

**ROSWELL HIGH SCHOOL  
Governance Council Meeting**

DATE: January 9, 2019 7:15am  
Roswell High School Media Center

DRAFT AGENDA

7:15-7:20 Call to Order/Welcome

Approval of Agenda (Action)

Approval of Meeting Minutes (Action), December 12

7:20-7:25 Public Comment

7:25-7:35 Student Update

7:35-7:55 Principal Update – Summary (finals and new semester)

7:55-8:05 RFF Discussion – See Public comment feedback below\*

Approval of Virtual Study Skills Course (Action)

Approval of Universal Personal Fitness Waiver (Action)

8:05-8:06 SGC Announcements – Council Members please register

Committee (Budget & Finance and Outreach & Communication) Training  
**ONLINE TRAINING** - Committee members can register for this training by visiting  
<https://tinyurl.com/sgcccommittee>

8:07-8:15 Set Agenda Items for Next SGC Meeting (January 23)

Principal Update – Flexible Funding, Presentation of Student Data, Surveys

Updates from Committee Break-out Sessions

Communication – SGC Elections

Finance – Funding Idea Outreach

Strategic Plan Indicator Review and Discussion

Indicators due and Monitoring Tool posted

Committee Break-out sessions

Communication and Outreach Committee

Finance Committee

8:15 Adjourn

**\*Public Comment Feedback – RFF**

Thank you for all the feedback we received; it is very helpful now and for future discussions.

Virtual Learning Lab General Study Skills Elective

Public Comment: I am supportive of the general studies class.

*SGC Comment: Thank you.*

Universal Personal Fitness Waiver

Public Comment: I disagree with the change in the personal fitness waiver. I think that the biggest reason to move to the Fulton County waiver is for district consistency and not for the benefit of the student as stated in the RFF. If you count up the number of minutes per week that a student exercises in the personal fitness class and compare it to the number of minutes that a swimmer, or a cross country runner, or a marching clarinetist exercises, the athlete or musician exercises more.. plus the seasons are longer than a 90-day semester.

*SGC comment: The benefit to the student is compared to not having a waiver. RHS leadership and SGC at Roswell High School conducted research to understand both risks and benefits of transitioning from the RHS personal fitness waiver to the Universal personal fitness waiver. Risks and benefits were addressed for administration, faculty, parents and students. However, our main focus was the students. RHS has a personal fitness waiver that has been utilized over the last couple of years and is expiring in Spring 2019. Although students and parents alike have found the RHS waiver beneficial, physical fitness experts agree that requiring 2 seasons of sports or marching band will increase the likelihood of achieving life-long physical fitness as compared to 1 season. While there is an increase in the number of required seasons, most students who utilized the RHS personal fitness waiver often participated in more than one season of GHSA sport or marching band, therefore the change will have very little impact on individual students.*

Public Comment: I heard some discussion about additional instruction that a student receives in personal fitness that is lacking in a sport. So how is it that two seasons solves that problem?

*SGC Comment: Some sports are delivering some instruction that is taught in the personal fitness course, others are not.*

Public Comment: I also believe that JROTC should be included in the waiver.

*SGC Comment: JROTC was not included in the custom RHS waiver, nor is it included in the Universal waiver. Although there are plenty of opportunities in other activities and sports that provide life-long fitness goals that are not GHSA sanctioned, the administrative experts determined that they did not have the resources to monitor other activities or sports.*

Public Comment: I would also suggest that the requirements for a PE waiver be clearly stated for each sport. I am not sure how it is for all sports, but the requirements for cross country are vague, unclear and changeable. And if the rule for XC becomes “you have to run through Regionals,” then only varsity runners would qualify because JV runners are dismissed prior to that... Personal Fitness is supposed to be a class for freshmen.

*SGC Comment: RHS leadership discussed the inconsistency in delivery of personal fitness goals among different sports. The proposed waiver states that a student athlete must be in "good standing." The Athletic Director and Coaches are responsible for operationalizing this waiver.*

Public Comment: I also saw an error in the RFF on the last page, section F, it reads: "Current state Law O.C.G.A. 20-2-142© And Georgia Board of Education Rule SBOE 160-4-2-48 require participation in personal Fitness for one year In high school." They only require 1 semester of personal fitness. They require 1 year of Health AND Personal Fitness (meaning 1 semester of each). This wording is misleading as it makes it look like the waiver requiring 2 seasons is comparable to the state and school board requiring 2 semesters of PE.

*SGC Comment: Thank you; it should read one semester of personal fitness.*

DRAFT