## Overnight Meets

West Plains will provide lodging for all overnight meets. Lodging for State is provided by the school. Lodging for other meets is provided for through our fundraising efforts. Please participate in all fundraising opportunities.

## Policies:

- 1. All West Plains High School policies apply.
- 2. All hotel policies apply.
- 3. No boys in girls' rooms, and no girls in boys' rooms.
- 4. Coaches will set a time to be confined to the hotel room and do room checks.
- 5. Coaches will set a time to be ready to leave in the morning.
- 6. No leaving the hotel without a coach or parent (with coach permission).
- 7. Any damages to hotel property will be paid for by the swimmer.
- 8. Be respectful of your teammates and other hotel guests in regard to noise level.
- 9. Remember the real reason we are on the trip to swim our best!
- 10. Represent West Plains High School, Zizzer Swimming, and yourself at the highest level.

If an overnight meet requires a qualifying time, only those swimmers will attend.

In regard to the Missouri State High School Activities Association's State Swimming Championships, the following will apply:

- 1. Swimmers that qualify Top 32 individually will attend.
- 2. For relays that qualify Top 32, the fastest 8 swimmers for each relay will attend.
- 3. Swimmers that do not qualify individually or as a member of a relay, may attend at their own expense if they volunteer to time. They will be excused from school and provided transportation, but they will need to pay for hotel expenses (can split with others) if space is not available in the qualified swimmers' rooms.
- 4. All qualified swimmers will receive a deck pass. This is \$24 to replace if lost. **<u>Do</u>** not lose this or let others use it (we have had issues with this before).
- 5. All swimmers (including alternates) will warmup during preliminaries. If you have issue with this, please let Coach Smith know by SWMO, so he can name another alternate to your spot.
- 6. All team members are expected to cheer on each Zizzer swimmer competing.
- 7. Everyone is expected to remain with the team the entire trip. Any alteration to this policy must be cleared well in advance with coaches and administration.