Meet Results

Ozark Conference Championships 24-Jan-22 Yards
West Plains High School [WEPL] Coach: Ryan Smith

Time	F/P/S	Relay	Place	Points	Improv

Event # 1 Girls 200 Medley Relay

2:10.25Y	F	A Relay	West Plains High School			5	20
Addison Peugh (SO)			Gilly Grigsby (SR)		Brayden Kantola (SR)	Audrey Land (FR)	
	16.36	32.90	49.89	1:09.75			
	(16.36)	(32.90)	(16.99)	(36.85)			
	1:24.77	1:42.68	1:55.76	2:10.25			
	(15.02)	(32.93)	(13.08)	(27.57)			
X 2:33.50Y	F	B Relay	West Plains High School			---	---
Jordan Kantola (SR)			Katie Sandgren (SR)		Magdalene Viers (SO)	Lisa Ade (SR)	
	19.03	37.58	56.03	1:19.10			
	(19.03)	(37.58)	(18.45)	(41.52)			
	1:35.29	1:58.63	2:15.29	2:33.50			
	(16.19)	(39.53)	(16.66)	(34.87)			

Event # 2 Girls 200 Free

2:04.26Y		F	Paige Sheridan			3	12	1.32
	27.72	58.76	1:31.57	2:04.26				
	(27.72)	(31.04)	(32.81)	(32.69)				
2:16.82Y		F	Trinity Wake			6	9	-4.25
	30.76	1:04.46	1:40.28	2:16.82				
	(30.76)	(33.70)	(35.82)	(36.54)				
2:31.71Y		F	Afton Morrison			11	2	-0.29
	34.43	1:14.23	1:53.32	2:31.71				
	(34.43)	(39.80)	(39.09)	(38.39)				
2:34.21Y		F	Jordan Kantola			12	1	0.70
	34.25	1:12.52	1:53.40	2:34.21				
	(34.25)	(38.27)	(40.88)	(40.81)				

Event # 3 Girls 200 IM

2:38.51Y		F	Addison Peugh			7	7	1.03
	15.77	36.77	55.31	1:12.70				
	(15.77)	(21.00)	(18.54)	(17.39)				
	1:37.07	2:02.49	2:21.88	2:38.51				
	(24.37)	(25.42)	(19.39)	(16.63)				
2:42.93Y		F	Audrey Land			9	4	0.28
	14.49	33.18	52.28	1:12.26				
	(14.49)	(18.69)	(19.10)	(19.98)				
	1:37.85	2:04.90	2:25.36	2:42.93				
	(25.59)	(27.05)	(20.46)	(17.57)				
2:52.79Y		F	Brayden Kantola			16	---	2.97
	16.07	34.97	1:00.00	1:22.52				
	(16.07)	(18.90)	(25.03)	(22.52)				
	1:48.56	2:14.05	2:34.85	2:52.79				
	(26.04)	(25.49)	(20.80)	(17.94)				
3:08.95Y		F	Magdalene Viers			18	---	-0.14
	17.83	40.97	1:04.19	1:27.50				
	(17.83)	(23.14)	(23.22)	(23.31)				
	1:56.79	2:27.12	2:49.11	3:08.95				
	(29.29)	(30.33)	(21.99)	(19.84)				

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Time	F/P/S	Relay	Place	Points	Improv
Event # 4 Girls 50 Free					
26.20Y	F	Evie Niesen	4	11	-0.24
12.94	26.20				
(12.94)	(13.26)				
X 35.36Y	F	Lisa Ade	---	---	0.30
17.07	35.36				
(17.07)	(18.29)				
35.42Y	F	Katie Sandgren	29	---	2.13
15.93	35.42				
(15.93)	(19.49)				
Event # 6 Girls 100 Fly					
1:16.33Y	F	Brayden Kantola	6	9	3.37
15.94	34.42	55.53 1:16.33			
(15.94)	(18.48)	(21.11) (20.80)			
1:16.51Y	F	Audrey Land	7	7	-1.68
14.73	34.31	54.75 1:16.51			
(14.73)	(19.58)	(20.44) (21.76)			
Event # 7 Girls 100 Free					
57.41Y	F	Evie Niesen	2	13	-1.03
13.12	27.59	42.90 57.41			
(13.12)	(14.47)	(15.31) (14.51)			

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Event # 8 Girls 500 Free

5:25.57Y		F	Paige Sheridan		2	13	-0.36
	29.20	1:01.64	1:34.63	2:07.43			
	(29.20)	(32.44)	(32.99)	(32.80)			
	2:40.46	3:13.19	3:46.39	4:19.51			
	(33.03)	(32.73)	(33.20)	(33.12)			
	4:52.96	5:25.57					
	(33.45)	(32.61)					
6:04.43Y		F	Gilly Grigsby		6	9	-0.48
	31.34	1:05.49	1:41.33	2:17.79			
	(31.34)	(34.15)	(35.84)	(36.46)			
	2:54.91	3:32.45	4:10.65	4:48.92			
	(37.12)	(37.54)	(38.20)	(38.27)			
	5:27.44	6:04.43					
	(38.52)	(36.99)					
6:11.37Y		F	Trinity Wake		7	7	-6.82
	33.45	1:10.95	1:48.03	2:25.19			
	(33.45)	(37.50)	(37.08)	(37.16)			
	3:03.22	3:41.67	4:20.03	4:58.58			
	(38.03)	(38.45)	(38.36)	(38.55)			
	5:36.07	6:11.37					
	(37.49)	(35.30)					
6:49.38Y		F	Afton Morrison		8	5	-2.44
	36.85	1:18.02	2:00.21	2:40.68			
	(36.85)	(41.17)	(42.19)	(40.47)			
	3:22.26	4:04.83	4:47.25	5:29.06			
	(41.58)	(42.57)	(42.42)	(41.81)			
	6:09.97	6:49.38					
	(40.91)	(39.41)					

Event # 9 Girls 200 Free Relay

1:49.93Y	F	A Relay	West Plains High School			5	20
Evie Niesen (FR)			Audrey Land (FR)		Trinity Wake (SO)	Paige Sheridan (SO)	
	12.73	26.60	39.96	55.16			
	(12.73)	(26.60)	(13.36)	(28.56)			
	1:08.58	1:23.47	1:36.09	1:49.93			
	(13.42)	(28.31)	(12.62)	(26.46)			
X 2:16.09Y	F	B Relay	West Plains High School			---	---
Afton Morrison (SR)			Katie Sandgren (SR)		Lisa Ade (SR)	Gilly Grigsby (SR)	
	16.45	32.36	49.69	1:08.45			
	(16.45)	(32.36)	(17.33)	(36.09)			
	1:26.34	1:44.33	1:59.31	2:16.09			
	(17.89)	(35.88)	(14.98)	(31.76)			

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Time	F/P/S	Relay	Place	Points	Improv
Event # 10 Girls 100 Back					
1:11.12Y	F	Addison Peugh	7	7	0.86
	16.07	34.27 52.34 1:11.12			
	(16.07)	(18.20) (18.07) (18.78)			
1:18.36Y	F	Jordan Kantola	10	3	-1.17
	18.55	38.19 57.46 1:18.36			
	(18.55)	(19.64) (19.27) (20.90)			
1:22.04Y	F	Magdalene Viers	14	---	-0.50
	19.53	39.86 1:01.65 1:22.04			
	(19.53)	(20.33) (21.79) (20.39)			
Event # 11 Girls 100 Breast					
1:20.09Y	F	Gilly Grigsby	3	12	-2.29
	18.00	38.06 59.69 1:20.09			
	(18.00)	(20.06) (21.63) (20.40)			
1:32.35Y	F	Katie Sandgren	13	---	7.07
	18.84	42.77 1:06.79 1:32.35			
	(18.84)	(23.93) (24.02) (25.56)			
X 1:40.31Y	F	Lisa Ade	---	---	1.71
	21.37	47.64 1:13.50 1:40.31			
	(21.37)	(26.27) (25.86) (26.81)			
Event # 12 Girls 400 Free Relay					
4:06.25Y	F	A Relay West Plains High School	3	24	
Evie Niesen (FR)		Trinity Wake (SO)	Addison Peugh (SO)	Paige Sheridan (SO)	
	13.06	28.41 44.72 1:00.95			
	(13.06)	(28.41) (44.72) (1:00.95)			
	1:14.83	1:31.08 1:47.62 2:04.65			
	(13.88)	(30.13) (46.67) (1:03.70)			
	2:18.43	2:34.67 2:51.14 3:07.66			
	(13.78)	(30.02) (46.49) (1:03.01)			
	3:20.23	3:35.11 3:50.56 4:06.25			
	(12.57)	(27.45) (42.90) (58.59)			
X 4:37.24Y	F	B Relay West Plains High School	---	---	
Brayden Kantola (SR)		Afton Morrison (SR)	Magdalene Viers (SO)	Jordan Kantola (SR)	
	15.53	32.37 50.04 1:07.52			
	(15.53)	(32.37) (50.04) (1:07.52)			
	1:23.33	1:41.13 1:59.97 2:17.55			
	(15.81)	(33.61) (52.45) (1:10.03)			
	2:33.48	2:51.72 3:11.50 3:29.95			
	(15.93)	(34.17) (53.95) (1:12.40)			
	3:44.54	4:01.30 4:19.23 4:37.24			
	(14.59)	(31.35) (49.28) (1:07.29)			