Meet Results

Springfield Invitational 29-Jan-22 Yards
West Plains High School [WEPL] Coach: Ryan Smith

Time	F/P/S	Relay	Place	Points	Improv

Event # 1 Girls 200 Medley Relay

2:04.59Y	F	A Relay	West Plains High School			9	18	
Paige Sheridan (SO)		Evie Niesen (FR)		Brayden Kantola (SR)	Audrey Land (FR)			
	14.84	29.67	45.51	1:05.04				
	(14.84)	(29.67)	(15.84)	(35.37)				
	1:19.50	1:37.31	1:50.08	2:04.59				
	(14.46)	(32.27)	(12.77)	(27.28)				
X 2:28.95Y	F	B Relay	West Plains High School			---	---	
Magdalene Viers (SO)		Katie Sandgren (SR)		Afton Morrison (SR)	Lisa Ade (SR)			
	18.33	37.39	56.72	1:19.17				
	(18.33)	(37.39)	(19.33)	(41.78)				
	1:35.07	1:55.31	2:11.39	2:28.95				
	(15.90)	(36.14)	(16.08)	(33.64)				

Event # 2 Girls 200 Free

2:12.20Y		F	Addison Peugh			14	3	-7.24
	30.95	1:04.90	1:38.90	2:12.20				
	(30.95)	(33.95)	(34.00)	(33.30)				
2:17.31Y		F	Gilly Grigsby			23	---	-3.02
	31.42	1:05.88	1:41.25	2:17.31				
	(31.42)	(34.46)	(35.37)	(36.06)				
2:34.59Y		F	Magdalene Viers			44	---	-0.19
	34.52	1:13.58	1:54.73	2:34.59				
	(34.52)	(39.06)	(41.15)	(39.86)				
3:01.93Y		F	Katie Sandgren			71	---	2.25
	37.84	1:25.28	2:16.67	3:01.93				
	(37.84)	(47.44)	(51.39)	(45.26)				

Event # 3 Girls 200 IM

2:17.05Y		F	Paige Sheridan			5	14	-3.26
	13.87	30.45	47.40	1:04.16				
	(13.87)	(16.58)	(16.95)	(16.76)				
	1:24.26	1:44.70	2:02.38	2:17.05				
	(20.10)	(20.44)	(17.68)	(14.67)				
2:58.51Y		F	Jordan Kantola			46	---	-5.95
	18.21	42.01	1:04.04	1:23.55				
	(18.21)	(23.80)	(22.03)	(19.51)				
	1:52.76	2:20.74	2:40.99	2:58.51				
	(29.21)	(27.98)	(20.25)	(17.52)				
3:07.28Y	DQ	F	Afton Morrison			---	---	---
	15.88	37.60	1:00.45	1:22.60				
	(15.88)	(21.72)	(22.85)	(22.15)				
	1:55.17	2:28.19	2:49.00	3:07.28				
	(32.57)	(33.02)	(20.81)	(18.28)				

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Event # 4 Girls 50 Free					
26.79Y	F	Evie Niesen	18	---	0.59
13.00	26.79				
(13.00)	(13.79)				
27.90Y	F	Trinity Wake	28	---	-0.76
13.71	27.90				
(13.71)	(14.19)				
28.11Y	F	Audrey Land	32	---	-0.21
13.19	28.11				
(13.19)	(14.92)				
31.11Y	F	Jordan Kantola	66	---	1.07
15.02	31.11				
(15.02)	(16.09)				
Event # 6 Girls 100 Fly					
1:14.28Y	F	Brayden Kantola	25	---	1.32
15.72	34.28	54.27	1:14.28		
(15.72)	(18.56)	(19.99)	(20.01)		
1:24.88Y	F	Afton Morrison	42	---	0.55
16.68	39.25	1:01.75	1:24.88		
(16.68)	(22.57)	(22.50)	(23.13)		
Event # 7 Girls 100 Free					
1:00.70Y	F	Addison Peugh	27	---	-2.08
13.59	29.10	45.32	1:00.70		
(13.59)	(15.51)	(16.22)	(15.38)		
1:01.45Y	F	Trinity Wake	31	---	-2.00
13.42	29.22	45.09	1:01.45		
(13.42)	(15.80)	(15.87)	(16.36)		
1:19.65Y	F	Lisa Ade	82	---	-1.72
18.44	38.48	1:00.17	1:19.65		
(18.44)	(20.04)	(21.69)	(19.48)		
1:23.26Y	F	Katie Sandgren	90	---	2.10
16.31	37.59	1:00.16	1:23.26		
(16.31)	(21.28)	(22.57)	(23.10)		
Event # 8 Girls 500 Free					
5:43.73Y	F	Evie Niesen	9	9	-11.54
30.27	1:03.94	1:39.23	2:15.43		
(30.27)	(33.67)	(35.29)	(36.20)		
2:51.07	3:26.06	4:00.90	4:35.97		
(35.64)	(34.99)	(34.84)	(35.07)		
5:11.34	5:43.73				
(35.37)	(32.39)				
6:37.40Y	F	Audrey Land	25	---	-9.09
32.10	1:10.06	1:50.34	2:31.82		
(32.10)	(37.96)	(40.28)	(41.48)		
3:12.53	3:53.55	4:34.25	5:16.11		
(40.71)	(41.02)	(40.70)	(41.86)		
5:58.25	6:37.40				
(42.14)	(39.15)				

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Event # 9 Girls 200 Free Relay

1:49.59Y	F	A Relay	West Plains High School			11	12	
Evie Niesen (FR)			Paige Sheridan (SO)		Audrey Land (FR)	Addison Peugh (SO)		
	13.33	27.07	39.87	53.23				
	(13.33)	(27.07)	(12.80)	(26.16)				
	1:06.66	1:22.19	1:36.08	1:49.59				
	(13.43)	(28.96)	(13.89)	(27.40)				
X 2:00.00Y	F	B Relay	West Plains High School			---	---	
Gilly Grigsby (SR)			Magdalene Viers (SO)		Jordan Kantola (SR)	Trinity Wake (SO)		
	14.09	29.74	45.24	1:02.11				
	(14.09)	(29.74)	(15.50)	(32.37)				
	1:16.42	1:32.01	1:45.52	2:00.00				
	(14.31)	(29.90)	(13.51)	(27.99)				

Event # 10 Girls 100 Back

1:03.10Y		F	Paige Sheridan			9	9	-1.10
	15.21	30.59	47.23	1:03.10				
	(15.21)	(15.38)	(16.64)	(15.87)				
1:25.17Y		F	Brayden Kantola			51	---	-2.27
	20.65	42.23	1:04.00	1:25.17				
	(20.65)	(21.58)	(21.77)	(21.17)				

Event # 11 Girls 100 Breast

1:20.24Y		F	Gilly Grigsby			17	---	0.15
	17.07	38.04	58.31	1:20.24				
	(17.07)	(20.97)	(20.27)	(21.93)				
1:37.26Y		F	Magdalene Viers			55	---	-2.63
	19.45	44.21	1:10.52	1:37.26				
	(19.45)	(24.76)	(26.31)	(26.74)				
1:35.30Y	DQ	F	Lisa Ade			---	---	---
	20.66	45.61	1:10.22	1:35.30				
	(20.66)	(24.95)	(24.61)	(25.08)				

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Event # 12 Girls 400 Free Relay

4:28.84Y F — A Relay — West Plains High School — 15 — 4

Trinity Wake (SO) | Addison Peugh (SO) | Brayden Kantola (SR) | Gilly Grigsby (SR)

14.55	30.28	47.43	1:03.66
(14.55)	(30.28)	(47.43)	(1:03.66)
1:17.70	1:33.37	1:50.46	2:06.43
(14.04)	(29.71)	(46.80)	(1:02.77)
2:22.14	2:39.44	3:04.47	3:22.68
(15.71)	(33.01)	(58.04)	(1:16.25)
3:37.28	3:53.65	4:11.44	4:28.84
(14.60)	(30.97)	(48.76)	(1:06.16)

X 5:11.80Y F — B Relay — West Plains High School — --- — ---

Afton Morrison (SR) | Katie Sandgren (SR) | Lisa Ade (SR) | Jordan Kantola (SR)

15.88	34.65	52.28	1:10.64
(15.88)	(34.65)	(52.28)	(1:10.64)
1:28.41	1:50.78	2:15.20	2:39.04
(17.77)	(40.14)	(1:04.56)	(1:28.40)
2:56.74	3:18.24	3:40.56	4:03.09
(17.70)	(39.20)	(1:01.52)	(1:24.05)
4:17.35	4:35.18	4:53.16	5:11.80
(14.26)	(32.09)	(50.07)	(1:08.71)