Meet Results

City of Roses Invitational 21-Jan-22 to 22-Jan-22 [Ageup: 1/22/2022] Yards
West Plains High School [WEPL] Coach: Ryan Smith

Time	F/P/S	Relay	Place	Points	Improv

Event # 1 Girls 200 Medley Relay

2:06.13Y	F	A Relay	West Plains High School	13	8
Paige Sheridan (SO)		Evie Niesen (FR)	Brayden Kantola (SR)	Addison Peugh (SO)	
15.57	30.26	46.39	1:05.25		
(15.57)	(30.26)	(16.13)	(34.99)		
1:20.36	1:37.88	1:51.88	2:06.13		
(15.11)	(32.63)	(14.00)	(28.25)		

Event # 2 Girls 200 Free

2:20.33Y		F Gilly Grigsby		14	3 -1.57
32.66	1:08.38	1:44.41	2:20.33		
(32.66)	(35.72)	(36.03)	(35.92)		
2:34.78Y		F Magdalene Viers		32	--- -9.62
33.80	1:14.02	1:55.05	2:34.78		
(33.80)	(40.22)	(41.03)	(39.73)		
3:10.09Y		F Katie Sandgren		57	--- 10.41
38.48	1:28.10	2:20.63	3:10.09		
(38.48)	(49.62)	(52.53)	(49.46)		
3:13.15Y		F Lisa Ade		58	--- 2.43
42.45	1:31.94	2:23.83	3:13.15		
(42.45)	(49.49)	(51.89)	(49.32)		

Event # 3 Girls 200 IM

2:20.31Y		F Paige Sheridan		8	11 -4.01
14.32	31.12	49.49	1:05.99		
(14.32)	(16.80)	(18.37)	(16.50)		
1:27.12	1:47.38	2:04.91	2:20.31		
(21.13)	(20.26)	(17.53)	(15.40)		

Event # 4 Girls 50 Free

28.66Y		F Trinity Wake		27	--- -0.53
14.14	28.66				
(14.14)	(14.52)				
29.12Y		F Addison Peugh		32	--- 0.31
14.72	29.12				
(14.72)	(14.40)				
30.04Y		F Jordan Kantola		40	--- -0.19
14.55	30.04				
(14.55)	(15.49)				
31.34Y		F Afton Morrison		53	--- 0.14
15.48	31.34				
(15.48)	(15.86)				

Meet Results

City of Roses Invitational 21-Jan-22 to 22-Jan-22 [Ageup: 1/22/2022] Yards
West Plains High School [WEPL] Coach: Ryan Smith

Time	F/P/S	Relay	Place	Points	Improv
Event # 6 Girls 100 Fly					
1:17.54Y	F	Gilly Grigsby	23	---	1.42
	16.62	36.04 57.44 1:17.54			
	(16.62)	(19.42) (21.40) (20.10)			
1:24.33Y	F	Afton Morrison	34	---	-1.68
	17.29	37.88 1:00.87 1:24.33			
	(17.29)	(20.59) (22.99) (23.46)			
1:37.07Y	F	Magdalene Viers	44	---	2.47
	17.78	40.74 1:08.87 1:37.07			
	(17.78)	(22.96) (28.13) (28.20)			
Event # 7 Girls 100 Free					
1:03.76Y	F	Trinity Wake	28	---	0.31
	13.83	30.15 46.36 1:03.76			
	(13.83)	(16.32) (16.21) (17.40)			
1:06.59Y	F	Jordan Kantola	34	---	-2.93
	14.96	31.80 49.19 1:06.59			
	(14.96)	(16.84) (17.39) (17.40)			
1:09.16Y	F	Brayden Kantola	44	---	2.78
	16.07	32.95 51.59 1:09.16			
	(16.07)	(16.88) (18.64) (17.57)			
1:22.90Y	F	Katie Sandgren	74	---	1.74
	16.80	36.74 1:01.09 1:22.90			
	(16.80)	(19.94) (24.35) (21.81)			
Event # 8 Girls 500 Free					
5:55.27Y	F	Evie Niesen	10	7	-5.86
	32.32	1:08.94 1:45.34 2:21.32			
	(32.32)	(36.62) (36.40) (35.98)			
	2:58.05	3:34.09 4:09.02 4:46.32			
	(36.73)	(36.04) (34.93) (37.30)			
	5:22.42	5:55.27			
	(36.10)	(32.85)			
5:57.80Y	F	Addison Peugh	11	6	-8.47
	31.75	1:06.73 1:43.15 2:19.23			
	(31.75)	(34.98) (36.42) (36.08)			
	2:55.38	3:31.83 4:08.96 4:46.21			
	(36.15)	(36.45) (37.13) (37.25)			
	5:22.65	5:57.80			
	(36.44)	(35.15)			
Event # 9 Girls 200 Free Relay					
1:59.84Y	F	A Relay West Plains High School	14	6	
Gilly Grigsby (SR) Evie Niesen (FR)		Brayden Kantola (SR) Jordan Kantola (SR)	Afton Morrison (SR)	Trinity Wake (SO)	
	14.45	29.79 45.01 1:00.69			
	(14.45)	(29.79) (15.22) (30.90)			
	1:15.79	1:31.51 1:45.41 1:59.84			
	(15.10)	(30.82) (13.90) (28.33)			

Meet Results

City of Roses Invitational 21-Jan-22 to 22-Jan-22 [Ageup: 1/22/2022] Yards
West Plains High School [WEPL] Coach: Ryan Smith

Time	F/P/S	Relay	Place	Points	Improv
Event # 10 Girls 100 Back					
1:04.39Y	F	Paige Sheridan	4	15	0.19
	15.59	31.25	48.38	1:04.39	
	(15.59)	(15.66)	(17.13)	(16.01)	
1:41.26Y	F	Lisa Ade	68	---	-4.05
	22.29	48.42	1:15.76	1:41.26	
	(22.29)	(26.13)	(27.34)	(25.50)	
Event # 11 Girls 100 Breast					
1:14.67Y	F	Evie Niesen	5	14	-1.42
	15.40	35.33	54.36	1:14.67	
	(15.40)	(19.93)	(19.03)	(20.31)	
1:29.85Y	F	Brayden Kantola	35	---	-0.99
	20.42	43.10	1:06.98	1:29.85	
	(20.42)	(22.68)	(23.88)	(22.87)	
Event # 12 Girls 400 Free Relay					
4:04.12Y	F	A Relay West Plains High School	7	24	
Paige Sheridan (SO)		Trinity Wake (SO)	Addison Peugh (SO)	Evie Niesen (FR)	
Gilly Grigsby (SR)					
	13.43	27.93	43.60	58.59	
	(13.43)	(27.93)	(43.60)	(58.59)	
	1:12.89	1:28.48	1:46.82	2:03.42	
	(14.30)	(29.89)	(48.23)	(1:04.83)	
	2:17.13	2:32.20	2:48.95	3:04.58	
	(13.71)	(28.78)	(45.53)	(1:01.16)	
	3:18.16	3:33.02	3:49.35	4:04.12	
	(13.58)	(28.44)	(44.77)	(59.54)	