

JUNIORS CLASS OF 2025

- **Welcome and Counselor Team**
- **Overview of 11th Grade**
- **Graduation Requirements**
- **College Considerations**
- **SAT updates**
- **Parent Tips**
- **Support Services**

*** This Power Point will be available on the Counseling Website**



Sammamish PTSA “Class Of” Committees

Fundraising and community-building, working towards a senior-year celebration.

- Restaurant Nights that build community.
- Fundraisers with a community service: Goodwill collections, Holiday pies, Mother’s Day flower baskets, and more.
- Junior Class Committee supports seniors with Graduation Lei sales and Senior Breakfast.
- Senior Class Committee plans a safe, sober, all-night grad party.

Sammamish High School Class Facebook Pages

A helpful place to exchange info and connect with fellow parents of your year.

Pages are not sponsored or monitored by PTSA.

Class of 2024



Class of 2025



Class of 2026



Class of 2027



SHS Counseling Team



**Ms. Williams
A-Dc**



**Ms. Williams-
Pagaran
De-Ji**



**Mr. Martinez
Escobar
Jo-Mol**



**Ms.
Anderson
Mon-Sanc**



**Ms. Breeze
Sand-Z**



**Ms. Lopez-
Kopp
College &
Career
Counselor**

How to reach us:

**Email us any time! You can find our contact information on
the Sammamish High School Website.**

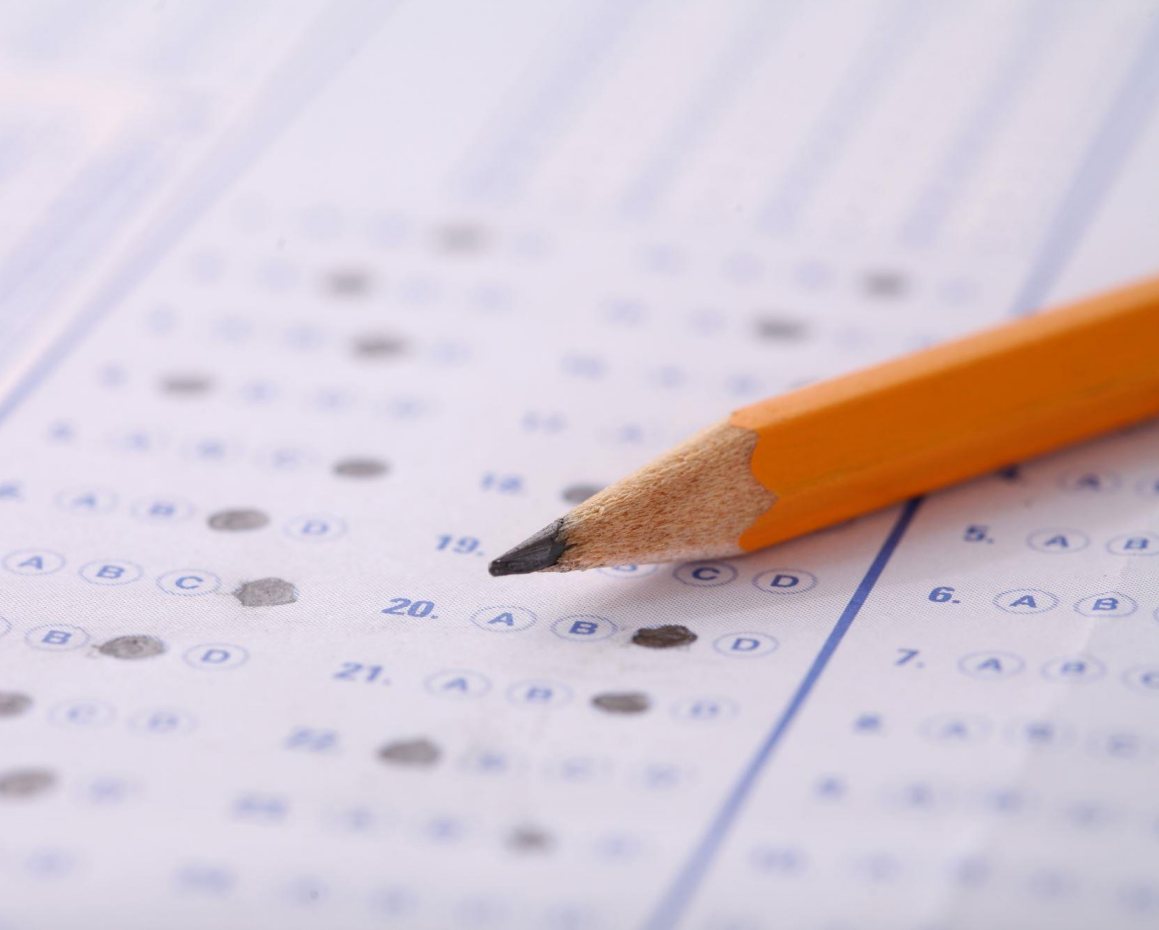
JUNIOR YEAR TIMELINE

Fall

- Super Wednesday: All Juniors will be taking the PSAT on Super Wednesday (October 11th)
- Continue Researching post-secondary options
 - College Reps visits at SHS
 - Attend a college fair to learn more about specific colleges:
 - Virtual National College Fair October 15th and November 12th
 - Register for free at:
<https://www.nacacattend.org/fairs>

Winter/Spring

- SAT/ACT (check college websites for policies)
 - Fee waivers available- contact counselor
 - BSD will offer a test in March at no charge
- BSD College Conference (February)
- Counselor Lesson for Juniors (post high school options and Naviance focus)
- Junior Blitz with counselors during registration
- Visit college campuses
- BSD Financial Aid night- TBD



SUPER WEDNESDAY (OCTOBER 11TH)

- **11th Graders will take the Digital PSAT/NMQST (Practice SAT and National Merit Scholarship Qualifying Test).**
- Exams are for practice only and scores are only reported to students and their families.
- All 11th graders should be in their assigned spaces by **8:00am**.
- If you would like to opt out of the PSAT, please do so at this [link](#).
- **What to Bring:** Laptop, charger and earbuds/headphones, a calculator if wanted, but there is also a built-in Desmos calculator included in the test.
- Cell Phones/Tablets/smartwatches may **not** be used. **Optional:** watch with no audible alarm.
- The official SAT exam will be offered to 11th graders during the spring. Date is To Be Determined.

GRADUATION REQUIREMENTS

CLASS OF 2025

- **24 Credits** (28 Possible)
 - Fine art and World Language – Personal Pathway Option
- **State Exams** (Smarter Balanced) for ELA and Math or meet one of the **Graduation Pathway Options**
- **2.0 Cumulative GPA**
- **40 Hours of Community Service**
- **High School and Beyond Plan** – Naviance
 - 7 tasks to help students plan out high school courses and career interests
- **Washington State History** – completed in Middle School

BSD CREDIT REQUIREMENTS FOR THE CLASS OF 2019 AND BEYOND

Subject	Semesters	Credits
English	8	4.0
Mathematics	6	3.0
Social Studies	7	3.5
Science*	6	3.0
Career & Technical Education	2	1.0
Fine Arts (Drama, Music, Visual Art)**	4	2.0
Health	1	0.5
Physical Education	3	1.5
World Language***	4	2.0
Electives	7	3.5
TOTAL	48	24

**The Fine Arts requirement of 2.0 credits can include 1 credit of Personalized Pathway Requirement (PPR).

*The Science requirement of 3.0 credits must include two lab classes.

***For World Language, both credits can be PPR.

GRADUATION PATHWAYS: CLASS OF 2025

Career / Technical Field = CTE Course Sequence

- 2.0 Credits of CTE classes aligned with Career Field

Military Career = ASVAB Exam (AFQT section)

- Offered monthly by BSD. Can also help students identify strengths and career interests

Postsecondary Education

- Smarter Balanced Exam
- SAT, ACT or AP Score
- Dual Credit Courses – college credit offered (we have many here at SHS)
- Check [OSPI Website](#) for details and cut scores
- ***Counselors will help students determine which pathway is best for them if they need this option**



Washington Network
for Innovative Careers
Northeast King County Skill Center

wanic.org



er & Technical Education opportunities for high school student

CAREER AND TECH OPTIONS

- WANIC- Washington Network for Innovative Careers
 - WANIC Skill Center offers high quality tuition-free technical and professional training for high school Juniors and Seniors.
 - These year-long programs are based on rigorous academic and industry standards, preparing students for career and college readiness.
 - Offer dual credit opportunities (both high school and college credit)
 - Can lead to industry certifications.
 - Programs are designed in two or three-period blocks allowing extended time to learn and receive authentic hands-on experience.

WHAT IS NAVIANCE?

Our web-based
tool for students
& parents

High School and
Beyond Plan

Learn more
about
themselves

Set personalized
goals

Explore career
options

Search for
colleges

Apply for
scholarships

Track admissions
status

Enter Community
Service hours for
approval

Find info about
upcoming news
& events

COMMUNITY SERVICE HOUR REPORTING

- **40 hours of community service is required for graduation**
- **Report hours using x2vol – access via Naviance (under career section)**
- **Student enters hours and supervisor email**
- **Supervisor receives email to verify hours**
- **School approves hours**
- **Students can print a service log**
- **Students can find list of upcoming opportunities and events on SHS website**

5 STEPS FOR CHOOSING A COLLEGE

1. Self Analysis – know yourself

- Naviance Career Interest Inventory and other college research tools

2. Start building a list...Look for colleges that are a good FIT for you

- IDEAL-location, climate, size, campus setting, selectivity, majors, activities, religious affiliation, graduation rates, professor availability etc.

3. Gather Information

- Entrance requirements

4. Narrow Down your List

- Eliminate the schools that are not a good academic fit
- Don't focus too much on rankings/ratings
- List pros and cons of each school

5. Finalize your College List

- Visit if possible or visit schools with similar characteristics locally
- Determine deadlines and requirements
- Start applications (Sept/ Oct of 12th grade)

SAT (NEW AND IMPROVED)

SAT changes coming January 2024:

- The test will be switching from paper/pencil format to a digital format.
- This will make it easier to take, easier to give, and make it more relevant to students
- Many changes are designed to make the exam more accessible for students. The digital SAT will be shorter, reading passages will be more concise, questions will be more direct, and students will have access to a wider range of digital tools.
- The changes also aim to help students better plan for their futures. To do this, the content and format of both SAT sections will be more focused on assessing what students need to know to succeed in college and career.
- Students will receive more personalized college and career guidance when they get their official score report.
- ****Update as of 2021 – Almost all colleges are Test Optional or Test Blind. UW and Washington Public Colleges have all moved to a test blind approach.**

PARENT TIPS FOR JUNIOR YEAR



Initiate conversations with your student and be open to their ideas and many options



Attend BSD College Conference in February



Attend webinars and live or virtual tours hosted by colleges



Financial Aid

Don't rule out possibilities due to cost - yet
Discuss family plan for paying for college
Net Price Calculator on college websites
Western Undergraduate Exchange WUE/WICHE



SHS STUDENT SUPPORT SERVICES

Tutorial time to meet with teacher

Mental health Assistance Team (MHAT)
support- screen students in science classes,
but we can refer students as needed

Graduation Success Coach –For students
needing help with credit recovery

Outside Counseling Services (YES, Consejo)

College & Career Advisor – Ms. Lopez
Kopp

HOW TO USE YOUR SCHOOL COUNSELOR AS A RESOURCE

Academic/Career Planning

- Graduation requirements
- College Planning (Spring of junior year and application time Fall of senior year)
- Course Selection (Spring)
- Naviance support
- Summer School
- Letters of recommendation

Social/Emotional Support

- Family struggles
- Communicating with teachers
- Mental Health supports
- Peer/social concerns
- Connect to outside mental health resources

Student and family well-being is a priority

Mental health resources



- **Teen Link:** call or text 866.833.6564
- Reach out to your **SHS School Counselor** (put "urgent" in the email subject line)
- **Nami:** 425.885.6264
- **Suicide Hotline:** 800.273.8255
- Text **HOME** to 741741 to text with a crisis counselor
- **King County Crisis Line Resources**
 - Call 211 or 866.427.4747
 - Visit www.211.org
 - Text: 877.211.9274