

Employee Benefits Guide













2024

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Important Notice

Morgan Hill Unified School District has made every attempt to ensure the accuracy of the information described in this enrollment guide. Any discrepancy between this guide and the insurance contracts or other legal documents that govern the plans of benefits described in this enrollment guide will be resolved according to the insurance contracts and legal documents. Morgan Hill Unified School District reserves the right to amend or discontinue the benefits described in this enrollment guide employees and Morgan Hill Unified School District share plan costs at any time. This enrollment guide creates neither an employment agreement of any kind nor a guarantee of continued employment with Morgan Hill Unified School District.

At Morgan Hill Unified School District (MHUSD), we truly value the dedication that goes into your work every day. We're proud of our talented employees and understand that our success is because of you. That's why as a District employee, you have access to a comprehensive, quality benefits package that offers flexibility and security.

Your benefits are a valuable addition to your overall compensation. It is important to take the time to thoroughly review this guide, understand your options and select the best coverage for you and your family. Be sure to consider factors like plan costs and what type of services you anticipate needing before you make your elections.

Open Enrollment begins October 9^h and will remain open through October 27th

This open enrollment is your one chance¹ to make sure you have the coverage you want for the new plan year which begins January 1, 2024, and runs through December 31, 2024.

You must also actively participate in Open Enrollment if you wish to do any or all the following:

- Newly enroll in one of the medical, dental, or vision plans
- Contribute to a Flexible Spending Account (FSA)
- Contribute to a Health Savings Account (HSA)
- Newly enroll in one of the Voluntary Benefit products

Open Enrollment Presentations

In-Person: October 11th at 3:30 pm in the Board room at the District office

Virtual Presentations will be held via Zoom. To register, click on the meeting you plan to attend.

<u>Friday, 10/6 from 10:00 am to 11:00 am</u> <u>Friday, 10/6 from 4:00 pm to 5:00 pm</u> <u>Tuesday, 10/17 from Noon to 1:00 pm</u>

For More Information

Full benefit summaries and forms for all plans included in the guide can be found online in the Ease portal . <u>Click here</u> to enroll. If you have Questions You can contact the Support Center at (800) 863-9019 or please visit <u>Customer</u> <u>Service</u> to schedule an appointment with a Benefits Counselor.

¹You can change your coverage during the year if you experience a "Qualified Status Change," including but not limited to marriage, registered domestic partnership, divorce, birth or adoption of a child or death of spouse or child. You have up to 30 days from the date of the event to notify the District, request a change and submit the necessary paperwork. Failure to do so within the 30-day window will forfeit your right to make a mid-year change. You will need to wait until the District's next open enrolment period to make any enrollment changes.

2024 OVERVIEW

- Medical MHUSD continues to offer multiple plans, allowing for flexibility in network and cost, through Aetna and Kaiser.
 - Kaiser offers three HMO plans, including a high-deductible HSA-compatible plan option
 - Aetna offers three HMO plans and three PPO plans, which also includes a high-deductible HSA-compatible plan option the deductible for the 80/60 plan has increased from \$500/\$1000 to \$1,000/\$2,000
- <u>Delta Dental</u> DPPO Premium, High, and Low Plans & Deltacare DHMO. You cannot add, drop or change dental plans after your Initial Enrollment window closes. Open enrollment—for Dental coverage--occurs every three (3) years thereafter. Therefore, if you do not elect dental coverage for January 1, 2024, your next opportunity to enroll in Dental coverage will be during Open Enrollment for a January 1, 2027, effective date. Note: The Premium plan is only available during your Initial Enrollment window when becoming a benefits-eligible employee.
- Vision Coverage is available through Vision Service Plan (VSP). See pages 12 and 13 for more information
- <u>Health Savings Accounts (HSA)</u> If you are enrolling in one of the High Deductible Health Plans (HDHP), you will have the opportunity to enroll in a Health Savings Account (HSA). See page 10 for more information
- <u>Limited Purpose Flexible Spending Account (FSA)</u> If you contribute to an HSA, you can elect this account to pay for eligible out-of-pocket dental and vision expenses. See page 14 for more information
- Flexible Spending Accounts (FSA) The current contribution limit is \$3,050 and may be subject to change for 2024. Current and new enrollees will need to enroll/re-enroll in the Health Care and/or Dependent Care FSA, if you want coverage for the new plan year, January 1, 2024 – December 31, 2024. Your current election will not rollover to the new plan year.
- Basic Life Insurance You are automatically enrolled in this \$10,000 benefit.
- Voluntary Life & Disability Benefits You are not required to participate in these benefits, but they are available to complement your District benefits.

Benefits highlights are included throughout this guide. Additional information can be found online in the Ease portal.

WHAT IS CHANGING

- Aetna 80/60 PPO Plan the deductible for the 80/60 plan has increased to \$1,000/\$2,000 from \$500/\$1000
- Kaiser HDHP HSA Plan –IRS mandated deductible change the deductible has increased to \$3,200/\$6,400 from \$3,000/\$6,000



ELIGIBILITY

Full-time and part-time employees (working a minimum of 20 hours per week) and their eligible dependents can participate in the District's benefits. Eligible dependents include your:

- Legal Spouse or California state-registered domestic partner¹
- Child(ren) up to age 26 your natural or adopted children, stepchildren and any other children you support for whom you are the legal guardian or for whom you are required to provide coverage as the result of a qualified medical child support order
- Child(ren) of any age if he or she is incapable of self-support due to mental or physical disability

PROOF OF DEPENDENT ELIGIBILITY

If you are adding dependents for the first time to your medical, dental or vision plans, you must provide proof of eligibility by providing supporting documentation as listed below:

- 1. If adding a spouse marriage certificate
- 2. If adding a domestic partner Registered Domestic Partnership Certificate from the State of California
- 3. If adding a child birth certificate
- 4. Social Security Numbers are required for spouses/domestic partners and all dependent children

Documents can be uploaded into the enrollment system or sent to Human Resources. If your dependent becomes ineligible for coverage during the year, you must contact the District's Benefits Office within 30 days. Failure to provide notification may lead to forfeiture of any COBRA rights for your dependents. Any contributions taken for dependents who are no longer eligible may also be forfeited. If you do not take action within the 30-day window, you will have to wait until the District's next open enrollment period to make a change.

ESSENTIAL TERMS

Before reviewing your benefit choices for this year, here's a refresher on some key health insurance vocabulary that will help you better understand your options:

Premium	The amount of money that's paid for your health insurance every month. The District pays a portion of this amount, and you pay the rest.
Deductible	The amount of money you need to pay out-of-pocket before your insurance begins contributing money for your health care costs. The exception to this are preventive services. These services are covered at no charge and are not subject to the deductible. Deductibles are tracked on a calendar year (January 1 – December 31).
Network	A group of doctors, hospitals, labs, and other providers that your health insurance carrier contracts with so you can make visits at a pre-negotiated (and often discounted) rate.
Health Savings Account (HSA)	A personal bank account that can be used to pay for qualified health care expenses. You can only contribute money to this account if you are enrolled in one of the District's High Deductible Health Plans (HDHPs) and not enrolled in Medicare or any other non-HDHP plan including FSA.
Copayment (Copay)	A predetermined dollar amount you pay for visits to the doctor, prescriptions, and other health care (as specified by your plan).
Coinsurance	The percentage you pay for the cost of covered health care services. For example, if the coinsurance under your plan is 20%, you would pay 20% of the cost of the service and your insurance would pay the remaining 80%.
Out-of-Pocket Maximum	The cap on your out-of-pocket costs for the calendar year (January 1 – December 31). Once you've reached this amount, your plan will cover 100% of your qualified medical expenses for the remainder of the calendar year.

¹Due to federal and state tax regulations, benefits provided to domestic partners are generally taxable and therefore deducted from your pay on an after-tax basis. Additionally, any premium contributions made by the District on behalf of your domestic partner are generally considered taxable income to you. Contact the District's Benefits Office if you believe your domestic partner is exempt from federal or state taxes.

WHY IT'S IMPORTANT TO PARTICIPATE IN OPEN ENROLLMENT

All eligible employees are requested to actively participate in this open enrollment especially if you want medical or vision coverage for the new plan year. This is also a good opportunity to review your demographic information, current health benefit elections and dependent enrollments as well as understand any changes which may have occurred with the benefit plans and/or premium changes.

HOW TO PARTICIPATE / ENROLL

There are three ways to get started with your open enrollment:

- 1. You can self-enroll online. <u>Click here</u> and note username and password were sent separately to your work email address.
 - a. Follow step-by-step instructions (sample site below)
- 2. Call the Employee Support Center at 800-863-9019 (Monday Friday, 8 am to 8 pm and Saturday 8 am to 12 pm)
- 3. <u>Click here to</u> Schedule an Appointment time between October 9th and October 27th

	Enrollment Guide	at a Glance
		n advising you that it's time to log in and m it is recommended that you use:
۔ م	Chrome 🦳 or Firefox	as your browser.
2. Click Start Enrollment	to begin your enrollment.	
	on each page to complete yo	ur benefit enrollment.
Click Continue to p	proceed to the next section.	
. Verify your personal	I information is correct and er	nter in any of your dependent information.
		ide any emergency contacts, employment verage and/or health information.E
documents, medicare	status, previous/current cov	erage and/or nearth mormation.
5. Please Select ✓ X yo	our benefit by selecting	🖻 🛃 X or 🛛 🙀 woived 🗸 🗙 for each plan
Click continue to p	proceed to the next benefit.	
		ing data. Once you have done this, you wi
able to review and	sign your forms using your m	nouse or mobile device.
8. Before you review yo	our forms	Sign your signature
		Create your signature Some carver require a hard-draw regretars. Please draw prior regretare in the fourbalise.
Create your signature son typing you hit name as tappens below.	T1151	TA m
Create your signature sanyong nu tarane a sayaan baa. Jour Rame there	THEN	toky ere

BE SURE TO CLICK FINISH AT TOP RIGHT OF PAGE TO SUBMIT YOUR ENROLLMENT

DISTRICT CONTRIBUTIONS - As of January 1, 2024

Contributions are based on your bargaining unit. MHUSD contributes a specific amount based on hours worked. This contribution can be applied to medical, dental and vision coverage.

Classified (MHCEA)	1/1/2024	% of Contribution
3.5 but less than 5 hours	\$525.00	50%
5 but less than 6 hours	\$656.25	62.50%
6 but less than 7 hours	\$787.50	75%
7 or more hours	\$1,050.00	100%

Certificated (MHFT)	Employee	Employee + 1	Family
0.4 FTE	\$320.00	\$420.00	\$520.00
0.5 FTE	\$400.00	\$525.00	\$650.00
0.6 FTE	\$480.00	\$630.00	\$780.00
0.7 FTE	\$560.00	\$735.00	\$910.00
0.8 FTE	\$640.00	\$840.00	\$1,040.00
0.9 FTE	\$720.00	\$945.00	\$1,170.00
1.0 FTE	\$800.00	\$1,050.00	\$1,300.00

Admin (MHELA)*	Employee	Employee + 1	Family
0.4 FTE	\$420.00	\$500.00	\$600.00
0.5 FTE	\$525.00	\$625.00	\$750.00
0.6 FTE	\$630.00	\$750.00	\$900.00
0.7 FTE	\$735.00	\$875.00	\$1,050.00
0.8 FTE	\$840.00	\$1,000.00	\$1,200.00
0.9 FTE	\$945.00	\$1,125.00	\$1,350.00
1.0 FTE	\$1,050.00	\$1,250.00	\$1,500.00

Note: District contribution amount subject to change based on continued negotiations.

You have the choice of 6 HMO medical plans, and prescription coverage is included as part of the medical plan option you select. When choosing your medical plan, consider your budget, your preferences, your health and your covered dependents' health. The monthly premium rates for each plan are shown above the benefits. These are the full premiums before applying your applicable district contribution.

Please note the information below is a summary of coverage only. For more detailed benefit information, you may view each plan's full Benefit Summary and Summary of Benefits and Coverage (SBC) in the *Ease* portal.

KAISER and AETNA – HMO Plans

	High C	Options	Middle	Options	Low Options		
Benefits	Kaiser Traditional HMO	Aetna HMO Full \$0 / \$15	Kaiser HMO \$500 Deductible	Aetna HMO AVN \$1,000 Deductible	Kaiser HDHP	Aetna HMO AVN \$3,000 Deductible	
Monthly Premium Rates 2024							
	¢000 50	¢1 200 22	¢026.40	6004.00	¢574.00	6770.0C	
Employee Employee + 1	\$926.58 \$1,853.16	\$1,266.33 \$2,532.66	\$826.48 \$1,652.95	\$884.90 \$1,769.80	\$571.83 \$1,143.67	\$770.96 \$1,541.91	
Employee + 2 or More	\$2,409.12	\$3,292.46	\$2,148.85	\$2,300.75	\$1,486.77	\$2,004.49	
Calendar Year Deductible ¹ (Individual/Family)	None	None	\$500 / \$1,000	\$1,000 / \$2,000	\$3,200 / \$6,400	\$3,000 / \$6,000	
Calendar Year Maximum (Individual/Family)	\$1,500 / \$3,000	\$1,500 / \$3,000	\$3,000 / \$6,000	\$3,000 / \$6,000	\$5,250 / \$10,500	\$6,000 / \$12,000	
Preventive Care	No charge	No charge	No charge (deductible waived)	No charge (deductible waived)	No charge (deductible waived)	No charge (deductible waived)	
Physician/Specialist Office Visits	\$15	\$15	\$20 (deductible waived)	\$10 / \$35 (deductible waived)	\$30 / \$50	\$50 / \$75 (deductible waived)	
Room & Board Hospital Inpatient (semi-private)	No charge	No charge	20%	20%	30%	No charge	
Outpatient Surgery	\$15	No charge	20%	20%	30%	No charge	
X-Ray & Lab	No charge	No charge	\$10	20% (deductible waived)	\$10	X-ray: \$15 copay Lab: No charge (deductible waived)	
Diagnostic Imaging (PET, CT, MRI)	No charge	No charge	20% up to a max of \$150	20% (deductible waived)	30% up to a max of \$150	No charge (deductible waived)	
Emergency Room	\$50 (waived if admitted)	\$50 (waived if admitted)	20%	20% (non-emergency not covered)	30%	\$250 After Deductible (non-emergency not covered)	
Urgent Care Visits	\$15	\$15 (non-urgent not covered)	\$20 (deductible waived)	\$35 (deductible waived) (non-urgent not covered)	\$30	\$50 (deductible waived) (non-urgent not covered)	
Chiropractic Care	\$15 up to 20 visits comb. w/ acupuncture	\$15 up to 20 visits	\$15 up to 20 visits comb. w/ acupuncture	\$15 (deductible waived) up to 30 visits	Not Covered	Not Covered	
Acupuncture	\$15 up to 20 visits comb. w/ chiropractic	\$15 up to 20 visits	\$15 up to 20 visits comb. w/ chiropractic	\$15 (deductible waived) up to 20 visits	\$30 (only for treatment of nausea & pain mgt)	\$75 up to 20 visits (deductible waived)	
Retail Pharmacy (up to a 30-day supply) ²	\$5 G / \$20 B	\$5 G / \$20 P / \$50 NP	\$10 G / \$30 B (deductible waived)	\$5 G / \$20 P / \$55 NP (deductible waived)	\$15 G / \$30 B	\$5 G / \$20 P / \$55 NP (deductible waived)	
Mail Order Pharmacy (up to a 90-day supply/100-day Kaiser) ²	\$10 G / \$40 B	\$10 G / \$40 P / \$100 NP	\$20 G / \$60 B (deductible waived)	\$10 G / \$40 P / \$110 NP (deductible waived)	\$30 G / \$60 B	\$10 G / \$40 P / \$110 NP (deductible waived)	

¹ Deductible applies unless noted

 2 G = Generic, B=Brand Name, P = Preferred, NP = Non-Preferred

The information presented in the chart is a summary only. The information does not include all of the detailed explanation of benefits, exclusions and limitations. Plan participants should refer to the Evidence of Coverage (EOC) document for coverage details. In the event information in this summary differs from the EOC, the EOC will prevail.

IMPORTANT: Enrolling in an Aetna HMO plan?

Before enrolling in an Aetna HMO plan, you must select a Primary Care Physician (PCP) for yourself and any enrolled dependents. The PCP will manage your care. If you do not select a PCP, Aetna will select one for you and for any enrolled dependents. You may change your PCP online after registering your account on <u>www.aetna.com</u>.

Click <u>here</u> to search for the Full HMO Network provider directory for the High Option plan Click <u>here</u> to search the Value Network (AVN) provider directory for the Mid and Low Option plans You have the choice of 3 PPO medical plans, and prescription coverage is included as part of the medical plan option you select. The monthly premium rates for each plan are shown above the benefits. These are the full premiums before applying your applicable district contribution.

Please note the information below is a summary of coverage only. For more detailed benefit information, you may view each plan's full Benefit Summary and Summary of Benefits and Coverage (SBC) in the *Ease* portal.

AETNA – PPO Plans

Benefits	Aetna PPO Open AccessAetna POS Open AccessManaged Choice 80/60Managed Choice POS 2500		Aetna POS Open Access Managed Choice HDHP			
	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network
Monthly Premium Rates 2024						
Employee	\$1,37		\$1,22		\$1,13	
Employee + 1	\$2,74		\$2,44		\$2,26	
Employee + 2 or More	\$3,56		\$3,18		\$2,944	
Calendar Year Deductible Individual/Family)	\$1,000 , Deductible appl		\$2,500 , Deductible appl		\$3,000 / Deductible applies unle	. ,
Calendar Year Maximum (Individual/Family)	\$3,000 / \$6,000	No maximum	\$4,000 / \$8,000	No maximum	\$4,000 / \$8,000	No maximum
Preventive Care	No Charge (deductible waived)	40%	No Charge (deductible waived)	40% (some services not covered)	No Charge (deductible waived)	40%
Physician/Specialist Office Visits	\$20 copay (deductible waived)	40%	\$35 Copay (deductible waived)	40%	10%	40%
Room & Board Hospital npatient (semi-private)	20%	40%	20%	40%	10%	40%
Outpatient Surgery	20%	40%	20%	40%	10%	40%
(-Ray & Lab	20%	40%	20%	40%	10%	40%
Diagnostic Imaging PET, CT, MRI)	20%	40%	20%	40%	10%	40%
Emergency Room Copay waived if admitted)	\$5 (deductibl)		20% after \$50 copay (deductible waived)		10%	
Emergency Room Non-Emergency Use	20	%	Not Covered		Not Covered	
Urgent Care Visits (non-urgent not covered)	\$35 copay (deductible waived)	40%	\$35 (deductible waived)	40%	10%	40%
Chiropractic Care	\$20 copay (deductible waived)	40%	\$35 copay (deductible waived)	40%	10%	40%
	20 visits	per year	20 visits per year		20 visits per year	
Acupuncture	\$15 copay (deductible waived)	40%	\$35 copay (deductible waived)	40%	10%	40%
	20 visits per year		20 visits	per year	20 visits	per year
Retail Pharmacy up to a 30-day supply) ¹	\$5 G / \$20 P / \$50 NP (deductible waived)	40% up to max \$250 (deductible waived)	\$5 G / \$20 P / \$50 NP (deductible waived)	40% up to max \$250 (deductible waived)	\$5 G / \$20 P / \$50 NP	40% up to max \$250
Mail Order Pharmacy up to a 90-day supply) ¹	\$10 G/ \$40 P/ \$100 NP (deductible waived)	Not covered	\$10 G/ \$40 P/ \$100 NP (deductible waived)	Not covered	\$10 G/ \$40 P/ \$100 NP	Not covered

¹ G = Generic, P = Preferred, NP = Non-Preferred

The information presented in the chart is a summary only. The information does not include all of the detailed explanation of benefits, exclusions and limitations. Plan participants should refer to the Evidence of Coverage (EOC) document for coverage details. In the event information in this summary differs from the EOC, the EOC will prevail.

How to Find an In-Network Provider

With the HMO Medical plans, you can only see in-network providers. With the PPO plans, you'll save the most money when you stay in network. To find an in-network doctor near you, click <u>here</u> to search for providers in the Full PPO Network.

HEALTH SAVINGS ACCOUNT (HSA)

You are eligible to open and make contributions to an HSA if the following apply:

- You are covered under one of the qualifying "High Deductible Health Plan" (HDHP);
- You are <u>NOT</u> covered under another medical plan that is NOT a qualifying HDHP (including a full medical FSA even through your spouse)
- You are **<u>NOT</u>** enrolled in Medicare Parts A or B¹; and,
- You are not claimed as a tax dependent by another taxpayer.

The TDS Group assists in administering the HSA accounts for participating employees. If you decide to participate, you will need to elect the HSA in the *Ease portal*. You will then receive a Welcome Kit with additional information and forms directly from Avidia Bank.

<u>PLEASE NOTE: Your HSA election does not carry over to the following year.</u> You must re-enroll during the annual Open <u>Enrollment window if you would like contributions to continue.</u>

An HSA is a bank account that can be used for qualified health care expenses.

- **Funds won't expire:** Your HSA balance is yours. If you don't spend your balance in a year, it'll roll over into the following year with the opportunity to earn interest along the way.
- The account follows you: You own your HSA account. Think of it as a personal checking account for qualified health care expenses. If you switch jobs or retire¹, you'll take it with you.
- **Triple tax advantages:** Once you've opened your HSA, you'll contribute pre-tax money², your account will grow tax-free, and you may pay for eligible health care expenses tax-free.

Each year, the IRS sets limits on how much you can contribute to an HSA. Maximum employee contributions for 2024 are as follows:

Single Coverage:\$4,150Family Coverage (two or more enrolled):\$8,300

Age 55 or older: An additional contribution of \$1,000

Full Contribution Rule: Generally, you can only contribute to an HSA during the months you are eligible, and IRS rules state that contribution limits must generally be prorated by the number of months you are eligible to contribute to an HSA. You may be eligible to use the last-month rule to make a full contribution even if you are not HSA-eligible for the whole year. See below.

Last Month Rule: Under this rule, if an individual is eligible on the first day of the last month of the tax year (December 1 for most taxpayers), he or she is considered an eligible individual for the entire year. HSA accountholders may utilize the Last Month Rule to make a full HSA contribution for that year.

HSAs involve very complex rules, including limitations on eligibility^{1,2}, contribution limits, and expense reimbursement. Federal and state tax penalties may be assessed upon you if these requirements are not met. You should talk to a tax advisor about your personal circumstances with respect to the HSA rules. Another helpful resource is IRS Publication 969 (https://www.irs.gov/publications/p969/ar02.html).

If you are interested in opening a Health Savings Account--and you will <u>not</u> be Medicare-eligible during the 2024 calendar year-- an educational presentation can be found <u>here</u>.

Debit Cards

If you enroll in the HSA, you will receive a debit card to pay for services directly out of your account if you choose.

²Certain states do not treat HSA contributions or distributions as tax-free (e.g., Alabama, California, New Jersey). Consult your tax advisor to understand how HSA participation may impact you and your family members from a tax perspective.

¹If you are Medicare eligible, once you enroll in Medicare, you will not be able to contribute to your HSA. You may delay your Medicare Part A and Part B enrollment until you retire which will allow you to continue to make contributions to your HSA. <u>If you qualify for premium free Part A</u>, your coverage will go back up to 6 months from when you sign up. You should stop making contributions to your HSA 6 months before you enroll in Part A and Part B. You must submit a change form to the District's Benefit Office in order to stop your contributions.

DENTAL BENEFITS

The dental benefits are provided through Delta Dental. There is one Deltacare DHMO plan and three DPPO plans: Premium, High, and Low. Providers may be found at <u>www.deltadentalins.com</u>. You cannot add, drop or change dental plans after your Initial Enrollment window closes. Your next opportunity to enroll in Dental coverage will be during Open Enrollment for a January 1, 2027, effective date. Open enrollment—for Dental coverage-occurs every three (3) years thereafter. **Note: The Premium plan is only available during your Initial Enrollment window when becoming a benefits-eligible employee.**

DeltaCare DHMO

This plan is like a medical HMO in that you must select a contracting dentist or dental group who will provide all your dental care. You must initiate your dental care through your assigned dentist or dental group, or <u>benefits will not be payable if you</u> <u>do not use your assigned dentist or dental group</u>. You can search for an in-network dentist by visiting the DeltaCare USA network at <u>www.deltadentalins.com</u>.

Delta Dental PPO (Incentive Plan)

New members under this plan begin with a 70% benefit for most services. If a member has one claim in the calendar year, the benefit will increase 10% the following January 1 up to 100%. Each member within a family has their own incentive level and a member will maintain their benefit level if they remain on the PPO plan. This plan allows you to visit any licensed dentist; however, you receive advantages such as claims submission by the dentist and lower out-of-pocket expenses when choosing a network dentist. You can search for a provider by visiting www.deltadentalins.com. While you will receive discounts by seeing a **PPO** or **Premier** dentist, the discounts are best when utilizing in-network PPO dentists.

Key Features	DeltaCare DHMO Group #70870			Delta Dental Low Plan Group #0710206429
Monthly Premium Rates 2024				
Employee	\$25.34	\$61.48	\$55.57	\$47.87
Employee + 1	\$41.87	\$122.96	\$111.11	\$95.74
Employee + 2 or More	\$61.65	\$207.87	\$187.87	\$161.85
Annual Calendar Year Maximum	None	\$3,200 In Network \$3,000 Out of Network	\$2,200 In Network \$2,000 Out of Network	\$1,200 In Network \$1,000 Out of Network
Calendar Year Deductible	None	None	None	None
Diagnostic & Preventive (Exams, cleanings, and x-rays)	Various co-pays apply	70% - 100% three cleanings	70% - 100% two cleanings	70% - 100% two cleanings
Basic Services (Fillings, simple tooth extractions)	Various co-pays apply	70% - 100%	70% - 100%	70% - 100%
Endodontics (Root canals)	Various co-pays apply	70% - 100%	70% - 100%	70% - 100%
Periodontics (Gum treatment)	Various co-pays apply	70% - 100%	70% - 100%	70% - 100%
Major Services (Crowns, inlays, onlays, and cast restorations)	Various co-pays apply	50%	50%	50%
Prosthodontics (Bridges and dentures)	Various co-pays apply	50%	50%	50%
Implants	Not covered	50%	N/A	N/A
Orthodontics	Various co-pays apply	100%	100%	N/A
	adult & child	adult & child	child only	19/5
Orthodontic Lifetime Maximum Per Person	Adult: \$1,800 / Child: \$1,600	\$3,000	\$2,000	N/A

Delta Dental – DHMO and DPPO Plans

The information presented in the chart is a summary only. The information does not include all of the detailed explanation of benefits, exclusions and limitations. Plan participants should refer to the Evidence of Coverage (EOC) document for coverage details. In the event information in this summary differs from the EOC, the EOC will prevail.

VISION BENEFITS

You and your dependents may choose from three vision plans through Vision Service Plan (VSP): Premium, High and Low. The main difference in the plans is the frequency of coverage for the lenses or contact lenses and frames. You can seek care through any vision provider; however, you receive discounts for seeking care through a contracted VSP provider. To find an in-network provider, visit <u>www.vsp.com</u>, select *FIND A DOCTOR*, *ADVANCED SEARCH* and choose the <u>Signature Network</u>.

Members are entitled to the following under VSP:

- WellVision Exam Once every 12 months
- Materials Once every 12 or 24 months, depending on chosen plan
- Essential Medical Eyecare supplemental medical coverage for conditions related to the eye
- Discounts on Featured Frame Brands and additional pairs of glasses
- Copays for lens enhancements saving an average of 40%
- Discounts on Laser VisionCare Program and low-vision aids

VSP – Vision Plan Options

Monthly Premium Rates 2024	Premium (Plan C)		High (Plan B)		Low (Plan A)	
Employee	\$9.42		\$6.81		\$5.71	
Employee + 1	\$21.57		\$15.62	2	\$13.	10
Employee + 2 or More	\$38.70		\$27.99	9	\$23.	50
Benefits	Сорау		Сорау	1	Сор	ay
Exam	\$10		\$10		\$1	D
Contact Lens Exam	up to \$60		up to \$60		up to \$6	0
Materials	\$0		\$0		\$0)
	Benefit Frequ	Jency	Benefit Free	quency	Benefit Fr	equency
Exam	Once per calend	dar year	Once per caler	ndar year	Once per cal	endar year
Lenses	Once per calend	dar year	Once per calendar year		Once every other calendar year	
Frames	Once per calend	dar year	Once every other calendar year		Once every other calendar year	
Contact Lenses (in lieu of glasses)	Once per calend	dar year	Once per calendar year		Once every other calendar year	
Coverage	In Network	Out of Network	In Network	Out of Network	In Network	Out of Network
Single Lens	Covered in full	\$50 allowance	Covered in full	\$50 allowance	Covered in full	\$50 allowance
Bi-Focal Lenses	Covered in full	\$75 allowance	Covered in full	\$75 allowance	Covered in full	\$75 allowance
Tri-Focal Lenses	Covered in full	\$100 allowance	Covered in full	\$100 allowance	Covered in full	\$100 allowance
Progressive Lenses						
Standard	Covered in full	\$75 allowance	Covered in full	\$75 allowance	Covered in full	\$75 allowance
Premium	\$80-\$90 copay	\$75 allowance	\$80-\$90 copay	\$75 allowance	\$80-\$90 copay	\$75 allowance
Custom	\$120-\$160 copay	\$75 allowance	\$120-\$160 copay	\$75 allowance	\$120-\$160 copay	\$75 allowance
Frames Allowance	\$130 allowance	\$70 allowance	\$130 allowance	\$70 allowance	\$130 allowance	\$70 allowance
Costco	\$70	N/A	\$70	N/A	\$70	N/A
Contact Lenses						
Medically Necessary	Covered in full	\$210 allowance	Covered in full	\$210 allowance	Covered in full	\$210 allowance
Elective	\$130 allowance	\$105 allowance	\$130 allowance	\$105 allowance	\$130 allowance	\$105 allowance
Primary EyeCare	\$20 copay	Not covered	\$20 copay	Not covered	\$20 copay	Not covered

Lens Enhancements - In Network	Premium (Plan C)		High (Plan B)		Low (Plan A)				
	Single Vision	<u>Multifocal</u>	Out of Network	Single Vision	<u>Multifocal</u>	Out of Network	Single Vision	<u>Multifocal</u>	Out of Network
Anti-Reflective Coating	\$37.00	\$37.00	Not covered	\$37.00	\$37.00	Not covered	\$37.00	\$37.00	Not covered
Polycarbonate - Adult	\$23.00	\$28.00	Not covered	\$23.00	\$28.00	Not covered	\$23.00	\$28.00	Not covered
Polycarbonate - Children	Cove	red	Not covered	Cove	red	Not covered	Cove	red	Not covered
Photochromic	Cove	red	Not covered	\$70.00	\$70.00	Not covered	\$70.00	\$70.00	Not covered
Scratch-resistant coating	\$15.00	\$15.00	Not covered	\$15.00	\$15.00	Not covered	\$15.00	\$15.00	Not covered

The information presented in the chart is a summary only. The information does not include all of the detailed explanation of benefits, exclusions and limitations. Plan participants should refer to the Evidence of Coverage (EOC) document for coverage details. In the event information in this summary differs from the EOC, the EOC will prevail.

VISION BENEFITS – continued VALUE ADDED VISION BENEFITS

	The Primary Eyecare Benefit is designed for the detection, treatment and management of ocular conditions and/or systemic conditions that produce ocular or vision symptoms. A member can seek care from their VSP provider versus their medical primary care physician for: Symptoms – including but not limited to:				
Primary Eyecare Benefit (\$20 copay)	 Ocular discomfort Transient loss of vision Flashes or floaters Pain in or around the eyes 	 Red eyes Swollen lids Diplopia Ocular trauma 			
	Conditions – including but not limited • Ocular hypertension • Glaucoma • Cataracts • Pink-eye • sty	to: Corneal abrasion Corneal dystrophy Macular degeneration Retinal nevus blue blepharitis			
Glasses and Sunglasses	_	non-prescription sunglasses from any VSP doctor within m. More information can be found at <u>www.vsp.com</u> .			
Laser Vision Correction	Save up to \$1,000 on LASIK at TLC laser Eye Centers and The LASIK Vision Institute. Visit <u>www.vsp.com</u> for more details.				
Retinal Screening	Members pay no more than a \$39 copay on routine retinal screenings as an enhancement to the WellVision Exam.				
TruHearing		digital hearing aids and savings on batteries for you and nore information, visit www.truhearing.com/vsp .			



FLEXIBLE SPENDING ACCOUNTS

You may participate in FSAs to help pay for eligible medical and dependent care expenses with pre-tax dollars. Benefit elections do not automatically roll over to the new plan year. You must actively elect to participate during each open enrollment window.

- General Health Care FSA projection, not yet finalized by IRS (up to \$3,200 per year): You may use the General Health Care FSA to be reimbursed for eligible medical, dental, and vision out-of-pocket expenses, like deductibles, copayments, coinsurance, and prescription drugs (except insulin, which is covered without a prescription) as well as other qualified medical expenses that aren't covered by your health plans. Note: While you're enrolled in a General Health Care FSA, you cannot make or receive Health Savings Account (HSA) contributions.
- Limited Health Care FSA projection, not yet finalized by IRS (up to \$3,200 per year): You may use the Limited Health Care FSA to pay for eligible out-of-pocket dental and vision expenses. Note: You can make or receive HSA contributions when you're enrolled in a Limited Health Care FSA.
- Dependent Care FSA (up to \$5,000 per year): You may use the Dependent Care FSA to be reimbursed for eligible dependent care expenses. Eligible dependent care is for dependent children under age 13 who live with you most of the time and do not provide more than on-half of their support or dependents of any age who are incapable of self-care.
 - ★ If your spouse has access to another dependent care FSA, your combined contribution may not exceed \$5,000. If you're married and file separate tax returns, each spouse may contribute \$2,500. You may not rollover any unused dependent care FSA funds remaining at the end of the plan year to the new plan year.

HOW FSAs WORK

FSAs work like a savings account. Here's how you save:

- A pretax payroll deduction amount of your choice (up to the IRS maximum) is deposited into your FSA
- The amount you contribute to any FSA is deducted from your paycheck before federal, state, local and Social Security taxes are withheld
- When you have an eligible expense, reimbursement from your account is tax free (receipts or documentation of expense may be required)
- □ You will have access to your full Healthcare FSA election amount at the very beginning of the plan year, regardless of the amount contributed to date (does not apply to Dependent Care accounts)

Health Care Carryover

If you have not spent all of your Health Care FSA dollars by the end of the plan year—December 31, 2023—you may carry over up to \$610 to the new 2024 plan year. However, any balance in excess of \$610, at the end of the current 2023 plan year, will be forfeited. The carryover for the 2024 plan year has not been finalized by the IRS – projected to be \$640.

Dependent Care Grace Period

If you have not spent all of your Dependent Care dollars by the end of the plan year – December 31, 2023 – you may continue to incur expenses during the grace period. The grace period extends 2 ½ months after the end of the plan year (to March 15, 2024). Any dollars remaining at the end of the current 2023 grace period (March 31, 2024) will be forfeited.

Debit Cards

If you enroll in one of the Health Care FSAs, you will automatically receive a debit card to pay for services directly out of your account if you choose - you avoid out-of-pocket expenses.

You may also use your debit card for Dependent Care FSA expenses. Keep in mind the maximum amount you can use your debit card for is limited to your current Dependent Care FSA account balance. If there are not enough funds in your account to pay for your services up front, you will need to submit for reimbursement to TDS Group. See page 19 for contact details.

LIFE INSURANCE – DISTRICT PAID AND VOLUNTARY

In addition to health benefits, the District also offers eligible employees life benefits. These benefits are intended to provide financial assistance for you in the event of the death of a spouse or child or your beneficiaries in the event of your death.

BASIC LIFE

The District provides you with Basic Life insurance through Reliance Standard equal to \$10,000 at no cost to you.

VOLUNTARY LIFE

You have the option to purchase additional life insurance through Reliance Standard for yourself, your spouse/domestic partner (under age 70) or your dependents (unmarried, financially dependent children age 14 days to 20 years or full-time students to age 26)

Eligibility: All active, full-time employees working 18 or more hours per week A person may not have coverage as both an Employee and Dependent Only one insured spouse may cover the Dependent Children

You can choose life insurance up to \$500,000 in increments of \$10,000 for you and your spouse/domestic partner. Newly eligible employees are guaranteed to be issued a policy for up to \$200,000 (under age 60). Additional insurance will require evidence of insurability. If you do not enroll during your initial eligibility period, you will not be guaranteed to have this policy issued to you. You will need to provide evidence of insurability.

Dependent Child(ren): 14 days to 6 months: \$1,000; age 6 months to 20 years of age (26 if full-time student) choice of: \$2,500, \$5,000, \$7,500 or \$10,000. Choose one benefit amount for all eligible children in the family.

Features:

- o Accelerated Death Benefit
- o Conversion Privilege at time of termination
- Portability at time of termination
- Waiver of Premium at time of total disability

Rates and limits are determined based on age.

NAMING YOUR BENEFICIARY

You may name anyone you which as your beneficiary(ies). They will receive your Life benefits in case of your death. Once you have selected your beneficiary(ies), your designation will remain unchanged until you submit a new beneficiary designation form. You may change your beneficiary(ies) as often as you wish.



Reliance Standard Voluntary Short-Term Disability (STD)

Disability income protection provides a benefit for a "short term" disability resulting from a covered injury or sickness. After the initial 7-day elimination period, the benefits are paid to you and continue while you are disabled up to a maximum duration of 13 weeks. After that, long-term disability is payable for any additional coverage if you are enrolled.

Eligibility: All active, full-time employees working 18 or more hours per week and earning

an annual salary of at least \$15,000

Weekly payments up to 60% of your earnings with a maximum benefit of \$1,250 per week. Pre-existing Condition Limitation – 3/12 (applies at initial enrollment and for any benefit increases)

Features

- o Maternity covered as any other illness
- Non-occupational coverage
- o Partial disability

Rates are based on your salary and age.

Reliance Standard Voluntary Long-Term Disability (LTD)

Disability income protection provides a benefit for a "long term" disability resulting from a covered injury or sickness by replacing a portion of your income. There is a 90-day elimination period before benefits are paid to you and continue to be disabled until you retire or to age 65 (if 61 or less at the time of benefit) or for a shorter period of time, 1 to 3 ½ years if age 62 or older at the time of benefit.

Eligibility: All active, full-time employees working 18 or more hours per week and earning an annual salary of at least \$15,000

Weekly payments up to 60% of your earnings with a maximum benefit of \$15,000 per week. Pre-existing Condition Limitation – 3/12 (applies at initial enrollment and for any benefit increases)

Rates are based on your salary and age

Offsets to the benefit are made based on any social security, workers compensation, or other disability benefits received so that the insured does not receive more than 100% of their pre disability compensation. For example, if the state insurance pays you 50%, you will only be entitled to 50% long term disability payments.

Features

- $\circ~$ Own Occupation Coverage 24 months
- Residual and Partial Disability
- o Specific Indemnity Benefit
- \circ Survivor Benefit 3 months
- o Work Incentive & Child-Care provisions
- Travel Assistance Service

OTHER VOLUNTARY BENEFITS

Reliance Standard Voluntary Hospital Indemnity

Hospital indemnity insurance provides a range of fixed, lump-sum daily benefits to help cover the costs associated with a hospital admission, including room and board. The benefits are paid directly to the insured. You can elect to insure your dependents as well, but they are only eligible if you, the employee, chooses the insurance coverage for yourself.

Eligibility: All active, full-time employees working 18 or more hours per week Dependents include your spouse and children less than age 26

Features:

- o Guarantee Issue: no medical questions
- No pre-existing conditions exclusions
- No deductibles
- o Wellness Benefits
- o Overlying Major medical plan is required for all California residents

Reliance Standard Voluntary Accident

Accident insurance provides a lump-sum payment of benefits for injuries resulting from a covered accident, or for accidental death or dismemberment. The benefits are paid directly to the insured and may be used for any reason. Coverage is guaranteed – no medical underwriting

Eligibility: All active, full-time employees working 18 or more hours per week (Employee must be under age 70 at date of application) Dependents include spouse/domestic partner (under age 70) and children from birth to 26 years

Two plans to choose from, A and B. See separate schedule of benefits for each plan.

Features:

- Portability to employee age 70
- FMLA/MSLA Continuation
- Wellness benefit

Employee must be insured in order for dependents to be insured.

Allstate Cancer Coverage

With Allstate Cancer Insurance, you can protect your finances if faced with an unexpected cancer or specified disease diagnosis. Your coverage pays you a cash benefit to help with the costs associated with treatments, costs to pay for daily living expenses and empowers you to seek the care you need.

You choose the coverage that is right for you and your family. The benefit pays for 29 specified diseases. Benefits are paid directly to you unless you otherwise assign them. Coverage is available for you and your dependents.

Benefits include:

- Hospital confinement
- Radiation / Chemotherapy
- Surgery
- Miscellaneous benefits such as:
 - inpatient medicine and physician visit
 - \circ ambulance
 - $\circ~$ outpatient lodging
 - $\circ~$ experimental treatments if approved
 - physical or speech therapy
 - o prosthesis

Allstate Critical Illness and Cancer Coverage

Critical illness coverage helps provide financial support if you are diagnosed with a critical illness. You will receive a cash benefit based on the percentage payable for that condition.

Initial Critical illness Benefits available for:

- Heart attack
- Stroke
- Transient ischemic attack
- Major organ transplant
- End stage renal failure
- Coronary artery bypass surgery

Cancer Benefits under Critical illness policy available for:

- Invasive cancer
- Carcinoma in situ
- Second event- if you are given a second diagnosis more that 12 months after the first diagnoses you are covered separately for the second diagnosis.

Supplementary Critical illness Benefits available for:

- Benign brain tumor
- Coma
- Complete blindness
- Complete loss of hearing in both ears
- Paralysis

Additional option to purchase a Wellness Benefit – once per year for one of 23 exams. See brochure for list of wellness tests.

KEY CONTACTS

Contact	Phone Number	Website/Email
MHUSD Human Resources – Benefits Desk	(408) 201-6019	benefits@mhusd.org
Employee Support Center	(800) 863-9019	Click here to Schedule an Appointment
Ease Online Enrollment Portal	EASE Portal	

Contact	Phone Number	Website/Email	Plan/Group ID
Kaiser – Medical	800-464-4000	www.kp.org	607208
Aetna - Medical	855-845-6557	www.aetna.com	176621
DeltaCare – Dental HMO	800-422-4234	www.deltadentalins.com	70870
Delta Dental – Dental PPO	800-765-6003	www.deltadentalins.com	Low Plan: 710206429 High Plan: 710200649 Premium: 710206431
VSP – Vision	800-877-7195	www.vsp.com	30106615
The TDS Group – FSA / HSA / Voluntary Benefits	866-446-1072	https://tds.wealthcareportal.com	N/A



MEDICARE PART D NOTICE

MEDICARE NOTICE OF CREDITABLE COVERAGE

If you (and/or your dependents) have Medicare or will become eligible for Medicare in the next 12 months, a Federal law gives you more choices about your prescription drug coverage.

Important Notice About Your Prescription Drug Coverage and Medicare

Notice of Creditable Coverage

This Notice applies only if you and/or your dependent(s) are enrolled in a Morgan Hill Unified School District medical plan, and you are eligible for Medicare. If this does not apply to you, you may ignore this notice.

Please read this notice carefully and keep it where you can find it. This notice has information about your prescription drug coverage with Morgan Hill Unified School District your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your employer coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your employer coverage and Medicare's prescription drug coverage:

1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.

2. Morgan Hill Unified School District has determined that the prescription drug coverage offered under the Morgan Hill Unified School District health plans are, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th. However, if you lose your creditable prescription drug coverage through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

What Happens To Your Employer Coverage If You Decide to Join A Medicare Drug Plan?

If you decide to join a Medicare drug plan, your employer coverage may be affected. Contact your employer to find out whether you can get your employer coverage back later if you or your dependents drop the coverage and join a Medicare drug plan.

When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your employer coverage and don't join a Medicare drug plan within 63 continuous days after the coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

For More Information About This Notice Or Your Employer Prescription Drug Coverage...

Contact the person listed below for further information. **NOTE:** You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage changes. You also may request a copy of this notice at any time.

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For More Information about Medicare prescription drug coverage:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

October 1, 2023 Morgan Hill Unified School District HR Specialist - Employee Benefits 15600 Concord Circle Morgan Hill, CA 95037 408-201-6019

SUMMARY OF BENEFITS AND COVERAGE (SBC)

As an employee, the health benefits available to you represent a significant component of your compensation package. They also provide important protection for you and your family in the case of illness or injury. The District offers a variety of health coverage options and choosing a health coverage option is an important decision. To help you make an informed choice, a Summary of Benefits and Coverage (SBC) is available for your medical plan which summarizes important information about your health coverage options. The SBC and a Uniform Glossary are available on the District's benefits website. A paper copy is also available, free of charge, by emailing the District's Personnel Department.

NOTICE OF SPECIAL ENROLLMENT RIGHTS

If an eligible employee declines enrollment in a group health plan for the employee or the employee's spouse or dependents because of other health insurance or group health plan coverage, the eligible employee may be able to enroll him/herself and eligible dependents in this plan if eligibility is lost for the other coverage (or because the employer stops contributing toward this other coverage). However, the eligible employee must request enrollment within **30** days after the other coverage ends (or after the employer ceases contributions for the coverage).

In addition, if an eligible employee acquires a new dependent as a result of marriage, birth, adoption or placement for adoption, the eligible employee may be able to enroll him/herself and any eligible dependents, provided that the eligible employee requests enrollment within **30** days after the marriage, birth, adoption, or placement for adoption.

Furthermore, eligible employees and their eligible dependents who are eligible for coverage but not enrolled, shall be eligible to enroll for coverage within 60 days after becoming ineligible for coverage under a Medicaid or Children's Health Insurance Plan (CHIP) plan or being determined to be eligible for financial assistance under a Medicaid, CHIP, or state plan with respect to coverage under the plan. To request special enrollment or obtain more information, contact Meena Appleby at benefits@mhusd.org.

PATIENT PROTECTION NOTICE

Your health plan may require or allow for the designation of a primary care provider. If so, you have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members, including a pediatrician, as the primary care provider. Until you make this designation, the health plan may designate one for you.

You do not need prior authorization from the health plan or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan or procedures for making referrals.

For information on how to select a primary care provider, a list of participating primary care providers, or a list of health care professionals who specialize in obstetrics or gynecology, contact your health plan.

NEWBORNS' AND MOTHERS' HEALTH PROTECTION ACT NOTICE

Group health plans and health insurance issuers generally may not, under federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours). If you would like more information on maternity benefits, contact your health plan.

WOMEN'S HEALTH AND CANCER RIGHTS ACT NOTICE

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. If you would like more information on WHCRA benefits, contact your health plan.

Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit <u>www.healthcare.gov.</u>

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or **www.insurekidsnow.gov** to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at <u>www.askebsa.dol.gov</u> or call **1-866-444-EBSA** (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of January 31, 2023. Contact your State for more information on eligibility –

ALABAMA Medicaid	ALASKA Medicaid
Website: <u>http://myalhipp.com/</u> Phone: 1-855-692-5447	The AK Health Insurance Premium Payment Program Website: <u>http://myakhipp.com/</u> Phone: 1-866-251-4861 Email: <u>CustomerService@MyAKHIPP.com</u> Medicaid Eligibility: <u>https://health.alaska.gov/dpa/Pages/default.aspx</u>
ARKANSAS Medicaid	CALIFORNIA Medicaid
Website: <u>http://myarhipp.com/</u> Phone: 1-855-MyARHIPP (855-692-7447)	Website: Health Insurance Premium Payment (HIPP) Program <u>http://dhcs.ca.gov/hipp</u> Phone: 916-445-8322 Fax: 916-440-5676 Email: <u>hipp@dhcs.ca.gov</u>
COLORADO Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)	FLORIDA Medicaid
Health First Colorado Website: https://www.healthfirstcolorado.com/ Health First Colorado Member Contact Center: 1-800-221-3943/ State Relay 711 CHP+: https://hcpf.colorado.gov/child-health-plan-plus CHP+ Customer Service: 1-800-359-1991/ State Relay 711 Health Insurance Buy-In Program (HIBI): https://www.mycohibi.com/ HIBI Customer Service: 1-855-692-6442	Website: https://www.flmedicaidtplrecovery.com/flmedicaidtplrecov ery.com/hipp/index.html Phone: 1-877-357-3268

GEORGIA Medicaid	INDIANA Medicaid
GA HIPP Website: <u>https://medicaid.georgia.gov/health-</u> insurance-premium-payment-program-hipp	Healthy Indiana Plan for low-income adults 19-64 Website: http://www.in.gov/fssa/hip/
Phone: 678-564-1162, Press 1 GA	Phone: 1-877-438-4479
CHIPRA Website:	All other Medicaid
https://medicaid.georgia.gov/programs/third-party-	Website: https://www.in.gov/medicaid/
liability/childrens-health-insurance-program-reauthorization- act-	Phone 1-800-457-4584
2009-chipra	
Phone: (678) 564-1162, Press 2	
IOWA Medicaid and CHIP (Hawki)	KANSAS Medicaid
Medicaid Website:	
https://dhs.iowa.gov/ime/members	Website: <u>https://www.kancare.ks.gov/</u> Phone: 1-800-792-4884
Medicaid Phone: 1-800-338-8366	HIPP Phone: 1-800-766-9012
Hawki Website:	
http://dhs.iowa.gov/Hawki	
Hawki Phone: 1-800-257-8563	
HIPP Website: https://dhs.iowa.gov/ime/members/medicaid- a-to-	
<u>z/hipp</u>	
HIPP Phone: 1-888-346-9562	
KENTUCKY Medicaid	LOUISIANA Medicaid
Kentucky Integrated Health Insurance Premium Payment	Website: www.medicaid.la.gov or www.ldh.la.gov/lahipp
Program (KI-HIPP) Website:	Phone: 1-888-342-6207 (Medicaid hotline) or
https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx	1-855-618-5488 (LaHIPP)
Phone: 1-855-459-6328	
Email: <u>KIHIPP.PROGRAM@ky.gov</u>	
KCHIP Website: https://kidshealth.ky.gov/Pages/index.aspx	
Phone: 1-877-524-4718	
Kentucky Medicaid Website: <u>https://chfs.ky.gov</u>	
MAINE Medicaid	MASSACHUSETTS Medicaid and CHIP
Enrollment Website:	Website: https://www.mass.gov/masshealth/pa
https://www.mymaineconnection.gov/benefits/s/?language=e n US	Phone: 1-800-862-4840
Phone: 1-800-442-6003	TTY: (617) 886-8102
TTY: Maine relay 711	
Private Health Insurance Premium Webpage: https://www.maine.gov/dhhs/ofi/applications-forms	
Phone: 1-800-977-6740	
TTY: Maine relay 711	
MINNESOTA Medicaid	MISSOURI Medicaid
Website:	Website:
https://mn.gov/dhs/people-we-serve/children-and- families/health-care/health-care-programs/programs-and-	http://www.dss.mo.gov/mhd/participants/pages/hipp.htm Phone: 573-751-2005
services/other-insurance.jsp	1 HORE, 575-751-2005
Phone: 1-800-657-3739	
MONTANA Medicaid	NEBRASKA Medicaid
Website:	Website: http://www.ACCESSNebraska.ne.gov
http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP	Phone: 1-855-632-7633
	Lincoln: 402-473-7000
Phone: 1-800-694-3084	
Phone: 1-800-694-3084 Email: <u>HHSHIPPProgram@mt.gov</u>	Omaha: 402-595-1178

NEVADA Medicaid	NEW HAMPSHIRE Medicaid
Medicaid Website: http://dhcfp.nv.gov	Website: https://www.dhhs.nh.gov/programs-
Medicaid Phone: 1-800-992-0900	services/medicaid/health-insurance-premium-program
	Phone: 603-271-5218
	Toll free number for the HIPP program: 1-800-852-3345, ext.
	5218
NEW JERSEY Medicaid and CHIP	NEW YORK Medicaid
Medicaid Website:	Website: https://www.health.ny.gov/health_care/medicaid/
http://www.state.nj.us/humanservices/	Phone: 1-800-541-2831
dmahs/clients/medicaid/	
Medicaid Phone: 609-631-2392 CHIP Website: http://www.njfamilycare.org/index.html	
CHIP Phone: 1-800-701-0710	
NORTH CAROLINA Medicaid	NORTH DAKOTA Medicaid
Website: https://medicaid.ncdhhs.gov/	Website:
Phone: 919-855-4100	http://www.nd.gov/dhs/services/medicalserv/medicaid/
	Phone: 1-844-854-4825
OKLAHOMA Medicaid and CHIP	OREGON Medicaid
Website: http://www.insureoklahoma.org	Website: http://healthcare.oregon.gov/Pages/index.aspx
Phone: 1-888-365-3742	http://www.oregonhealthcare.gov/index-es.html
	Phone: 1-800-699-9075
PENNSYLVANIA Medicaid and CHIP	RHODE ISLAND Medicaid and CHIP
Website: https://www.dhs.pa.gov/Services/Assistance/Pages/HIPP-	Website: http://www.eohhs.ri.gov/ Phone: 1-855-697-4347, or
Program.aspx	401-462-0311 (Direct RIte Share Line)
Phone: 1-800-692-7462	
CHIP Website: Children's Health Insurance Program (CHIP)	
(pa.gov)	
CHIP Phone: 1-800-986-KIDS (5437)	
SOUTH CAROLINA Medicaid	SOUTH DAKOTA Medicaid
Website: https://www.scdhhs.gov	Website: http://dss.sd.gov
Phone: 1-888-549-0820	Phone: 1-888-828-0059
TEXAS Medicaid	UTAH Medicaid and CHIP
Website: http://gethipptexas.com/ Phone: 1-800-440-0493	Medicaid Website: <u>https://medicaid.utah.gov/</u> CHIP Website: <u>http://health.utah.gov/chip</u>
FIIOIIE. 1-800-440-0495	Phone: 1-877-543-7669
VERMONT Medicaid	VIRGINIA Medicaid and CHIP
Website: Health Insurance Premium Payment (HIPP) Program	Website: https://www.coverva.org/en/famis-select
Department of Vermont Health Access	https://www.coverva.org/en/hipp
Phone: 1-800-250-8427	Medicaid/CHIP Phone: 1-800-432-5924
WASHINGTON Medicaid	WEST VIRGINIA Medicaid and CHIP
Website: https://www.hca.wa.gov/	Website: https://dhhr.wv.gov/bms/
Phone: 1-800-562-3022	http://mywvhipp.com/ Medicaid Phone: 304-558-1700
	CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)
WISCONSIN Medicaid and CHIP	WYOMING Medicaid
Website:	Website:
Phone: 1-800-362-3002	eligibility/
	Phone: 1-800-251-1269
https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm Phone: 1-800-362-3002	

To see if any other states have added a premium assistance program since January 31, 2023, or for more information on special enrollment rights, contact either:

U.S. Department of Labor Employee Benefits Security Administration <u>www.dol.gov/agencies/ebsa</u> 1-866-444-EBSA (3272) U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services <u>www.cms.hhs.gov</u> 1-877-267-2323, Menu Option 4, Ext. 61565

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According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

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OMB Control Number 1210-0137 (expires 1/31/2026)

