



# Palos South Junior High School



APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
<b>No School</b> 1	1) Chicken Parmesan Flatbread  2) Chicken Ham Chef Salad with Dinner Roll Fresh Orange, Applesauce, Corn, Broccoli and Cherry Tomatoes 2	1) Walking Tacos  2) Vegetable Baja Salad With Tortilla Chips (Salad has Black Bean Salsa on Top) Fresh Banana, Craisins, Green Beans, Baby Carrots 3	1) Bacon Cheeseburger  2) Turkey Chef Salad with Dinner Roll  Fresh Apple, Mix Fruit, BBQ Baked Beans, Celery Sticks 4	1) Beef Tater Tot Nachos  2) Hot Pretzel with Yogurt and String Cheese  Fresh Orange, Diced Pears, Tater Tots, Baby Carrots 5	Insert <b>Daily Serve Mondays &amp; Fridays</b> Cheese Pizza (V) Cheeseburger Chicken Patty Sun butter Jelly Sandwich (V)  <b>Daily Serve Tuesdays &amp; Thursdays</b> Cheese Pizza (V) Hamburger Spicy Chicken Patty Sun butter Jelly Sandwich (V)  <b>Daily Serve Wednesdays</b> Cheese Pizza (V) Pretzel Bites w/ Cheese (V) Chicken Nuggets Sun butter Jelly Sandwich (V) Detailed Copy Here 
1) Mini Chicken Corndog  2) Tossed Cheese Salad w/Dinner Roll  Fresh Apple, Diced Peaches, Baby Carrots, Broccoli 8	1) Beef Nachos  2) Build Your Own Pizza Bagel Kit  Fresh Orange, Applesauce, Corn, Broccoli and Cherry Tomato 9	<b>No School</b> 10	1) BBQ Chicken Flatbread  2) Tossed Cheese Salad with Dinner Roll  Fresh Banana, Craisins, Green Beans, Baby Carrots 11	1) Baked Mostaccioli  2) Vegetable Baja Salad with Tortilla Chips (Salad has Black Bean Salsa on Top) Fresh Orange, Diced Pears, Tater Tots, Baby Carrots 12	
1) Beef Soft Shell Tacos  2) Tossed Cheese Salad w/Dinner Roll  Fresh Apple, Diced Peaches, Baby Carrots, Broccoli 15	1) Cheeseburger Meatloaf Sandwich  2) Chicken Ham Chef Salad with Dinner Roll Fresh Orange, Applesauce, Corn, Broccoli and Cherry Tomato 16	1) Mini Pancakes with Eggs  2) Ham Chef Salad with Dinner Roll  Fresh Banana, Craisins, Green Beans, Baby Carrots 17	1) Thai Chicken and Rice Bowl 2) Tossed Cheese Salad with Dinner Roll  Fresh Apple, Mix Fruit, BBQ Baked Beans, Celery Sticks 18	1) Inside out Pasta  2) Chicken Chef Salad with Roll  Fresh Orange, Diced Pears, Tater Tots, Baby Carrots 19	
1) Popcorn Chicken w/Lo Mein  2) Chicken Han Chef Salad w/Dinner Roll  Fresh Apple, Diced Peaches, Baby Carrots, Broccoli 22	1) Popcorn Chicken w/Lo Mein  2) Chicken Han Chef Salad w/Dinner Roll  Fresh Apple, Diced Peaches, Baby Carrots, Broccoli 23	1) Chili Cheese Baked Potato Broccoli Cheese Baked Potato 2) Egg Chef Salad with Dinner Roll Fresh Banana, Craisins, Green Beans, Baby Carrots 24	1) Waffle w/Turkey Sausage  2) Tossed Cheese Salad with Dinner Roll  Fresh Banana, Craisins, Green Beans, Baby Carrots 25	1) Chicken Meatball Wub with Mozzarella And Marinara Sauce 2) Vegetable Baja Salad with Tortilla Chips (Salad has Black Bean Salsa on Top) Fresh Orange, Diced Pears, Tater Tots, Baby Carrots 26	
1) Beef Tater Tot Nachos  2) Hot Pretzel with Yogurt and String Cheese  Fresh Apple, Diced Peaches, Baby Carrots, Broccoli 29	1) Popcorn Chicken w/Lo Mein  2) Chicken Han Chef Salad w/Dinner Roll  Fresh Apple, Diced Peaches, Baby Carrots, Broccoli 30				