# **Owatonna Elementary Schools**

This institution is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Filled Breadstick Bites w/ Marinara Sauce Turkey Sandwich Steamed Mixed Veggies Fresh Veggies Pineapple Tidbits Fresh Fruit	Boneless Chicken Wings w/ Dinner Roll Pizza Power Pack Mashed Potatoes & Gravy Fresh Veggies Orange Strawberry Mix Fresh Fruit	Walking Tacos All-American Sub Sandwich Cheesy Refried Beans Fresh Veggies Chilled Peaches Fresh Fruit	BBQ Little Smokies w/ Mac & Cheese Southwest Chickpea Salad w/ Garlic Breadstick Steamed Green Beans Fresh Veggies Applesauce Fresh Fruit & Jonny Pop	Original or Spicy Breaded Chicken Sandwich Creamy Chickpea & Jelly Sandwich w/ Cheese Stick Curly Fries Fresh Veggies Chilled Pears Fresh Fruit
French Toast Sticks w/ Cheesy Omelet Ham Sandwich Smiley Potatoes Fresh Veggies Mandarin Oranges Fresh Fruit	Rotini Pasta w/ Meat Sauce & Garlic Toast Yogurt Parfait Buttery Steamed Corn Fresh Veggies Chilled Peaches Fresh Fruit	Chicken Lo Mein All-American Sub Sandwich Honey Sriracha Edamame Fresh Veggies Pineapple Orange Mix Fresh Fruit Fortune Cookie	Loaded Baked Potato w/ Garlic Breadstick Breaded Chicken Salad w/ Garlic Breadstick Steamed Broccoli Fresh Veggies Applesauce Fresh Fruiit	Cheeseburger / Hamburger Garlic Parmesan Crusted Cod w/ Garlic Knot Seasoned Fries Italian Lettuce Salad Chilled Pears Fresh Fruit
Italian Dunkers w/ Marinara Sauce Turkey Sandwich Oven Roasted Asparagus Fresh Veggies Pineapple Tidbits Fresh Fruit	Beef Nachos Pizza Power Pack Cheesy Refried Beans Fresh Veggies Chilled Peaches Fresh Fruit	Corn Dog All-American Sub Sandwich Jicama Fries Fresh Veggies Orange Strawberry Mix Fresh Fruit Gel Fruit Cup	Lasagna Rollup w/ Garlic Breadstick Chef Salad w/ Garlic Breadstick Steamed Green Beans Fresh Veggies Applesauce Fresh Fruit	Philly Cheesesteak Creamy Chickpea & Jelly Sandwich w/ Cheese Stick Sweet Potato Fries Peppers & Onions Fresh Veggies Chilled Pears Fresh Fruit
Pizza Ham Sandwich Steamed Mixed Veggies Caesar Salad Mandarin Oranges Fresh Fruit	Penne Pasta w/ Chicken Alfredo & Garlic Breadstick Bagel Power Pack Steamed Peas Fresh Veggies Chilled Peaches Fresh Fruit	Orange Chicken w/ Brown Rice Pilaf All-American Sub Sandwich Steamed Broccoli Fresh Veggies Mixed Berries Fresh Fruit	Sloppy Joe Grilled Chicken Salad w/ Garlic Breadstick Roasted Corn Cobette Creamy Cucumber Salad Applesauce Fresh Fruit JonnyPops Freezer Pop	Hamburger / Cheeseburger or Veggie Burger Yogurt Parfait Baked Beans Potato Salad Chilled Pears Fresh Fruit

# **APRIL 2024**

LUNCH MENU

#### FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

# **COMPLETE MEAL**

Students must choose at least 3 components, including ½ c fruit or vegetable, as part a complete meal.

#### MILK

Milk Choices: Skim or 1% White, or Skim Chocolate Single milk purchase is \$0.55 per carton.

### **EDUCATIONAL BENEFITS**

Your student may qualify for additional Educational Benefits. For more information, please visit

Application for Educational Benefits on the Nutrition Services webpage.

## **ADULT MEAL PRICES**

Lunch: \$5.00

#### **ALLERGY INFORMATION**

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8629 with special diet related inquiries.

