

# TITAN TIMES

VOL. 2, ISSUE 9 | MARCH 11TH, 2024

## TITANS GOT TALENT

By The Titan Times Team  
Upperclassmen & Underclassmen



Photo by @ndhsriverside

Sophomores Daphne Egizi (left) and Michaela Rodriguez start the show with their karaoke-style rendition of Justin Bieber's "Beauty And A Beat".

We just finished our very first Titan's Got Talent, and wow! Everyone who participated showed up and showed out! In total there were 6 acts put together by our own Notre Dame students. There were all kinds of different acts: from choreographed numbers, to talented singing, and even a band performance. We had performances from all grades of students.

Let's give a recap! First, play an amazing Smiths we had Daphne (10) and melody with Michaela (10) perform amazing vocals. Fifth was Beauty and a Beat. the amazing swimmer Second was Kaden and singer Aaliyah Rodriguez who recreated Mitchell(12) who sang the iconic Napoleon Smooth Operator. And Dynamite dance. Vote for last but certainly not Pedro! Third was our very least, an iconic dance own Dorm Mates Luke routine by Izzy Perez(12) Webster (9), Nicholas and Alyssa Gonzalez(10) to Calderon (9), and Anthony No Hands. And of course, Waked (9) who played Let shout out to Mr. Kimble it Be by the Beatles on and all the participants their own instruments! who played our half-court Fourth, we had Mario basketball contest! Cabral Jr (10)

In my own totally unbiased opinion, the best act was the very first one starring Daphne Egizi (10) and Michaela Rodriguez (10) performing Super Bass by Nicki Minaj featuring Justin Bieber. They killed it out there with their moves and amazing voices. Another act I really enjoyed was a Smiths Medley performed by Mario Cabral Jr. (10). You can tell that much like Summer and Tom from the iconic movie *500 Days of Summer*, he "loves the Smiths." Overall, the Talent Show was greatly enjoyable, and I really admire all of the students who went out there and really gave it their all. I commend their bravery and appreciate their talent! - Ana Sofia

All participants received a special golden trophy for the fantastic work, and a special secret prize. Now, we have to talk about the wonderful panel of judges, Mr. Heron, Mrs. Bravo, Mrs. A. and Señora Loson. They gave fantastic feedback, and we hope they help out again next time! All these performers were so brave for coming up and participating.

Hopefully they've inspired you to participate in next year's Titan's Got Talent for your chance to show off your talent!



Photo by @ndhsriverside

Freshmen students Anthony Waked, Luke Webster, and Nichless Calderon share their musical talents.

## THIS ISSUE:



See Page 2



See Page 3



See Page 5



See Page 7

"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms"- 1 Peter 4:10

# Mock Trial

By the Titan Times Team

Jude Cramer, Frances Cramer, & Carter Worthington

### What is Mock Trial?

Mock trial is a competition where a fictional "case" is given to high schools throughout the nation and the high schools are expected to either prove that the defendant is guilty or not. Each team competes with a prosecution or defense team. As you can probably guess, the prosecution "prosecutes" the defendant and represents the people of the state of California, while the defense "defends" the defendant. This year's trial was a murder trial of the CEO of a billion-dollar, family run, medical components company. Wow, that was a mouthful!

Our mock trial team started to prepare the case material and practicing way back in October, and did it pay off! Your very own Notre Dame mock trial team finished 2nd place in county! Although we lost to Poly HS in the finals we are very proud of what we were able to accomplish this year. We honestly could not have been able to do it without the support from our parents and coaches. The team that competed in the finals was our defense team that consisted of: Ashely DeGennaro, Ana Sofia Ramirez, Natasha Singh, Grace Mankin, Daphne Egizi, Minh Lai, Sophia Saldana, Arely Ureña and Sydney Cramer!



Photo by @ndhsmocktrial

Unfortunately, our prosecution team did not compete in the finals, but our prosecution team consisted of: Frances Cramer, Carter Worthington, Samantha Voorhis, Adrian Reyes, Ashley DeGennaro, Audrinna Patterson, Daphne Egizi, Jude Cramer, and Xavier Felix! We are so proud to represent Notre Dame in this year's Riverside County Mock Trial Competition. Also, special shout out to all of our individual medal winners: Xavier Felix, Sydney Cramer, Grace Mankin, Adrian Reyes, and Ashley Degennaro! Until next year!



Photos by @ndhsmocktrial



# Notre Dame Now: ND's own Podcast

By Lubianca Gaitan & Carter Worthington

Upplerclassmen, writers

As many of you may know, our school is very diverse when it comes to activities students can be part of. Well, something new is coming to Notre Dame that I recommend all of you keep an eye out for. ND is starting its own Podcast! You can check out Notre Dame Now's Instagram at @notredame.now. This podcast will be a sort of audio version of the Titan Times. Make sure to stay tuned to find out all about what going on in our campus and what makes Notre Dame, Notre Dame.

Our first episode will be out soon, featuring our winter sports and their success this season. First up is boys' basketball, where hosts Lubianca Gaitan and Nicholas Kendall interviewed Mr. Morris and Puma where they shared things such as their experiences this year, how they overcame some hiccups in the road, funny moments they had, and hopes for next year. It was a pleasure to have them on as well as quiz them on their basketball knowledge, where Mr. Morris swept the floor.



Photo by Chris Johnson

In the second segment, we had guests Anthony Elias and Brandon Sanchez on for Baseball. Anthony Elias is a freshman and one of the managers for the team. Brandon Sanchez is one of the players and we got to learn a little bit more about them and their experiences this season. New things we didn't know about before were shared such as where Brandon's love for Baseball came about and why Anthony decided to become a

manager for the team. Our third and final segment was with the fantastic Ashley DeGennaro (12) and Frances Cramer (12). Ashley is a defense attorney and prosecution's detective witness, and Frances is a prosecution attorney. This marks not only their second year, but also their last year of Mock Trial. We got to learn about the process the team goes through and what their practice schedule looked

like. They also gave us some insight into what Mock Trial really is and how it works. All new things, even a special look into their funny pre-game routines. But, apart from that, did they really know some legal terms? You'll see in the first episode of Notre Dame Now. This was such a great line up of guests and definitely an episode you won't want to miss when it releases.



Photo by Chris Johnson



Photo by Lubianca Gaitan

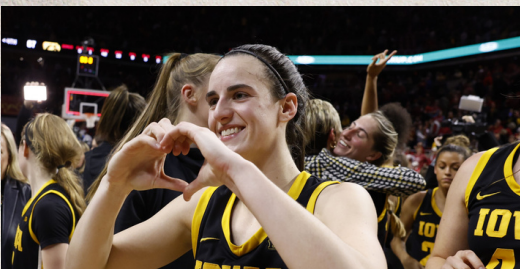
# Caitlin Clark

By Makenna Corea  
Senior, Writer, Social  
Media Manager

University of Iowa's basketball phenomenon Caitlin Clark has once again captured headlines with her remarkable performance on the court. She is currently one of the best female athletes we have seen in decades, mainly due to her impeccable shooting skills. In the current season, she has made 88 shots from 25 feet or beyond. In the past five years, the next highest single season total by someone other than Clark is 51. Every day it seems Caitlin's record and popularity grows by the second. Most recently, Clark passed Stephen Curry, who had 162 3-pointers at Davidson in 2007/2008, and Darius McGhee, who had 162 last season for Liberty.



This means that she has the most three-pointers ever in men or women's division 1 basketball. Over the 2023-2024 season, Clark has beaten the buzzer at the Michigan State logo, marked her 11th game with 40 points, is No. 1 all-time points leader in NCAA D-1 Women's history, and finally became the first DI college basketball player (men's or women's) to have 3,000 or more points, 900 or more assists and 800 or more rebounds in a career.



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Consistently Caitlin finds herself passing goal after goal, and with every sentence her name has in it, comes with the words 'first' and 'history'. "Those bombs, and the threat of pulling up for one every time down the floor, is a key ingredient to Clark's greatness and popularity. It would be silly to limit that at the next level. Her shot range and ballhandling are keys to manipulating defenses to get teammates open looks. I think that translates, too. It wouldn't shock me if she averaged around eight assists per game her rookie year." A WNBA analyst states. To me, I find Clark being such a highly respected player so early inspiring. To know she is only at the beginning of her career (if she were to go to the WNBA) and seeing how much she puts her devotion into the sport, it is more than motivating, it is empowering.

"I want my legacy to be the impact that I can have on young kids and the people in the state of Iowa. ... I was just that young girl, so all you have to do is dream and you can be in moments like this."  
- Caitlin Clark

# Team Work Makes The Dream Work

By Anthony Elias  
Freshman, Writer



This year's Notre Dame Baseball team is stronger than ever with the talents of freshman Mark Cadena, Sophomore Daniel Hernandez, Junior

Jacob Olivier and so many more young athletes. As of now, baseball is 1-3 in league, following their league game win being Colton on Tuesday, March 12th. I asked a few baseball players about their thoughts coming into this season with a younger team, and these are their responses. **Jacob** said "I'm Looking forward to seeing this team develop with time. It's a tough start to the league, but hopefully, as we start to connect, we'll turn it around. A lot of the underclassmen have good potential and can definitely make a good team [in] the next few seasons." **Daniel** said "I'm incredibly excited for the future of this team. We've worked hard and have supported each other each step of the way I believe if we can give it our all on field, we can do great things." This year's baseball team has the potential to be great, but each player has to build bonds with each other on and off the field. That has been this year's Notre Dame Baseball team, make sure to wish them the best of luck this year with their season!

# Athlete of the week Caiden Broughton

By Thomas Huelskamp  
Senior, Writer

This issue's Athlete of the Week is Varsity Center **Caiden Broughton**. Caiden is currently a junior here at Notre Dame high school, but it goes to show how dominant of a player he was this year.

Normally for an issue, we will interview a player of our choosing, but instead I am choosing to write as an outside eye into the world of basketball, as it will give a better look as someone who has not played basketball himself.

This year, I did have the pleasure of being a manager for the boys' basketball team, so I got to see much of the team's success from the very beginning with their first win against La Sierra High School. From this game, players stood out, but mostly Caiden, who brought an energy to the team that was unique, and sent a message to other teams that he will always mean business



Photo by Thomas Huelskamp

In many of the early games of the season, Caiden was outclassed in scoring by his senior teammates, such as Yuri Michel, but to me, I saw a great shift after the Loma Linda Academy Tournament. Caiden came from a slump, now averaging over 15 points a game, often scoring 20 in instance, making major impact for the Titans.

While he was a very good scorer around the rim, 7 even hitting a 3 point here and there, Caiden most definitely shined on defense as well, averaging 3 steals and 2 blocks per game, which are crucial points that could change the outcome of a game.

For the active readers of the Titan Times, you may have missed the All-league selections for Notre Dame. Caiden did not receive a simple all-league selection, but instead was granted the title of **All League Offensive MVP**, truly showing how dominant he was on the court. Caiden finished the season averaging 18 points per game, 7 Rebounds per game, 3 assists and 3 steals per game, and finishing ranked **24th in California** scoring per 32 minutes according to MaxPreps. Being only a Junior, Notre Dame is blessed to have him for another year.

# Wacky Dish Combos #2

By Chris Campbell  
Senior, writer

## Hello Readers!

Today I'm bringing you another unorthodox lunch combo to try out! With the previous part of this section, we covered the crunchy and cheesy power combo—beef taquitos and chicken alfredo. This time, we're bringing in a whole 'nother beast that I dub: The Killer Carb Combo! The name speaks for itself, as we're going to be stacking carb dish on carb dish to create an admittedly unhealthy, but savory food pairing! The components of this crazy duo come from our very own snack bar, and the ingredients are as follows: one spicy noodle bowl and one grilled cheese sandwich!

However, before I begin explaining the flavor profile of this wicked duo, I first need to delve into the individual strengths and weaknesses of its components. Starting out with the grilled cheese, we have two pieces of crunchy sourdough bread encasing a soft and creamy cheese interior. One side of the sandwich is topped with an extra layer of cheese—courtesy of our snack bar—to lend our sandwich an incredibly cheesy flavor profile. The grilled cheese by itself is an outstanding dish, yet the overpowering cheesy flavor leaves something to be desired. Particularly, it leaves room for another dish to offset the powerful cheesy taste.



This is where the noodles come in! On their own, they lack their own strong flavor profile; they are not flavorless, in fact those little seasoning packets come packed with some savory taste. Yet, they are not overpowering in their flavor profile like the grilled cheese is, thus it makes the perfect snack to quickly chow down on by its lonesome. So, when combining the grilled cheese with the noodles, I effectively utilize the noodles as a side dish to smooth out the overpowering flavor of the main course—the grilled cheese. In short, to balance out the powerful flavor of one item, I combine it with the moderate flavor of another! This creates an amazing meal that contains the flavorful, but not overwhelming, taste of ramen seasoning with the savory and cheesy taste of a grilled cheese sandwich. The best method of capitalizing off of this deliciously deadly pairing, is to take a bite of the grilled cheese followed by a quick slurp of the noodles. This creates a balancing of the two flavors, as you're neutralizing the strong aftertaste of cheese that comes from the sandwich. Plus, the usually soggy center of the grilled cheese is immediately replaced by a more pleasant and firm texture from the noodles. So, this combo will be a blast for both your taste buds and mouth! Anyway, the combined total adds up to \$11.00! So, if you're willing to splurge, you'll be in for an unforgettable treat!

# Seasonal Allergies

By Sara Sanchez  
Junior, Writer



Photo by Google

Spring time is fast approaching, where new life blossoms. With spring, comes flowers, and allergies. Millions of people are affected by allergies during spring, specifically due to the pollen blossoming plants release. The immune system believes the pollen to be dangerous, therefore realizing antibodies to attack the allergens. Such an action leads to the release of histamine, a chemical that triggers a runny nose, itchy eyes, and other symptoms.

Spring allergies can be especially brutal during windy days, as the pollen can travel for miles. However, pollen isn't the only trigger. Mold grows as well. Spring allergies include a runny nose, itchy eyes, congestion, sneezing, itchy skin, and much more. Such symptoms might be tolerable for some, but to others, it can greatly interfere with daily life. So, what can you do? Dr. Eidelman suggests using a



Photo by Google

nasal steroid spray 1-2 weeks before allergy season to prevent inflammation and other symptoms (healthessentials.com). Another recommendation includes keeping windows closed and changing your HVAC filter regularly to minimize pollen in your home. Showering daily is always a good thing to do, but especially during allergy season in order to wash off things that can trigger your allergies. These preventions may help a bit, but sometimes they are still not enough. When severe symptoms appear, it is suggested to use medicine and nasal sprays. Spring may come with beautiful flowers and plants, but it also comes with allergies. Stay healthy Titans!



Photo by Google

# Scholar Spotlight

By Lizzie Tran

Senior, Writer

Welcome back Titans to Titan Times Scholar Spotlight, where we feature these hard-working students who have showed their all into their academic abilities chosen by our awesome teachers! Keep working your hardest and continue to be great people. Wow, school is almost coming near to an end having only 2 months of school left. During the second semester, students have been working very hard, not only in academics but also in Physical Education and Sports Meedicine. It's good to be active and it is good to see these students continue to work hard to reach their goals. While I think Physical Education and Health Medicine are really underrated, lets shout out the students who are being featured by their fellow teachers! Starting off with Boys Physical Education lead by Coach Dustin and Mr. G., they have chosen Luke Webster, pictured above as their active nominee! "He's very dedicated, comes to class and participates. Dresses and overall a good student"



Photo by Lubianca Gaitan

"I think it's an honor. Personally, I do my best to show up to class. I really like our PE class, and I love Dustin and Mr. G; they bring positivity and energy to our PE class." - Luke Webster. While there is more to Physical Education, weight training is thriving with Mr. G! Our next students being honored are Nichless, Joshua Noel, and Josiah, who are working as hard as ever in the weight room. "They're very consistent. They're doing different workouts even when I don't tell them. They're always on it, and they don't give me a hard time when they're just doing their own thing!" - Mr. G.



Good job boys keep up the good work and keep trying to reach your goals. Next up in our Scholar spotlight we have our Girls Physical Education led by Ms. Olvera, she has chosen Gaby Flowers as her scholar student. "She always wants to participate, always there, always dresses out, and always the one to be outside and doing the sport and activities." Next, our Sports Medicine class by MS. T, who has chosen Allie Ramirez as her nominee for the class. "She is committed and always pays attention in class. She is always answering the questions and has accumulated 200



Photo by Lubianca Gaitan

hours assisting our athletes!" Great work girls, and great work Titans! Keep up the good work and keep striving in your academics as school approaches a near end. We will see you next time!



Photo by Lubianca Gaitan

# Teacher Feature: Mr. Stewart

By Ana Sofia Ramirez

Sophomore, writer

For this week's teacher feature, we will hear from none other than Mr. Stewart! This year will be Mr. Stewart's second year at Notre Dame, teaching both World History and AP World History. He says his favorite part of teaching at ND, is his engagement with the students and seeing that "Eureka moment" when they finally understand the content. He also talked about his love for history, and how he fell in love with it during his junior year of high school. Mr. Stewart's US History teacher changed his life and opened his eyes to the world of history.

His goal is to have a similar effect on his students and allow them to open their eyes and better understand the world that we live in. He wants to prepare the next generation and ensure that they learn about history, and how events can in a way repeat themselves. During our interview, Mr. Stewart

reflected on the aspects that made his 11th grade history teacher so impactful in his life. "It was not just the way she presented the concepts; she really had that energy she brought to the classroom, [...] she really got us to engage."

The moment in history that Mr. Stewart finds the most interesting is the rise in power of the Totalitarian Regimes. He finds it very fascinating, the way that governments, such as the Fascists, were able to indoctrinate the youth. As a teacher, he wants to help the next generation to ensure that the same thing does not happen to his students. Mr. Stewart is still figuring out what is his favorite part of history to teach, but his favorite part of teaching world history is watching his students make connection on their own, and really engage with the content.



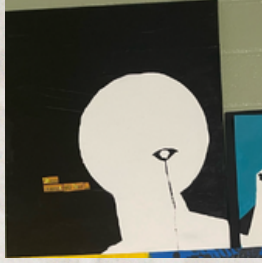
Photo by Ally Patel

Mr. Stewart's advice to the seniors who will soon be college students, is to be sure that they know what they want and do your best not to waste your time or money. He also emphasizes having a balance and ensuring that you have a healthy lifestyle. He recommends not taking on more than you can handle, which is honestly something that could still apply to all high school students, too. He also shares to not rely too heavily on caffeine, and to not drink too much coffee!!!

Thank you, Mr. Stewart, for all of your hard work and all of the effort you put into the classroom! As students, we notice and appreciate all of your time and effort. You truly are an amazing teacher; we are so lucky to have you! On behalf of all of your students, THANK YOU!

# The Arts

By Elyza Lansang  
Junior, Writer



Photos by Elyza Lansang

Hello Art Enthusiasts! On The Arts section this week, I would like to highlight one of Notre Dame's talented artists, Jared Rodriguez! If you stop by, take a moment to admire his amazing pieces! Our lovely Ms. Stemmann commented on his work, saying, "Jared has really pushed the limits in AP Art Studio this year."

His bold pieces draw you in with their chaotic style and shock factor. But the best part is learning the concepts behind the work. He's been working with ideas of punk culture and its relationship to activism. It's been inspiring to see his love for art and experimentation grow through 2D media. It's a blessing to see how gifted by God our Titans are here at this school!

# Dune: Part Two

By Lubianca Gaitan  
Junior, Writer, Editor in chief

Many new movies are next day, Saturday, I coming out in March, went to the theaters to and on the very first of watch the second film this month, Dune: Part and oh boy. I thought it Two was released, the was so good. The sequel of Dune. I'm cinematography was going to be completely absolutely amazing, honest; I hadn't watched being shot in places like the first movie until that the UAE and Jordan. The very Friday. I thought it film itself is pretty was a great movie and lengthy, running for fell in love with the plot about 2 hours and 45 almost instantly. The minutes. Despite this, I



enjoyed it very much and was not bored for a second. Without spoiling it, my favorite part was how timeless the concept of it is. The political greed for natural resources and the exploitation of others can be seen all throughout history, especially in our very own country. The concept of how religion can affect people and even push them to be radicals is a very clear theme throughout the movie, which I loved to see as a Catholic woman. 10/10, go watch it.

# New Year, New Music

By Valerie Arredondo  
Junior, writer

As the start for a new year means new releases by many artists! This issue I want to cover the two main releases that have caught mine and the ND community's interest. To start I want to speak on Bandit by Don Toliver. The single that dropped on February 1, 2024, was a single that blew me away. The song utilized a Tame Impala sample, using his song "One More Hour".

The use of this feature was and the production ReidMD to create a trap beat over a psychedelic based sample. The constant beat drops and change of flow keeps a listener intrigued for what switch up comes next when he is what makes the song so enjoyable. Secondly, I want to discuss the impact VULTURES I had on Ye's audience. In my personal opinion, I think

VULTURES I is gives an insight on Ye's mental state. How he views people in his life and a reflection of who he is. Regardless of this reflection, I think all the f features and songs are different which makes the album a diverse listening experience. The most enjoyed songs within the ND audience have been CARNIVAL and BURN with features of Playboi Carti, Rich the Kid and more!

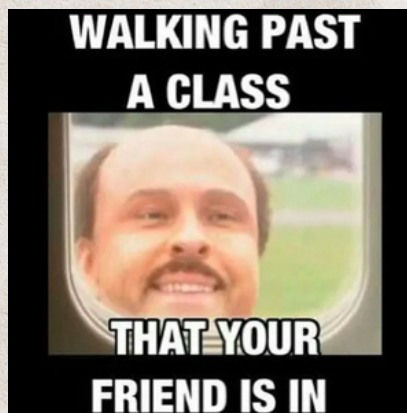


Bandit by Don Toliver  
Google

## Laughology

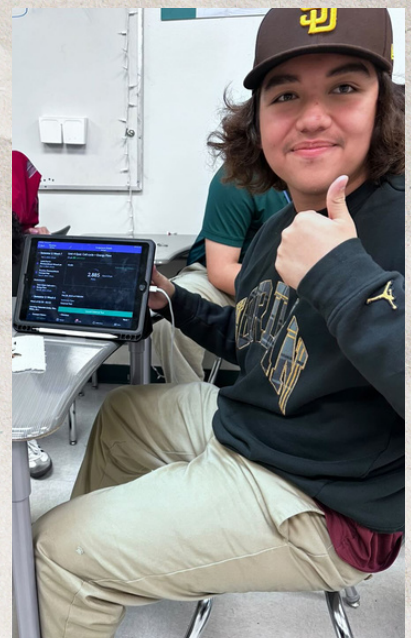
By Notre Dame Students  
Memes sent in by students

Submit your own memes!



# Behind the Scenes

By The Titan Times Team



### People Featured:

Carter Worthington (12), Elizabeth Tran (12), Makenna Corea (12), Nicholas Kendall (11), Ellison Tolenti (11), Adrian Bin (11), Matthew Baculo (11), Joshua Avila (10), Jonathon Medrano (10), Tristian Butler (12), Bella Alonso (12), Aliyah Gonzalez (12), Grace Alosi (12), Sarah Escobar (12), Jawad Batarseh (12), Nicholas "Nikki" Graham (12), Jacob Vasquez (9), Daphne Egizi (10), Michaela Rodríguez (10)

**Submit your own pictures!**

# Advice Archives

**Submit an Advice Request!**

By Frankie Cramer

**Q: Good movies to watch(that are free or on Netflix or Disney+)**

**A:** I would like to consider myself a movie enthusiast, so I think you should trust me ;) Anyway... Netflix has always had the best movies to stream, and then they take them off, so I'd advise you to watch these ASAP! If you're feeling like watching a romcom, a good idea would be "Meet the Parents" starring Ben Stiller and Robert De Niro. If you feel like watching a thriller or horror movie, watch "X" starring Mia Goth and Jenna Ortega. Feeling like a comedy? "Red Notice" starring Ryan Reynolds and the Rock is a good one. Anyway, I hope my movie recs are good enough and you enjoy whichever movie you pick.

**Q: How do I stop my friend from cosplaying? 😞**

**A:** Wow... this is a tough one... I've never been stumped before when I'm asked questions, especially with such a hard and serious topic. Unfortunately there's not much that you can do in this situation and you might just have to let it play out. Wish you the best...

**Q: How do I deal with jealousy?**

**A:** If you are dealing with jealousy in a relationship, then you have to realize what the cause of your jealousy is. Is it past experiences? Is it insecurities in yourself? Or is it simply a fear of loss? You have to do some deep reflection about that, and once you do, work on that. Communication with your partner is ESSENTIAL. Explain how you're feeling, what you're feeling, and why. Hopefully, your partner is understanding and willing to work with you through your issues.

## The Titan Times

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