</b> Baked Beans Potato Salad Chilled Pears Fresh Fruit
<b>8</b> <b>Cheese Filled Breadstick Bites w/ Marinara Sauce</b> Glazed Carrots Caesar Salad Pineapple Tidbits Fresh Fruit	<b>9</b> <b>Walking Tacos w/ Churro</b> Cheesy Refried Beans Fresh Veggies Chilled Peaches Fresh Fruit	<b>10</b> <b>Boneless Chicken Wings w/ Dinner Roll</b> Mashed Potatoes & Gravy Fresh Veggies Orange Strawberry Mix Fresh Fruit	<b>11</b> <b>BBQ Little Smokies w/ Mac &amp; Cheese &amp; Garlic Breadstick</b> Steamed Green Beans Fresh Veggies Applesauce Fresh Fruit JonnyPop	<b>12</b> <b>Original or Spicy Breaded Chicken Sandwich</b> Curly Fries Fresh Veggies Chilled Pears Fresh Fruit
<b>15</b> <b>French Toast Sticks w/ Cheesy Omelet</b> Smiley Potatoes Fresh Veggies Mandarin Oranges Fresh Fruit	<b>16</b> <b>Rotini Pasta w/ Meat Sauce &amp; Garlic Toast</b> Buttery Steamed Corn Fresh Veggies Chilled Peaches Fresh Fruit	<b>17</b> <b>Chicken Lo Mein</b> Honey Sriracha Edamame Fresh Veggies Pineapple Orange Mix Fresh Fruit Fortune Cookie	<b>18</b> <b>Loaded Baked Potato w/ Soft Pretzel</b> Steamed Broccoli Fresh Veggies Applesauce Fresh Fruit	<b>19</b> <b>Garlic Parmesan Crusted Cod w/ Garlic Knot or Hamburger or Cheeseburger</b> Seasoned Fries Italian Lettuce Salad Chilled Pears Fresh Fruit
<b>22</b> <b>Italian Dunkers w/ Marinara Sauce</b> Oven Roasted Asparagus Fresh Veggies Pineapple Tidbits Fresh Fruit	<b>23</b> <b>Chipotle Bar</b> Fiesta Beans Corn Bean Salsa Fresh Veggies Chilled Peaches Fresh Fruit	<b>24</b> <b>Corn Dog</b> Jicama Fries Fresh Veggies Baked Cinnamon Apples Fresh Fruit Gel Fruit Cup	<b>25</b> <b>Lasagna Rollup w/ Garlic Breadstick</b> Steamed Green Beans Fresh Veggies Applesauce Fresh Fruit	<b>26</b> <b>Philly Cheesesteak</b> Sweet Potato Fries Peppers & Onions Fresh Veggies Chilled Pears Fresh Fruit