Meet Results

Pocahontas 19-Jan-23 SC Meters
West Plains High School [WEPL] Coach: Ryan Smith

Time	F/P/S	Relay	Place	Points	Improv

Event # 1 Girls 200 Medley Relay

2:19.14S F A Relay West Plains High School 1 40

Roslyn Fiorino (FR) Paige Sheridan (JR) Audrey Land (SO) Addison Peugh (JR)

17.16	34.66	52.46	1:12.69
(17.16)	(34.66)	(17.80)	(38.03)
1:29.36	1:48.59	2:03.08	2:19.14
(16.67)	(35.90)	(14.49)	(30.55)

2:33.60S F B Relay West Plains High School 4 30

Lilliahna Wake (FR) Aubrey Gross (FR) Penelope Autry (FR) Abigail Peugh (JR)

21.24	42.60	1:03.59	1:27.44
(21.24)	(42.60)	(20.99)	(44.84)
1:43.56	2:02.50	2:17.74	2:33.60
(16.12)	(35.06)	(15.24)	(31.10)

Event # 3 Girls 200 Free

2:20.44S F Evie Niesen 2 17 -3.09

31.39	1:07.05	1:44.64	2:20.44
(31.39)	(35.66)	(37.59)	(35.80)

2:45.15S F Lilliahna Wake 6 13 -2.49

36.50	1:19.01	2:04.15	2:45.15
(36.50)	(42.51)	(45.14)	(41.00)

2:50.75S F Lily York 7 12 ---

38.49	1:21.43	2:06.28	2:50.75
(38.49)	(42.94)	(44.85)	(44.47)

Event # 5 Girls 200 IM

2:39.38S F Roslyn Fiorino 2 17 -2.35

15.95	34.74	55.29	1:13.86
(15.95)	(18.79)	(20.55)	(18.57)
1:39.20	2:03.48	2:22.56	2:39.38
(25.34)	(24.28)	(19.08)	(16.82)

Event # 7 Girls 50 Free

29.22S F Evie Niesen 2 17 -0.53

14.23	29.22
(14.23)	(14.99)

31.62S F Penelope Autry 3 16 -0.72

14.96	31.62
(14.96)	(16.66)

32.06S F Trinity Wake 4 15 0.61

15.23	32.06
(15.23)	(16.83)

Event # 9 Girls 100 Fly

1:17.30S F Roslyn Fiorino 2 17 -2.92

15.96	36.33	56.93	1:17.30
(15.96)	(20.37)	(20.60)	(20.37)

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Event # 11 Girls 100 Free

1:03.23S		F	Paige Sheridan		1	20	-1.52
	14.38	30.27	47.03	1:03.23			
	(14.38)	(15.89)	(16.76)	(16.20)			
1:07.95S		F	Addison Peugh		2	17	-3.82
	15.39	32.40	50.42	1:07.95			
	(15.39)	(17.01)	(18.02)	(17.53)			
1:09.74S		F	Abigail Peugh		3	16	-5.82
	16.39	34.06	52.57	1:09.74			
	(16.39)	(17.67)	(18.51)	(17.17)			
1:11.02S		F	Penelope Autry		4	15	---
	15.84	33.76	52.14	1:11.02			
	(15.84)	(17.92)	(18.38)	(18.88)			

Event # 13A Girls 400 Free

5:42.94S		F	Audrey Land		2	16	---
	37.26	1:18.62	2:01.83	2:45.73			
	(37.26)	(41.36)	(43.21)	(43.90)			
	3:30.20	4:15.42	4:59.45	5:42.94			
	(44.47)	(45.22)	(44.03)	(43.49)			
6:15.68S		F	Aubrey Gross		4	14	---
	39.69	1:27.76	2:16.93	3:06.43			
	(39.69)	(48.07)	(49.17)	(49.50)			
	3:55.59	4:45.15	5:31.94	6:15.68			
	(49.16)	(49.56)	(46.79)	(43.74)			

Event # 15 Girls 200 Free Relay

2:04.76S	F	A Relay	West Plains High School			1	40	
Evie Niesen (SO)			Abigail Peugh (JR)		Trinity Wake (JR)		Audrey Land (SO)	
	14.61	29.93	45.47	1:01.45				
	(14.61)	(29.93)	(15.54)	(31.52)				
	1:16.92	1:33.41	1:48.70	2:04.76				
	(15.47)	(31.96)	(15.29)	(31.35)				
2:19.78S	F	B Relay	West Plains High School			5	28	
Penelope Autry (FR)			Lily York (FR)		Lilliahna Wake (FR)		Aubrey Gross (FR)	
	15.60	32.00	49.74	1:09.02				
	(15.60)	(32.00)	(17.74)	(37.02)				
	1:25.36	1:43.34	2:01.55	2:19.78				
	(16.34)	(34.32)	(18.21)	(36.44)				

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Event # 17 Girls 100 Back

1:13.31S		F	Paige Sheridan		1	20	-1.61
	17.21	35.15	54.49	1:13.31			
	(17.21)	(17.94)	(19.34)	(18.82)			
1:18.60S		F	Addison Peugh		2	17	1.75
	18.39	38.31	58.88	1:18.60			
	(18.39)	(19.92)	(20.57)	(19.72)			
1:27.93S		F	Trinity Wake		4	15	3.20
	19.73	42.20	1:04.90	1:27.93			
	(19.73)	(22.47)	(22.70)	(23.03)			
1:31.89S		F	Lily York		5	14	-10.59
	21.43	44.50	1:08.32	1:31.89			
	(21.43)	(23.07)	(23.82)	(23.57)			

Event # 19 Girls 100 Breast

1:36.42S		F	Audrey Land		6	13	---
	19.23	44.11	1:09.00	1:36.42			
	(19.23)	(24.88)	(24.89)	(27.42)			
1:37.30S		F	Abigail Peugh		7	12	---
	21.52	46.12	1:11.59	1:37.30			
	(21.52)	(24.60)	(25.47)	(25.71)			

Event # 21 Girls 400 Free Relay

4:20.69S	F	A Relay	West Plains High School			1	40	
Evie Niesen (SO)			Roslyn Fiorino (FR)		Addison Peugh (JR)	Paige Sheridan (JR)		
	14.51	30.66	48.18	1:05.78				
	(14.51)	(30.66)	(48.18)	(1:05.78)				
	1:20.06	1:35.93	1:53.19	2:09.54				
	(14.28)	(30.15)	(47.41)	(1:03.76)				
	2:25.04	2:41.88	3:00.04	3:17.30				
	(15.50)	(32.34)	(50.50)	(1:07.76)				
	3:31.60	3:47.41	4:04.45	4:20.69				
	(14.30)	(30.11)	(47.15)	(1:03.39)				
5:14.78S	F	B Relay	West Plains High School			4	30	
Lily York (FR)			Aubrey Gross (FR)		Lilliahna Wake (FR)	Trinity Wake (JR)		
	18.52	39.10	1:00.92	1:21.59				
	(18.52)	(39.10)	(1:00.92)	(1:21.59)				
	1:39.94	2:00.69	2:23.75	2:44.64				
	(18.35)	(39.10)	(1:02.16)	(1:23.05)				
	3:01.68	3:20.69	3:42.01	4:02.44				
	(17.04)	(36.05)	(57.37)	(1:17.80)				
	4:18.50	4:36.29	4:56.29	5:14.78				
	(16.06)	(33.85)	(53.85)	(1:12.34)				