

Owatonna Area Learning Center

This institution is an equal opportunity provider

APRIL 2024

BREAKFAST MENU

FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL

Students must choose at least 3 items, including ½ c fruit or vegetable, as part a complete meal.

MILK

Milk Choices: Skim or 1% White
Single milk purchase is \$0.55 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES

Breakfast: \$2.25

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, peanuts, tree nuts, and/or wheat. Please contact 507-444-8629 with special diet related inquiries.



AVAILABLE DAILY

- Breakfast Bar
- Cereal Bowl
- PBJ Uncrustable Sandwich
- Yogurt Cup
- Cheese Stick
- Milk - Choice of 1% or Skim

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Mini Bagel Applesauce Cup Juice Cup	2 Breakfast Pizza Fresh Fruit Juice Cup	3 Yogurt Parfait Fruit Cup Juice Cup	4 Breakfast Sandwich Fresh Fruit Juice Cup	5 Apple-Filled Donut Fruit Bowl Juice Cup
8 Frudel Applesauce Cup Juice Cup	9 Breakfast Sandwich Fresh Fruit Juice Cup	10 Smoothie w/ Annie's Bunny Grahams Fruit Cup Juice Cup	11 Breakfast Burrito Fresh Fruit Juice Cup	12 Cinnamon Roll Fruit Bowl Juice Cup
15 Mini Cinnis Applesauce Cup Juice Cup	16 Breakfast Pizza Fresh Fruit Juice Cup	17 Yogurt Parfait Fruit Cup Juice Cup	18 Breakfast Sandwich Fresh Fruit Juice Cup	19 Smart Round Fruit Bowl Juice Cup
22 Waffle Applesauce Cup Juice Cup	23 Breakfast Sandwich Fresh Fruit Juice Cup	24 Smoothie w/ Nature Valley Crisps Fruit Cup Juice Cup	25 Breakfast Quesadilla Fresh Fruit Juice Cup	26 Homemade Muffin Fruit Bowl Juice Cup