

Owatonna Middle School

This institution is an equal opportunity provider

APRIL 2024

BREAKFAST MENU

FREE MEALS FOR ALL STUDENTS
All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL

Students must choose at least 3 items, including ½ c fruit or vegetable, as part a complete meal.

MILK

Milk Choices: Skim or 1% White
Single milk purchase is \$0.55 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES

Breakfast: \$2.25

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8629 with special diet related inquiries.

OWATONNA
PUBLIC SCHOOLS
INSPIRING EXCELLENCE • EVERY LEARNER • EVERY DAY

AVAILABLE DAILY

Breakfast Bar

Cereal Bowl

Yogurt Cup

Cheese Stick

Sunflower Seed

Milk - Choice of 1% or Skim

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Mini Bagel
Applesauce Cup
Juice Cup

2

Breakfast Pizza
Fresh Fruit
Juice Cup

3

Yogurt Parfait
Fruit Cup
Juice Cup

4

Breakfast Sandwich
Fresh Fruit
Juice Cup

5

Apple-Filled Donut
Fruit Bowl
Juice Cup

8

Frudel
Applesauce Cup
Juice Cup

9

Breakfast Sandwich
Fresh Fruit
Juice Cup

10

**Smoothie w/
Annie's Bunny Grahams**
Fruit Cup
Juice Cup

11

Breakfast Burrito
Fresh Fruit
Juice Cup

12

Cinnamon Roll
Fruit Bowl
Juice Cup

15

Mini Cinnis
Applesauce Cup
Juice Cup

16

Breakfast Pizza
Fresh Fruit
Juice Cup

17

Yogurt Parfait
Fruit Cup
Juice Cup

18

Breakfast Sandwich
Fresh Fruit
Juice Cup

19

Smart Round
Fruit Bowl
Juice Cup

22

Waffle
Applesauce Cup
Juice Cup

23

Breakfast Sandwich
Fresh Fruit
Juice Cup

24

**Smoothie w/
Nature Valley Crisps**
Fruit Cup
Juice Cup

25

Breakfast Quesadilla
Fresh Fruit
Juice Cup

26

Homemade Muffin
Fruit Bowl
Juice Cup