

White Cap Standards Boys

<u>Event</u>	<u>Time</u>	
	<u>Y</u>	<u>M</u>
200 Freestyle	2:01.69	2:14.84
200 Individual Medley	2:22.39	2:38.19
50 Freestyle	23.99	26.84
100 Butterfly	1:01.39	1:08.39
100 Freestyle	53.39	59.32
500 (400) Freestyle	5:47.19	5:04.82
100 Backstroke	1:04.89	1:12.09
100 Breaststroke	1:11.49	1:19.35

- White Cap Standards must be achieved each year. Best Times from previous years will not count.
- Relays will only wear white caps at SWMO Finals if they qualify for the A or B Finals.