Meet Results

West Plains 07-Dec-21 Yards
West Plains High School [WEPL] Coach: Ryan Smith

Time	F/P/S	Relay	Place	Points	Improv

Event # 1 Girls 200 Medley Relay

2:11.15Y	F	A Relay	West Plains High School				2	26	
Paige Sheridan (SO)			Gilly Grigsby (SR)		Audrey Land (FR)		Trinity Wake (SO)		
	15.85	31.30	48.84	1:09.14					
	(15.85)	(31.30)	(17.54)	(37.84)					
	1:23.35	1:42.09	1:55.86	2:11.15					
	(14.21)	(32.95)	(13.77)	(29.06)					
X 2:32.87Y	F	B Relay	West Plains High School				---	---	
Magdalene Viers (SO)			Lisa Ade (SR)		Afton Morrison (SR)		Jordan Kantola (SR)		
	19.12	38.44	59.67	1:24.11					
	(19.12)	(38.44)	(21.23)	(45.67)					
	1:40.32	2:00.98	2:16.33	2:32.87					
	(16.21)	(36.87)	(15.35)	(31.89)					

Event # 2 Girls 200 Free

2:14.83Y		F	Evie Niesen				1	16	-2.16
	29.45	1:04.58	1:40.32	2:14.83					
	(29.45)	(35.13)	(35.74)	(34.51)					
2:20.82Y		F	Addison Peugh				2	13	-1.61
	32.04	1:08.57	1:45.41	2:20.82					
	(32.04)	(36.53)	(36.84)	(35.41)					
2:40.93Y		F	Brayden Kantola				5	10	8.31
	36.72	1:18.49	1:59.94	2:40.93					
	(36.72)	(41.77)	(41.45)	(40.99)					

Event # 3 Girls 200 IM

2:41.78Y		F	Gilly Grigsby				1	16	-4.64
	17.26	38.65	1:21.82	2:06.41					
	(17.26)	(21.39)	(43.17)	(44.59)					
	2:25.52	2:41.78							
	(19.11)	(16.26)							
3:09.09Y		F	Magdalene Viers				5	10	-4.57
	18.47	41.22	1:26.97	1:56.87					
	(18.47)	(22.75)	(45.75)	(29.90)					
	2:26.59	2:49.17	3:09.09						
	(29.72)	(22.58)	(19.92)						

Event # 4 Girls 50 Free

28.59Y		F	Audrey Land				1	16	0.27
	13.68	28.59							
	(13.68)	(14.91)							
29.19Y		F	Trinity Wake				3	12	-0.36
	14.36	29.19							
	(14.36)	(14.83)							
33.37Y		F	Jordan Kantola				10	3	3.14
	15.74	33.37							
	(15.74)	(17.63)							
X 35.07Y		F	Lisa Ade				---	---	---
	17.51	35.07							
	(17.51)	(17.56)							

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Time	F/P/S	Relay	Place	Points	Improv
Event # 6 Girls 100 Fly					
1:09.24Y	F	Paige Sheridan	2	13	-2.60
	14.24	31.83 50.17 1:09.24			
	(14.24)	(17.59) (18.34) (19.07)			
Event # 7 Girls 100 Free					
1:03.28Y	F	Addison Peugh	1	16	-1.55
	14.64	30.58 47.19 1:03.28			
	(14.64)	(15.94) (16.61) (16.09)			
1:08.88Y	F	Afton Morrison	5	10	-3.41
	16.43	33.61 51.43 1:08.88			
	(16.43)	(17.18) (17.82) (17.45)			
1:12.10Y	F	Brayden Kantola	8	5	5.72
	15.93	34.43 53.36 1:12.10			
	(15.93)	(18.50) (18.93) (18.74)			
Event # 8 Girls 500 Free					
6:02.25Y	F	Evie Niesen	1	16	1.12
	32.14	1:08.87 1:46.95 2:23.21			
	(32.14)	(36.73) (38.08) (36.26)			
	3:00.42	3:36.24 4:14.14 4:51.21			
	(37.21)	(35.82) (37.90) (37.07)			
	5:28.63	6:02.25			
	(37.42)	(33.62)			
6:28.55Y	F	Trinity Wake	3	12	10.36
	33.94	1:11.25 1:51.04 2:31.08			
	(33.94)	(37.31) (39.79) (40.04)			
	3:11.28	3:50.93 4:29.98 5:11.24			
	(40.20)	(39.65) (39.05) (41.26)			
	5:52.09	6:28.55			
	(40.85)	(36.46)			
7:35.72Y	F	Jordan Kantola	5	10	14.91
	37.17	1:22.61 2:10.98 2:58.81			
	(37.17)	(45.44) (48.37) (47.83)			
	3:47.12	4:35.77 5:21.97 6:08.99			
	(48.31)	(48.65) (46.20) (47.02)			
	6:54.02	7:35.72			
	(45.03)	(41.70)			
Event # 9 Girls 200 Free Relay					
1:58.90Y	F	A Relay West Plains High School	1	32	
Gilly Grigsby (SR)		Addison Peugh (SO) Brayden Kantola (SR) Evie Niesen (FR)			
	14.74	30.52 44.66 59.85			
	(14.74)	(30.52) (14.14) (29.33)			
	1:14.76	1:30.90 1:44.41 1:58.90			
	(14.91)	(31.05) (13.51) (28.00)			

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Time	F/P/S	Relay	Place	Points	Improv
Event # 10 Girls 100 Back					
1:05.84Y	F	Paige Sheridan	1	16	1.64
	15.65	31.55	48.69	1:05.84	
	(15.65)	(15.90)	(17.14)	(17.15)	
1:17.75Y	F	Audrey Land	3	12	-18.35
	18.01	37.29	57.39	1:17.75	
	(18.01)	(19.28)	(20.10)	(20.36)	
1:22.92Y	F	Afton Morrison	4	11	-2.19
	19.82	40.58	1:02.20	1:22.92	
	(19.82)	(20.76)	(21.62)	(20.72)	
Event # 11 Girls 100 Breast					
1:22.63Y	F	Gilly Grigsby	1	16	0.25
	39.78	1:22.63			
	(39.78)	(42.85)			
1:39.89Y	F	Magdalene Viers	8	5	-7.20
	46.34	1:39.89			
	(46.34)	(53.55)			
X 1:47.34Y	F	Lisa Ade	---	---	---
	50.35	1:47.34			
	(50.35)	(56.99)			
Event # 12 Girls 400 Free Relay					
4:13.84Y	F	A Relay West Plains High School	1	32	
Evie Niesen (FR)		Brayden Kantola (SR)	Addison Peugh (SO)	Paige Sheridan (SO)	
	13.28	28.48	44.54	1:00.24	
	(13.28)	(28.48)	(44.54)	(1:00.24)	
	1:16.01	1:33.71	1:52.52	2:11.10	
	(15.77)	(33.47)	(52.28)	(1:10.86)	
	2:25.51	2:41.67	3:14.82	3:27.89	
	(14.41)	(30.57)	(1:03.72)	(1:16.79)	
	3:43.09	3:58.48	4:13.84		
	(15.20)	(30.59)	(45.95)		
4:41.64Y	F	B Relay West Plains High School	3	24	
Jordan Kantola (SR)		Trinity Wake (SO)	Afton Morrison (SR)	Audrey Land (FR)	
	15.94	34.88	55.27	1:15.46	
	(15.94)	(34.88)	(55.27)	(1:15.46)	
	1:29.81	1:47.18	2:04.75	2:22.15	
	(14.35)	(31.72)	(49.29)	(1:06.69)	
	2:39.90	2:56.73	3:15.26	3:33.00	
	(17.75)	(34.58)	(53.11)	(1:10.85)	
	3:46.72	4:04.48	4:23.64	4:41.64	
	(13.72)	(31.48)	(50.64)	(1:08.64)	