Meet Results

Poplar Bluff 18-Jan-22 [Ageup: 1/14/2021] Yards
West Plains High School [WEPL] Coach: Ryan Smith

Time	F/P/S	Relay	Place	Points	Improv

Event # 1 Girls 200 Medley Relay

2:14.98Y F — A Relay — West Plains High School — 2 — 10

Paige Sheridan (SO) | Katie Sandgren (SR) | Brayden Kantola (SR) | Trinity Wake (SO)

15.73	31.72	49.69	1:11.62
(15.73)	(31.72)	(17.97)	(39.90)
1:27.02	1:45.69	1:59.39	2:14.98
(15.40)	(34.07)	(13.70)	(29.29)

2:33.18Y F — B Relay — West Plains High School — 5 — 4

Jordan Kantola (SR) | Magdalene Viers (SO) | Gilly Grigsby (SR) | Afton Morrison (SR)

20.72	41.62	1:02.05	1:27.52
(20.72)	(41.62)	(20.43)	(45.90)
1:42.62	2:01.59	2:17.11	2:33.18
(15.10)	(34.07)	(15.52)	(31.59)

Event # 2 Girls 200 Free

2:12.78Y — F Evie Niesen — 1 — 7 — -2.05

30.10	1:03.88	1:39.34	2:12.78
(30.10)	(33.78)	(35.46)	(33.44)

2:19.44Y — F Addison Peugh — 2 — 5 — -1.38

31.54	1:06.32	1:43.52	2:19.44
(31.54)	(34.78)	(37.20)	(35.92)

Event # 3 Girls 200 IM

X 3:04.62Y — F Afton Morrison — --- — --- — -19.75

16.74	37.21	1:00.62	1:22.49
(16.74)	(20.47)	(23.41)	(21.87)
1:54.28	2:26.60	2:46.56	3:04.62
(31.79)	(32.32)	(19.96)	(18.06)

3:08.43Y — F Jordan Kantola — 3 — 4 — 3.97

19.20	42.69	1:06.50	1:30.39
(19.20)	(23.49)	(23.81)	(23.89)
2:00.40	2:29.25	2:49.51	3:08.43
(30.01)	(28.85)	(20.26)	(18.92)

3:12.52Y — F Katie Sandgren — 4 — 3 — -5.48

18.59	43.53	1:10.99	1:36.99
(18.59)	(24.94)	(27.46)	(26.00)
2:03.54	2:28.42	2:51.54	3:12.52
(26.55)	(24.88)	(23.12)	(20.98)

Event # 4 Girls 50 Free

31.77Y — F Brayden Kantola — 3 — 4 — 0.30

15.47	31.77
(15.47)	(16.30)

33.18Y — F Magdalene Viers — 5 — 2 — 1.06

15.77	33.18
(15.77)	(17.41)

X 35.16Y — F Lisa Ade — --- — --- — 0.10

16.82	35.16
(16.82)	(18.34)

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Event # 6 Girls 100 Fly

1:10.78Y		F	Paige Sheridan			2	5	1.54
	14.41	31.25	50.18	1:10.78				
	(14.41)	(16.84)	(18.93)	(20.60)				
1:16.99Y		F	Evie Niesen			3	4	3.38
	14.57	33.58	54.62	1:16.99				
	(14.57)	(19.01)	(21.04)	(22.37)				

Event # 7 Girls 100 Free

1:02.78Y		F	Addison Peugh			1	7	-0.50
	14.14	30.21	46.54	1:02.78				
	(14.14)	(16.07)	(16.33)	(16.24)				
1:05.97Y		F	Trinity Wake			2	5	2.52
	14.54	30.04	47.63	1:05.97				
	(14.54)	(15.50)	(17.59)	(18.34)				
X 1:07.73Y		F	Gilly Grigsby			---	---	1.41
	15.83	33.19	50.58	1:07.73				
	(15.83)	(17.36)	(17.39)	(17.15)				

Event # 8 Girls 500 Free

6:59.80Y		F	Brayden Kantola			3	4	11.70
	36.77	1:19.01	2:01.68	2:44.83				
	(36.77)	(42.24)	(42.67)	(43.15)				
	3:28.55	4:12.16	4:55.45	5:38.53				
	(43.72)	(43.61)	(43.29)	(43.08)				
	6:20.70	6:59.80						
	(42.17)	(39.10)						
7:17.96Y		F	Magdalene Viers			4	3	6.52
	38.20	1:21.61	2:06.02	2:50.51				
	(38.20)	(43.41)	(44.41)	(44.49)				
	3:35.98	4:21.37	5:06.74	5:51.17				
	(45.47)	(45.39)	(45.37)	(44.43)				
	6:34.69	7:17.96						
	(43.52)	(43.27)						
X 8:53.37Y		F	Lisa Ade			---	---	---
	43.53	1:33.78	2:29.68	3:24.71				
	(43.53)	(50.25)	(55.90)	(55.03)				
	4:20.25	5:15.48	6:12.89	7:10.11				
	(55.54)	(55.23)	(57.41)	(57.22)				
	8:05.88	8:53.37						
	(55.77)	(47.49)						

Event # 9 Girls 200 Free Relay

1:55.11Y	F	A Relay	West Plains High School			1	14	
Paige Sheridan (SO)		Gilly Grigsby (SR)		Addison Peugh (SO)		Evie Niesen (FR)		
	13.37	27.25	42.35	59.24				
	(13.37)	(27.25)	(15.10)	(31.99)				
	1:13.11	1:28.24	1:40.72	1:55.11				
	(13.87)	(29.00)	(12.48)	(26.87)				

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Event # 10 Girls 100 Back

1:20.19Y		F	Jordan Kantola		2	5	0.66
	19.29	39.39	59.62	1:20.19			
	(19.29)	(20.10)	(20.23)	(20.57)			
1:22.03Y		F	Trinity Wake		3	4	4.04
	19.57	40.11	1:01.48	1:22.03			
	(19.57)	(20.54)	(21.37)	(20.55)			
X 1:23.32Y		F	Afton Morrison		---	---	0.40
	20.51	41.76	1:03.51	1:23.32			
	(20.51)	(21.25)	(21.75)	(19.81)			
X 1:36.97Y		F	Katie Sandgren		---	---	-5.42
	21.39	46.91	1:13.14	1:36.97			
	(21.39)	(25.52)	(26.23)	(23.83)			

Event # 11 Girls 100 Breast

1:18.07Y		F	Paige Sheridan		1	7	2.25
	17.12	37.16	57.52	1:18.07			
	(17.12)	(20.04)	(20.36)	(20.55)			
1:25.89Y		F	Gilly Grigsby		4	3	3.51
	18.38	40.49	1:02.57	1:25.89			
	(18.38)	(22.11)	(22.08)	(23.32)			

Event # 12 Girls 400 Free Relay

4:18.13Y	F	A Relay	West Plains High School			2	10	
Evie Niesen (FR)			Addison Peugh (SO)		Brayden Kantola (SR)	Trinity Wake (SO)		
	13.68	28.86	44.80	1:00.58				
	(13.68)	(28.86)	(44.80)	(1:00.58)				
	1:14.98	1:31.21	1:47.98	2:04.34				
	(14.40)	(30.63)	(47.40)	(1:03.76)				
	2:19.63	2:36.86	2:55.05	3:12.57				
	(15.29)	(32.52)	(50.71)	(1:08.23)				
	3:27.05	3:43.37	4:00.95	4:18.13				
	(14.48)	(30.80)	(48.38)	(1:05.56)				
4:58.44Y	F	B Relay	West Plains High School			3	8	
Magdalene Viers (SO)			Katie Sandgren (SR)		Afton Morrison (SR)	Jordan Kantola (SR)		
	15.79	34.46	54.30	1:14.25				
	(15.79)	(34.46)	(54.30)	(1:14.25)				
	1:30.65	1:52.06	2:15.54	2:37.54				
	(16.40)	(37.81)	(1:01.29)	(1:23.29)				
	2:53.26	3:11.28	3:29.44	3:47.80				
	(15.72)	(33.74)	(51.90)	(1:10.26)				
	4:02.34	4:20.69	4:39.40	4:58.44				
	(14.54)	(32.89)	(51.60)	(1:10.64)				